1 2 3 4	PROPOSED CHANGES TO APPROVED THALOMID [®] PACKAGE INSERT Highlighted Version
5	THALOMID® (thalidomide) Capsules 50 mg, 100 mg, & 200mg
6	WARNING: SEVERE, LIFE-THREATENING HUMAN BIRTH DEFECTS.
7	IF THALIDOMIDE IS TAKEN DURING PREGNANCY, IT CAN CAUSE
8 0	SEVERE BIRTH DEFECTS OR DEATH TO AN UNBORN BABY. THAI IDOMIDE SHOULD NEVER BE USED BY WOMEN WHO ARE
10	PREGNANT OR WHO COULD BECOME PREGNANT WHILE TAKING THE
11	DRUG. EVEN A SINGLE DOSE [1 CAPSULE (50 mg, 100 mg or 200 mg)]
12 13	TAKEN BY A PREGNANT WOMAN DURING HER PREGNANCY CAN CAUSE SEVERE BIRTH DEFECTS.
14	BECAUSE OF THIS TOXICITY AND IN AN EFFORT TO MAKE THE
15	CHANCE OF FETAL EXPOSURE TO THALOMID [®] (thalidomide) AS
16 17	MARKETING ONLY UNDER A SPECIAL RESTRICTED DISTRIBUTION
18	PROGRAM APPROVED BY THE FOOD AND DRUG ADMINISTRATION.
19	THIS PROGRAM IS CALLED THE "SYSTEM FOR THALIDOMIDE
20	EDUCATION AND PRESCRIBING SAFETY (S.T.E.P.S. °)."
21	UNDER THIS RESTRICTED DISTRIBUTION PROGRAM, ONLY DESCRIPTEDS AND DUADMACISTS DECISTEDED WITH THE DROCDAM
22 23	ARE ALLOWED TO PRESCRIBE AND DISPENSE THE PRODUCT. IN
24	ADDITION, PATIENTS MUST BE ADVISED OF, AGREE TO, AND COMPLY
25 26	WITH THE REQUIREMENTS OF THE S.T.E.P.S. ⁽⁶⁾ PROGRAM IN ORDER TO
26 27	RECEIVE PRODUCT.
27 28	PLEASE SEE THE FOLLOWING BOXED WARNINGS CONTAINING SPECIAL INFORMATION FOR PRESCRIBERS FEMALE PATIENTS AND
20 29	MALE PATIENTS ABOUT THIS RESTRICTED DISTRIBUTION PROGRAM.
30	
31	PRESCRIBERS
32	THALOMID [®] (thalidomide) may be prescribed only by licensed prescribers who are
33	registered in the S.T.E.P.S. ^(*) program and understand the risk of teratogenicity if
34	thalidomide is used during pregnancy.
35 36	Major human tetal abnormalities related to thalidomide administration during
37	limbs), hypoplasticity of the bones, absence of bones, external ear abnormalities
38	(including anotia, micro pinna, small or absent external auditory canals), facial palsy,
39	eye abnormalities (anophthalmos, microphthalmos), and congenital heart defects.
40 41	Animentary tract, urinary tract, and genital malformations have also been documented. Mortality at or shortly after birth has been reported at about $40\%^2$
- [,

42 43 44 45 46 47 48 49 50 51 52 53	Effective contraception (see CONTRAINDICATIONS) must be used for at least 4 weeks before beginning thalidomide therapy, during thalidomide therapy, and for 4 weeks following discontinuation of thalidomide therapy. Reliable contraception is indicated even where there has been a history of infertility, unless due to hysterectomy or because the patient has been postmenopausal for at least 24 months. Two reliable forms of contraception must be used simultaneously unless continuous abstinence from heterosexual sexual contact is the chosen method. Women of childbearing potential should be referred to a qualified provider of contraceptive methods, if needed. Sexually mature women who have not undergone a hysterectomy or who have not been postmenopausal for at least 24 consecutive months (i.e., who have had menses at some time in the preceding 24 consecutive months) are considered to be women of childbearing potential.
54 55 56 57 58	Before starting treatment , women of childbearing potential should have a pregnancy test (sensitivity of at least 50 mIU/mL). The test should be performed within the 24 hours prior to beginning thalidomide therapy. A prescription for thalidomide for a woman of childbearing potential must not be issued by the prescriber until a written report of a negative pregnancy test has been obtained by the prescriber.
59 60 61 62	<i>Male Patients</i> : Because thalidomide is present in the semen of patients receiving the drug, males receiving thalidomide must always use a latex condom during any sexual contact with women of childbearing potential even if he has undergone a successful vasectomy.
63 64 65 66 67	Once treatment has started , pregnancy testing should occur weekly during the first 4 weeks of use, then pregnancy testing should be repeated at 4 weeks in women with regular menstrual cycles. If menstrual cycles are irregular, the pregnancy testing should occur every 2 weeks. Pregnancy testing and counseling should be performed if a patient misses her period or if there is any abnormality in menstrual bleeding.
68 69	If pregnancy does occur during thalidomide treatment, thalidomide must be discontinued immediately.
70 71 72 73	Any suspected fetal exposure to THALOMID [®] (thalidomide) must be reported immediately to the FDA <i>via</i> the MedWatch number at 1-800-FDA-1088 and also to Celgene Corporation. The patient should be referred to an obstetrician/gynecologist experienced in reproductive toxicity for further evaluation and counseling.
74	
75	FEMALE PATIENTS
76 77 78 79	Thalidomide is contraindicated in WOMEN of childbearing potential unless alternative therapies are considered inappropriate AND the patient MEETS ALL OF THE FOLLOWING CONDITIONS (i.e., she is essentially unable to become pregnant while on thalidomide therapy):
80	• she understands and can reliably carry out instructions
81 82	• she is capable of complying with the mandatory contraceptive measures, pregnancy testing, patient registration, and patient survey as described in the

83 84	System for Thalidomide Education and Prescribing S program.	Safety (S.T.E.P.S. [®])
85 86	• she has received both oral and written warnings of th thalidomide during pregnancy and of exposing a fetu	e hazards of taking as to the drug.
87 88 90 91 92 93 94	• she has received both oral and written warnings of the contraception failure and of the need to use two relial simultaneously (see CONTRAINDICATIONS), und from heterosexual sexual contact is the chosen method who have not undergone a hysterectomy or who have for at least 24 consecutive months (i.e., who have had the preceding 24 consecutive months) are considered childbearing potential.	te risk of possible ble forms of contraception less continuous abstinence od. Sexually mature women e not been postmenopausal d menses at some time in t to be women of
95 96 97 98	• she acknowledges, in writing, her understanding of the need for using two reliable methods of contraception beginning thalidomide therapy, during thalidomide therapy.	hese warnings and of the for 4 weeks prior to herapy, and for 4 weeks
99 100 101	• she has had a negative pregnancy test with a sensitivi within the 24 hours prior to beginning therapy. (See I CONTRAINDICATIONS.)	ity of at least 50 mIU/mL, PRECAUTIONS,
102 103	• if the patient is between 12 and 18 years of age, her p must have read this material and agreed to ensure cor	parent or legal guardian mpliance with the above.
104		
105	MALE PATIENTS	
106 107	Thalidomide is contraindicated in sexually mature MALES UMEETS ALL OF THE FOLLOWING CONDITIONS:	unless the PATIENT
108	• he understands and can reliably carry out instructions	
100	5 5	5.
110 111 111	• he is capable of complying with the mandatory contra appropriate for men, patient registration, and patient <i>S.T.E.P.S.</i> [®] program.	s. aceptive measures that are survey as described in the
110 111 112 113	 he is capable of complying with the mandatory contra appropriate for men, patient registration, and patient s.<i>T.E.P.S.</i> [®] program. he has received both oral and written warnings of the thalidomide and exposing a fetus to the drug. 	s. aceptive measures that are survey as described in the hazards of taking
110 111 112 113 114 115 116 117 118	 he is capable of complying with the mandatory contra appropriate for men, patient registration, and patient <i>s</i>.<i>T.E.P.S.</i> [®] program. he has received both oral and written warnings of the thalidomide and exposing a fetus to the drug. he has received both oral and written warnings of the contraception failure and of the presence of thalidom instructed that he must always use a latex condom du with women of childbearing potential, even if he has vasectomy. 	s. aceptive measures that are survey as described in the hazards of taking risk of possible ide in semen. He has been uring any sexual contact undergone a successful

123 124 125	not been postmenopausal for at least 24 consecutive months (i.e., who have had menses at any time in the preceding 24 consecutive months) are considered to be women of childbearing potential.
126 127	• if the patient is between 12 and 18 years of age, his parent or legal guardian must have read this material and agreed to ensure compliance with the above.
128	Venous Thromboembolic Events
129 130 131 132 133 134 135 136 137 138 139 140	The use of Thalomid [®] (thalidomide) in multiple myeloma results in an increased risk of venous thromboembolic events, such as deep venous thrombosis and pulmonary embolus. This risk increases significantly when thalidomide is used in combination with standard chemotherapeutic agents including dexamethasone. In one controlled trial, the rate of venous thromboembolic events was 22.5% in patients receiving thalidomide in combination with dexamethasone compared to 4.9% in patients receiving dexamethasone alone ($p = 0.002$). Patients and physicians are advised to be observant for the signs and symptoms of thromboembolism. Patients should be instructed to seek medical care if they develop symptoms such as shortness of breath, chest pain, or arm or leg swelling. Preliminary data suggest that patients who are appropriate candidates may benefit from concurrent prophylactic anticoagulation or aspirin treatment.
141	
142	
143	DESCRIPTION
144 145 146	THALOMID [®] (thalidomide), α -(N-phthalimido) glutarimide, is an immunomodulatory agent. The empirical formula for thalidomide is C ₁₃ H ₁₀ N ₂ O ₄ and the gram molecular weight is 258.2. The CAS number of thalidomide is 50-35-1.
147	Chemical Structure of thalidomide
148 149 150 151 152 153 154 155 156 157 158 159	
160	Note: \bullet = asymmetric carbon atom
161 162 163 164	Thalidomide is an off-white to white, odorless, crystalline powder that is soluble at 25°C in dimethyl sulfoxide and sparingly soluble in water and ethanol. The glutarimide moiety contains a single asymmetric center and, therefore, may exist in either of two optically active forms designated S-(-) or R-(+). THALOMID [®] (thalidomide) is an

165 equal mixture of the S-(-) and R-(+) forms and, therefore, has a net optical rotation of166 zero.

