



LACROSSE SPRING TRAINING RULES

OFFICIAL GAMES

- Official games count on team record and referees will be provided
- Teams will be provided with a warm up area
- No time limit on official games

COLLEGE

- NCAA Rules will be enforced for all Official Games
- A scoreboard will be made available for most scrimmages and games, pending field availability. An individual operator will be provided to run the scoreboard.

HIGH SCHOOL

- National Federation Rules (NFHS) will apply for games
- A scoreboard will be made available for most scrimmages and games, pending field availability.
Teams are to provide an individual operator to keep score.

NON-OFFICIAL GAMES (informal games)

- Non-official games will have referees and will not count towards your team record
- Teams will be provided with a warm up area
- A scoreboard will be made available for most scrimmages and games, pending field availability.
Teams are to provide an individual operator to keep score.
- Round Robins will have referees and not count towards your team record. They will be played with 25 minute running clocks.

SCRIMMAGES

- Scrimmages will not have referees
- A scoreboard will be made available for most scrimmages and games, pending field availability.
Teams are to provide an individual operator.