

## **1. Christina Boyer - Pennsylvania**

Many of you know that I was a teacher before I chose to become a stay at home mom. I was passionate about my teaching career. Helping children to become lifelong learners was a joy for me. Giving up my job to be able to take care of my three young girls was something really I struggled with. But, I felt it was so worth it to be able to be at home nurturing our daughters instead of letting someone else enjoy those young years with them.

My husband is a successful chiropractor and does an incredible job treating and educating his patients about healthy lifestyle choices. But because of chiropractic student loans and office loans and overhead, we started his office with hundreds of thousands of dollars in debt. When I gave up my teaching job, we gave up our medical benefits. We ended up having to pay for the birth of our third daughter out of pocket because our insurance didn't cover pregnancy. This was a huge stress knowing that my choice to stay at home with our children was also becoming a financial burden. At some point I was going to have to go back to teaching in order to keep up with our medical bills and loans. Our dreams of me being a full-time stay at home mom, our financial health, being able to plan to take our girls to Disney World were drifting further away from our grasp.

Before doTERRA, our oldest daughter suffered from chronic ear/sinus infections since the time she was 18 months old. We are a chiropractic family--so, we thought we were doing everything we could do with our daughter--adjustments, supplements, clean diet--but she still suffered

from painful ear infections on a monthly basis. We were visiting the doctor's office quite frequently racking up a huge bill because of the large deductible we have to meet yearly. We had no other alternatives to put her on antibiotics, at one point, she became allergic to causing another set of problems. We were frustrated and fought constantly about the right way to treat our daughter--the doctors were suggesting surgery and tubes. We thought we had no other alternatives.

When I was introduced to DoTERRA's CPTG Essential oils almost two years ago, and was educated about the many benefits, I was blown away by all the information. I was extremely skeptical though--how could something so simple be so effective at treating so many different issues?

I ordered a kit, with NO INTENT of doing doTERRA as a business. There was no way I could see myself flying and traveling all over holding classes. But, the more my family used the oils, the more we read and the more 'coincidences' we had the more we really began to see how effective the oils were. So when our daughter started with her ear ache in the middle of the night, we used 1 drop of melaleuca on a cotton ball and she stopped crying almost immediately--we knew we had a gift and we couldn't help but to share it with our friends, family and husband's patients.

My passion for teaching has been reignited in a new way--teaching our friends, families, moms, dads, children, grandparents--how to help live healthier lives, naturally.

It was a perfect fit for my husband and I. Our passion for helping others has only grown because of the incredible testimonials we receive on a daily basis. I love this company because I have never felt the need to say that I "sell" something. I simply share and educate.

I'm happy to tell you that after only actively building the business for ten months, being a stay at home with my young ones at home, my husband and I, with the help of my incredible upline, frontline leaders and team, was able to start replacing my teaching income. I now make more money sharing doTERRA with others than I did as an elementary school teacher. My husband and I are planning our first trip to Disney World with our children this April! But even better than that, we get to help others do the same--help serve others, help coach others who want to serve and help others gain health and financial healing and hope for their future.

### **3. Laura Thompson Weigel - Las Vegas, Nevada**

I have always been interested in health and wellness! My acupuncturist would use essential oils during my treatments. I was trying to conceive at the time and I would use rose oil and lavender.

I finally did get pregnant with twins, boy/girl. The day after Christmas 2008, I found my son in his crib not breathing. He has aspirated while taking his nap so we had no idea anything was wrong.

(I was also 5 months pregnant with our 3rd children at this time) As a result he suffered quite severe brain damage. It has been a long road of recovery and the Doctors wanted him on all kinds of meds!!

I am super proud to say that he is med free and has been for 3 years! He gets oiled up 3 times a day with 11 different oils! Now my whole family is addicted to the oils and supplements!!

As a result of my son's brain injury and taking care of my other 2 children, I have not been able to return to my career as a teacher! I am passionate about the oils and how could I not share them with others! And so it began..... My new career of health and wellness!