167 THALOMID[®] (thalidomide) is available in 50 mg, 100 mg and 200 mg capsules for
168 oral administration. Active ingredient: thalidomide. Inactive ingredients: pregelatinized
169 starch and magnesium stearate. The 50 mg capsule shell contains gelatin, titanium
170 dioxide, and black ink. The 100 mg capsule shell contains black iron oxide, yellow iron
171 oxide, titanium dioxide, gelatin, and black ink. The 200 mg capsule shell contains

172 FD&C blue #2, titanium dioxide, gelatin, and white ink.

173 CLINICAL PHARMACOLOGY

174 Mechanism of Action

175 The mechanism of action of thalidomide is not fully understood. Thalidomide

176 possesses immunomodulatory, anti-inflammatory and anti-angiogenic properties.

177 Available data from in vitro studies and clinical trials suggest that the immunologic

- 178 effects of this compound can vary substantially under different conditions, but may be
- related to suppression of excessive tumor necrosis factor-alpha (TNF- α) production and

180 down-modulation of selected cell surface adhesion molecules involved in leukocyte

- 181 migration.³⁻⁶ For example, administration of thalidomide has been reported to decrease
- 182 circulating levels of TNF- α in patients with erythema nodosum leprosum (ENL)³,

183 however, it has also been shown to increase plasma TNF- α levels in HIV-seropositive

184 patients.⁷ Other anti-inflammatory and immunomodulatory properties of thalidomide

185 may include suppression of macrophage involvement in prostaglandin synthesis, and

- 186 modulation of interleukin-10 and interleukin-12 production by peripheral blood
- mononuclear cells. Thalidomide treatment of multiple myeloma patients is
 accompanied by an increase in the number of circulating natural killer cells, and an
- increase in plasma levels of interleukin-2 and interferon-gamma (T cell-derived
- 190 cytokines associated with cytotoxic activity). Thalidomide was found to inhibit

angiogenesis in a human umbilical artery explant model *in vitro*. The cellular

- 192 processes of angiogenesis inhibited by thalidomide may include the proliferation of
- 193 endothelial cells.
- 194

195 Pharmacokinetics and Drug Metabolism

196 Absorption

197 The absolute bioavailability of thalidomide from THALOMID[®] (thalidomide) capsules

198 has not yet been characterized in human subjects due to its poor aqueous solubility.

- 199 However, the capsules are 90% bioavailable relative to an oral PEG solution. In studies
- 200 of both healthy volunteers and subjects with Hansen's disease, the mean time to peak
- 201 plasma concentrations (T_{max}) of THALOMID[®] (thalidomide) ranged from 2.9 to 5.7

202 hours indicating that THALOMID[®] (thalidomide) is slowly absorbed from the

203 gastrointestinal tract. While the extent of absorption (as measured by area under the

204 curve [AUC]) is proportional to dose in healthy subjects, the observed peak

- 205 concentration (C_{max}) increased in a less than proportional manner (see Table 1 below).
- 206 This lack of C_{max} dose proportionality, coupled with the observed increase in T_{max}

- 207 values, suggests that the poor solubility of thalidomide in aqueous media may be
- 208 hindering the rate of absorption.
- 209

Table 1 Pharmacokinetic Parameter Values for THALOMID [®] (thalidomide) Mean (%CV)								
Population/ Single Dose	Population/AUC $_{0\infty}$ C $_{max}$ T $_{max}$ Half-lifeSingle Dose $\mu g \bullet hr/mL$ $\mu g/mL$ (hrs)(hrs)							
Healthy Subjects (n=14)								
50 mg	4.9 (16%)	0.62 (52%)	2.9 (66%)	5.52 (37%)				
200 mg	18.9 (17%)	1.76 (30%)	3.5 (57%)	5.53 (25%)				
400 mg	36.4 (26%)	2.82 (28%)	4.3 (37%)	7.29 (36%)				
Patients with Hansen's Disease (n=6)								
400 mg	46.4 (44.1%)	3.44 (52.6%)	5.7 (27%)	6.86 (17%)				

210 Coadministration of THALOMID[®] (thalidomide) with a high fat meal causes minor

211 (<10%) changes in the observed AUC and C_{max} values; however, it causes an increase

212 in T_{max} to approximately 6 hours.

213 Distribution

In human blood plasma, the geometric mean plasma protein binding was 55% and 66%,

215 respectively, for (+)-(R)- and (-)-(S)-thalidomide.⁸ In a pharmacokinetic study of

- thalidomide in HIV-seropositive adult male subjects receiving thalidomide 100 mg/day,
- thalidomide was detectable in the semen.

218 Metabolism

At the present time, the exact metabolic route and fate of thalidomide is not known in humans. Thalidomide itself does not appear to be hepatically metabolized to any large extent, but appears to undergo non-enzymatic hydrolysis in plasma to multiple products. In a repeat dose study in which THALOMID[®] (thalidomide) 200 mg was administered to 10 healthy females for 18 days, thalidomide displayed similar pharmacokinetic profiles on the first and last day of dosing. This suggests that thalidomide does not induce or inhibit its own metabolism.

226 Elimination

As indicated in Table 1 (above) the mean half-life of elimination ranges from

- approximately 5 to 7 hours following a single dose and is not altered upon multiple
- dosing. As noted in the metabolism subsection, the precise metabolic fate and route of
- elimination of thalidomide in humans is not known at this time. Thalidomide itself has a
- renal clearance of 1.15 mL/minute with less than 0.7% of the dose excreted in the urine
- as unchanged drug. Following a single dose, urinary levels of thalidomide were
- undetectable 48 hrs after dosing. Although thalidomide is thought to be hydrolyzed to a
- number of metabolites⁹ only a very small amount (0.02% of the administered dose) of
- 4-OH-thalidomide was identified in the urine of subjects 12 to 24 hours after dosing.

236 Pharmacokinetic Data in Special Populations

237 *HIV-seropositive Subjects:* There is no apparent significant difference in measured

238 pharmacokinetic parameter values between healthy human subjects and HIV-

- 239 seropositive subjects following single dose administration of THALOMID[®]
- 240 (thalidomide) capsules.
- 241 *Patients with Hansen's Disease:* Analysis of data from a small study in Hansen's
- 242 patients suggests that these patients, relative to healthy subjects, may have an increased
- 243 bioavailability of THALOMID[®] (thalidomide). The increase is reflected both in an
- increased area under the curve and in increased peak plasma levels. The clinical
- significance of this increase is unknown.
- 246 Patients with Renal Insufficiency: The pharmacokinetics of thalidomide in patients with
- renal impairment have not been determined. In a study of 6 patients with end-stage
- renal disease, thalidomide (200 mg/day) was administered on a non-dialysis day and on
- a dialysis day. Comparison of concentration-time profiles on a non-dialysis day and
- during dialysis where blood samples were collected at least 10 hours following the dose,
- showed that the mean total clearance increased by a factor of 2.5 during hemodialysis.
- 252 Because the dialysis was performed 10 hours following administration of the dose, the 253 drug-concentration time curves were not statistically significantly different for days
- drug-concentration time curves were not statistically significantly different for days patients were on and off of dialysis. Thus, no dosage adjustment is needed for renally
- 254 patients were on and off of dialysis. Thus, no dosage adjustment is needed for renally-255 impaired patients on dialysis.
- *Patients with Hepatic Disease:* The pharmacokinetics of thalidomide in patients with
 hepatic impairment have not been determined.
- 258 *Age:* Analysis of the data from pharmacokinetic studies in healthy volunteers and
- patients with Hansen's disease ranging in age from 20 to 69 years does not reveal anyage-related changes.
- 261 *Pediatric:* No pharmacokinetic data are available in subjects below the age of 18 years.
- 262 *Gender:* While a comparative trial of the effects of gender on thalidomide
- 263 pharmacokinetics has not been conducted, examination of the data for thalidomide does
- 264 not reveal any significant gender differences in pharmacokinetic parameter values.
- 265 *Race:* Pharmacokinetic differences due to race have not been studied.
- 266 Clinical Studies

267 <u>Clinical Study in Multiple Myeloma:</u>

- 268 The efficacy of THALOMID[®] in multiple myeloma was demonstrated in a randomized,
- 269 multi-center open-label study of 207 newly diagnosed patients. This study randomized
- 270 symptomatic patients with newly diagnosed multiple myeloma to THALOMID[®] plus
- 271 dexamethasone (Thal + Dex; N = 103) versus dexamethasone alone (Dex alone;
- 272 N=104). The THALOMID dose was 200 mg daily and the dexamethasone dose was 40
- mg orally once daily on days 1-4, 9-12, and 17-20 every 28-days. Each group was
- treated for four 28-day cycles.
- 275 Baseline demographic and disease characteristics for the study population are
- summarized in Tables 2 and 3 respectively.
- 277

Table 2 Baseline Patient Demographics							
Daseme 1 attent DemographicsThal + DexDex aloneCharacteristic(N=103)(N=104)							
Age (years)							
Median	65	68					
Range	37 - 83	38 - 83					
Gender ¹							
Male	53 (51%)	61 (59%)					
Female	50 (49%)	42 (40%)					
Race ²							
Caucasian	90 (87%)	90 (87%)					
Black	11 (11%)	11 (11%)					
Other	1 (1%)	2 (2%)					

¹Missing information for 1 patient in the Dex alone group

²Missing information for 1 patient per arm

281 282

279 280

Table 3						
Baseline Disease Characteristics						
Thal + Dex Dex alone						
Characteristic	(N=103)	(N=104)				
Stage (Durie-Salmon), N (%) ¹						
Ι	14 (13.6%)	17 (16.3%)				
Π	47 (45.6%)	44 (42.3%)				
III	41 (39.8%)	43 (41.3%)				
Immunoglobulin Type, N (%) ²						
IgA	21 (20.4%)	22 (21.2%)				
IgG	63 (61.2%)	60 (57.7%)				
IgM	0 (0.0%)	1 (1.0%)				
Biclonal	0 (0.0%)	1 (1.0%)				
Lytic Lesions ³						
None	28 (27.1%)	14 (13.5%)				
1-3 lesions	24 (23.3%)	19 (18.3%)				
>3 lesions	34 (33.0%)	41 (39.4%)				
Serum Light Chain ⁴						
Карра	59 (57.3%)	53 (51.0%)				
Lambda	28 (27.2%)	40 (38.5%)				
¹ Missing information for 1 patient in Tl	nal + Dex arm					

283 284

285 286 287 ² Missing information for 19 patients in Thal + Dex arm and 20 patients in Dex alone arm
 ³ Missing information for 17 patients in Thal + Dex arm and 30 patients in Dex alone arm
 ⁴ Missing information for 16 patients in Thal + Dex arm and 11 patients in Dex alone arm

paraprotein measurements were significantly higher in the combination arm (51.5 %
compared with 35.6 % for dexamethasone alone).

