

## HEBREWS LESSON SEVEN OUTLINE

### I. Review of past lessons

### II. Structure of Hebrews 4:1-14

- A. v. 1-5 Flee faithlessness while the promise remains
- B. v. 6-11 The new covenant “today” of God’s Sabbath rest
- C. v. 12-13 The power of God’s Word

### III. v. 1-5

- A. v. 1-2 Exhortation to fear falling short through abandoning faith
  - 1. The promise of entering His rest still remains
  - 2. Comparison/ contrast between the fathers and New Covenant saints
- B. v. 3-5 Introduction to explanation of God’s rest
  - 1. God’s rest on the seventh day is the prototype for believers’ rest
  - 2. God rested because His works were complete/ finished and very good
  - 3. Israel did not enter the land (God’s rest for them) because they trusted in themselves, not God

### IV. v. 6-11

- A. 6-8 New ‘today’ is a fulfillment of David and Joshua’s ‘today’
  - 1. Both of them pointed to but could not lead into God’s ultimate rest
  - 2. Both were types of Christ
  - 3. Times of both were followed by great hardness of heart in the people

B. v. 9-10 God's Sabbath rest for His people is a rest from works which were completed in Christ

1. The Sabbath was a test for Israel to determine if they would trust God and rest on His prescribed days
2. Referring to New Covenant rest as Sabbath rest points not only to the cessation of works but to total trust in God's provision through Christ

C. v. 11 Exhortation moves from fear to diligent pursuit of entrance through faith

V. v. 12-13

A. The Word of God is living, active, sharper than a two-edged sword

1. God is the living God > His Word is the living Word
2. It penetrates the impenetrable- soul/spirit, joints/marrow
3. Points back to 3:7 the Holy Spirit speaking through the written word
4. Continues the theme of God speaking which permeates the letter

B. No creature is hidden from His sight

1. He is the creator and knows all His creation
2. His Word reveals all that is in His creatures- there is no hiding from Him

C. Remember the power of the Word!