

# ♥ FAITH & FAMILY

## TOGETHER TIME!

In a family Bible, read 1 Samuel 16:7. Talk about how God is not concerned with how a person looks on the outside. Take turns describing different people by their "hearts," or their character, instead of their physical appearance. Write on a paper heart the name of each person you describe. Pray for these people. Ask God to help your family so that others will see your hearts full of His love.



## CARE & SHARE

It's not always easy to help someone who is older, someone who has a disability, or someone who you don't really know. But it can be the most rewarding! Think of someone your family can help this week. Maybe you could visit a person in a retirement home or hospital. Maybe you could make cards and send or give them to someone. Maybe you could work together to earn money and then buy a special bouquet of flowers to cheer someone. Challenge your family to choose someone with whom you wouldn't normally share.



## LOOK IN THE BOOK

Read together this week's Bible story from 1 Samuel 16:1-13. Remember, **We can choose to obey God even when it's hard.**