

**NIHR Innovation Observatory  
Evidence Briefing: August 2017**

**Erdafitinib capsules for metastatic or surgically unresectable urothelial cancer with FGFR gene aberrations – second line therapy**

NIHRIO (HSRIC) ID: 11254

NICE ID: 8748

**LAY SUMMARY**

Urothelial cancer (UC), is a type of cancer of the urinary system (which includes the bladder and surrounding space). Bladder cancer is the most common type of UC, making up the majority of UC cases. Your risk of getting UC can be increased by smoking, damage to the urinary system (like kidney stones or infections) and having a family history of UC. Changes to a certain gene, the FGFR gene, has been found in one to two thirds of people with UC.

Erdafitinib capsules are a new drug which work by killing cancer cells which have changes to the FGFR gene. It is currently being tested in clinical trials for a range of different cancers, including cancers of the urinary system. If Erdafitinib was licenced for use in the UK it would provide a treatment option for people with late stage or difficult to treat urinary tract cancer with abnormal FGFR gene.

*This briefing is based on information available at the time of research and a limited literature search. It is not intended to be a definitive statement on the safety, efficacy or effectiveness of the health technology covered and should not be used for commercial purposes or commissioning without additional information.*

*This briefing presents independent research funded by the National Institute for Health Research (NIHR). The views expressed are those of the author and not necessarily those of the NHS, the NIHR or the Department of Health.*

## TARGET GROUP

Urothelial cancer for patients with FGFR mutation (metastatic or surgically unresectable) - second line.

## TECHNOLOGY

### DESCRIPTION

Erdafitinib (JNJ-42756493) is a selective fibroblast growth factor receptor (FGFR) inhibitor intended for use in patients with solid tumours with genetic mutations in the FGFR pathway (up-regulated in many tumour cell types and essential to tumour cell proliferation, differentiation and survival), including urothelial carcinoma. It works by binding to and inhibiting FGFR, resulting in the inhibition of FGFR induced signal transduction pathways leading to tumour cell death in FGFR-overexpressing tumour cells.<sup>1</sup>

Erdafitinib is currently being studied in a phase II clinical trial in urothelial carcinoma. Erdafitinib is administered orally at a dose of 8mg once daily for 28 days, on a 28 day cycle that will continue until disease progression or unacceptable toxicity occurs.<sup>2</sup>

Erdafitinib does not currently have Market Authorisation in the EU for any indication.

The drug is currently in phase II clinical trials for the treatment of:

- advanced hepatocellular carcinoma – second line
- cholangiocarcinoma (bile duct cancer) – second line
- gastric cancer – second line
- non-small cell lung cancer – second line
- oesophageal cancer – second line

## INNOVATION and/or ADVANTAGES

Despite the fact urothelial cancer (UC) is the fourth most common tumour type worldwide, it is associated with poor disease outcomes (e.g. overall survival) and there are few effective treatment options available for those with metastatic UC following disease progression after first line platinum containing chemotherapy regimens. There are also currently no standard treatments to target specific genetic mutations or pathways in UC.<sup>3</sup> If licensed, erdafitinib will offer a targeted treatment option for patients with metastatic urothelial cancer with FGFR aberrations who currently have few effective therapies available.

## DEVELOPER

Janssen-Cilag Ltd

## AVAILABILITY, LAUNCH or MARKETING

No information available.

## PATIENT GROUP

### BACKGROUND

Urothelial (or transitional cell) cancers are the fourth most common tumours worldwide after prostate (or breast), lung and colorectal cancer. Urothelial cancers originate in the transitional epithelium (or urothelium), a membrane covering the renal pelvis to the ureter, bladder and proximal two thirds of the urethra. Bladder cancers account for 90-95% of urothelial cancers with the remaining 5-10% being upper tract urothelial cancers (UTUCs), involving the renal pelvis and ureter.<sup>3</sup> Urothelial bladder cancer (UBC) may be superficial (not having invaded the deeper bladder layers) or invasive (having invaded the bladder deeper layers). There are several different types of superficial UBCs including papillary (which grow out of the urothelium and can be surgically removed), CIS (which grow flat and quickly and more likely to reoccur) and High grade T1 tumours (which grow into the lamina propria, the tissue layer beneath the urothelium, and have a 30-40% chance of reoccurring).<sup>4</sup>

UBCs and UTUCs are usually diagnosed using several different tests, including:<sup>5,6</sup>