#### **4. Noelle Joy - Las Vegas Nevada**

Since I was young, I've always had this big fascination for science and completely fell in love with Chemistry & Biology in high school - I had the most amazing teaching from New Zealand, and my heart lit up. I knew that science, plants, animals, human anatomy and the Earth was definitely my calling so when I enrolled in college, I started out as a Biology Major in a PreMed Track.

I loved the idea of being a doctor and knew I was capable of making it happen, but after about 2.5 years I started to think really hard about my future life. I wanted to help others heal and become healthier, but I certainly didn't want to work my entire life away being on call, not having the freedom to take vacations with my family, etc, so I began considering a more laid back approach of being a Physical Therapist and owning my own practice.

About the same time, one of my friends in college was telling me about the Exercise Science program and how that was a better program for learning the human body as opposed to the Biology program. So, I switched over and changed my focus to Physical Therapy.

Shortly thereafter, my stepdad had a stroke at the age of 42 and was placed in a local Health South for rehabilitation to learn to walk and talk again. When I would visit him, I knew that this wasn't the scene for me. My heart always felt heavy there and I wanted to be in a more vibrant scene, so I once again changed my focus to become a Personal Trainer and finished my internships at local personal training studios. I absolutely loved interacting with clients on this level in help educate them about nutrition, supplements that would enhance their results,

and teaching them effective workout routines to achieve their fitness goals. This went hand in hand with all the fitness classes that I had just started to teach at the Campus Recreation. I loved the energy and helping others in the fitness and sports nutrition realms.

After graduating, I moved to Vegas and started my own personal training business EcoFit Method, working independently out of Las Vegas Athletic Club. I have truly loved the time freedom and flexibility that owning my own business has allowed; however, even though the income is really great, it can fluctuate considerably.

Clients go out of town, or "take breaks", or simply come to a place where it's no longer in their budget, and most of the time I have no warning. So, it can be scary at times. I wanted to find a way to supplement my income so I could continue doing what I loved without stressing over the financial waves of change. I researched many different company lines, but they all seemed to have either added sugars or artificial sugars and other toxic additives, so I never settled.

In 2011, my beautiful little girl Lynzie was born and when she was 9 months old, she got a respiratory infection. Even though I've never really been into taking much OTC or prescription medication except in dire situations, I was worried since she was so little and I took her to the doctor.

They sent me home with a 10 day supply of antibiotics and after 10 days, the infection had actually moved into her lungs, and by then, I was terrified. I felt completely helpless as a mother. I wanted to do whatever I needed to do to prevent this from progressing into something worse.

I went back to the doctor again and they sent me home with a nebulizer, a steroid prescription, a Singulair prescription, and told me to give her Claritin as well.

A 9 month old baby?

I felt completely ridiculous putting so many chemicals into my little baby, it felt so twisted and wrong to my soul. Not only that, I felt completely manipulated and lied to by the pediatrician because they basically gave me the nebulizer without asking and told me my insurance would pay for it, and I still received a bill for \$150 for the remaining balance.

So, I called my dear friend Kierston who had introduced me to doTERRA about a year before (and who massaged the reflex point on my foot with Clary Sage when I was 8 days late giving birth - and it worked - next day, in labor - yay!)

I told her "this is IT." I'm done with doctors. I'm done with this ineffective system and feeling like I'm giving my little baby a bunch of toxic nonsense that's not even really working that well.

So, she came over and showed me how to apply doTERRA's CPTG Lemon, Eucalyptus & Breathe with Fractionated Coconut Oil on Lynzie to loosen the mucus, and a little Oregano on Lynzie's feet for the infection, and within a couple days or so she was better!

I also began diffusing the oils beside her crib every night, and found that Frankincense was the best oil for her immune system. Breathing in Frankincense nightly cleared up her runny nose that she would have in the mornings, and she slept amazing! I remember the first night I diffused Frankincense, she slept in 2 hours later and I was like "what in the world?" She woke up a rested, happy baby, due to the fact that Frankincense is amazing for brain health.

