



Participant Guide

What is **Dexcom Pro Q**?

The Dexcom Pro Q Continuous Glucose Monitoring System records your glucose data every 5 minutes (for up to 10 days). After your health professional (pharmacist, nurse, etc.) removes the Pro Q your glucose readings are delivered to, then analyzed by, your health assessment program. They'll review your glucose trends and may suggest changes to your medication, diet, or exercise for a healthier you.

How does it work?

What are the parts of Dexcom Pro Q?

- **Sensor** takes glucose readings below skin
- **Transmitter** stores sensor readings

What do I do?

- Wear for program duration
- Shower or swim as normal

What do I avoid?

- Keep sunscreen, lotion, and insect repellent away from your Dexcom Pro Q
- No MRI

Travel

- Go through walk-in metal detectors or be hand-wanded
- Notify security that you are wearing the device
- Don't use full body scanners

Contact & Appointment



Contact your health professional

- If your Dexcom Pro Q is loose
- If you have irritation at the insertion site



Health professional contact info

Name

Address

Phone



Removal appointment

- Health professional removes it after program duration

Day

Date

Time

Dexcom Pro Q Safety Statements

Indications for Use

The Dexcom Pro Q Continuous Glucose Monitoring System (Dexcom Pro Q System) is a factory calibrated continuous glucose recording device indicated for the retrospective discovery, analysis, and interpretation of glycemic variability in persons age 2 years and older under the supervision of a healthcare professional. The Dexcom Pro Q System collects and processes data for aiding in the management of a disease or condition related to glycemic control.

Interpretation of the data recorded by the Dexcom Pro Q System results should be made only by a qualified healthcare professional based on glucose trends and several sequential readings over time. The Dexcom Pro Q System aids in detecting glucose excursions facilitating care plan adjustments. The Dexcom Pro Q System is also intended to interface with digitally connected devices.

Contraindication

No MRI/CT/Diathermy – MR Unsafe

Don't wear the system (sensor and/or transmitter) for magnetic resonance imaging (MRI), computed tomography (CT) scan, or high-frequency electrical heat (diathermy) treatment.



The Dexcom Pro Q hasn't been tested in those situations. The magnetic fields and heat could damage the components of the Dexcom Pro Q, which may cause inaccurate Dexcom Pro Q sensor glucose readings (Dexcom Pro Q readings).

Warnings

Read User Materials

Before using the Dexcom Pro Q, carefully read the materials included with it. If you don't, you might:

- Not use the Dexcom Pro Q correctly

- Affect how well it works

Don't Modify

Don't modify any component or accessory in order to maintain safety.

Don't Use If...

Do not use the Dexcom Pro Q if you are pregnant, on dialysis, or critically ill. It is not known how different conditions or medications common to these populations may affect performance of the system.

Precautions

Avoid Sunscreen and Insect Repellent

Some skin care products, such as sunscreens and insect repellents, can make the plastic used in your Dexcom Pro Q crack. Before using the Dexcom Pro Q, make sure there are no cracks in the transmitter, and transmitter holder. If there is a crack, please contact Technical Support. Do not allow these skin care products to contact the Dexcom Pro Q. After using skin care products, wash hands before touching the Dexcom Pro Q. If any skin care products get on the Dexcom Pro Q, immediately wipe with a clean cloth.

Use as Indicated

The Dexcom Pro Q system is not for screening or diagnosis of diabetes.

System/Hardware/Software Safety Statements

Warnings

Wire Breaks Off

Don't ignore broken or detached sensor wires. A sensor wire could remain under the skin. If this happens, please contact our 24/7 Technical Support.

If a sensor wire breaks off under the skin and you can't see it, don't try to remove it. Contact your HCP. Also seek professional medical help if you have symptoms of infection or inflammation – redness, swelling, or pain – at the insertion site.

Transmitter Safety Statements

Warnings

Inspect

Don't use a damaged or cracked transmitter. A damaged transmitter could cause injuries from electrical shocks and may make the Dexcom Pro Q not work correctly.

Use as Directed

The transmitter is small and may pose a choking hazard. Don't put it in your mouth or let children hold it without adult supervision.

Precautions

Don't Share

Never share the transmitter. The Dexcom Pro Q is a prescription-only medical device and is meant for your use only. The transmitter is tied to the Dexcom Pro Q readings.

System Safety Statements

Precautions

Going Through Security Check Point

When wearing the Dexcom Pro Q, ask for hand-wanding or full-body pat-down and visual inspection instead of going through the Advanced Imaging Technology (AIT) body scanner (also called a millimeter wave scanner) or putting any part of the Dexcom Pro Q in the baggage x-ray machine.

You can wear the Dexcom Pro Q for the walk-through metal detector.

Because we haven't tested every x-ray and scanner, we don't know if they damage the Dexcom Pro Q.

Not sure what kind of machine it is? Be safe – either ask the TSA officer, request hand-wanding, or request full-body pat-down.

 Dexcom, Inc.

6340 Sequence Drive, San Diego, CA 92121 USA | 1.844.857.6319 (M – F, 6 AM – 6 PM PST) | www.dexcom.com

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