

♥ FAiTh & FAMiLy

FAMiLy OUTiNg

It's not easy to be brave. Take a walk together. Talk about situations you might encounter that could be scary—meeting a growling dog, hearing a siren, and so on. Talk about what makes the situations scary. Don't let any family member laugh at or belittle another person for having a certain fear. End the walk with a prayer time. Ask God to help each person in your family face his or her fears. Remember, God is with each of us all the time.



TOGETHER, TIME!

Look through a picture Bible and identify brave people and times in the Bible when bravery was needed. Some examples are David when he faced a giant with only a slingshot and five stones, Daniel when he was thrown into a den filled with hungry lions, and Jesus when a crowd of people wanted to kill Him. Talk about times when each person in your family might need to be brave like the Bible people named.



LOOK IN THE BOOK

Read together this week's Bible story from Judges 6:1, 7-16, 36-40; 7:1-22. Remember, **We can be brave because God is with us.**