



Holiness Revolution

DAN DEMATTE



Holiness Revolution

THE STUDY GUIDE

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 **DynamicCatholic.com**
Be Bold. Be Catholic.®

READING SCHEDULE

INTRODUCTION

STUDY GUIDE PURPOSE AND FORMAT

SESSION ONE

CHAPTER 1: THE WAR AT HAND
CHAPTER 2: THE HOLINESS REVOLUTION

Read pages 13 - 45

SESSION TWO

CHAPTER 3: THE REBEL JESUS

Read pages 47 - 63

SESSION THREE

CHAPTER 4: STRIVING FOR HOLINESS

Read pages 67 - 82

SESSION FOUR

CHAPTER 5: THE PRAYER DARE
CHAPTER 6: THE WEAPONS OF A SAINT

Read pages 83 - 117

SESSION FIVE

CHAPTER 7: CALLED TO GREATNESS
CHAPTER 8: LIVE THE ADVENTURE

Read pages 121 - 149

SESSION SIX

CHAPTER 9: THE REVOLUTION OF THE WORLD

Read pages 151 - 165

INTRODUCTION

Holiness Revolution can change your life. Dan DeMatte is one of a few people in the Church today who is deeply transforming the lives of people hungry to grow spiritually.

Gathering in small groups to pray and study is at the heart of being Christian. Small groups were at the center of life for the first Christians, and at Dynamic Catholic we believe small groups are essential to the revitalization of the Catholic Church in the 21st century.

As you read and study this book together we hope you will join us in our efforts to encourage every Catholic to read this book.

We look forward to serving you in many ways as you continue in your spiritual journey.

May God bless you and all those you love,

The Dynamic Catholic Team

STUDY GUIDE PURPOSE AND FORMAT

The purpose of this study guide is to help readers become the revolutionaries God is calling them to be. Often when we read books we are convicted while reading to change our habits, to change our lives, to change our world. But so often we read books and experience this conviction, but the conviction is never followed up with action and real change. Think about it: this even happens when we read the Word of God. The Sacred Scripture speaks to us and penetrates our hearts calling us to be the men and women God has created us to be, but then moments after putting the Bible down, we fail to act upon what we had just read.

Holiness Revolution is about change. It's about changing the way we view the world. It's about changing our own hearts into hearts of true disciples. It's about changing the world in which we live. It's about changing lives, first of all our own, and then an incalculable number of others.

I believe that if you gather to read this book with others they will help you take action and keep you accountable to the change God is calling you to make. A discussion group will not only allow readers to process what they have read, but will offer fellowship and encouragement to persevere in what they have learned. Revolutions come from groups of people not lone rangers. It's important to read this book with a group because as a group, you can effect more change in the world. As a leader, encourage the group to form and strengthen strong friendships and to accomplish the take action points with one another.

In order to conduct a group study, each participant should own a copy of the book and bring it to each session. (When purchased in bulk, softcover versions can be purchased for \$2.00 each from www.holinessrevolution.com or [5](http://www.dynam-</p></div><div data-bbox=)

iccatholic.com) Each member will have a copy of the discussion questions because they are included in the text of the book at the end of each chapter.

Each member of the group should be encouraged to highlight her book as she reads, marking areas that stood out to him or her. Part of the discussion sessions will require participants to share one statement or story from each chapter that inspired them the most.

The study program is divided into nine sessions, addressing one chapter of the book in each meeting. It is recommended that meetings be held once a week. Meetings should be moderated by a leader, whose task is to guide the discussion and keep the participants focused on the questions being asked. This book is challenging to read. The first few chapters are meant to really convict the reader's heart that they are in need of a deeper conversion. The role of the leader should be to encourage the participants that God is calling them to greatness and that they need not be afraid! We recommend that a group meet for sixty to ninety minutes, but that the group agree upon a fixed length of time and adhere to that time.

Each of the six sessions follows the same format:

OPENING PRAYER

DISCUSSION QUESTIONS

CLOSING PRAYER

ANNOUNCEMENTS

I pray this book will change your life and the lives of the people you are gathering to discuss it with, but more important, I hope because you are reading this book, your group will be inspired to go out and change your parish, your school, your workplace, your neighborhood, your country, your world.

SESSION ONE
THE WAR AT HAND
THE HOLINESS REVOLUTION

READING:

Introduction, Chapter 1 & Chapter 2

OPENING PRAYER:

Loving Father,
Open our hearts and minds
and allow us to see the beauty of our faith.
Show us what is possible and fill us with the grace, strength,
and wisdom to live all the good things
we explore here together.
Send your Spirit upon us so that we can discover your dream
for us to become the-best-version-of-ourselves,
and have the courage to defend and celebrate this true self
in every moment of our days.
We ask you to bless in a special way the hungry, the lonely,
the sick, and the discouraged. Remind us of our duty toward
them and inspire us to be filled with a profound gratitude.
We ask all this through your Son, Jesus.
Amen.