201 Emithema Nadagum Langagum (ENL)

291 Erythema Nodosum Leprosum (ENL)

²⁸⁸ Response rate was the primary endpoint. Response rates based on serum or urine

- 292 The primary data demonstrating the efficacy of thalidomide in the treatment of the
- 293 cutaneous manifestations of moderate to severe ENL are derived from the published
- 294 medical literature and from a retrospective study of 102 patients treated by the U.S.
- 295 Public Health Service.
- 296 Two double-blind, randomized, controlled trials reported the dermatologic response to a
- 297 7-day course of 100 mg thalidomide (four times daily) or control. Dosage was lower for
- 298 patients under 50 kg in weight.
- 299

Table 4 Double-Blind, Controlled Clinical Trials of Thalidomide in Patients with ENL: Cutaneous Response						
Reference No. of No. Treatment Percent Responding** Patients Courses*						
Iyer <i>et al.</i> - ⁻¹⁰ Bull World Health Organization 1971:45:719	92	204	Thalidomide 75%	Aspirin 25%		
Sheskin <i>et al.</i> ⁻¹¹ Int J Lep 1969;37:135	52	173	Thalidomide 66%	Placebo 10%		

300 *In patients with cutaneous lesions

301 **Iyer: Complete response or lesions absent

302 **Sheskin: Complete improvement + "striking" improvement (i.e., >50% improvement)

303 Waters¹² reported the results of two studies, both double-blind, randomized, placebo-

304 controlled, crossover trials in a total of 10 hospitalized, steroid-dependent patients with

305 chronic ENL treated with 100 mg thalidomide or placebo (three times daily). All

- 306 patients also received dapsone. The primary endpoint was reduction in weekly steroid
- 307 dosage.

308

Table 5 Double Blind, Controlled Trial of Thalidomide in Patients with ENL: Reduction in Steroid Dosage					
Reference	Duration of	No. of Patients	Number Responding		
	Treatment		Thalidomide	Placebo	
Waters ¹²	4 weeks	9	4/5	0/4	
Lep Rev 1971;42:26	6 weeks (crossover)	8	8/8	1/8	

309 Data on the efficacy of thalidomide in prevention of ENL relapse were derived from a

310 retrospective evaluation of 102 patients treated under the auspices of the U.S. Public

311 Health Service. A subset of patients with ENL controlled on thalidomide demonstrated

312 repeated relapse upon drug withdrawal and remission with reinstitution of therapy.

313 Twenty U.S. patients between the ages of 11 and 17 years were treated with

thalidomide, generally at 100 mg daily. Response rates and safety profiles were similar

to that observed in the adult population.

Thirty-two other published studies containing over 1600 patients consistently report

317 generally successful treatment of the cutaneous manifestations of moderate to severe

318 ENL with thalidomide.

319 INDICATIONS AND USAGE

320 <u>Multiple Myeloma</u>

- 321 THALOMID[®] (thalidomide) in combination with dexamethasone is indicated for the
- 322 treatment of patients with newly diagnosed multiple myeloma.
- 323 The effectiveness of THALOMID[®] is based on response rates (see CLINICAL
- 324 **STUDIES section**). There are no controlled trials demonstrating a clinical benefit, such
- 325 as an improvement in survival.
- 326 Erythema Nodosum Leprosum
- 327 THALOMID[®] (thalidomide) is indicated for the acute treatment of the cutaneous
- 328 manifestations of moderate to severe erythema nodosum leprosum (ENL).
- THALOMID[®] (thalidomide) is not indicated as monotherapy for such ENL treatment in
 the presence of moderate to severe neuritis.
- THALOMID[®] (thalidomide) is also indicated as maintenance therapy for prevention
 and suppression of the cutaneous manifestations of ENL recurrence.

333 CONTRAINDICATIONS (See BOXED WARNINGS.)

334 **Pregnancy: Category X**

Due to its known human teratogenicity, even following a single dose, thalidomide is

- 336 contraindicated in pregnant women and women capable of becoming pregnant. (See
- **BOXED WARNINGS**.) When there is no alternative treatment, women of childbearing
- 338 potential may be treated with thalidomide provided adequate precautions are taken to 339 avoid pregnancy. Women must commit either to abstain continuously from heterosexual
- 340 sexual contact or to use two methods of reliable birth control, including at least one
- 341 highly effective method (e.g., IUD, hormonal contraception, tubal ligation, or partner's
- 342 vasectomy) and one additional effective method (e.g., latex condom, diaphragm, or
- 343 cervical cap), beginning 4 weeks prior to initiating treatment with thalidomide, during
- 344 therapy with thalidomide, and continuing for 4 weeks following discontinuation of
- thalidomide therapy. If hormonal or IUD contraception is medically contraindicated
- 346 (see also **PRECAUTIONS: Drug Interactions**), two other effective or highly effective
- 347 methods may be used.
- 348 Women of childbearing potential being treated with thalidomide should have a 349 pregnancy test (sensitivity of at least 50 mIU/mL). The test should be performed within 350 the 24 hours prior to beginning thalidomide therapy and then weekly during the first 4 351 weeks of thalidomide therapy, then at 4 week intervals in women with regular menstrual 352 cycles or every 2 weeks in women with irregular menstrual cycles. Pregnancy testing 353 and counseling should be performed if a patient misses her period or if there is any 354 abnormality in menstrual bleeding. If pregnancy occurs during thalidomide treatment, 355 thalidomide must be discontinued immediately. Under these conditions, the patient 356 should be referred to an obstetrician/gynecologist experienced in reproductive toxicity 357 for further evaluation and counseling.
- 358 Because thalidomide is present in the semen of patients receiving the drug, males 359 receiving thalidomide must always use a latex condom during any sexual contact with

women of childbearing potential. The risk to the fetus from the semen of male patientstaking thalidomide is unknown.

- 362 THALOMID[®] (thalidomide) is contraindicated in patients who have demonstrated
- 363 hypersensitivity to the drug and its components.

364 WARNINGS (See BOXED WARNINGS.)

365 **Birth Defects:**

Thalidomide can cause severe birth defects in humans. (See **BOXED WARNINGS** and **CONTRAINDICATIONS**.) Patients should be instructed to take thalidomide only as prescribed and not to share their thalidomide with anyone else. Because thalidomide is present in the semen of patients receiving the drug, males receiving thalidomide must always use a latex condom during any sexual contact with women of childbearing potential. The risk to the fetus from the semen of male patients taking thalidomide is unknown.

373 **Thrombotic Events:**

The use of Thalomid[®] (thalidomide) in multiple myeloma results in an increased risk of 374 375 venous thromboembolic events, such as deep venous thrombosis and pulmonary 376 embolus. This risk increases significantly when thalidomide is used in combination 377 with standard chemotherapeutic agents including dexamethasone. In one controlled 378 trial, the rate of venous thromboembolic events was 22.5% in patients receiving 379 thalidomide in combination with dexamethasone compared to 4.9% in patients 380 receiving dexamethasone alone (p = 0.002). Patients and physicians are advised to be 381 observant for the signs and symptoms of thromboembolism. Patients should be 382 instructed to seek medical care if they develop symptoms such as shortness of breath, 383 chest pain, or arm or leg swelling. Preliminary data suggest that patients who are 384 appropriate candidates may benefit from concurrent prophylactic anticoagulation or aspirin treatment (See BOXED WARNINGS). 385

386 **Drowsiness and Somnolence:**

387 Thalidomide frequently causes drowsiness and somnolence. Patients should be 388 instructed to avoid situations where drowsiness may be a problem and not to take other 389 medications that may cause drowsiness without adequate medical advice. Patients 390 should be advised as to the possible impairment of mental and/or physical abilities 391 required for the performance of hazardous tasks, such as driving a car or operating other 392 complex or dangerous machinery.

393 Peripheral Neuropathy:

Thalidomide is known to cause nerve damage that may be permanent. Peripheral neuropathy is a common, potentially severe, side effect of treatment with thalidomide that may be irreversible. Peripheral neuropathy generally occurs following chronic use over a period of months; however, reports following relatively short-term use also exist. The correlation with cumulative dose is unclear. Symptoms may occur some time after

thalidomide treatment has been stopped and may resolve slowly or not at all.

400 Few reports of neuropathy have arisen in the treatment of ENL despite long-term

401 thalidomide treatment. However, the inability clinically to differentiate thalidomide

402 neuropathy from the neuropathy often seen in Hansen's disease makes it difficult to

403 determine accurately the incidence of thalidomide-related neuropathy in ENL patients

404 treated with thalidomide.

405 Patients should be examined at monthly intervals for the first 3 months of thalidomide

therapy to enable the clinician to detect early signs of neuropathy, which include

407 numbress, tingling or pain in the hands and feet. Patients should be evaluated

408 periodically thereafter during treatment. Patients should be regularly counseled,

- 409 questioned, and evaluated for signs or symptoms of peripheral neuropathy.
- 410 Consideration should be given to electrophysiological testing, consisting of
- 411 measurement of sensory nerve action potential (SNAP) amplitudes at baseline and
- 412 thereafter every 6 months in an effort to detect asymptomatic neuropathy. If symptoms 413 of drug-induced neuropathy develop, thalidomide should be discontinued immediately
- 413 of drug-induced neuropathy develop, thalidomide should be discontinued immediately
- 414 to limit further damage, if clinically appropriate. Usually, treatment with thalidomide 415 should only be reinitiated if the neuropathy returns to baseline status. Medications
- 415 should only be reinitiated if the neuropathy returns to baseline status. Medications 416 known to be associated with neuropathy should be used with caution in patients
- 417 receiving thalidomide.

418 **Dizziness and Orthostatic Hypotension:**

419 Patients should also be advised that thalidomide may cause dizziness and orthostatic

- 420 hypotension and that, therefore, they should sit upright for a few minutes prior to
- 421 standing up from a recumbent position.

422 Neutropenia:

- 423 Decreased white blood cell counts, including neutropenia, have been reported in
- 424 association with the clinical use of thalidomide. Treatment should not be initiated with
- 425 an absolute neutrophil count (ANC) of <750/mm³. White blood cell count and
- 426 differential should be monitored on an ongoing basis, especially in patients who may be

427 more prone to neutropenia, such as patients who are HIV-seropositive. If ANC

- 428 decreases to below $750/\text{mm}^3$ while on treatment, the patient's medication regimen
- should be re-evaluated and, if the neutropenia persists, consideration should be given to
- 430 withholding thalidomide if clinically appropriate.

