

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**TOTAL**

*Record the amount of time spent in prayer each day.*

# The Dynamic Catholic Prayer

Loving Father,  
I invite you into my life today,  
and make myself available to you.  
Help me to become  
the-best-version-of-myself,  
by seeking your will  
and by being a living example  
of your love in the world.  
Open my heart to the areas of my  
life that need to change,  
so I can carry out the mission you  
have imagined for my life and  
experience the joy you desire for me.  
Inspire me to live the Catholic faith in  
ways that are dynamic and engaging.  
Show me how to best get involved  
in the life of my parish.  
Give our community a hunger  
for best practices  
and continuous learning.  
Give me courage when I am afraid,  
hope when I am discouraged,  
and clarity in times of decision.  
Lead your Church to become all  
you imagined it would be for the  
people of our times.

Amen.