

Track your glucose with



Dexcom CLARITY is an important part of your continuous glucose monitoring (CGM) system, providing a holistic view of your diabetes management by highlighting glucose patterns, trends and statistics. While using the Dexcom CGM app you are automatically and continuously* sending your glucose data to your CLARITY account.

With the Dexcom CLARITY app, review key metrics, create reports, authorize data sharing with your clinic and sign up for weekly progress notifications.

Time in Range

The percentage of time that your glucose levels are in **low**, **target** and **high** ranges. 1% of a day is equal to 14.4 minutes, making 2% almost half an hour per day.

eA1C

CLARITY determines an estimated A1C as the average glucose from a minimum number of days with a minimum duration of CGM wear time.

Average Glucose (CGM)

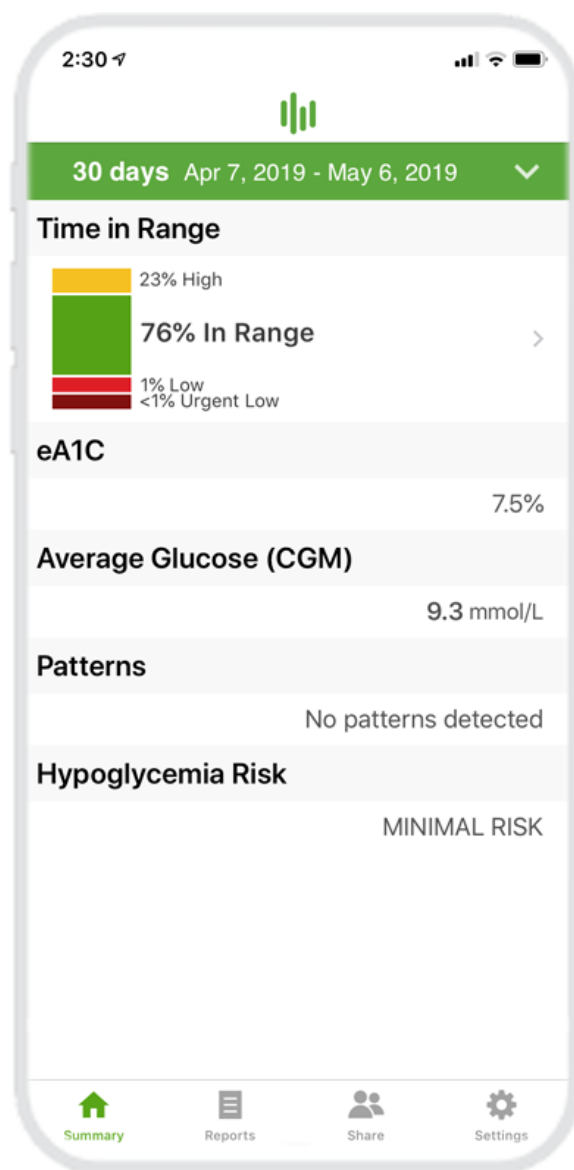
The average of all your glucose readings from the selected date range.

Patterns

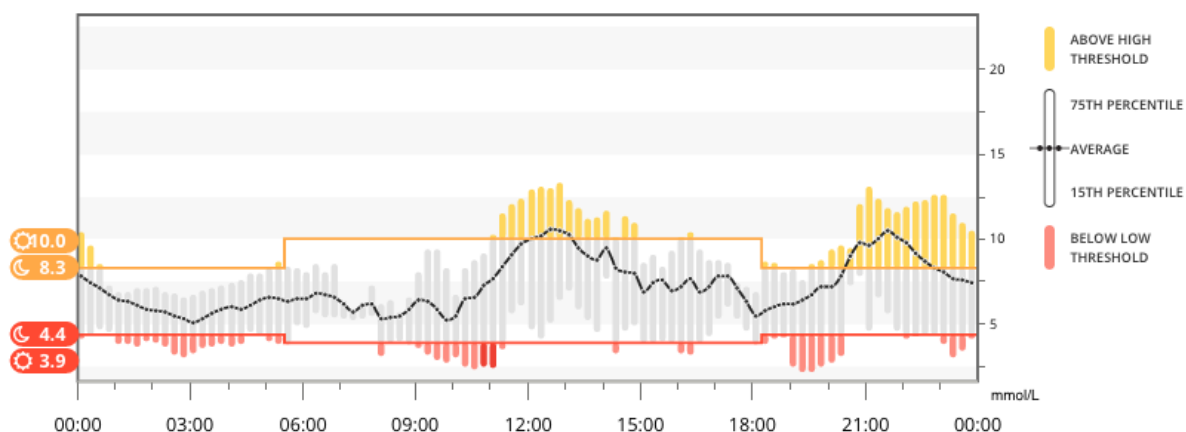
Consistent occurrences of high or low glucose, at the same time of day, on multiple days.

Hypoglycemia Risk

Estimates the risk for severe hypoglycemia based on a combination of the number of times glucose was low, the magnitude of the low glucose and for how long there was low glucose.



Use CLARITY online at clarity.dexcom.eu to view detailed, interactive reports. This Trends report combines all glucose readings from the date range selected to show a typical day.



For more information on CLARITY statistics, visit clarity.dexcom.eu/glossary
*while connected to the internet with consent to share data

Share data with your clinic

You can authorize data sharing with your clinic so they have access to your data during visits or anytime you might need assistance. Your clinic will provide you with the Sharing Code. To begin sharing data, complete one of the following:

Share using the Dexcom CLARITY app

- 1 Log into the Dexcom CLARITY app with your Dexcom login.
- 2 Tap **Share** and follow the onscreen instruction.

Share using the Dexcom CLARITY website

- 1 Log into CLARITY online at clarity.dexcom.eu/share
- 2 Follow the onscreen instruction.



Share Data with a New Clinic

Your clinic will provide a sharing code for your data so that they have continuous access and can make your appointments more efficient. If your clinic hasn't provided you an invitation to share, you can ask your clinic to create one for you. You can stop sharing with your clinic at any time.

Enter the sharing code provided by your clinic

Verify your date of birth

Continue Cancel



Stay one step ahead with the Dexcom CLARITY® app

Start receiving weekly push notifications and emails* today. Download the CLARITY app to learn how much time you spend in your target range, anytime, anywhere.

The Dexcom CLARITY® app is compatible with both iOS and Android devices.



*Notifications and emails only available when used in combination with the Dexcom CGM system on a compatible smartphone. Users must opt in to receive notifications in the app settings.

Intended Use/Safety Statement

The web-based Dexcom CLARITY® software is intended for use by both home users and healthcare professionals to assist people with diabetes in the review, analysis, and evaluation of historical CGM data to support effective diabetes management. It is intended for use as an accessory to Dexcom CGM devices with data interface capabilities. Caution: The software does not provide any medical advice and should not be used for that purpose. Home users must consult a healthcare professional before making any medical interpretation and therapy adjustments from the information in the software. Caution: Healthcare professionals should use information in the software in conjunction with other clinical information available to them.