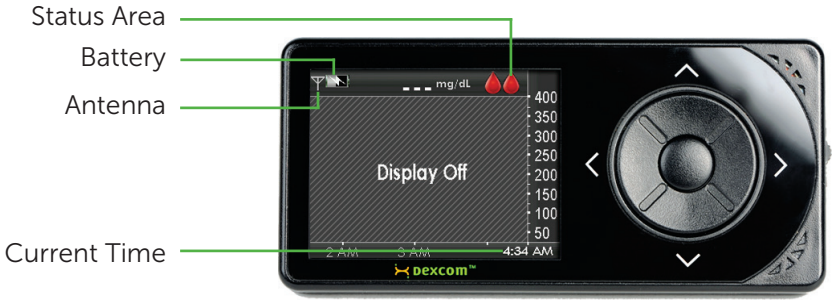
dexcom G4® PLATINUM Professional

What is Blinded Continuous Glucose Monitoring (CGM)?

CGM is a tool that can record your glucose trends and patterns. Your health care provider has put you on the Dexcom G4 PLATINUM CGM system, but in blinded mode - so you will not see your glucose readings. At your next appointment, your CGM will be downloaded and reviewed by your health care provider so you can see your glucose trends and patterns and adjust medication/nutrition as needed.



Your CGM Information

Name _____ DOB _____

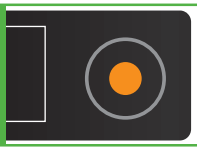
When? Start Date _____ End Date _____ Return to clinic _____

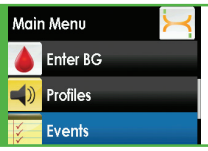
Why? ☐ A1c not at goal ☐ Hypoglycemia assessment ☐ Hyperglycemia assessment
☐ Basal rate adjustment ☐ Monitoring new therapy ☐ Other _____

Things to Do Over the Next Week

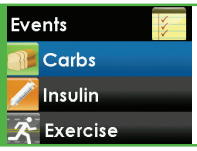
1. Test with blood glucose meter 4x/day or _____ x/day
2. Calibrate 2x/day (once every 12 hrs OR at _____ am and _____ pm)
3. Remember to keep receiver within 20 feet of you at all times
4. Do not take acetaminophen (Tylenol® or similar products) this week.
5. Enter events: ☐ Carbs/Food ☐ Insulin ☐ Exercise ☐ Health

To Enter Events:

1 
From the main screen, press the SELECT button (highlighted in orange) to display the main menu.

2 

Highlight "Events" and press the SELECT button.

3 

Choose the Event you want and press the SELECT button. Enter your Event information and press SELECT to confirm entry.

4
Press the LEFT button (highlighted in orange) twice to get back to the main screen.

FOR TECHNICAL SUPPORT CALL: **(888) 738-3646 - 24 hours, 7 days a week**

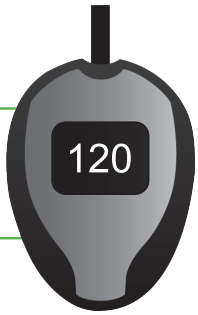
Real Time CGM Can Be A Tool For Daily Diabetes Management

A Number Isn't Enough

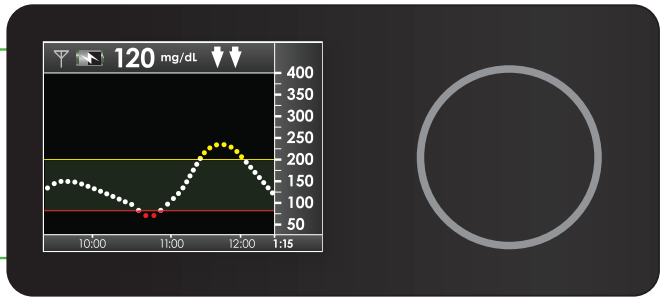
Even if you test frequently, a lot can happen between fingersticks. A number alone can't tell you which way your glucose is headed and how fast it's getting there.

With Dexcom CGM, you can stop the guesswork and worries that come with making decisions based on a number. CGM allows you to make confident and informed decisions for optimal diabetes management.

If you saw this number, what would you do?



If you saw this instead, would you have done anything differently?



Speak to your health care provider if ongoing use of real time CGM is right for you.

98% of commercial insurance plans have coverage for personal CGM.[1]
Contact Dexcom to find out if ongoing CGM use is covered by your insurance.

FOR A FREE INSURANCE INVESTIGATION CALL: **(888) 738-3646**

WARNING:

- Low/high glucose alerts and the 55 mg/dL low glucose alarm are all disabled when using the Dexcom G4 PLATINUM Professional System in blinded mode and will not alert you when the glucose is low or high. Check blood glucose meter if there are any signs or symptoms of low or high glucose.

PRECAUTION:

- The system accuracy may be affected when your glucose is changing at a significant rate (e.g., 2-3 mg/dL/min or more than 3 mg/dL each minute), such as during exercise or after a meal. Since the system will not display your glucose rate of change in blinded mode, avoid calibrating after a meal or exercise.

BRIEF SAFETY STATEMENT

The Dexcom G4 PLATINUM Professional Continuous Glucose Monitoring System is a glucose monitoring device indicated for detecting trends and tracking patterns in persons (age 18 and older) with diabetes. The system is for multiple patient use. CONTRAINDICATIONS: Remove the Dexcom G4 PLATINUM System before MRI, CT scan, or diathermy treatment. The device is MR Unsafe. Do not bring any portion of the device into the MR environment. Taking acetaminophen while wearing the sensor may falsely raise your sensor glucose readings. WARNING: Do not use the Dexcom G4 PLATINUM for treatment decisions. The Dexcom G4 PLATINUM does not replace a blood glucose meter. All parts of the system should be considered potentially infectious and are capable of transmitting blood-borne pathogens between patients and healthcare professionals. The transmitter should be cleaned and disinfected after use on each patient. The receiver requires a receiver shield to be replaced for each patient. If a sensor breaks and no portion of it is visible above the skin, do not attempt to remove it. Seek professional medical help if you have infection or inflammation. Report broken sensors to Dexcom Technical Support. The Dexcom G4 PLATINUM is not approved for use in children or adolescents, pregnant women or persons on dialysis. Sensor placement is not approved for sites other than under the skin of the belly (abdomen). Contact Dexcom Toll Free at 877-339-2664 or www.dexcom.com for detailed indications for use and safety information.

1. Dexcom internal data on file, 2013.

LBL012515 Rev01 MT22687