431 Increased HIV Viral Load:

- 432 In a randomized, placebo controlled trial of thalidomide in an HIV-seropositive patient
- 433 population, plasma HIV RNA levels were found to increase (median change = 0.42
- 434 \log_{10} copies HIV RNA/mL, p = 0.04 compared to placebo).⁷ A similar trend was
- 435 observed in a second, unpublished study conducted in patients who were HIV-
- 436 seropositive.¹³The clinical significance of this increase is unknown. Both studies were
- 437 conducted prior to availability of highly active antiretroviral therapy. Until the clinical
- 438 significance of this finding is further understood, in HIV-seropositive patients, viral
- load should be measured after the first and third months of treatment and every 3
- 440 months thereafter.

441 **PRECAUTIONS**

442 General:

- 443 The only type of thalidomide exposure known to result in drug associated birth defects
- 444 are as a result of direct oral ingestion of thalidomide. Currently no specific data are
- 445 available regarding the cutaneous absorption or inhalation of thalidomide in women of
- 446 child-bearing potential and whether these exposures may result in any birth defects.
- 447 Patients should be instructed to not extensively handle or open THALOMID[®]
- 448 (thalidomide) Capsules and to maintain storage of capsules in blister packs until
- 449 ingestion. If there is contact with non-intact thalidomide capsules or the powder
- 450 contents, the exposed area should be washed with soap and water.
- 451 Thalidomide has been shown to be present in the serum and semen of patients receiving
- thalidomide. If healthcare providers or other care givers are exposed to body fluids
- 453 from patients receiving THALOMID[®] (thalidomide), appropriate precautions should be
- 454 utilized, such as wearing gloves to prevent the potential cutaneous exposure to
- 455 THALOMID[®] (thalidomide) or the exposed area should be washed with soap and water.

456 Hypersensitivity:

- 457 Hypersensitivity to THALOMID[®] (thalidomide) has been reported. Signs and
- 458 symptoms have included the occurrence of erythematous macular rash, possibly
- 459 associated with fever, tachycardia, and hypotension, and if severe, may necessitate
- 460 interruption of therapy. If the reaction recurs when dosing is resumed, THALOMID[®]
- 461 (thalidomide) should be discontinued.

462 Bradycardia:

- 463 Bradycardia in association with thalidomide use has been reported. Cases of
- 464 bradycardia have been reported, some required medical interventions. The clinical
- 465 significance and underlying etiology of the bradycardia noted in some thalidomide-
- 466 treated patients are presently unknown.

467 Stevens-Johnson Syndrome and Toxic Epidermal Necrolysis:

- 468 Serious dermatologic reactions including Stevens-Johnson syndrome and toxic
- 469 epidermal necrolysis, which may be fatal, have been reported. THALOMID[®]
- 470 (thalidomide) should be discontinued if a skin rash occurs and only resumed following
- 471 appropriate clinical evaluation. If the rash is exfoliative, purpuric, or bullous or if
- 472 Stevens-Johnson syndrome or toxic epidermal necrolysis is suspected, use of
- 473 THALOMID[®] (thalidomide) should not be resumed.

474 Seizures:

- 475 Although not reported from pre-marketing controlled clinical trials, seizures, including
- 476 grand mal convulsions, have been reported during post-approval use of THALOMID®
- 477 (thalidomide) in clinical practice. Because these events are reported voluntarily from a
- 478 population of unknown size, estimates of frequency cannot be made. Most patients had
- disorders that may have predisposed them to seizure activity, and it is not currently
- 480 known whether thalidomide has any epileptogenic influence. During therapy with
- 481 thalidomide, patients with a history of seizures or with other risk factors for the

- 482 development of seizures should be monitored closely for clinical changes that could
- 483 precipitate acute seizure activity.

484 Information for Patients (See BOXED WARNINGS.)

- 485 Patients should be instructed about the potential teratogenicity of thalidomide and the
- 486 precautions that must be taken to preclude fetal exposure as per the *S.T.E.P.S.*[®] program
- and boxed warnings in this package insert. Patients should be instructed to take
- 488 thalidomide only as prescribed in compliance with all of the provisions of the
- 489 *S.T.E.P.S.*[®] Restricted Distribution Program.
- 490 Patients should be instructed to not extensively handle or open THALOMID[®]
- 491 (thalidomide) Capsules and to maintain storage of capsules in blister packs until492 ingestion.
- 493 Patients should be instructed not to share medication with anyone else.
- 494 Patients should be instructed that thalidomide frequently causes drowsiness and
- 495 somnolence. Patients should be instructed to avoid situations where drowsiness may be
- 496 a problem and not to take other medications that may cause drowsiness without
- 497 adequate medical advice. Patients should be advised as to the possible impairment of
- 498 mental and/or physical abilities required for the performance of hazardous tasks, such as
- driving a car or operating other complex machinery. Patients should be instructed that
- 500 thalidomide may potentiate the somnolence caused by alcohol.
- 501 Patients should be instructed that thalidomide can cause peripheral neuropathies that
- 502 may be initially signaled by numbress, tingling, or pain or a burning sensation in the
- 503 feet or hands. Patients should be instructed to report such occurrences to their prescriber 504 immediately.
- 505 Patients should also be instructed that thalidomide may cause dizziness and orthostatic
- 506 hypotension and that, therefore, they should sit upright for a few minutes prior to
- 507 standing up from a recumbent position.
- 508 Patients should be instructed that they are not permitted to donate blood while taking
- 509 thalidomide. In addition, male patients should be instructed that they are not permitted 510 to donate sperm while taking thalidomide.
- 511 Patients should be educated about the signs and symptoms of thromboembolism and
- 512 instructed to seek medical care if they develop symptoms such as shortness of breath,
- 513 chest pain, or arm or leg swelling.

514 Laboratory Tests

- 515 *Pregnancy Testing:* (See BOXED WARNINGS.) Women of childbearing potential
- 516 should have a pregnancy test performed (sensitivity of at least 50 mIU/mL). The test
- 517 should be performed within the 24 hours prior to beginning thalidomide therapy and
- then weekly during the first 4 weeks of use, then at 4 week intervals in women with
- 519 regular menstrual cycles or every 2 weeks in women with irregular menstrual cycles.
- 520 Pregnancy testing and counseling should be performed if a patient misses her period or
- 521 if there is any abnormality in menstrual bleeding.

522 Neutropenia: (See WARNINGS.)

523 Increased HIV Viral Load: (See WARNINGS.)

524 **Drug Interactions**

- 525 Thalidomide has been reported to enhance the sedative activity of barbiturates, alcohol,
- 526 chlorpromazine, and reserpine.
- 527 *Peripheral Neuropathy:* Medications known to be associated with peripheral 528 neuropathy should be used with caution in patients receiving thalidomide.
- 529 *Oral Contraceptives:* In 10 healthy women, the pharmacokinetic profiles of
- 530 norethindrone and ethinyl estradiol following administration of a single dose containing
- 531 1.0 mg of norethindrone acetate and 75 µg of ethinyl estradiol were studied. The results
- 532 were similar with and without coadministration of thalidomide 200 mg/day to steady-
- 533 state levels.
- 534 Important Non-Thalidomide Drug Interactions
- 535 Drugs That Interfere with Hormonal Contraceptives: Concomitant use of HIV-
- 536 protease inhibitors, griseofulvin, modafinil, pencillins, rifampin, rifabutin, phenytoin,
- 537 carbamazepine, or certain herbal supplements such as St. John's Wort with hormonal
- 538 contraceptive agents may reduce the effectiveness of the contraception and up to one
- 539 month after discontinuation of these concomitant therapies. Therefore, women requiring
- 540 treatment with one or more of these drugs must use two OTHER effective or highly
- 641 effective methods of contraception or abstain from heterosexual sexual contact while
- 542 taking thalidomide.

543 Carcinogenesis, Mutagenesis, Impairment of Fertility

- 544 Two-year carcinogenicity studies were conducted in male and female rats and mice. No
- 545 compound-related tumorigenic effects were observed at the highest dose levels of 3,000
- 546 mg/kg/day to male and female mice (38-fold greater than the highest recommended
- daily human dose of 400 mg based upon body surface area [BSA]), 3,000 mg/kg/day to
- female rats (75-fold the maximum human dose based upon BSA), and 300 mg/kg/day to
- 549 male rats (7.5-fold the maximum human dose based upon BSA).
- 550 Thalidomide was neither mutagenic nor genotoxic in the following assays: the Ames
- bacterial (S. typhimurium and E. coli) reverse mutation assay, a Chinese hamster ovary
- cell (AS52/XPRT) forward mutation assay, and an *in vivo* mouse micronucleus test.

- 553 Fertility studies were conducted in male and female rabbits; no compound-related
- effects in mating and fertility indices were observed at any oral thalidomide dose level
- including the highest of 100 mg/kg/day to female rabbits and 500 mg/kg/day to male
- rabbits (approximately 5- and 25-fold the maximum human dose, respectively, based
- 557 upon BSA). Testicular pathological and histopathological effects (classified as slight)
- 558 were seen in male rabbits at dose levels \geq 30 mg/kg/day (approximately 1.5-fold the
- 559 maximum human dose based upon BSA).

560 Pregnancy

561 Pregnancy Category X (See BOXED WARNING and CONTRAINDICATIONS.)

Because of the known human teratogenicity of thalidomide, thalidomide is
contraindicated in women who are or may become pregnant and who are not using the
two required types of birth control or who are not continually abstaining from
heterosexual sexual contact. If thalidomide is taken during pregnancy, it can cause
severe birth defects or death to an unborn baby. Thalidomide should never be used by
women who are pregnant or who could become pregnant while taking the drug. Even a
single dose [1 capsule (50 mg, 100 mg, or a 200 mg)] taken by a pregnant woman can

- 569 cause birth defects. If pregnancy does occur during treatment, the drug should be
- 570 immediately discontinued. Under these conditions, the patient should be referred to an
- 571 obstetrician/gynecologist experienced in reproductive toxicity for further evaluation and
- 572 counseling. Any suspected fetal exposure to THALOMID[®] (thalidomide) must be
- 573 reported to the FDA *via* the MedWatch program at 1-800-FDA-1088 and also to
- 574 Celgene Corporation.
- 575 Because thalidomide is present in the semen of patients receiving the drug, males

576 receiving thalidomide must always use a latex condom during any sexual contact with

577 women of childbearing potential. The risk to the fetus from the semen of male patients

578 taking thalidomide is unknown.

