

USING DEXCOM G6 TREND ARROWS^{*,1}

In the next 30 minutes, glucose levels will change by:

± 1.8 mmol/L



Steady

± 1.8-3.4 mmol/L



Slowly Rising



Slowly Falling

± 3.4-5.0 mmol/L



Rising



Falling

± 5.0-8.3 mmol/L



Rapidly Rising








Rapidly Falling

* Using Your G6 Guide

RESPONDING TO ARROWS¹

Everyone responds differently when making diabetes treatment decisions. Talk through the scenarios below with your healthcare professional to figure out what works best for you.

What Violet [†] Sees	What Violet Does and Why ¹
<p>Violet gets a rapidly falling alert:</p> 	<p>What: Violet doses to cover her meal with a predicted glucose of 9.2 mmol/L.</p> <p>Why: 15.2 mmol/L with a double down arrow means her glucose is dropping rapidly. In 30 minutes, Violet could be 6 mmol/L lower than her current reading.</p>
<p>At breakfast, Violet sees:</p> 	<p>What: She doses to cover her meal with predicted glucose of 12.9 mmol/L.</p> <p>Why: A single up arrow means she could be 4 mmol/L higher than her current reading in 30 minutes.</p> 
<p>At lunchtime, Violet sees:</p> 	<p>What: She treats for a predicted glucose of 2.3 mmol/L.</p> <p>Why: A diagonal down arrow means she could be 2 mmol/L lower than her current reading in 30 minutes.</p> 

[†] Violet is a fictional CGM user.

This document is for concept illustration. For detailed instructions on how to use the Dexcom G6 Continuous Glucose Monitoring System, refer to your Using Your G6 guide.

Note: This method is the approximate mmol equivalent modified from the Pettus-Edelman method.

1. Pettus J, Edelman SV. J Diabetes Sci Technol. 2017;11(1):138-147.

© 2020 Dexcom Canada, Co. All rights reserved. LBL018821 Rev001

Dexcom and Dexcom G6 are registered trademarks of Dexcom, Inc. in the United States and/or other countries.

Dexcom