So, I continued diffusing Frankincense every night - 5 drops in the 8 hour diffuser beside her crib - and I kid you not - she hasn't been to the

doctor sick since then (except for a random stomach bug which DigestZen & OnGuard fixed by the time the doctor finally got to us in the ER). She also goes to daycare - and still - she never gets sick! Frankincense is hands down my favorite oil. It's allowed me to not have to take off from work and cancel clients, as that would get extremely expensive fast! So, using the oils as preventative medicine has saved me a lot of money!

My eyes really opened to the power of doTERRA's essential oils by seeing the profound effect they had on my little girl. I started using more of the oils myself and researched the entire supplement line as well, and to my surprise - found that doTERRA's standards were even above mine! Wow! I also found that my love of science, Natural Medicine and Earth was being fulfilled studying about these essential oils and all of their therapeutic benefits.

I've incorporated the entire supplement line into the weight loss programs for my clients, Aromatherapy Workshops at the Yoga Studio I teach at, and I've also incorporated the oils in my feedback recommendations on all my client's Health History forms so that I can offer them safer, cheaper and more effective means of Natural Healthcare for their existing health concerns. This has allowed my clients to achieve better results and me create a considerable monthly revenue stream that has taken the edge off of relying solely on personal training income. Win-Win!

doTERRA has truly been a blessing in my life on all levels. I would consider myself a pretty picky "granola" type of girl - only eating organic, all natural, and only using eco-friendly and animal-cruelty free products. I use EVERYTHING doTERRA has, and I've found it's better

than any alternative out there. I will be using doTERRA until the day I no longer inhabit this Earth

## **5. Melody Whitehead - Hamilton Canada (Video)**

I have always been a people person and wanted to help people 'get better'. My education background is nursing. I love the health teaching part of my RN career and thrive on empowering people to know how to take steps to improve their health. But my job in a traditional RN role felt very disconnected. In some jobs I felt like a 'pill pusher' so busy passing out medications, and I would say to myself... 'this isn't why I got into nursing.' Almost a year ago I became a patient, and had my hope taken away. I was being over prescribed medications, or brushed off because they didn't have answers.

Three months ago I joined DoTerra to get symptom relief from this chronic kidney stone condition. My focus was just on getting better. My health issue had caused me to be off work, & quit all outside activities. I needed family and friends to help with almost everything. When I started on the oils, I didn't need narcotics. My last percocet was on June 26th. I stopped my long acting narcotic on July 11th.

The decision to be a business builder was clear!! I knew I needed to share this with others and openly wondered how I could I return to my traditional RN job, after going through all this? In July I left my previous RN job, got off my long term disability, (as my pain responds excellent to oils), & I have started my own company "Hope 4 Health". I share my story with anyone and everyone. Those that saw me over the last year are amazed at the change, and they take what I am saying very seriously.



I am building a strong team of customers, sharers and builders. It is great to be able to share with people how doTerra will impact their health and finances. In the next 3 months I will be exceeding the income I was making in my previous jobs as an RN. In the next year I will be able to take my family of 7 on a vacation. We will be increase the amount of money that we invest for the education of our children. We will put money into causes that we are passionate about.

On a business/professional level. I am using my skills and giftings in a greater, more fulfilling way. I am teaching about a solution I strongly believe in. If you would like to learn more about how you can be part of this solution... talk to me!!

## **6. Durrell Darr - Las Vegas Nevada**

I have always wanted to play and have the freedom in my schedule to help others. At a very young age, I felt the need to work and assumed a parenting position caring for my siblings and helping my mom. I realized long into my adult life that I never took time to play. There is a little girl inside of me that is longing to play but I never had the time or the know how. I have worked 2-4 jobs for as long as I can remember.

As a licensed massage therapist, I could only perform a certain number of massages each week, so I taught at the College of Southern Nevada and worked simultaneously at the Lymphatic Center, all the while, dabbling in essential oils for my massage business. Free time for me included housework, class prep, bills, laundry and homework like most people I know.

I worked extremely hard and always seemed to just scrape by! It was exhausting and defeating! I dreamed of having freedom in my life and to just be still. As most of you know, in the massage industry, if you aren't working, you aren't earning an income.

