

Family Together Time

for families of Toddlers & 2s

God Cares for Me When I'm Sleeping

Psalm 121:5-8; 1 Peter 5:7



August 26, 2018

Read
Together

The sky is dark. Shh! The little girl is asleep. She knows that God cares for her when she's sleeping.



Art by Kathryn Marlin

Bible Words

"God cares for me"
(based on 1 Peter 5:7).

Say these words and ask your child to point to himself. Clap hands when done and say, "Yeah! God cares for me!"

God cares for me.

(point to self)

God cares for you.

(point to your child)

When we are sleeping

(rest head on hands)

all the night through.

Sing
Together

Things
to Do
Together

Time for Bed

Have your child choose a favorite stuffed animal or doll. Encourage him to put the animal or doll to bed using your family's nighttime routines. Your child may want to show the animal or doll a book, sing a song, or give kisses. As you tuck your child into bed, tell him that God cares for him when he's sleeping.

Flashlight Fun

Allow your child to take a flashlight to bed. Turn out the room lights. Have fun shining the light on the walls, letting it glow beneath the blanket, and covering it with your hands. Tell your child that God is always with him, even when it's dark outside and he is sleeping.