- Physical examination and identification of symptoms, including; haematuria (blood in the urine), back pain, fatigue, weight loss and painful or frequent urination.
- Urinalysis: checking for sugars, protein, blood and bacteria in the urine).
- Urine Cytology: checking for cancer cells shed in the urine.
- Ureterscopy: where an ureteroscope (thin tube with a lens at the end) is inserted through the urethra into the bladder, ureter and renal pelvis.
- Intravenous pyelogram (IVP): a contrast dye is injected into the bloodstream and a series of x-rays of the kidneys, ureters and bladder are taken to check for cancer (appearing as 'blockages').
- CT (Computed tomography), Ultrasound or MR (Magnetic Resonance) Imaging techniques to visualise any tumours.
- Biopsy: a sample of tissue taken for examination (during ureterscopy or surgery) to check for cancer cells.

Risk factors for the development of urothelial cancers include tobacco smoking (accounting for 50% cases), occupational exposure to aromatic amines, polycyclic aromatic hydrocarbons and chlorinated hydrocarbons (accounting for about 10% of cases), exposure to ionising radiation, numerous bladder infections or stones, schistosomiasis infection and chronic miss use of over-the-counter painkillers.<sup>5,6</sup>

7

Genetic mutations or changes have also been implicated in the pathogenesis of urothelial cancer, including changes to the all four FGFR (fibroblast growth factor receptor) (FGFR1, FGFR2 and FGFR3) genes. Changes to the FGFR genes are thought to promote cell proliferation, migration, angiogenesis and anti-apoptosis in many cancers including urothelial cancer.<sup>3</sup>

Prognosis of urothelial cancer is generally poor and even with extensive resection surgery, the cancer will recur in approximately 50% patients within 5 years, who will then require systemic chemotherapy. If the cancer progresses after first line chemotherapy there are few effective treatment options available for metastatic urothelial cancer.<sup>3</sup>

## CLINICAL NEED and BURDEN OF DISEASE

UTUC is generally rare and is more common in men than women with incidence rates of 1.7 per 100,000 in men and 0.8 per 100,000 in women (according to data from England).<sup>8</sup> Data from 2015-16 Hospital Episode statistics for England showing 1,065, 1,934 and 452 admissions and 1,216, 2,229 and 527 finished consultant episodes for malignant neoplasm of the renal pelvis (ICD10 C65), malignant neoplasm of the ureter (ICD10 C66) and malignant neoplasm of other and unspecified urinary organs (ICD10 C68) respectively.<sup>9</sup>

Conversely, bladder cancer (which accounts for 90-95% of urothelial cancers) is the 10<sup>th</sup> most common cancer in the UK, accounting for 3% all new cancer cases in the UK in 2014.<sup>10</sup> Bladder cancer incidence rates for England in 2014 were 15.7 per 100,000 (equating to 8,514). Data from 2015-16 Hospital Episode statistics for England showed 67,422 admissions and 71,702 finished consultant episodes for malignant neoplasm of the bladder (ICD10 C67).<sup>9</sup>

Mortality from UTUC in 2010 in England was n=175. Mortality rates for UTUCs generally increase with age with mortality rate of 3.2 per 100,000 in people >80 years in England (calculated from data collected 2007-2009).<sup>8</sup> Mortality from bladder cancer is the 7<sup>th</sup> most common cause of cancer death in males and the 12<sup>th</sup> most common cause of cancer deaths in females in the UK. In 2014, there were 4,504 bladder cancer deaths, equating to a mortality rate of 8.3 per 100,000.<sup>11</sup>

Urothelial cancers often have poor outcomes, with a ten year overall survival rate of 20-60% for UBCs and 25% for UTUCs after radical surgical resection.<sup>3</sup> One year survival rates for UTUC for England in 2007-2009 were 71% and five year survival rates for UTUC for England for 2003-2005 were 48%.<sup>8</sup> One, five and ten year survival rates for bladder cancer in England in 2014 were 72.4%, 53.7% and 50.2% respectively.<sup>12</sup>

The prevalence of FGFR1, FGFR2 and FGFR3 gene amplifications in urothelial cancers are estimated at 9-10%, 0.8% and 3-5% respectively. Activating mutations in the FGFR3 gene have been shown in 38-66% of superficial urothelial cancers and in 15-20% of invasive urothelial cancers.<sup>3</sup>

### PATIENT PATHWAY

### RELEVANT GUIDANCE

### NICE GUIDANCE

- NICE technology appraisal in development. Pembrolizumab for urothelial cancer (ID1019). Expected publication date November 2017.
- NICE technology appraisal in development. Nivolumab for treating metastatic or unresectable urothelial cancer after platinum-based chemotherapy (ID 995). Expected publication date February 2018.
- NICE technology appraisal in development. Atezolizumab for treating metastatic urothelial bladder cancer after platinum-based chemotherapy (ID939). Expected date of issue to be confirmed.
- NICE technology appraisal. Vinflunine for the treatment of advanced or metastatic transitional cell carcinoma of the urothelial tract (TA272). January 2013.
- NICE guideline. Bladder cancer: diagnosis and management (NG2). February 2015.
- NICE quality standard. Quality standard for bladder cancer (QS106). December 2015.