579 A pre- and postnatal reproductive toxicity study was conducted in pregnant female 580 rabbits. Compound-related increased abortion incidences and elevated fetotoxicity were 581 observed at the lowest oral dose level of 30 mg/kg/day (approximately 1.5-fold the 582 maximum human dose based upon BSA) and all higher dose levels. Neonatal mortality 583 was elevated at oral dose levels to the lactating female rabbits $\geq 150 \text{ mg/kg/day}$ 584 (approximately 7.5-fold the maximum human dose based upon BSA). No delay in 585 postnatal development, including learning and memory functions, were noted at the oral 586 dose level to the lactating female rabbits of 150 mg/kg/day (average thalidomide 587 concentrations in milk ranged from 22 to $36 \mu g/ml$).

588 Use in Nursing Mothers

- 589 It is not known whether thalidomide is excreted in human milk. Because many drugs 590 are excreted in human milk and because of the potential for serious adverse reactions in
- nursing infants from thalidomide, a decision should be made whether to discontinue
- 592 nursing or to discontinue the drug, taking into account the importance of the drug to the
- 593 mother.

594 **Pediatric Use**

Safety and effectiveness in pediatric patients below the age of 12 years have not beenestablished.

597 Geriatric Use

- 598 Of the total number of subjects in this clinical study of thalidomide and dexamethasone
- combination, 50% were 65 and over, while 15% were 75 and over. No overall
- 600 differences in safety and effectiveness were observed between these subjects and
- 601 younger subjects, and other reported clinical experience has not identified differences in
- responses between the elderly and younger patients, but greater sensitivity of some
- 603 older individuals cannot be ruled out.

604**ADVERSE REACTIONS**

- The most serious toxicity associated with thalidomide is its documented human
- 606 teratogenicity. (See **BOXED WARNINGS** and **CONTRAINDICATIONS.**) The risk
- of severe birth defects, primarily phocomelia or death to the fetus, is extremely high
- 608 during the critical period of pregnancy. The critical period is estimated, depending on
- the source of information, to range from 35 to 50 days after the last menstrual period.
- 610 The risk of other potentially severe birth defects outside this critical period is unknown,
- but may be significant. Based on present knowledge, thalidomide must not be used at
- 612 any time during pregnancy.
- 613 Because thalidomide is present in the semen of patients receiving the drug, males
- 614 receiving thalidomide must always use a latex condom during any sexual contact with 615 women of childbearing potential.
- 616 Thalidomide is associated with drowsiness/somnolence, peripheral neuropathy,
- 617 dizziness/orthostatic hypotension, neutropenia, and HIV viral load increase. (See

618 WARNINGS.)

- 619 Hypersensitivity to THALOMID[®] (thalidomide) and bradycardia in patients treated
- 620 with thalidomide have been reported. (See **PRECAUTIONS**.)
- 621 Somnolence, dizziness, and rash are the most commonly observed adverse events
- 622 associated with the use of thalidomide. Thalidomide has been studied in controlled and
- 623 uncontrolled clinical trials in patients with multiple myeloma and ENL and in people
- 624 who are HIV-seropositive. In addition, thalidomide has been administered
- 625 investigationally for more than 20 years in numerous indications. Adverse event profiles
- 626 from these uses are summarized in the sections that follow.

627 **Other Adverse Events**

628 Due to the nature of the longitudinal data that form the basis of this product's safety

evaluation, no determination has been made of the causal relationship between the

- 630 reported adverse events listed below and thalidomide. These lists are of various adverse
- events noted by investigators in patients to whom they had administered thalidomide
- under various conditions. The use of thalidomide may not limit disease progression
- 633 and/or death.

634 Adverse events in Multiple Myeloma Controlled Clinical Trial

- The safety analysis was conducted on 204 patients who received study drug in the
- randomized trial. Table 6 lists the most common treatment emergent signs and
- 637 symptoms (occurring at $\geq 10\%$) that were observed. The most frequently reported
- adverse events were constipation, sensory neuropathy, confusion, hypocalcemia, edema,
- 639 dyspnea, thrombosis/embolism, and rash/desquamation (occurring in \geq 20% of patients
- and with a frequency of $\geq 10\%$ in patients treated with Thalomid[®]/dexamethasone
- 641 compared with dexamethasone alone).
- Twenty-three percent of patients (47/204) discontinued due to adverse events; thirty
- 643 percent (31/102) from the Thalomid[®]/dexamethasone arm and sixteen percent (16/102)
- 644 from the dexamethasone alone arm.
- 645
- 646 647

Table 6 Treatment-Emergent Adverse Events in ≥ 10% of All Patients Adverse Event (Safety Population; N=204)

Adverse Event (Safety Population; N=204)							
Organ System	Thal	+ Dex (N=	=102)	Dex	Alone (N=	:102)	
Class/Preferred	All	Grade 3	Grade 4	All	Grade 3	Grade 4	
T	Events	Events	Events	Events	Events	Events	
lerm	[n,(%)]	[n,(%)]	[n,(%)]	[n,(%)]	[n,(%)]	[n,(%)]	
Metabolic/Laboratory	97 (95.1)	30 (29.4)	15 (14.7)	96 (94.1)	28 (27.5)	6 (5.9)	
Hyperglycemia	74						
	(72.5)	12 (11.8)	4 (3.9)	81 (79.4)	17 (16.7)	2 (2.0)	
Hypocalcemia	73 (71.6)	9 (8.8)	6 (5.9)	60 (58.8)	4 (3.9)	1 (1.0)	
Hyponatremia	44 (43.1)	11 (10.8)	2 (2.0)	49 (48.0)	13 (12.7)	2 (2.0)	
Hypokalemia	23 (22.5)	4 (3.9)	1 (1.0)	23 (22.5)	0 (0.0)	1 (1.0)	
Hyperkalemia	19 (18.6)	1 (1.0)	2 (2.0)	20 (19.6)	2 (2.0)	0 (0.0)	
Neurology	92 (90.2)	27 (26.5)	5 (4.9)	76 (74.5)	15 (14.7)	4 (3.9)	
Neuropathy-sensory	55 (53.9)	3 (2.9)	1 (1.0)	28 (27.5)	1 (1.0)	0 (0.0)	
Confusion	29 (28.4)	6 (5.9)	3 (2.9)	12 (11.8)	2 (2.0)	3 (2.9)	
Anxiety / agitation	26 (25.5)	1 (1.0)	0 (0.0)	14 (13.7)	3 (2.9)	0 (0.0)	
Tremor	26 (25.5)	1 (1.0)	0 (0.0)	6 (5.9)	0 (0.0)	0 (0.0)	
Insomnia	23 (22.5)	0 (0.0)	0 (0.0)	48 (47.1)	5 (4.9)	0 (0.0)	
Depression	22 (21.6)	2 (2.0)	0 (0.0)	24 (23.5)	1 (1.0)	0 (0.0)	
Neuropathy-motor	22 (21.6)	7 (6.9)	1 (1.0)	16 (15.7)	5 (4.9)	1 (1.0)	
Dizziness /							
lightheadedness	20 (19.6)	1 (1.0)	0 (0.0)	14 (13.7)	0 (0.0)	0 (0.0)	
Constitutional Symptoms	91 (89.2)	17 (16.7)	3 (2.9)	84 (82.4)	15 (14.7)	2 (2.0)	
Fatigue	81 (79.4)	14 (13.7)	3 (2.9)	72 (70.6)	12 (11.8)	2 (2.0)	
Fever	24 (23.5)	1 (1.0)	0 (0.0)	20 (19.6)	3 (2.9)	0 (0.0)	
Weight loss	23 (22.5)	1 (1.0)	0 (0.0)	21 (20.6)	2 (2.0)	0 (0.0)	
Weight gain	22 (21.6)	1 (1.0)	0 (0.0)	13 (12.7)	0 (0.0)	0 (0.0)	
Blood/Bone Marrow	88 (86.3)	25 (24.5)	9 (8.8)	96 (94.1)	10 (9.8)	10 (9.8)	
Hemoglobin (decreased)	79 (77.5)	13 (12.7)	3 (2.9)	88 (86.3)	<u>5 (4.9)</u>	1(1.0)	
Leukocytes (decreased)	36 (35.3)	6 (5.9)	1 (1.0)	30 (29.4)	1 (1.0)	2 (2.0)	
Neutrophils (decreased)	32 (31.4)	8 (7.8)	5 (4.9)	24 (23.5)	3 (2.9)	8 (7.8)	
Platelets (decreased)	24 (23.5)	2 (2.0)	2 (2.0)	34 (33.3)	3 (2.9)	0 (0.0)	
Gastrointestinal	83 (81.4)	19 (18.6)	3 (2.9)	70 (68.6)	8 (7.8)	0 (0.0)	

