

# faith & family

## Life Source

### Family Devotions

Hopefully your preteen is beginning to develop a habit of personal devotions. But there are still plenty of times when your input is needed—and valued. Encourage your child to read the daily Scriptures. Read the verses yourself. Use the questions to help your preteen understand the verses and apply them to life. Discover and learn from God’s Word—together!

- **SUNDAY**—Read 1 Corinthians 6:19, 20.  
As Christians, our bodies are temples of the Holy Spirit. How should we care for our bodies?
- **MONDAY**—Read Psalm 63:1-5.  
How many body parts are listed in this passage?  
How is each part being used to bring glory to God?  
Which body parts can we use to serve God today?
- **TUESDAY**—Read 1 Corinthians 12:14-20, 27.  
In what ways is the body like a picture of Christ’s church? How can the way we treat our bodies influence the way non-Christians see Christ and the church?
- **WEDNESDAY**—Read Romans 6:12, 13.  
What can we do to avoid giving in to temptations to sin with our bodies? How can we use our bodies as instruments of righteousness?
- **THURSDAY**—Read Psalm 139:13-16.  
God make each person unique and each person special. In what ways are you unique?  
In what ways are you special? Have you thanked God for the way He made you?
- **FRIDAY**—Read Matthew 10:28.  
Which should we spend more time making beautiful: our bodies or our souls? What “grooming tips” or “beauty secrets” would you recommend to someone who wants to have a beautiful soul?
- **SATURDAY**—Read Luke 12:22-24.  
People sometimes judge us by what we wear. How does remembering that your body is a temple of the Holy Spirit affect the kind of clothing you choose to wear?



**POWER SURGE**

Find this verse in the Bible. Together, memorize the verse.

**Psalm 119:9, 11**

Talk to God! He’s waiting to hear from you!