Together Time

Joshua and Caleb: Numbers 13–14:9



When you were a child was there something you were afraid of?

Were you afraid of the dark, certain animals, or shadows in the closet? How did you respond to those fears?

As a parent, you will need to help your children understand and grow in their ability to overcome fears. Recognize a child's fears no matter how silly or small those fears seem to you. Read stories of other children who have experienced similar fears.

The Bible talks about fear and reminds us that perfect love drives out fear. Love and encourage your children so that they become confident of God's love and care for them.



Joshua 24:24

Find this verse in a family Bible. Make a door sign that includes the verse. Each time you walk through the door, recite the Bible verse.

This week, help your child remember:

God is powerful. He will help us.



Fear Not! Gather your family and talk about circumstances that make individual family members afraid—the dark, a storm, big dogs, and so forth. After each fear is named, draw a picture to illustrate the fear. Make a circle by holding hands and place the pictures in the center of the circle. Say together, "We have the Lord. Don't be afraid." Read from the Bible, sing a praise song, and pray to demonstrate how God is with us when we are afraid.



Use these thoughts at mealtimes, bedtimes, or other times when you pray with your child this week.

Thank You, God, for helping me.

The Lord is powerful!

The Lord is with me. I will not be afraid!



