

DAY 3: Using Feng Shui to Inspire Your Life

CREATE THE SPACE TO INSPIRE

Use these tidbits to make life easier, to point you in the right direction, to motivate you to take control of your space and your destiny!

Common Feng Shui Problems & their Cures

- PROBLEMS -	- WHAT THEY REPRESENT -	- CURES -
Broken Items	Areas of your life that are stuck or unable to function properly	Replace batteries, fix or discard with gratitude
Burnt out lights or candles	When your rooms are dark, so is your financial future.	Replace bulb/candle immediately
Stopped Clocks or Clocks placed <i>above</i> eye level	Being stuck in life or unable to achieve your aims (out of reach)	Replace battery, set correct time, place at eye level
Windows that do not operate or that are dingy	Inability to see clearly, to access or recognize next step in life	Ensure all windows can open. Keep clean & in good repair
Blocked doors (in front of door, behind door swing)	Difficulty in life & Blocks between areas of your life.	Clear the path of doorways. Remove items hung on doors.
Toilets--largest physical & energetic drain in the house	Symbolically flushing away your finances & energy in life.	Keep the lid down! Hang smthg above to draw the energy up .
Plumbing issues or leaks	Leaky finances. Emotional imbalance.	Locate & fix as soon as possible
Inability to be in Commanding Position	Unpleasant surprises come your way, back stabbing, lack of control	Place mirror to reflect door or buffer between you & door
Clutter: a cluttered space= a cluttered mind	Postponed decisions & the inability to move forward in your life	Learn to let go of what does not inspire joy.

Remedy these common problems and watch how much easier life gets!

"When you implement Feng Shui, it removes obstacles from the road ahead, making your journey smoother. But remember, you still have to drive and reach your destination!" - Shivani Adalja

OVERALL HELPFUL CURES:

- **Light reflecting objects** (mirrors, crystals) **disperse & focus energy**. Be mindful of where you place mirrors. Never place mirrors directly across from a doorway (as it reflects all the energy right back out the door). Mirrors have very active energy and are therefore not great in bedrooms. If you do have a mirror in your bedroom, make sure it does not reflect you in bed.
- **Living Things** (lush plants, not cacti) **represent growth & peace of mind**. *As living things thrive, so do the occupants.*
- **Moving Objects** (mobiles, water fountains & healthy aquariums) **circulate energy, enliven chi & promote healthy finances**.
- **Sounds** (wind chimes & bells) **placed on doors & gates, attract positive influence, abundance & protection** (& let you know when someone arrives).
- **Heavy objects** (statues, desks, rocks, boulders) **help ensure a solid marriage or anchor a new business**.

“Feng Shui is a living skill. There’s an art to it.
It’s scientific; it’s mathematical and at times it’s logical - with an element of magic.”