

OASIS VOLLEYBALL COED 6X6

2015 SAND LEAGUE RULES

Updated October 30th, 2015

STARTING AND FINISHING TIMES:

Friday Evenings (6:10pm, 7:40pm & 9:10pm start times) – Teams should arrive 5 minutes prior to game start time in order to get to their courts and start warming up. At starting time teams will have 10 minutes to warm up, please use it wisely. The first game will start promptly at 6:20pm indicated by ‘the horn’. You will have 40 minutes to play either two games to 25 or two games to 21 and one game to 15 against your first opponent. You’ll rotate at 7:00pm, 8:30pm or 10:00pm to your next opponent with the same game structure of your first match.

CHILD POLICY: **REMEMBER WE ARE BAR THAT OFFERS ADULT LEAGUES**

Friday Evenings: No person under the age of 16 is allowed in the building after 6:15pm. If at this time any person under the age of 16 will be asked to leave. After leagues have finished, around 10:40pm, any person under the age of 21 will be asked to leave the premises.

FORFEITS: Teams unable to field a full team (See PLAYERS) after warm up time expires, will be “charged” a point a minute until 15 points have been accumulated (15 minutes) at which a forfeit is awarded. Upon arrival of enough players to field a complete team, teams will start the second or third game.

GAMES AND MATCHES: REGULATE YOUR OWN PLAY! Friday night teams get a total of 3-6 games (1-2 matches) with games to 25, 21 or 15. All games count towards league standings (i.e., league standings are based on games, not matches). If neither team reaches 10 points in the final game, that game will not affect their records as long as both teams started on time and did not have to forfeit the first game. If a team is running late and must forfeit the first game, the opposing team will collect the win regardless to finishing all games. Teams should “Ro Sham Bo” (Rock, Paper, Scissors) to decide serve, receive, or side, the loser picks from the remaining two choices for game 1, for game 2 the loser of “Ro Sham Bo” from the 1st game chooses either serve/receive, or side.

SCORE SHEETS: Score sheets are provided below the schedules boards each night. Team captains are responsible for recording the final score of each game and signing off on the score sheet. Score sheets not filled out may result in losses or a forfeit of all games to both teams.

PLAYERS: The Oasis Coed 6x6 volleyball is normally played with three men and three women on the court; however, teams will be allowed to play a number of variations as long as there is at least 4 players on the court and at least one female and no more than 3 men on the court at one time. Four person teams (two women/two men, three women/one man or four women) may ignore the “ghost player” rule, but servers are still considered back row and may not spike. A captain unable to field a team will be awarded the appropriate number of forfeits (note: 2 forfeits = 1 “No Show”, 2 or more “No Shows” nullify a captain’s priority for future leagues). In league play you must have a minimum of 4 players to have a valid team. *In tournament play you MUST have a minimum of 5 players on the court at one time. Teams without 5 players for the tournament will not be allowed to participate.

NO SHOWS: Teams unable to field and team for their scheduled games will receive 1 No Show. If any team has more than 1 No Show per season, they will be removed from the league without a refund and replaced by a team on the wait list. Said team will also lose priority for future sessions.

BACK ROW BLOCKERS: When there are 2 women and one male in the front row... a back row male player may come up to block. He may not complete an “attack” or “hit” on the ball. No back row female player can participate in a block regardless of female numbers and/ or positioning on the front row.

BACK ROW ATTACKS: Should a back row player in the front zone attack or direct (hand set) a ball that is totally above the level of the net and in the plane of the net, then that player has committed a back row attack. Again this rule has to do with the position of the ball when a back. In other words, A player from the back row may not jump to hit the ball within close proximity to the net (10 feet). A back row player may leave the ground, if more than 10 feet off of the net, to hit a ball.

ROTATIONS, SUBSTITUTIONS & SERVING ORDER: Teams will line up with males and females alternating in the service rotation. The exception will be if a team is playing with 4 (1 female & 3 males) or with 5. Additional players for your team can be entered into play by either substitution or rotation. If substitution is used, an unlimited number of entries into the game will be allowed per position. If rotation is used, the captain should identify the position at which the substitutes are entering. (You cannot use both options during the same game, except for an injury substitution). After each side out, all players must rotate to the next position on the court in a clockwise direction. Players may switch positions with other players after the ball has been served. Once a point has been made, ALL players must return to their original position from the point before.

SERVE RECEIVE AND SERVING: You must hit the ball on the first toss of the serve (overhand or underhand). If you catch the ball, drop the ball, or allow the ball to drop to the ground, it is an automatic side out. You may serve from anywhere on the back line. If you forget to serve in rotation, it is an automatic side out. You may not block the serve or attack the ball

when it is still in the plane. Jump serves are LEGAL in ALL divisions. You may **NOT** set the serve (see PASSES AND SETS). Please serve the ball in a reasonable amount of time.