I was blessed with amazing clients and a great income as long as I continued to burn the candle at both ends. When I became pregnant after 15 years with my husband, I started having extreme pain in my wrists and didn't know how we were going to make it if I couldn't massage. Little did I know at the time, my little side business was the answer I had been looking for.

Doterra has changed our health and our wealth! I have grown so much in my character, stepped out of my comfort zone and have enjoyed time with my family and business partners. I now have time to show up for people in their lives when they need it! I never thought I would find a career that would satisfy my need to help people, to teach people and to play whenever I want, all the while providing for my family more than I could ever earn working 4 jobs!

So now, I can't help it! I am here to teach you the skills you will need to succeed, how to navigate this business and how to train others to do the same. Enjoy the life that DoTerra brings.

## **7. Chrissy Doolen - Las Vegas Nevada**

Ever since I can remember, I've always wanted to either be nurturing something or teaching about something- maybe pulling from some of my parents' best qualities. I've always felt I was meant to do good in the

world, make it a better place- but that task seemed huge, daunting, and unobtainable- how can one person have that much influence? I grew up in a small farming community in the Midwest but we did a lot of traveling across the US and that spoiled me in a way- I wanted to be able to do that as an adult but on a grander scale.

I found out very quickly that most careers and jobs barely left room for one trip per year- and that was usually home to see my parents. I gravitated towards jobs that included lots of traveling- like college coaching, and when I had enough of that lifestyle, finally using my biology degree to do some medical testing as a traveling tech.

What I learned was that just because I was traveling didn't make it fun and also that these two industries were NOT what many perceive them to be. Athletics left a terrible taste in my mouth and it was soul-sucking: imagine hanging your happiness and success on the whims of spoiled 16-22 year old girls! And the medical community?

Many are unethical and looking to take advantage of the system at every turn. Even coming back and getting a steady job at a pain management office, none of it ever felt right. So I had an opportunity to make good money as a food server at a great restaurant on the strip. Great money but again I was back to only getting one to two weeks vacation per year. I needed more freedom than that! Then I had my daughter and thought I would return to work.

When we realized that because of my husband's ever-changing firefighter schedule that it would be very difficult to avoid daycare, even working part-time, we decided that I would stay home. Since I hadn't been able to find a career that was worth going back to and that could give us the things I had always longed for, we knew that staying

home was the best thing that I could do for my daughter. And I was glad for it for the first two years that I wasn't getting sleep! When we decided it was time to save up for a new car, I really began to see what the commitments we made to work and home life were going to do to my husband's health. In order to do anything more than provide the necessities of a healthy life, he has to work overtime to save for cars or vacations.

Overtime for him means being away from us for 24 extra hours on top of his average 56-hour work week. Factor in that when he works, he will maybe get a couple two hour naps throughout the night- or not sleep at all- and you have a recipe for chronic health conditions, slow healing injuries, miscommunication, increased stress, just to name a few. All these things come our way even though we have chosen to live a healthy lifestyle.

During my pregnancy, I felt a desire to break free from all non-emergency medication, especially in childbirth. While most of my experience healing the body came in the form of foods and juicing before and during pregnancy, my experience with the healing power of essential oils came when my daughter was only 3 months old and had extremely irregular bowel movements, even though she was exclusively breastfed.

My Nurse Practitioner MIL suggested glycerin but it was very very difficult to administer and it just felt wrong to me. Many other mothers (even my own) expressed that this sort of thing was normal or hereditary and even though it was tough to watch- everything would work out. In my studies with healing with foods, I knew that while it could be hereditary, keeping waste in her colon for an extended amount of time was NOT normal, nor healthy and that there had to be

a better way to address it. I brought this up with her chiropractor and she asked if we wanted to try a sample of an oil blend called Digestzen. We just put some on the bottom of her feet and waited. It worked! I felt vindicated, validated and most importantly empowered to be able to help my daughter using Mother Nature's gifts. I wanted to learn all I could about essential oils.

