



BASEBALL SPRING TRAINING RULES

OFFICIAL GAMES

- There is No Time Limit on Official Games
- Home and Visitor designation is decided by coin flip at pre-game meeting
- Everyone must wear a helmet in batting cages
- Metal or rubber cleats are allowed

COLLEGE

- NCAA Rules will be enforced for all Official Games
- Double Header games - same two teams, each game will have seven (7) innings
- two different teams, each game will have nine (9) innings
- Single Game- teams will play nine (9) innings
- JV Games will only play seven (7) innings
- No Run Rules are enforced per NCAA Ruling

HIGH SCHOOL

- FHSAA will apply for games through National Federation Rules (NFHS)
- **New for 2019**- The so-called hybrid stance is illegal as it does not meet the requirements of either the windup or set positions.
- All Official Games are seven (7) innings
- Run Rule is ten (10) runs after five (5) innings
- Bats must meet BBCOR certification standards and display a BBCOR logo
- Catchers must wear one-piece hockey style masks. No two-piece or skull caps will be allowed

NON-OFFICIAL GAMES (informal games)

- Games will be played with a ***2-hour 15-minute time limit***
- Home and Visitor designation is decided by coin flip at pre-game meeting
- Everyone must wear a helmet in batting cages
- Metal or rubber cleats are allowed
- Run Rule is ten (10) Runs after five (5) Innings
- Umpires and Scorekeepers will be provided for non-official games. In any case where one team is not allowed to have a scorekeeper, the scorekeeper will still keep track for the opposing team.
- Both teams must agree prior to the start of the contest on any rule modifications
 - ie: unlimited substitutions, etc.
- There is ***NOT*** a Drop Dead Rule. No New Inning will start after the time limit is reached.
- If seven (7) full innings have been played or a run rule is reached prior to the time limit, teams may agree to continue playing. However, they may only play until the time limit is reached, at which point a drop dead time limit will be enforced.

SCRIMMAGES

- Scrimmage games do not have umpires, scorekeepers, scoreboards or announcers
- Two hour drop dead time limits are enforced
- Everyone must wear a helmet in batting cages