Are We Too Busy?

September 20, 2015

The Problem: “You are distracted...anxious and troubled about many things.”
A. Intrinsically, there was nothing sinful with Martha’s behavior. She practiced hospitality.
   1. But the way she is described (distracted, worried, and bothered) shows us she had a problem. She was more concerned about the dinner rolls than she was with the bread of life. She was more concerned about work than she was about worship!
   2. She had God in her presence and yet still was missing peace! Her focus was in the wrong place. I wonder how much we are like Martha? Probably a lot!

B. If Jesus walked into our home, would He find us too distracted to listen to Him?
   1. It is true that we must work, provide for our families, sleep, and even make time for recreation, Ecclesiastes 3:13. And yet the problem for us may be that those things that are intrinsically good have gotten in the way of what is far better: listening to our Savior.
   2. Jesus will not walk into our homes, but He is supposed to be in our lives!
   3. If someone were to record your life for one week, what would they guess is the “good part” in your life? What would they conclude is the one thing you must get done every day? Would it be folding the laundry, running three miles, cross fit, video games, posting to Facebook, mowing the lawn, cleaning the car, serving others, or maybe watching the game?
   4. It’s obvious we all have things to do. While things like serving others is positive, there’s a danger where we can become too preoccupied from wholehearted attention to God. Can we say that sitting at the feet of Jesus is the ONE THING that is necessary?

II. The Solution: “One Thing Is Necessary…”

   A. Jesus wanted Martha to see what was truly important. Her priorities needed to change.
      1. I’m sure Jesus was grateful with whatever Martha was doing for Him. Yet Martha needed to put more time into the one thing that could never be taken away from her, Luke 10:42. What Jesus could provide her is what she really needed. One thing was necessary for her. She needed to partake in the good part!
      2. This was to be priority number one.

   B. This is the ONE THING that is necessary for us!
      1. Nothing must get in the way of us sitting at the feet of Jesus. This is what we need to do and engage in on a daily basis.
      2. We all recognize that we need to listen and spend time with Jesus. But we must do more than simply say “I need to spend more time with Jesus.” We have to believe that the most significant opportunity that we have every day is with Jesus. Until we recognize that Jesus is most important, He will never be our first priority.
      3. If you find yourself to be distracted, worried, and troubled, it’s probably because you are not sitting at the feet of Jesus as much as you should be. That is the one thing we need.

Conclusion:

1. This is how we will be blessed. This is how we will be satisfied. This is how our lives will be good.
2. Maybe your life is stressed and crazy. If it is, it’s because you haven’t chosen the good part!