Constipation	<u>56 (54.9)</u>	<u>8 (7.8)</u>	<u>0 (0.0)</u>	<u>29 (28.4)</u>	<u>1 (1.0)</u>	<u>0 (0.0)</u>
Anorexia	29 (28.4)	4 (3.9)	0 (0.0)	25 (24.5)	2 (2.0)	0 (0.0)
Nausea	29 (28.4)	<u>5 (4.9)</u>	<u>0 (0.0)</u>	23 (22.5)	<u>1 (1.0)</u>	<u>0 (0.0)</u>
Vomiting	<u>12 (11.8)</u>	2 (2.0)	<u>0 (0.0)</u>	<u>12 (11.8)</u>	<u>1 (1.0)</u>	<u>0 (0.0)</u>
Diarrhea	<u>12 (11.8)</u>	<u>1 (1.0)</u>	<u>0 (0.0)</u>	<u>17 (16.7)</u>	<u>3 (2.9)</u>	<u>0 (0.0)</u>
<u>Dyspepsia</u>	8 (7.8)	1(1.0)	0 (0.0)	<u>19 (18.6)</u>	<u>1 (1.0)</u>	0 (0.0)
Cardiovascular	70 (68.6)	24 (23.5)	14 (13.7)	60 (58.8)	17 (16.7)	<u>5 (4.9)</u>
<u>Edema</u>	<u>58 (56.9)</u>	<u>6 (5.9)</u>	<u>0 (0.0)</u>	47 (46.1)	<u>4 (3.9)</u>	<u>0 (0.0)</u>
Thrombosis/embolism	23 (22.5)	13 (12.7)	<u>9 (8.8)</u>	5 (4.9)	3 (2.9)	2 (2.0)
<u>Hypotension</u>	<u>16 (15.7)</u>	7 (6.9)	2 (2.0)	<u>15 (14.7)</u>	2 (2.0)	<u>3 (2.9)</u>
<u>Hypertension</u>	<u>11 (10.8)</u>	<u>1 (1.0)</u>	0 (0.0)	<u>12 (11.8)</u>	<u>9 (8.8)</u>	0 (0.0)
<u>Pain</u>	64 (62.7)	<u>8 (7.8)</u>	2 (2.0)	66 (64.7)	<u>15 (14.7)</u>	0 (0.0)
Bone pain	31 (30.4)	3 (2.9)	2 (2.0)	37 (36.3)	11 (10.8)	0 (0.0)
Pain-other	25 (24.5)	4 (3.9)	0 (0.0)	26 (25.5)	3 (2.9)	0 (0.0)
<u>Headache</u>	20 (19.6)	3 (2.9)	0 (0.0)	23 (22.5)	0 (0.0)	0 (0.0)
<u>Myalgia</u>	17 (16.7)	0 (0.0)	0 (0.0)	14 (13.7)	1 (1.0)	0 (0.0)
Arthralgia	13 (12.7)	0 (0.0)	0 (0.0)	10 (9.8)	2 (2.0)	0 (0.0)
Pulmonary	52 (51.0)	15 (14.7)	<u>6 (5.9)</u>	51 (50.0)	15 (14.7)	<u>5 (4.9)</u>
Dyspnea	43 (42.2)	10 (9.8)	3 (2.9)	32 (31.4)	12 (11.8)	4 (3.9)
Cough	15 (14.7)	0 (0.0)	0 (0.0)	<u>19 (18.6)</u>	0 (0.0)	0 (0.0)
Dermatology/Skin	48 (47.1)	5 (4.9)	1 (1.0)	35 (34.3)	2 (2.0)	0 (0.0)
Rash/desquamation	31 (30.4)	4 (3.9)	0 (0.0)	<u>18 (17.6)</u>	2 (2.0)	0 (0.0)
Dry skin	21 (20.6)	0 (0.0)	0 (0.0)	11 (10.8)	0 (0.0)	0 (0.0)
<u>Hepatic</u>						
	47 (46.1)	5 (4.9)	2 (2.0)	45 (44.1)	3 (2.9)	1 (1.0)
Alkaline phosphatase						
(increased)	27 (26.5)	0 (0.0)	0 (0.0)	29 (28.4)	1 (1.0)	0 (0.0)
SGOT (increased)	25 (24.5)	1 (1.0)	1 (1.0)	24 (23.5)	1 (1.0)	1 (1.0)
Bilirubin (increased)	14 (13.7)	1 (1.0)	1 (1.0)	10 (9.8)	1 (1.0)	1 (1.0)
Renal/Genitourinary	43 (42.2)	3 (2.9)	3 (2.9)	49 (48.0)	4 (3.9)	3 (2.9)
Creatinine	36 (35.3)	1 (1.0)	1 (1.0)	43 (42.2)	2 (2.0)	2 (2.0)
Musculoskeletal	42 (41.2)	8 (7.8)	2 (2.0)	41 (40.2)	11 (10.8)	3 (2.9)
Muscle weakness	41 (40.2)	6 (5.9)	1 (1.0)	38 (37.3)	10 (9.8)	3 (2.9)
Infection/Febrile						
Neutropenia	23 (22.5)	5 (4.9)	2 (2.0)	28 (27.5)	<u>6 (5.9)</u>	<u>6 (5.9)</u>
Infection without						
neutropenia	19 (17.6)	4 (3.9)	1 (1.0)	18 (17.6)	4 (3.9)	2 (2.0)

648 Incidence in ENL Controlled Clinical Trials

649 Table 7 lists treatment-emergent signs and symptoms that occurred in THALOMID[®]

650 (thalidomide)-treated patients in controlled clinical trials in ENL. Doses ranged from 50

to 300 mg/day. All adverse events were mild to moderate in severity, and none resulted

652 in discontinuation. Table 7also lists treatment-emergent adverse events that occurred in

653 at least three of the THALOMID[®] (thalidomide)-treated HIV-seropositive patients who

654 participated in an 8-week, placebo-controlled clinical trial. Events that were more

frequent in the placebo-treated group are not included. (See **WARNINGS**,

656 **PRECAUTIONS, and Drug Interactions**.)

Table 7 Summary of Adverse Events (AEs) Reported in Celgene-sponsored Controlled Clinical Trials									
Report	All AFs Reported AFs Reported in >3 HIV-seronositive Patients								
Body System/Adverse Event	in ENL Patients	Thalic	lomide	Placebo					
	50 to 300 mg/day	100 mg/day	200 mg/day						
	(N=24)	(N=36)	(N=32)	(N=35)					
Body as a Whole	16 (66.7%)	18 (50.0%)	19 (59.4%)	13 (37.1%)					
Abdominal pain	1(4.2%)	1 (2.8%)	1 (3.1%)	4 (11 4%)					
Accidental injury	1(4.2%)	2(5.6%)	0	1 (2.9%)					
Asthenia	2(8.3%)	2(5.6%)	7 (21.9%)	1(2.9%)					
Back pain	1(4.2%)	2(5.6%)	0	0					
Chills	1(4.2%)	2 (3.070)	3 (9.4%)	4 (11.4%)					
Englishedema	1(4.2%)	0	0	+ (11.+/0)					
Fever	0	7 (19.4%)	7 (21.9%)	6(17.1%)					
Haadaaha	2 (12 5%)	(19.4%)	7(21.970) 6(18.704)	0(17.170) 4(11.494)					
Infaction	3 (12.370)	0(10.7%) 2 (8 20%)	0(10.770) 2(6.204)	4(11.4%) 1(2.0%)					
Meleise	2 (8 30%)	5 (8.5%)	2 (0.3%)	1 (2.9%)					
Malaise Neek pain	2(0.370) 1 (4 204)	0	0	0					
Neck rigidity	1(4.270) 1(4.20())	0	0	0					
Dein	1(4.2%)	0	U 1 (2 10/)	$\frac{1}{2}(5.70)$					
1 alli Digostivo Svotom	2 (0.3%) 5 (30.994)		1(3.1%)	2(3.7%)					
	5 (20.8%)	10 (44.4%)	10 (50.0%)	15 (42.9%)					
Anorexia	0	1 (2.8%)	3 (9.4%)	2 (5.7%)					
Constipation	1 (4.2%)	1 (2.8%)	3 (9.4%)	0					
Diarrhea	1 (4.2%)	4 (11.1%)	6 (18.7%)	6 (17.1%)					
Dry mouth	0	3 (8.3%)	3 (9.4%)	2 (5.7%)					
Flatulence	0	3 (8.3%)	0	2 (5.7%)					
abnormalities	0	0	3 (9.4%)	0					
Nausea	1 (4.2%)		4 (12.5%)	1 (2.9%)					
Oral monifiasis	1 (4.2%)	4 (11.1%)	2 (6.3%)	0					
1 ooth pain	1 (4.2%)	0							
Hemic and Lymphatic	0	8 (22.2%)	13 (40.6%)	10 (28.6%)					
Anemia	0	2 (5.6%)	4 (12.5%)	3 (8.6%)					
Leukopenia	0	6 (16.7%)	8 (25.0%)	3 (8.6%)					
Lymphadenopathy	0	2 (5.6%)	4 (12.5%)	3 (8.6%)					
Metabolic and Endocrine Disorders	1 (4.2%)	8 (22.2%)	12 (37.5%)	8 (22.9%)					
Edema peripheral	1 (4.2%)	3 (8.3%)	1 (3.1%)	0					
Hyperlipemia	0	2 (5.6%)	3 (9.4%)	1 (2.9%)					
SGOT increased	0	1 (2.8%)	4 (12.5%)	2 (5.7%)					
Nervous System	13 (54.2%)	19 (52.8%)	18 (56.3%)	12 (34.3%)					
Agitation	0	0	3 (9.4%)	0					
Dizziness	1 (4.2%)	7 (19.4%)	6 (18.7%)	0					
Insomnia	0	0	3 (9.4%)	2 (5.7%)					
Nervousness	0	1 (2.8%)	3 (9.4%)	0					
Neuropathy	0	3 (8.3%)	0	0					
Paresthesia	0	2 (5.6%)	5 (15.6%)	4 (11.4%)					
Somnolence	9 (37.5%)	13 (36.1%)	12 (37.5%)	4 (11.4%)					
Tremor	1 (4.2%)	0	0	0					
Vertigo	2 (8.3%)	0	0	0					
Respiratory System	3 (12.5%)	9 (25.0%)	6 (18.7%)	9 (25.7%)					
Pharyngitis	1 (4.2%)	3 (8.3%)	2 (6.3%)	2 (5.7%)					
Rhinitis	1 (4.2%)	0	0	4 (11.4%)					
Sinusitis	1 (4.2%)	3 (8.3%)	1 (3.1%)	2 (5.7%)					
Skin and Appendages	10 (41.7%)	17 (47.2%)	18 (56.3%)	19 (54.3%)					
Acne	0	4 (11.1%)	1 (3.1%)	0					
Dermatitis fungal	1 (4.2%)	2 (5.6%)	3 (9.4%)	0					
Nail disorder	1 (4.2%)	0	1 (3.1%)	0					
Pruritus	2 (8.3%)	1 (2.8%)	2 (6.3%)	2 (5.7%)					
Rash	5 (20.8%)	9 (25.0%)	8 (25.0%)	11 (31.4%)					
Rash maculo-papular	1 (4.2%)	6 (16.7%)	6 (18.7%)	2 (5.7%)					
Sweating	0	0	4 (12.5%)	4 (11.4%)					
Urogenital System	2 (8.3%)	6 (16.7%)	2 (6.3%)	4 (11.4%)					
Albuminuria	0	3 (8.3%)	1 (3.1%)	2 (5.7%)					
Hematuria	0	4 (11.1%)	0	1 (2.9%)					
Impotence	2 (8.3%)	1 (2.8%)	0	0					