## NHS ENGLAND and POLICY GUIDANCE

- NHS England. 2013/14 NHS Standard Contract for Cancer: Specialised kidney, bladder and prostate cancer services (Adult). B14/S/a.
- NHS England. 2013/14 NHS Standard Contract for Cancer: Chemotherapy (Adult). B15/S/a.
- NHS England. 2013/14 NHS Standard Contract for Cancer: Chemotherapy (Children, Teenagers and Young Adults). B15/S/b.
- NHS England. 2013/14 NHS Standard Contract for Cancer: Radiotherapy (All Ages). B01/S/a.
- NHS England. Clinical Commissioning Policy: Robotic Assisted Surgery for Bladder Cancer. 16033/P. July 2016.

## OTHER GUIDANCE

- Royal College of Surgeons. From Innovation to Adoption 2014

## CURRENT TREATMENT OPTIONS

Treatment of urothelial cancer depends on the exact location of the cancer, UTUC or UBC, and the grade of the cancer. Standard treatment options for upper tract urothelial cancer (ureter or renal pelvis) include:

- BCG: Attenuated Mycobacterium tuberculosis – can be curative in those with superficial cancer and is usually reserved for non-surgical candidates. However cancer recurrence rates are high (50%).<sup>13</sup>
- Chemotherapy:<sup>13</sup>
  - Gemcitabine and cisplatin combination – first line therapy for muscle invasive/locally advanced and metastatic cancer.
  - MVAC (methotrexate, vinblastine, doxorubicin and cisplatin) combination – used for muscle invasive/locally advanced cancer.
  - Methotrexate, carboplatin and vinblastine – used in metastatic cancer
  - Gemcitabine and cisplatin every 2 weeks (split dose) – used in metastatic cancer
- Surgery:<sup>14, 15</sup>
  - Endoscopic therapy: tumours removed, usually by laser, during endoscopy procedure – used for superficial tumours.
  - Ureteroureterostomy: surgery to remove tumours of the proximal/mid-ureter – used for superficial tumours.
  - Radical nephroureterectomy: surgery to remove the entire kidney, ureter and bladder cuff (tissues connecting the ureter and bladder) – used for local advanced tumours of the UTUC. Performed laparoscopically or as open surgery.
  - Segmental resection of the ureter: surgery to remove cancerous ureter tissue – only used in superficial cancers of the bottom third of the ureter.
  - Lymph node dissection: extensive regional lymphadenectomy during open nephroureterectomy – for locally advanced UTUC.

Standard treatment options for UBC (urothelial cancer of the bladder) vary according to cancer stage and invasiveness as follows:<sup>16, 17, 18, 5</sup>

- Low risk superficial bladder cancer:
  - White light guided TURBT (transurethral resection of bladder tumour) to remove cancerous tissue from the bladder lining. Further TURBT procedures should be considered within 6 weeks if the results sample does not contain detrusor muscle.
  - Single dose of intravesical mitomycin C given at the time of first TURBT.
- Intermediate risk superficial bladder cancer:
  - Course of minimum 6 doses of mitomycin C chemotherapy into the bladder.
- High risk superficial bladder cancer:
  - If TURBT shows high risk superficial cancer, offer another TURBT as soon as possible.
  - Intravesical (into the bladder) BCG vaccine – induction and maintenance doses.
  - Radical cystectomy (bladder removal) – with a urinary stoma or continent urinary diversion (bladder substitution or catheterisable reservoir).
- Recurrent superficial bladder cancer:
  - Fulguration (removal of malignant tissue using high frequency electrical current by electrode) without biopsy.
- Muscle invasive bladder cancer:
  - Neoadjuvant chemotherapy: cisplatin combination chemotherapy regime before radical cystectomy or radical radiotherapy.
  - Radical cystectomy (bladder removal) - with a urinary stoma or continent urinary diversion (bladder substitution or catheterisable reservoir).
  - Adjuvant chemotherapy after radical cystectomy – adjuvant cisplatin combination chemotherapy after radical cystectomy for muscle invasive or lymph node positive urothelial bladder cancer for those who are not eligible for neoadjuvant chemotherapy.
  - Radical radiotherapy - radiosensitiser (e.g. mitomycin in combination with fluorouracil [5-FU] or carbogen in combination with nicotinamide) when giving radical radiotherapy (for example, 64 Gy in 32 fractions over 6.5 weeks or 55 Gy in 20 fractions over 4 weeks).

