

Growth Mindset Resources:

ONLINE RESOURCES

Ebook on Growth Mindset:

[https://myfiles.sd61.bc.ca/file/d/Cedar%20Hill%20W%20Drive/staff/Advisory/Growth%20Mindset%20Resources/CAN Growth Mindset eBook 2017 WebV.pdf](https://myfiles.sd61.bc.ca/file/d/Cedar%20Hill%20W%20Drive/staff/Advisory/Growth%20Mindset%20Resources/CAN_Growth_Mindset_eBook_2017_WebV.pdf)

Article by Carol Dweck:

[https://myfiles.sd61.bc.ca/file/d/Cedar%20Hill%20W%20Drive/staff/Advisory/Growth%20Mindset%20Resources/Dweck Mindsets%20%20Equitable%20Education JR 2010 copyright.pdf](https://myfiles.sd61.bc.ca/file/d/Cedar%20Hill%20W%20Drive/staff/Advisory/Growth%20Mindset%20Resources/Dweck_Mindsets%20%20Equitable%20Education_JR_2010_copyright.pdf)

This site has video and movie clip ideas as well as whole movies about the growth mindset. There are also some interesting reads here:

<http://larryferlazzo.edublogs.org/2012/10/13/the-best-resources-on-helping-our-students-develop-a-growth-mindset/>

A great free website with some lesson ideas on growth mindset:

<http://www.stepitup2thrive.org/mindset/introduction/>

More aimed at younger students but I think would be valuable for all students. There are little cartoons about growth and fixed mindset:

<https://www.classdojo.com/bigideas/#IOaFwwLyTRo>

This is a series of lesson plans and resources for teachers from Dweck's company Brainology (usually have to pay big bucks to use it). This is an introductory unit so a good place to start:

<http://www.jcsd.k12.or.us/schools/jcms/brainology-lesson-plans>
<http://www.jcsd.k12.or.us/sites/jcsd.k12.or.us/files/files/Introductory%20Unit.pdf>

A good student video (short ~1.5 minutes) is included in this article from a teacher about strategies you can use in your classroom to foster growth mindsets. The ways in which we teach and assess send messages to students and either foster or hinder growth mindsets:

http://blogs.edweek.org/teachers/classroom_qa_with_larry_ferlazzo/2012/10/response_classroom_strategies_to_foster_a_growth_mindset.html

This is an article you could give to our level of students to read as a way of learning more about growth mindset and how the brain learns (or use parts of it). This might

also be something we can share with parents as it is an easy read and not filled with teacher jargon:)

<http://www.nais.org/Magazines-Newsletters/ISMagazine/Pages/You-Can-Grow-Your-Intelligence.aspx>

Multi-day lesson plan sequence from Kahn Academy (teamed up with Dweck) – it is on the other list I made but it is good and includes links to videos. It's nice to have a variety of videos as we are going to need to reiterate this message throughout the year:
https://www.mindsetkit.org/static/files/YCLA_LessonPlan_v10.pdf

A nice collection of info-graphics that can be used as posters in your class or viewed on screen as part of a discussion. There are also 16 video clips that are motivational for students:

<https://www.smores.com/n3eyx-growth-mindset-resources>

This is a good lesson for older students (grade 8) as the article is a bit advanced but it is a good article explaining growth mindset (introductory activity):

http://www.k12.wa.us/secondaryeducation/careercollegereadiness/nav101lessons/grades9-10/gr9-10_l4_devgrowthmindset.pdf

Nice visual poster showing traits of growth mindset (included in the first lesson plan shared on this page):

http://alumni.stanford.edu/content/magazine/artfiles/dweck_2007_2.pdf

Good collection of books about mindset with lessons to accompany each book as well as posters, parent resources etc.:

<http://www.thenedshow.com/mindset-lesson-plans.html>

Rubrics for EFFORT (from Dweck):

<http://www.mindsetworks.com/FileCenter/3JIQAYABR8M8GHQCQ05Q.pdf>

<http://schools.nyc.gov/NR/ronlyres/F5245BAD-6A0F-4B6E-B774-B5CD0BFB2B20/0/EffectiveEffortLessonandRubrics.pdf>

Good student resource for how the brain works (neuroscience) – suitable for middle school level:

<http://www.mindsetworks.com/FileCenter/52G3LTP08OVNI3G9NMI8.pdf>

Useful phrases for communicating learning goals and High Expectations:

<http://www.mindsetworks.com/FileCenter/LVKMHI2ZNT4DLN5DU23.pdf>

FEEDBACK tool for growth mindset:

<http://www.mindsetworks.com/FileCenter/MM3J5IO126930FPPC4TD.pdf>

A school example of how they implemented growth mindset into their school:

<http://www.mindsetworks.com/FileCenter/XL9XAFSA39CP7SAXJVZ7.pdf>

Information for Parents about Growth Mindset and the Brainology program:

https://www.nicholsschool.org/uploaded/downloads/parents/5th_grade_mindset_packet_2.pdf

A great video for ALL students and their parents (and teachers) about the growth mindset specific to math (8.5 minutes long):

<https://www.youcubed.org/students/>

PRINT RESOURCES FOR TEACHERS:

Mathematical Mindsets by Jo Boaler

Mindsets in the Classroom: Building a Growth Mindset Learning Community by Mary Cay Ricci

Ready-to-Use Resources for Mindsets in the Classroom: Everything Educators Need for Building Growth Mindset Learning Communities by Mary Cay Ricci

PICTURE BOOKS WITH GROWTH MINDSET MESSAGES:

Your Fantastic Elastic Brain: Stretch It, Shape It by [Joann Deak and Sarah Ackerley](#)

The Girl Who Never Made Mistakes by *Mark Pett*

What Do You Do With a Problem? by *Kobi Yamada*

Thanks for the Feedback, I Think... by *Julia Cook*

Beautiful Oops! by *Barney Saltzberg*

The Dot by *Peter H. Reynolds*

The OK Book by Amy Krouse Rosenthal

How to Catch a Star by Oliver Jeffers

Flight School by Lita Judge

Rosie Revere Engineer by Andrea Beaty

Emmanuel's Dream by Laurie Ann Thompson

Drum Dream Girl: How One Girl's Courage Changed Music by Margarita Engle and Rafael López

Hana Hashimoto, Sixth Violin by Chiere Uegaki