

My D.A.R.E. Instructor is:

keepin'
it...
REAL

D.A.R.E.



1

**D.A.R.E.
RULES**

2

DID YOU KNOW?



3

**MAKING SAFE AND
RESPONSIBLE CHOICES**

4

**RESISTANCE
STRATEGIES**



5

SIGNS OF STRESS

DARE Mobile
Download



WHAT I LEARNED TODAY



D.A.R.E.

keepin'
it...

REAL

Get ready for an adventure the whole family can enjoy right from where you stand. From the convenience of your smart devices, you can follow Daren through all the D.A.R.E. rules of acting safely and responsibly.

6

COMMUNICATION
STYLES



7

COMMUNICATING
EFFECTIVELY

8

Who
What
Where
When
Why



FIVE W'S OF REPORTING BULLYING



9

D.A.R.E. DECISION
MAKING MODEL

MY HELP
NETWORK

10



WHAT I LEARNED TODAY