## EFFICACY and SAFETY

<b>Trial</b>	NCT02365597, CR105065, 42756493BLC2001, 2014-002408-26, CDR769515, NCI-2015-00818, EudraCT-2014-002408-26, DRKS00009448, IRAS-177346, WCMC-IRB-1507016367, GDCT00233571; adults with metastatic or surgically unresectable urothelial cancer; Erdafitinib alone; phase II trial
<b>Sponsor</b>	Janssen-Cilag
<b>Status</b>	Ongoing, recruiting
<b>Source of Information</b>	Trial registry. <sup>2</sup>
<b>Location</b>	EU including UK, USA, Middle East and Asia
<b>Design</b>	Uncontrolled / Single Group Assignment / Open label
<b>Participants</b>	n=210 (planned); aged 18 and older; metastatic unresectable urothelial cancer that harbour specific FGFR genomic alterations; second line therapy

<b>Schedule</b>	Single group assignment, open label, uncontrolled. Prior to interim analysis 1 (IA1), there were 2 treatment regimens: Regimen 1 (10 milligram [mg] once daily, 7 days on/7 days off); and Regimen 2 (6 mg once daily for 28 days). Following IA1, Regimen 1 is closed for further enrolment and starting dose of Regimen 2 is increased to 8 mg once daily for 28 days on a 28-day cycle (referred to as Regimen 3). <sup>2</sup>
<b>Follow-up</b>	A post treatment follow-up phase will extend from the end of treatment visit until the subject has died, withdraws consent, is lost to follow, or the end of the study, whichever comes first.
<b>Primary Outcomes</b>	Percentage of participants with Best Overall Response after 1 year
<b>Secondary Outcomes</b>	Progression-free survival (baseline to progression or death), duration of response (baseline to disease progression or death), overall survival (baseline to death), number Adverse Events (AEs) and Serious Adverse Events (SAEs) (baseline to end of study), presence of circulating biomarkers (DNA, RNA, or proteins) associated with FGFR aberrations (baseline up to end of study), plasma concentration, clearance and volume of distribution of erdafitinib (baseline up to end of study).
<b>Key Results</b>	-
<b>Adverse effects (AEs)</b>	-
<b>Expected reporting date</b>	Study completion estimated Aug 2018

## ESTIMATED COST and IMPACT

### COST

The cost of erdafitinib is not yet known and is not currently marketed in the EU for any indication.

### IMPACT – SPECULATIVE

#### IMPACT ON PATIENTS AND CARERS

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Reduced mortality/increased length of survival | <input checked="" type="checkbox"/> Reduced symptoms or disability |
| <input type="checkbox"/> Other   | <input type="checkbox"/> No impact identified                      |

#### IMPACT ON HEALTH and SOCIAL CARE SERVICES

- |  |   |
|--|---|
| <input type="checkbox"/> Increased use of existing services              | <input type="checkbox"/> Decreased use of existing services |
| <input checked="" type="checkbox"/> Re-organisation of existing services | <input type="checkbox"/> Need for new services              |

Other

None identified

## IMPACT ON COSTS and OTHER RESOURCE USE

Increased drug treatment costs

Reduced drug treatment costs

Other increase in costs

Other reduction in costs

Other: *uncertain unit cost compared to existing treatments*

None identified

## OTHER ISSUES

Clinical uncertainty or other research question identified

None identified

## REFERENCES

<sup>1</sup> National Cancer Institute. *Erdafitinib*. Available from:

<https://www.cancer.gov/publications/dictionaries/cancer-drug?cdrid=741845>. [Accessed 17 August 2017].

<sup>2</sup> Clinical Trials.gov. *An Efficacy and Safety Study of JNJ-42756493 in Participants with Urothelial Cancer*.

Available from: <https://clinicaltrials.gov/ct2/show/NCT02365597?term=NCT02365597&rank=1> [Accessed 17<sup>th</sup> July 2017]. Last updated 17 August 2017.

<sup>3</sup> Rodriguez-Vida A, Saggese M, Hughes S, Rudman S, Chowdhury S, Smith NR, Lawrence P, Rooney C, Dougherty B, Landers D, Kilgour E. *Complexity of FGFR signalling in metastatic urothelial cancer*. *Journal of hematology & oncology*. 2015 Oct 24;8(1):119.