658 Other Adverse Events Observed in ENL Patients

- Thalidomide in doses up to 400 mg/day has been administered investigationally in the
- 660 United States over a 19-year period in 1465 patients with ENL. The published literature
- describes the treatment of an additional 1678 patients. To provide a meaningful estimate
- of the proportion of the individuals having adverse events, similar types of events were
- 663 grouped into a smaller number of standardized categories using a modified COSTART
- dictionary/terminology. These categories are used in the listing below. All reported
- 665 events are included except those already listed in the previous table. Due to the fact that 666 these data were collected from uncontrolled studies, the incidence rate cannot be
- 666 these data were collected from uncontrolled studies, the incidence rate cannot be 667 determined. As mentioned previously, **no causal relationship between thalidomide**
- and these events can be conclusively determined at this time. These are reports of all
- adverse events noted by investigators in patients to whom they had administered thalidomide.
- 671 *Body as a Whole:* Abdomen enlarged, fever, photosensitivity, upper extremity pain.
- 672 *Cardiovascular System*: Bradycardia, hypertension, hypotension, peripheral vascular
- 673 disorder, tachycardia, vasodilation.
- 674 Digestive System: Anorexia, appetite increase/weight gain, dry mouth, dyspepsia,
- 675 enlarged liver, eructation, flatulence, increased liver function tests, intestinal
- 676 obstruction, vomiting.
- 677 Hemic and Lymphatic: ESR decrease, eosinophilia, granulocytopenia, hypochromic
- anemia, leukemia, leukocytosis, leukopenia, MCV elevated, RBC abnormal, spleenpalpable, thrombocytopenia.
- 680 *Metabolic and Endocrine:* ADH inappropriate, amyloidosis, bilirubinemia, BUN
- 681 increased, creatinine increased, cyanosis, diabetes, edema, electrolyte abnormalities,
- 682 hyperglycemia, hyperkalemia, hyperuricemia, hypocalcemia, hypoproteinemia, LDH
- 683 increased, phosphorus decreased, SGPT increased.
- *Muscular Skeletal:* Arthritis, bone tenderness, hypertonia, joint disorder, leg cramps,
 myalgia, myasthenia, periosteal disorder.
- 686 Nervous System: Abnormal thinking, agitation, amnesia, anxiety, causalgia, circumoral
- paresthesia, confusion, depression, euphoria, hyperesthesia, insomnia, nervousness,
 neuralgia, neuritis, neuropathy, paresthesia, peripheral neuritis, psychosis.
- *Respiratory System:* Cough, emphysema, epistaxis, pulmonary embolus, rales, upper
 respiratory infection, voice alteration.
- 691 Skin and Appendages: Acne, alopecia, dry skin, eczematous rash, exfoliative
- dermatitis, ichthyosis, perifollicular thickening, skin necrosis, seborrhea, sweating,
- 693 urticaria, vesiculobullous rash.
- 694 *Special Senses:* Amblyopia, deafness, dry eye, eye pain, tinnitus.
- 695 Urogenital: Decreased creatinine clearance, hematuria, orchitis, proteinuria, pyuria,
- 696 urinary frequency.

697 Other Adverse Events Observed in HIV-seropositive Patients

- 698 In addition to controlled clinical trials, THALOMID[®] (thalidomide) has been used in
- 699 uncontrolled studies in 145 patients. Less frequent adverse events that have been
- 700 reported in these HIV-seropositive patients treated with THALOMID[®] (thalidomide)
- 701 were grouped into a smaller number of standardized categories using modified
- 702 COSTART dictionary/terminology and these categories are used in the listing below.
- Adverse events that have already been included in the tables and narrative above, or that
- are too general to be informative are not listed.
- 705 *Body as a Whole:* Ascites, AIDS, allergic reaction, cellulitis, chest pain, chills and
- fever, cyst, decreased CD4 count, facial edema, flu syndrome, hernia, thyroid hormone
 level altered, moniliasis, photosensitivity reaction, sarcoma, sepsis, viral infection.
- 708 *Cardiovascular System:* Angina pectoris, arrhythmia, atrial fibrillation, bradycardia,
- 709 cerebral ischemia, cerebrovascular accident, congestive heart failure, deep
- thrombophlebitis, heart arrest, heart failure, hypertension, hypotension, murmur,
- 711 myocardial infarct, palpitation, pericarditis, peripheral vascular disorder, postural
- 712 hypotension, syncope, tachycardia, thrombophlebitis, thrombosis.
- 713 Digestive System: Cholangitis, cholestatic jaundice, colitis, dyspepsia, dysphagia,
- r14 esophagitis, gastroenteritis, gastrointestinal disorder, gastrointestinal hemorrhage, gum
- 715 disorder, hepatitis, pancreatitis, parotid gland enlargement, periodontitis, stomatitis,
- 716 tongue discoloration, tooth disorder.
- 717 *Hemic and Lymphatic:* Aplastic anemia, macrocytic anemia, megaloblastic anemia,
- 718 microcytic anemia.
- 719 *Metabolic and Endocrine:* Avitaminosis, bilirubinemia, dehydration,
- 720 hypercholesteremia, hypoglycemia, increased alkaline phosphatase, increased lipase,
- 721 increased serum creatinine, peripheral edema.
- 722 Muscular Skeletal: Myalgia, myasthenia.
- 723 Nervous System: Abnormal gait, ataxia, decreased libido, decreased reflexes, dementia,
- dysesthesia, dyskinesia, emotional lability, hostility, hypalgesia, hyperkinesia,
- 725 incoordination, meningitis, neurologic disorder, tremor, vertigo.
- 726 *Respiratory System:* Apnea, bronchitis, lung disorder, lung edema, pneumonia
- 727 (including *Pneumocystis carinii* pneumonia), rhinitis.
- 728 Skin and Appendages: Angioedema, benign skin neoplasm, eczema, herpes simplex,
- incomplete Stevens-Johnson syndrome, nail disorder, pruritus, psoriasis, skindiscoloration, skin disorder.
- *Special Senses:* Conjunctivitis, eye disorder, lacrimation disorder, retinitis, taste
 perversion.
- 733 Other Adverse Events Observed in Post-Marketing Use
- 734 *Cardiovascular System:* Cardiac arrhythmias including atrial fibrillation, bradycardia,
- tachycardia, sick sinus syndrome and EKG abnormalities.
- 736 *Digestive System:* Intestinal perforation.

- 737 *Metabolic and Endocrine:* Electrolyte imbalance including hypercalcemia or
- 738 hypocalcemia, hyperkalemia and hypokalemia, hyponatremia, hypothyroidism, and
- 739 increased alkaline phosphatase, tumor lysis syndrome.
- 740 Nervous System: Changes in mental status or mood including depression and suicide
- attempts, disturbances in consciousness including lethargy, syncope, loss of
- consciousness or stupor, seizures including grand mal convulsions and status epilepicus.
- 743 *Skin and Appendages:* Erythema multiforme.
- 744 *Hemic and Lymphatic:* Decreased white blood cell counts including neutropenia and
- febrile neutropenia, changes in prothrombin time.
- 746 **Respiratory System:** Pleural effusion.

747 Other Adverse Events in the Published Literature or Reported from Other

748 Sources

- The following additional events have been identified either in the published literature or
- 750 from spontaneous reports from other sources: acute renal failure, amenorrhea, aphthous
- stomatitis, bile duct obstruction, carpal tunnel, chronic myelogenous leukemia, diplopia,
- dysesthesia, dyspnea, enuresis, erythema nodosum, erythroleukemia, foot drop,
- 753 galactorrhea, gynecomastia, hangover effect, hypomagnesemia, hypothyroidism,
- 754 lymphedema, lymphopenia, metrorrhagia, migraine, myxedema, nodular sclerosing
- 755 Hodgkin's disease, nystagmus, oliguria, pancytopenia, petechiae, purpura, Raynaud's
- 756 syndrome, stomach ulcer, and suicide attempt.

757 DRUG ABUSE AND DEPENDENCE

- 758 Physical and psychological dependence has not been reported in patients taking
- thalidomide. However, as with other tranquilizers/hypnotics, thalidomide too has been
- reported to create in patients habituation to its soporific effects.

761 **OVERDOSAGE**

- There have been three cases of overdose reported, all attempted suicides. There have
- been no reported fatalities in doses of up to 14.4 grams, and all patients recovered
- 764 without reported sequelae.

765 **DOSAGE AND ADMINISTRATION**

766 THALOMID[®] (thalidomide) MUST ONLY BE ADMINISTERED IN

- 767 COMPLIANCE WITH ALL OF THE TERMS OUTLINED IN THE S.T.E.P.S. [®]
- 768 **PROGRAM. THALOMID[®] (thalidomide) MAY ONLY BE PRESCRIBED BY**
- 769 PRESCRIBERS REGISTERED WITH THE S.T.E.P.S.[®] PROGRAM AND MAY
- 770 ONLY BE DISPENSED BY PHARMACISTS REGISTERED WITH THE
- 771 *S.T.E.P.S.* [®] **PROGRAM.**
- 772 Drug prescribing to women of childbearing potential should be contingent upon
- initial and continued confirmed negative results of pregnancy testing.

774 Multiple Myeloma

775 THALOMID[®] (thalidomide) is administered in combination with dexamethasone in 28-

day treatment cycles. The dose of THALOMID[®] is 200 mg administered orally once

daily with water, preferably at bedtime and at least 1-hour after the evening meal. The

dose of dexamethasone is 40 mg daily administered orally on days 1-4, 9-12, and 17-20

- every 28 days.
- 780 Patients who develop side effects such as constipation, oversedation, or peripheral
- neuropathy may benefit by either temporarily discontinuing the drug or continuing at a
- lower dose. With the abatement of these side effects, the drug may be started at a lower
- 783 dose or at the previous dose based on clinical judgment.

784 Erythema Nodosum Leprosum

- 785 For an episode of cutaneous ENL, THALOMID[®] (thalidomide) dosing should be
- initiated at 100 to 300 mg/day, administered once daily with water, preferably at

bedtime and at least 1 hour after the evening meal. Patients weighing less than 50

- kilograms should be started at the low end of the dose range.
- 789 In patients with a severe cutaneous ENL reaction, or in those who have previously
- required higher doses to control the reaction, THALOMID[®] (thalidomide) dosing may

be initiated at higher doses up to 400 mg/day once daily at bedtime or in divided doses

- 792 with water, at least 1 hour after meals.
- 793 In patients with moderate to severe neuritis associated with a severe ENL reaction,
- 794 corticosteroids may be started concomitantly with THALOMID[®] (thalidomide). Steroid
- usage can be tapered and discontinued when the neuritis has ameliorated.
- 796 Dosing with THALOMID[®] (thalidomide) should usually continue until signs and
- symptoms of active reaction have subsided, usually a period of at least 2 weeks. Patients
- may then be tapered off medication in 50 mg decrements every 2 to 4 weeks.
- 799 Patients who have a documented history of requiring prolonged maintenance treatment
- to prevent the recurrence of cutaneous ENL or who flare during tapering, should be
- 801 maintained on the minimum dose necessary to control the reaction. Tapering off
- 802 medication should be attempted every 3 to 6 months, in decrements of 50 mg every 2 to
- 803 4 weeks.