DISCUSSION QUESTIONS:

1. The introduction ends by challenging us to stop wasting our lives and to do something amazing for the Gospel. Do you think there are ways in which you are wasting your life? How?
2. Why are we slaves? What brings us freedom?
3. What do you fear the most? Where do you need to be courageous?
4. If Jesus is the answer to the hurt and pain in this world, then how should that impact our life? What are we doing about it?
5. Do you believe that you have what it takes to be a saint? Why or why not?
6. What lies of the Devil have you bought into? What do you think the voice of truth would say to you?

CLOSING PRAYER: THE DYNAMIC CATHOLIC PRAYER

Loving Father,

I invite you into my life today

and make myself available to you.

Help me to become the-best-version-of-myself

by seeking your will and becoming a living example

of your love in the world.

Open my heart to the areas of my life that need to change

in order for me to carry out the mission

and experience the joy you have imagined for my life.

Inspire me to live the Catholic faith in ways that are

dynamic and engaging.

Show me how to best get involved in the life of my parish.

Make our community hungry for best practices

and continuous learning.

Give me courage when I am afraid,

hope when I am discouraged,

and clarity in times of decision.

Teach me to enjoy uncertainty and lead your Church

to become all you imagined it would be

for the people of our times.

Amen.

ANNOUNCEMENTS:

- The reading assignment for our next gathering is Chapter 3.
- Our next gathering will be . . . (date, place, and time)
- Let your family and friends know they can request a free copy of *Holiness Revolution* by visiting: www.DynamicCatholic.com

SESSION TWO

THE REBEL JESUS

READING:

Chapter 3

OPENING PRAYER:

Loving Father,

Open our hearts and minds

and allow us to see the beauty of our faith.

Show us what is possible and fill us with the grace, strength,
and wisdom to live all the good things

we explore here together.

Send your Spirit upon us so that we can discover your dream
for us to become the-best-version-of-ourselves,
and have the courage to defend and celebrate this true self
in every moment of our days.

We ask you to bless in a special way the hungry, the lonely,
the sick, and the discouraged. Remind us of our duty toward
them and inspire us to be filled with a profound gratitude.

We ask all this through your Son, Jesus.

Amen.

DISCUSSION QUESTIONS:

1. Which words in this chapter encouraged you the most?
Which words convicted you the most?

2. Are you fighting with your own armor? Where do you need strength and grace to fight better?

3. Is the Jesus you've been presented with growing up, a man worth following? Is he worth dropping everything for? What's holding you back?

4. Really think about this:
 - a. Jesus was a man of virtue. Are you?
 - b. Jesus was a man of action. Are you?
 - c. Jesus cared for the dignity of every human life.
Do you?
 - d. Jesus stuck up for the poor and the outcasts of society.
Do you?
 - e. Jesus laid his life down serving others. Do you?

5. Jesus's love for you cost him his life. What has your love for him cost you?

6. If you decide today to give Jesus your life, what needs to change?

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Amen.

ANNOUNCEMENTS:

- The reading assignment for our next gathering is Chapter 4.
- Our next gathering will be . . . (date, place, and time)
- Let your family and friends know they can request a free copy of *Holiness Revolution* by visiting: www.DynamicCatholic.com

SESSION THREE

STRIVING FOR HOLINESS

READING:

Chapter 4

OPENING PRAYER:

Loving Father,

Open our hearts and minds

and allow us to see the beauty of our faith.

Show us what is possible and fill us with the grace, strength,
and wisdom to live all the good things

we explore here together.

Send your Spirit upon us so that we can discover your dream
for us to become the-best-version-of-ourselves,
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We ask you to bless in a special way the hungry, the lonely,
the sick, and the discouraged. Remind us of our duty toward
them and inspire us to be filled with a profound gratitude.

We ask all this through your Son, Jesus.

Amen.

DISCUSSION QUESTIONS:

1. How hard do you strive for holiness? How can you strive harder?
2. Do you strive to store up earthly treasure? Do you try to serve both God and money?
3. How much do you worry? About your clothes? About your future? About what others think about you?
4. What is the foundation that you are building your life on? Is your foundation strong? Are you the wise or foolish builder? Does your foundation need to change?
5. What consumes your life? If you were to evaluate your priorities based on what consumes your time and thoughts the most, what would they be?
6. What about the examination of conscience convicted you to change? (media, speech, money, possessions, time)

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Amen.

