

WHAT DO THE ARROWS MEAN?

IN THE NEXT 30 MINUTES GLUCOSE LEVELS ARE:

RISING



Rapidly rising
more than
5.0 mmol/L



Rising up to
5.0 mmol/L



Slowly rising up
to 3.4 mmol/L

HOLDING STEADY



Not increasing
or decreasing
more than
1.8 mmol/L

FALLING



Rapidly falling
more than
5.0 mmol/L



Falling up to
5.0 mmol/L



Slowly falling up
to 3.4 mmol/L

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