Simple Steps to Start

Getting to Know Your CGM Device

Dexcom G4 PLATINUM Transmitter (DO NOT THROW AWAY!)

The transmitter is the grey "chip" that snaps into your sensor pod. Keep your transmitter within 2 meters of your receiver without obstruction during the 2-hour startup period.

The transmitter will last at least 6 months. The Transmitter Low Battery screen will first show when there is about 1 week of battery left. Replace your transmitter as soon as possible after you see this screen.

Dexcom G4 PLATINUM Sensor Applicator (Disposable)

The sensor is the piece that is inserted and worn on your skin for the entire sensor session. If you have a syndrome with a sensor session, keep the sensor until you speak with your healthcare provider.

Setup Your Device (continued)

Setup Wizard:

Press the SELECT button to turn on the receiver. The Setup Wizard will walk you through through the steps to set up your Language. Select "English" if you are using this guide. Then, Review all indications, contraindications, warnings, precautions and detailed procedures in the Dexcom G4 PLATINUM CGM System User's Guide and Tutorial Disc from your Dexcom G4 PLATINUM CGM System.

Setting Your Low/High Glucose Alert Levels:

a. Choose a range for the sensor that is at least 7.3-9.6 mmol/L from your insulin pump/continuous insulin infusion set and will be used for the way of your workday. Avoid areas that are likely to be bumped or pushed or areas of your skin with scarring, tattoos or irritation.

- Adults age 16 or older: select from the list of your stored alarm levels for adults (adult option A).
- Children and adolescents between 2 and 17 years old: select from the list of your stored alarm levels for children (children option B).

NOTE: Keep the value in your receiver: if you set an alarm level OR value.

Setting Up Your Device (continued)

Setting the Time/Date:

a. Press the UP or DOWN button to enter the next space.

b. Press the RIGHT or SELECT button to move to the next highlighted space.

c. Adjusting the time, press the SELECT button to accept changes.

Setting the Time Format:

Time formats are available in 24 hour (24H), 12 hour (AM/PM), and 24 hour format.

a. Press the UP or DOWN button to choose your desired time format.

b. Press the SELECT button to set the highlighted time format.

Step 1
Getting to Know Your CGM Device

Your Dexcom G4 PLATINUM Continuous Glucose Monitoring System is ready to operate. Connect your transmitter, and the receiver.

Dexcom G4 PLATINUM Receiver

The receiver is the small hand-held device that looks like a cell phone. It is the receiver that you will use to set your system up and operate your system. Before you begin, and anytime you have questions, review the Dexcom G4 PLATINUM System User's Guide and Tutorial Disc from your Dexcom G4 PLATINUM CGM System.

Getting to Know Your CGM Device (continued)

Congratulations on making the Dexcom G4 PLATINUM Continuous Glucose Monitoring System part of your diabetes management team. Your Dexcom G4 PLATINUM Continuous Glucose Monitoring System is designed to help you manage your diabetes by continuously monitoring your glucose levels and allowing you to see where your glucose levels have been, how they are moving, and how low your blood sugar may get. The receiver is the small hand-held device that looks like a cell phone. It is the receiver that you will use to set your system up and operate your system. Before you begin, and anytime you have questions, review the Dexcom G4 PLATINUM System User's Guide and Tutorial Disc from your Dexcom G4 PLATINUM CGM System.

Step 2
Activating Your Transmitter

Take the transmitter out of its tray and wait 10 minutes before "turning on." The transmitter will begin the startup process. If the transmitter ID is incorrect, you can re-enter it. You can also activate your transmitter by pressing the SELECT button on the receiver. If the transmitter is debuting, it will show "2 CLICKS." You will get NO glucose readings or alerts until after the 2-hour startup period.

Improving Blood Glucose Accuracy

The informations on the back of your transmitter (skin may feel tacky). Avoid areas that are likely to be bumped or pushed or areas of your skin with scarring, tattoos or irritation.

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Step 3
Setting Your Alert Profile

You can choose receiver "alert profiles" with different sounds and volumes to trigger your needs.

Your alert profile options are:

- "Alert profiles" can be used when you want your alert to be replaceable. This will also alert the receiver to blink with the default beeps.
- "Alert profiles" can be used when you want your alert to be replaceable. This will also alert the receiver to blink with the default beeps.

Step 4
Inserting the Sensor

Before you begin, make sure you have your transmitter, receiver, and sensor, and all your necessary materials ready. If you are using the introducer needle, skip to Step 4.

a. Find the transmitter ID on the back of your transmitter. If you have a syndrome with a sensor session, keep the sensor until you speak with your healthcare provider.

b. Place one finger on the transmitter to lock it, if needed.

c. Place the sensor tightly on the transmitter latch. You must install the Dexcom Studio software on your computer or smartphone to complete this step.

NOTE: The information on the back of your transmitter (skin may feel tacky).

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Low Glucose Alarm

The Dexcom G4 PLATINUM System has an automatic Low Glucose alert that may be programmed to trigger when your sensor glucose readings are at or below your Low Alert setting. If you get a low alert:

- "Low Glucose alarm" will appear on your receiver.
- You will get a low alarm again in 30 minutes if your sensor glucose readings are at or below your Low Alert setting.
- Press the DOWN button to clear this alert.