804 HOW SUPPLIED

805 (THIS PRODUCT IS ONLY SUPPLIED TO PHARMACISTS REGISTERED 806 WITH THE S.T.E.P.S. [®] PROGRAM - See BOXED WARNINGS.)

- 807 THALOMID[®] (thalidomide) Capsules is supplied in the following dosages:
- 808 50 mg capsules [white opaque], imprinted "Celgene / 50 mg" with a "Do Not Get
- 809 Pregnant" logo.
- 810 Individual blister packs of 28 capsules (NDC 59572-205-14).
- 811 Boxes of 280 containing 10 prescription packs of 28 capsules each (NDC 59572-205-
- 812 94).

- 813 100 mg capsules [tan], imprinted "Celgene / 100 mg" with a "Do Not Get Pregnant"
- 814 logo.
- 815 Individual blister packs of 28 capsules (NDC 59572-210-15).
- 816 Boxes of 140 containing 5 prescription packs of 28 capsules each (NDC 59572-210-95).
- 817 200 mg capsules [blue], imprinted "Celgene / 200 mg" with a "Do Not Get Pregnant"
- 818 logo.
- 819 Individual blister packs of 28 capsules (NDC 59572-220-16).
- 820 Boxes of 84 containing 3 prescription packs of 28 capsules each (NDC 59572-220-96).

821 STORAGE AND DISPENSING

822 PHARMACISTS NOTE:

- 823 **BEFORE DISPENSING THALOMID[®]** (thalidomide), YOU MUST ACTIVATE
- 824 THE AUTHORIZATION NUMBER ON EVERY PRESCRIPTION BY
- 825 CALLING THE CELGENE CUSTOMER CARE CENTER AT 1-888-4-
- 826 CELGENE (1-888-423-5436) AND OBTAINING A CONFIRMATION NUMBER.
- 827 YOU MUST ALSO WRITE THE CONFIRMATION NUMBER ON THE
- 828 **PRESCRIPTION. YOU SHOULD ACCEPT A PRESCRIPTION ONLY IF IT**
- 829 HAS BEEN ISSUED WITHIN THE PREVIOUS 7 DAYS (TELEPHONE
- 830 PRESCRIPTIONS ARE NOT PERMITTED); DISPENSE NO MORE THAN A 4-
- 831 WEEK (28-DAY) SUPPLY. A NEW PRESCRIPTION IS REQUIRED FOR
- 832 FURTHER DISPENSING. DISPENSE BLISTER PACKS INTACT (CAPSULES
- 833 CANNOT BE REPACKAGED); DISPENSE SUBSEQUENT PRESCRIPTIONS
- 834 ONLY IF FEWER THAN 7 DAYS OF THERAPY REMAIN ON THE
- 835 PREVIOUS PRESCRIPTION; AND EDUCATE ALL STAFF PHARMACISTS
- 836 ABOUT THE DISPENSING PROCEDURE FOR THALOMID[®] (thalidomide).
- 837 This drug must not be repackaged.
- 838 Store at 25 ° C (77° F); excursions permitted to $15 30^{\circ}$ C (59 86° F). [See USP
- 839 Controlled Room Temperature]. Protect from light.
- 840 Rx only and only able to be prescribed and dispensed under the terms of the S.T.E.P.S.[®]
- 841 Restricted Distribution Program
- 842 Manufactured for Celgene Corporation
- 843 86 Morris Avenue
- 844 Summit, New Jersey 07901
- 845 1-(888) 423-5436

846 Important Information and Warnings for All Patients Taking THALOMID[®] 847 (thalidomide)

- 848 WARNING: SEVERE, LIFE-THREATENING HUMAN BIRTH DEFECTS.
- 849 **IF THALIDOMIDE IS TAKEN DURING PREGNANCY, IT CAN CAUSE**
- 850 SEVERE BIRTH DEFECTS OR DEATH TO AN UNBORN BABY.

851 852 853 854 855	THALIDOMIDE SHOULD NEVER BE USED BY WOMEN WHO ARE PREGNANT OR WHO COULD BECOME PREGNANT WHILE TAKING THE DRUG. EVEN A SINGLE DOSE [1 CAPSULE (50 mg, 100 mg or 200 mg)] TAKEN BY A PREGNANT WOMAN CAN CAUSE SEVERE BIRTH DEFECTS
856	All Patients
857 858	• The patient understands that severe birth defects can occur with the use of THALOMID [®] (thalidomide).
859 860 861	• The patient has been warned by his/her doctor that an unborn baby will almost certainly have severe birth defects and can even die, if a woman is pregnant or becomes pregnant while taking THALOMID [®] (thalidomide).
862 863	• THALOMID [®] (thalidomide) will be prescribed ONLY for the patient and must NOT be shared with ANYONE, even someone who has similar symptoms.
864 865	• THALOMID [®] (thalidomide) must be kept out of the reach of children and should NEVER be given to women who are able to have children.
866	• The patient cannot donate blood while taking THALOMID [®] (thalidomide).
867 868 869 870	• The patient has read the THALOMID [®] (thalidomide) patient brochure and/or viewed the videotape, "Important Information for Men and Women Taking THALOMID [®] (thalidomide)" and understands the contents, including other possible health problems from THALOMID [®] (thalidomide), "side effects."
871	• The patient's doctor has answered any questions the patient has asked.
872 873	• The patient must participate in a telephone survey and patient registry, while taking THALOMID [®] (thalidomide).
874	
875	Female Patients of Childbearing Potential
876 877 878	• The patient must not take THALOMID [®] (thalidomide) if she is pregnant, breast-feeding a baby, or able to get pregnant and not using the required two methods of birth control.
879 880 881	• The patient confirms that she is not now pregnant, nor will she try to become pregnant during THALOMID [®] (thalidomide) therapy and for at least 4 weeks after she has completely finished taking THALOMID [®] (thalidomide).
882 883 884	• If the patient is able to become pregnant, she must use at least one highly effective method and one additional effective method of birth control (contraception) AT THE SAME TIME:
885 886 887 888 888	At least one highly effective methodANDOne additional effective methodIUDLatex condomHormonal (birth control pills, injections, or implants)DiaphragmTubal ligationCervical capPartner's vasectomyEnter Control pills

890 891 892	•	These birth control methods must be used for at least 4 weeks before beginning THALOMID [®] (thalidomide) therapy, during THALOMID [®] (thalidomide) therapy, and for 4 weeks following discontinuation of THALOMID [®] (thalidomide) therapy.
893 894	•	The patient must use these birth control methods unless she <u>completely abstains</u> from heterosexual sexual contact.
895 896 897	•	If a hormonal method (birth control pills, injections, or implants) or IUD is not medically possible for the patient, she may use another highly effective method or two barrier methods AT THE SAME TIME.
898 899 900	•	The patient must have a pregnancy test done by her doctor within the 24 hours prior to starting THALOMID [®] (thalidomide) therapy, then <u>every week</u> during the first 4 weeks of THALOMID [®] (thalidomide) therapy.
901 902 903	•	Thereafter, the patient must have a pregnancy test <u>every 4 weeks</u> if she has regular menstrual cycles, or <u>every 2 weeks</u> if her cycles are irregular while she is taking THALOMID [®] (thalidomide).
904 905	•	The patient must immediately stop taking THALOMID [®] (thalidomide) and inform her doctor:
906		If she becomes pregnant while taking the drug
907		If she misses her menstrual period, or experiences unusual menstrual bleeding
908		If she stops using birth control
909		If she thinks FOR ANY REASON that she may be pregnant
910 911		The patient understands that if her doctor is not available, she can call 1-888-668-2528 for information on emergency contraception
912	Fe	male Patients Not of Childbearing Potential
913 914 915	•	The patient certifies that she is not now pregnant, nor of childbearing potential as she has been postmenopausal for at least 24 months (been through the change of life); or she has had a hysterectomy.
916 917 918 919 920	•	The patient or guardian certifies that a prepubertal female child is not now pregnant, nor is of childbearing potential as menstruation has not yet begun, and/or the child will not be engaging in heterosexual sexual contact for at least 4 weeks before THALOMID [®] (thalidomide) therapy, during THALOMID [®] (thalidomide) therapy, and for at least 4 weeks after stopping therapy.
921		
922	M	ale Patients
923 924	•	The patient has been told by his doctor that he must NEVER have unprotected sexual contact with a woman who can become pregnant.
925 926 927	•	Because THALOMID [®] (thalidomide) is present in semen, his doctor has explained that he must either completely abstain from sexual contact with women who are pregnant or able to become pregnant, or he must use a latex condom EVERY TIME

928 929 930	he pre sto	engages in any sexual contact with women who are pregnant or may become gnant while he is taking THALOMID [®] (thalidomide) and for 4 weeks after he ps taking the drug, even if he has had a successful vasectomy.			
931	• Th	e patient must inform his doctor:			
932 933		If he has had unprotected sexual contact with a woman who can become pregnant			
934		If he thinks FOR ANY REASON, that his sexual partner may be pregnant.			
935 936		The patient understands that if his doctor is not available, he can call 1-888-668-2528 for information on emergency contraception			
937 938	• The (the	e patient cannot donate semen or sperm while taking THALOMID [®] alidomide).			
939	Autho	rization:			
940 941 942	This information has been read aloud to me in the language of my choice. I understand that if I do not follow all of my doctor's instructions, I will not be able to receive THALOMID [®] (thalidomide).				
943	I now authorize my doctor to begin my treatment with THALOMID [®] (thalidomide).				
944	Patient SignatureDate				
945 946 947 948 949 950	I have fully explained to the patient the nature, purpose, and risks of the treatment described above, especially the risks to women of childbearing potential. I have asked the patient if he/she has any questions regarding his/her treatment with THALOMID [®] (thalidomide) and have answered those questions to the best of my ability. I will comply with all of my obligations and responsibilities as a prescriber registered under the <i>S.T.E.P.S.</i> [®] restricted distribution program.				
951	Prescri	ber Name (please type):			
952	DEA Number: Social Security Number if PA or NP:				
953	Street .	Address:			
954	City: _	State: Zip:			
955	Prescri	ber Signature			
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- 973
- 974 S.T.E.P.S.[®] is a registered trademark of Celgene Corporation.
- 975 U.S. Pat. Nos. 6,045,501 & 6,315,720.
- 976 THALPI. 010 XX/05 CG