CO-ED RULE: The Oasis does have a coed rule in Coed 6x6 leagues (i.e., a woman **IS** required to touch the ball on each side of the net if hit more than once).

REFEREES: The Oasis does not provide referees for our leagues. Teams are asked to call their own games fairly and honestly. A staff member will be available at all times to answer any questions that arise. If discrepancies do arise, please don't hesitate to ask a staff member. Keep in mind that the League Manager retains the right to refund a team's fees and remove them from the league if they seem to have problems with the rules or issues with other teams. So if there's a discrepancy, do everyone a favor and just replay the point. Remember we're out to play a bunch of VB. Save the intense stuff for the tournament. NO unsportsman like conduct will be accepted!

TIME-OUTS: Each team is allowed one (1) time-out per game. Time-outs are 30 seconds. Injury time-outs are allowed for as long as the player needs to get the proper help.

UNDER THE NET: Players may go under the net as long as they do not interfere with another player's ability to get a ball. If the ball touches you while you are under the net, it is a point for the other team. If you interfere with a player on the other side, point for the other team. **IF ANY PLAYER COMES UNDER THE NET IN AN AGGRESSIVE MANOR, THEY WILL BE ASKED TO LEAVE THE BUILDING.**

OUT OF BOUNDS AND BOUNDARY ROPES: If a ball touches any of the black nets surrounding the courts or walls along the courts, the ball is dead and a side out is awarded. If the ball contacts the ceiling or anything hanging from the ceiling the ball is still in play as long as your team has another hit available (3 hits total), the volleyball has not crossed the plain of the net. If the ball contacts the ceiling and proceeds towards the other side of the court or breaks the plain of the net, the ball is dead and a side out is awarded. If the antennas are contacted by the ball the play is dead.

GOING ON THE OTHER COURTS: If there is a scheduled game on the adjacent court you are not allowed to go on that court to play a ball. If you do, the play stops and it is a point for the other team. This should not be an issue due to the nets we have separating courts.

AT THE NET: Any contact with the net by a player during the play (except for hair) is a violation! Again... **ANY!!**

ADDITIONAL PLAYERS: Teams may add additional players, no more than ten (10), to their roster through the evening of the 7th week without penalty.

END OF SESSION (EOS) TOURNAMENTS: End of Session tournament will be held towards the end of each session. All teams will be allowed to participate in the EOS tournament as long as they do not violate the No Show Policy. Even though you are allowed to play with 4 players during league play, team **MUST** have 5 players in order to participate in the EOS tournament.

RAIN/SNOW DAYS: Keep in mind that we rarely cancel any league since our goal is to play as much ball as possible and the weather can improve in a matter of minutes. Our standard policy is post updates on our website as the weather and conditions change. There are occasional days where the weather will be obvious, that play is, or will be cancelled and common sense should dictate. On those rare days, when it is truly miserable, you will know we are canceling. When possible, we will post cancellations on the website www.sportsoasis.com as soon as possible, 5pm at the latest. Rain/Snow days **will not** be made up. Just because it's raining/snowing in Denver doesn't mean that it is raining/snowing in Broomfield. If the weather is bad and you don't want to risk the roads, we understand, please call the League Manager at [303-466-1760](tel:3034661760).

CAPTAINS' PRIORITY: During 1993, VOTR created a priority system that rewards returning captains and also creates some attrition so new teams have an opportunity to get into the league. The order of priority is as follows:

-Returning Captains: Guaranteed a spot on the same night & same division. Completed paperwork with payment must be turned in by the end of the 6th week of the current league.

-Returning Captains: Returning Captains wishing to switch to a new night will be given priority for any openings on a new night; in the order their paperwork is submitted for the new night. Paperwork must be submitted prior to the returning team deadlines in item above. These teams will be given priority in front of new teams on the waiting list.

-Everyone Else: All other captains or players are considered new teams. New teams, in the order their completed registration form with payment was submitted, will be given any remaining openings on the nights of their choice. Any remaining spots will be given on a first come, first filled basis to teams signing up at the last minute.

OUTSIDE FOOD AND BEVERAGES: The Oasis does not allow any outside food into the establishment. If any outside food is seen, the staff may discard of any and all food without notice to the player. If you have dietary restrictions or questions, please contact Oasis Management at SportsOasisVB@gmail.com. Outside beverages are also not allowed inside the building. The only beverages the Oasis will allow are water and coffee. Alcohol is **NEVER** permitted to be taken into or out of the facility. Anyone caught bringing in or taking out alcohol will be issued an automatic suspension from all VOTR activities. This includes all mountain tournaments, Island & Oasis Leagues as well as any grass leagues ran by VOTR.