



Sizing Chart

SIZE	MIN	MAX
Small	133mm, 5.2 in.	159mm, 6.3 in.
Medium	145mm, 5.7 in.	180mm, 7.1 in.
Large	175mm, 6.9 in.	210mm, 8.3 in.
Extra Large	210mm, 8.3 in.	245mm, 9.6 in.

1. Print this page at 100% scale. **Do not scale to fit.**
2. Cut out the sizing strip
3. Wrap comfortably around your wrist
4. Ensure that it is not too tight

Does your wrist overlap between two sizes?
Chose the larger of the two sizes