Advanced Features (continued)

(2) Rise/Fall Glucose Rate Alerts

The rate alerts can be set to alert you when your sensor glucose readings are rapidly rising or falling at high rates. To set the Rise/Fall Rate Alert:

- See the Dexcom G4 PLATINUM System User’s Guide for more information.

Frequently Asked Questions (continued)

How do I change my high glucose alert level?

Follow the below steps:

- From any trend graph, press the SELECT button to go to the Main Menu.
- Press the DOWN button to highlight Alerts. Press the SELECT button.
- Press the SELECT button to select High Alert. Or press the DOWN button, and then the SELECT button to select Low Alert.

- Use the UP or DOWN button to change alert level.
- a. Press the SELECT button to confirm changes.

How long is the warranty for the Dexcom G4 PLATINUM Transmitter?

The warranty for the transmitter is 4 months.

How long is the warranty for the Dexcom G4 PLATINUM Receiver?

The warranty for the receiver is 12 months.

Advanced Features

Advanced Feature R2: Event Markers

Event markers let you record information that may help you and your healthcare team better understand your glucose levels. Events are based on you exceeding a high or low glucose level for a certain duration, and health decline, stress, high blood pressure, mental cycle, allosteric inhibitors, or a specific type of medication. The Dexcom G4 system can only be set to alert your healthcare provider. See the Dexcom G4 System User’s Guide for more information.

Advanced Feature R3: Advanced Alarms

To turn on any advanced alarms, follow the steps below:

a. From any trend graph, press the SELECT button to go to the Main Menu.

b. Press the DOWN button to highlight Alerts. Press the SELECT button.

(1) High/Low Snooze Alerts

a. From any trend graph, press the SELECT button to go to the Main Menu.

b. Press the DOWN button to highlight Alerts.

c. Press the SELECT button to select High Alert. Or press the DOWN button, and then the SELECT button to select Low Alert.

- Use the UP or DOWN button to change alert level.
- a. Press the SELECT button to confirm changes.

How long is the warranty on the Dexcom G4 PLATINUM Sensor?

The warranty for the sensor is 6 months.

How can I take any acetaminophen (paracetamol) containing medication while I am using the Dexcom G4 PLATINUM System?

Acetaminophen (paracetamol) is a communication of the Dexcom G4 PLATINUM System and should not cause alarm. Dexcom G4 PLATINUM System may read inaccurately high when you take acetaminophen (paracetamol) containing drugs. The rise bound of inaccuracy may be different for each person. To understand how long acetaminophen (paracetamol) containing medication may affect your body, consult your health care provider.

Step 6

Calibrating

You need to use your blood glucose meter to calibrate your Dexcom G4 PLATINUM System at the end of the 2-hour startup period. You must enter two calibrations before any sensor glucose readings will show. Calibration of blood glucose values need to be entered into the receiver within 5 minutes of testing with your blood glucose meter.

Startup Calibration:

a. After the 2-hour startup period, the startup calibration double tap and will show on the receiver screen. Press the SELECT button to delete the alert.

b. Wash and dry your hands.

c. Take a fingerstick blood glucose measurement using your blood glucose meter.

NOTE:

Frequently Asked Questions (continued)

What are the contraindications for the Dexcom G4 PLATINUM Sensor?

• The blood glucose value from your blood glucose meter should be used for treatment decisions, such as how much insulin you should take.
• The Dexcom G4 PLATINUM System does not allow for hyperglycemia, hypoglycemia, diathermy treatment. The Dexcom G4 PLATINUM System has not been tested during MRI or CT scans or with dialysis treatment, and it is unknown if there are safety or performance issues.
• Taking anticoagulants (anticoagulant) containing products (such as warfarin) may affect your body.

Should I take treatment decisions based on the results from my Dexcom G4 PLATINUM System?

No. Treatment or insulin dosing decisions should be based on the blood results from your healthcare provider.

In shaky if my Dexcom G4 PLATINUM Sensor glucose readings and fingerstick glucose values don’t match exactly.

Yes. Your sensor glucose readings are meant to be used for trending only. Your blood glucose meter and sensor may not match exactly.

Why can’t I take any acetaminophen (paracetamol) containing medication while I am using the Dexcom G4 PLATINUM System?

Acetaminophen (paracetamol) is a communication of the Dexcom G4 PLATINUM System and should not cause alarm. Dexcom G4 PLATINUM System may read inaccurately high when you take acetaminophen (paracetamol) containing drugs. The rise bound of inaccuracy may be different for each person. To understand how long acetaminophen (paracetamol) containing medication may affect your body, consult your health care provider.

Step 7

Ending Your Sensor Session

The sensor automatically shuts off after 7 days. The receiver will display the end of sensor message after 6 days. Replace Sensor Now screen will show when it is time to remove your sensor.

Removing Your Sensor Pod and Transmitter:

NOTE: Keep the sensor and transmitter together when removing from your skin.

a. Peel the sensor pod/your body like a Band-Aid. Do not remove the transmitter from the sensor pod until the entire sensor has been removed from your body.

b. Place the sensor pod/transmitter on a flat surface. There are two ways you can remove the transmitter:

• Use the safety lock from the sensor pod/your body. Insert the notch of the safety lock into the safety lock opening on the sensor pod/your body. The safety lock will pop out.

• Use the safety lock from the sensor pod/your body. Insert the notch of the safety lock into the safety lock opening on the sensor pod/your body. The safety lock will pop out.

- Press the UP button to highlight Alerts.
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