I knew right away these were going to change everything for us and I wanted to share with others that we have safer and more effective options too. I see my goals and dreams of childhood coming back to me full circle. I see that I can make the world a better place and can nurture and teach others. I can do it all! I can be home with my daughter and get my husband off relying on overtime and then help him retire early so he can sleep at home with us, every night. That's why I'm doing this and anyone else can too.

## **8. Kathy Marvin Stubbs -**

have always loved helping people and believed the body can heal itself if given the right tools. I started my career as an RN but after a while found myself overtired, discouraged with the fact that nurses aren't really the ones to care for patients these days and that there was no deeper delving into health and wellness with patients. In truth, in the hospital setting there just wasn't time for it but there was always 10 more mg.

If their cholesterol went up....10 more mg; if they had chest pain...10 more mg....on and on. And I hated it. I really wanted to learn more about holistic health and wellness.

Then my third child came home from Guatemala. He was been sick as a baby with frequent asthma and respiratory infections. When he was

sick he would be sick for weeks at a time. He has gone into the ER twice by rescue and one trip as he lay limp on my lap in the back of the ambulance and I could see his heart rate was over 190, they pulled over for the paramedics to get on board thinking they were going to have to incubate him before we got to the ER.

Can I tell you in that moment I didn't feel like a nurse with years of critical care experience behind me? I was a mom who was a wreck over her baby trying not to lose it.

He basically gave me the excuse I needed to leave nursing and stay home with my kids. During those years I explored lots of holistic options for my family, became a reiki master, energy medicine practitioner and graduated from IIN.

While I was studying at IIN I met someone who introduced me to essential oils then doTERRA. I knew in my gut it was something I wanted to try for my boys and my daughter's issues academically and socially related to difficulties with focus and attention.

I enrolled without even going to a class or experiencing them. I can honestly say now when my kids get sick I feel empowered to take care of them...even if it's the middle of the night or a Sunday. It doesn't matter. my son's last respiratory infection required NO steroids, NO ER visit, NO nebulizers every 2 hours. In fact, none of my kids have had a sick visit since we started using doTERRA oils.

This past school year my daughter had the best year ever and finally had papers with 100% on them all over our fridge. that did wonders for her self esteem.

Now, what I love most is sharing the idea with other moms that they can be empowered to care for their kids in a natural way. I also love that sharing what I love is putting me on the path to reach my other financial goals of being financially free without having to work nights, weekends and holidays instead of being with my family. You can do what you love, make a difference, work with amazing people and make money all at the same time.

## **9. Heather Collins**

My story of being a part of Doterra's team has been the most rewarding thing I have done. It started about three years ago when I was pregnant with my first child. I was in labor for 48 hours and my body started to digress and swell.

I really had no choice but to have an epidural and have my water broken. I know I was very blessed to know have an emergency c-section.. I was praying so hard and I know God was watching over me and my baby girl. After that hard struggle of bring my sweetie in the world my milk production was delayed and my whole body seemed to be out of whack.

I wanted to know what I could do differently. I grew up with a grandma who knew a lot about essential oils. I thought she was crazy but she gave me Lavender for my feet to help my aching feet after I danced, To this day my grandma is still well and alive I know it is because of the oils. She was looked at someone who was crazy and weird but she is still using them today!

I then got pregnant with my second child. I had no energy, My sickness was not bad but had my moments. I had low platelet count in my third trimester and again researching and mainly focusing on preparing for delivery I was looking at all the oils out there. I looked at Doterra oils and I was very interested but was not able to get some of the ones I wanted. I didn't know anyone selling either. I tried to get the 100% pure oils off of ebay.

I smelled them but didn't apply topically, My baby boy came fast. I was in active labor for 8 hours. With the help of the midwife she knew of a aromatherapy cream to help me not swell so much and she put it on me and instantly I was ready to go. I was sold. I looked a little more into for another year and then with financial obligations, I was unable to pursue more.