ANNOUNCEMENTS:

- The reading assignment for our next gathering is Chapter 5 & 6.
- Our next gathering will be . . . (date, place, and time)
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SESSION FOUR
THE PRAYER DARE
THE WEAPONS OF A SAINT

READING:

Chapter 5 & Chapter 6

OPENING PRAYER:

Loving Father,
Open our hearts and minds
and allow us to see the beauty of our faith.
Show us what is possible and fill us with the grace, strength,
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Send your Spirit upon us so that we can discover your dream
for us to become the-best-version-of-ourselves,
and have the courage to defend and celebrate this true self
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We ask you to bless in a special way the hungry, the lonely,
the sick, and the discouraged. Remind us of our duty toward
them and inspire us to be filled with a profound gratitude.
We ask all this through your Son, Jesus.
Amen.

DISCUSSION QUESTIONS:

1. Do you treat prayer as a matter of life and death? Why or why not?
2. When you pray, are you afraid to change? Why or why not?
3. What are obstacles to your prayer life? How can you overcome these? When you pray, do you “expect great things?” Do you have faith?
4. What kind of a prayer resolution will you make? Who will you ask to keep you accountable to keeping this resolution?
5. Do you take the Eucharist for granted? Why or why not? Are you afraid of going to confession? Why or why not?
6. Do you see how the Catholic Church is the “blueprint for holiness?” Explain this in your own words.

CLOSING PRAYER: THE DYNAMIC CATHOLIC PRAYER

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Amen.

ANNOUNCEMENTS:

- The reading assignment for our next gathering is Chapter 7 & 8.
- Our next gathering will be . . . (date, place, and time)
- Let your family and friends know they can request a free copy of *Holiness Revolution* by visiting: www.DynamicCatholic.com

SESSION FIVE
CALLED TO GREATNESS
LIVE THE ADVENTURE

READING:

Chapter 7 & 8

OPENING PRAYER:

Loving Father,
Open our hearts and minds
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Show us what is possible and fill us with the grace, strength,
and wisdom to live all the good things
we explore here together.
Send your Spirit upon us so that we can discover your dream
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We ask you to bless in a special way the hungry, the lonely,
the sick, and the discouraged. Remind us of our duty toward
them and inspire us to be filled with a profound gratitude.
We ask all this through your Son, Jesus.
Amen.

DISCUSSION QUESTIONS:

1. Do you desire greatness? Why or why not?
2. Do you know your worth? Or do you struggle to see yourself as good?
3. Do you take your identity in who you are or in what you do? Why is it important to take your identity in who you are instead of what you do?
4. Spend some time sharing with one another miracles you have heard of happening. Do you believe that God wants miracles to happen in your life?
5. Do you view living your faith as an adventure? Why or why not? Chapter 8 said: "If your faith is boring or dry, it is because you haven't yet started to share it with others." If your faith is dry, have you started sharing it with others?
6. Who do you think the Lord has placed in your life to evangelize?

CLOSING PRAYER: THE DYNAMIC CATHOLIC PRAYER

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ANNOUNCEMENTS:

- The reading assignment for our next gathering is Chapter 9.
- Our next gathering will be . . . (date, place, and time)
- Let your family and friends know they can request a free copy of *Holiness Revolution* by visiting: www.DynamicCatholic.com

SESSION SIX

THE REVOLUTION OF THE WORLD

READING:

Chapter 9

OPENING PRAYER:

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Amen.

DISCUSSION QUESTIONS::

1. What are the small things he is calling you to? Are you doing these well?
2. What are you passionate about? How can you use this passion for building the Kingdom of God?
3. What are your gifts and talents? What do you think these reveal about God's mission for you?
4. What's the need around you? How can you be at service to this need?
5. What's your mess? How can you turn your mess into your message?
6. Do you play it safe out of fear or laziness? What is something risky you can do for Jesus?

CLOSING PRAYER: THE DYNAMIC CATHOLIC PRAYER

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Amen.

ANNOUNCEMENTS:

- We are done with our discussion group but the revolution is just beginning. There are a number of operations that we can continue doing has a group on www.holinessrevolution.com and it would be a good idea for our group to continue taking action together.

**THE
DYNAMIC CATHOLIC
INSTITUTE**

[MISSION]

To re-energize the Catholic Church in America by developing world-class resources that inspire people to rediscover the genius of Catholicism.

[VISION]

To be the innovative leader in the New Evangelization helping Catholics and their parishes become the-best-version-of-themselves.

 **DynamicCatholic.com**
Be Bold. Be Catholic.®

The Dynamic Catholic Institute
2200 Arbor Tech Drive
Hebron, KY 41048
Phone: 859-980-7900
info@DynamicCatholic.com