<sup>4</sup> Cancer Research UK. *Bladder Cancer Types*. Available from: <http://www.cancerresearchuk.org/about-cancer/bladder-cancer/types-stages-grades/types>. [Accessed 22 August 2017]. Last Updated 25 June 2015.

<sup>5</sup> Babjuk M, Böhle A, Burger M, Capoun O, Cohen D, Compérat EM, Hernández V, Kaasinen E, Palou J, Rouprêt M, van Rhijn BW. *EAU guidelines on non-muscle-invasive urothelial carcinoma of the bladder: update 2016*. *European urology*. 2017 Mar 31;71(3):447-61.

<sup>6</sup> National Cancer Institute. *Transitional Cell Cancer of the Renal Pelvis and Ureter Treatment (PDQ) – Patient Version*. Available from: <https://www.cancer.gov/types/kidney/patient/transitional-cell-treatment-pdq>. [Accessed 22 August 2017].

<sup>7</sup> Cancer Research UK. *Bladder Cancer – Risks and Causes*. Available from:

<http://www.cancerresearchuk.org/about-cancer/bladder-cancer/risks-causes>. [Accessed 23 August 2017]. Last Updated 20 July 2015.

<sup>8</sup> Eylert MF, Hounsoms L, Verne J, Bahl A, Jefferies ER, Persad RA. *Prognosis is deteriorating for upper tract urothelial cancer: data for England 1985–2010*. *BJU international*. 2013 Jul 1;112(2). Login Required.

<sup>9</sup> NHS England. *Hospital Episode Statistics for England. Admitted patient care statistics 2015-16*. Office of National Statistics.

<sup>10</sup> Cancer Research UK. *Bladder Cancer Statistics*. Available from: <http://www.cancerresearchuk.org/health-professional/cancer-statistics/statistics-by-cancer-type/bladder-cancer#heading-Zero>. [Accessed 24 August 2017].



- 
- <sup>11</sup> Cancer Research UK. *Bladder Cancer Mortality Statistics – Bladder cancer mortality by sex and UK region*. Available from: <http://www.cancerresearchuk.org/health-professional/cancer-statistics/statistics-by-cancer-type/bladder-cancer/mortality#heading-Zero>. [Accessed 24 August 2017]. Last Updated 6 July 2016.
- <sup>12</sup> Cancer Research UK. *Bladder Cancer Survival statistics – One, five and ten-0year survival for bladder cancer*. Available from: <http://www.cancerresearchuk.org/health-professional/cancer-statistics/statistics-by-cancer-type/bladder-cancer/survival#heading-Zero>. [Accessed 24 August 2017]. Last Updated 24 November 2014.
- <sup>13</sup> Medscape. *Urothelial Tumours of the Renal Pelvis and Ureters Treatment and Management- Medical Therapy*. Available from: <http://emedicine.medscape.com/article/452449-treatment>. [Accessed 23 August 2017]. Last Updates 18 September 2016.
- <sup>14</sup> National Cancer Institute. *Transitional Cell Cancer of the Renal Pelvis and Ureter Treatment (PDQ) – Patient Version*. Available from: <https://www.cancer.gov/types/kidney/patient/transitional-cell-treatment-pdq#section/46>. [Accessed 22 August]. Last Updated 22 May 2015.
- <sup>15</sup> Medscape. *Urothelial tumours of the renal pelvis and ureters Treatment and Management – Surgical Therapy*. Available from: <http://emedicine.medscape.com/article/452449-treatment>. [Accessed 23 August 2017]. Last Updated 18 September 2017.
- <sup>16</sup> NICE Guidance. *Bladder cancer: diagnosis and management (NG2)*. Available from: <https://www.nice.org.uk/guidance/ng2/chapter/recommendations#treating-muscle-invasive-bladder-cancer-2>. [Accessed 23 August 2017]. February 2015.
- <sup>17</sup> Cancer Research UK. *Early bladder cancer – Treatment decisions*. Available from: <http://www.cancerresearchuk.org/about-cancer/bladder-cancer/treatment/early/decisions>. [Accessed 23 August 2017]. Last Updated 29 July 2015.
- <sup>18</sup> Cancer Research UK. *Invasive bladder cancer – Treatment decisions*. Available from: <http://www.cancerresearchuk.org/about-cancer/bladder-cancer/treatment/invasive/decisions>. [Accessed 23 August 2017]. Last Updated 4 August 2015.