Then the beginning of this last year I was in Hawaii and met [Heidi Burgoyne](#) and [Rachell Brinkerhoff](#) and I so excited to learn more of Doterra. I was trying to make the decision to be a consultant or not for like a month. I had dreams of helping people and I had dreams of changing the sickness around me. I think the one thing that I decided to share and learn about oils is that my husband was sick for a week I had not EVER see him so sick.

I was so worried and I wanted to make it go away. With the samples that I received from Rachell Brinkerhoff I was able to not get the sickness. I was ready to sign up. I remember this feeling of excitement



and I knew I would miss the Doterra experience train if I didn't hop on it NOW. I did.

Now starting the business I have found there is A LOT A LOT of business to learn whether business side of things or educating yourself on products but I have loved to have someone right there to help me along. Thanks to all of the several team members with their help and guidance. I have had a great time contacting people at my gym and doing classes there. I feel sometimes that my introvert self seems to be disappearing.

I believe it is because I have a passion to share this amazing thing. I know lives can change because I have seen it again and again with my and my families lives. I tell myself just two just got to find two new people follow up two everyday and I seem to be doing good. I am going hard in strong and not focusing on numbers because that makes me more pushy in a sale and I have seen it just make people so uncomfortable. I find the best tool is experience and having them smell a bottle or giving samples.

The hardest is getting contact information because it is usually they are busy and walking out the gym door or I don't have anything to write the number down...I have learned that cell phones are very unreliable and hard copy is better than tech copy.

My goal is talk to some spas around here. I have some friends that work at several to show them the benefits and strength of Doterra oils.

When I got my first check I felt like I finally am doing my dream to help people and making them feel so much better. Being in the business has taught me how fast I run doesn't matter, what I do to prepare for the run does. If I have samples, websites, and presentations to show people the amazing Doterra essential oils I feel so empowered and want them to feel the fire of knowing how to protect my family and be a more productive person. It feels so amazing to be apart of this great cause around the world!!

## **10. Christine Timmons**

Seventeen years ago, my life was turned upside down as I went into premature labor with my second child. Born at only 28 weeks, she had C.P.R. For four minutes and managed to stay with us, but not without complications. At the age of one, we were hit again with the diagnosis of cerebral palsy.

The first years were rough with many appointments, therapies, over 40 surgeries and medication after medication that only seemed to make things worse. With each surgery, I watched as what was promised to be the miracle surgery turned into a nightmare.

Finally, at the age of 13, as we were just managing to walk with a walker for five minutes at a time, an orthopedic surgeon told us she needed yet another surgery. This outpatient surgery turned into one of the biggest mistakes of our lives. My daughter, Taylor, ended up in ICU for two weeks with tubes in her stomach, and unable to be stabilized.

The medicines they were giving her were causing her to be very sick and hallucinate. She required two blood transfusions. I prayed that God would just let her go to put her out of all the pain she was going through and had always gone through.

Her life was never the same. She lived in pain for the next 4 years and couldn't even move on her own. She lost all hope in life and became very sad and depressed. At the same time, my husband was deployed to Iraq and his vehicle was hit by an IED and he was sent home for surgery and suffered from nerve damage, tremors, a TBI and was seeing floaters.

Finally, three years ago, at the age of 15, Taylor began having uncontrollable seizures. She was having hundreds a day. No medicine was working and she had terrible side effects from each including nausea, hallucinations, anger issues, and the worst side effect yet, a condition called Stevens-Johnson's syndrome.

The medicine was causing her skin to burn from the inside through to the outside. This was the last seizure medicine we allowed them to try. There had to be a better way.

Between all the seizure medications, side effects, and seizures themselves, our little girl was no longer herself. She became violent and started having fits of rage. I was now a prisoner in my own home constantly covered in scratches, bites, cuts, and bruises. I searched and

searched for natural ways to solve any of these problems. We started with a complete diet change, which was rough. We have five children so the whole family had to change the way they ate. I ran across information on essential oils and thought there was no way it could possibly help with all this craziness.

I tried a few brands from Down To Earth without much of an effect. This is when I received an invite to our first doTERRA class. I was honestly not expecting to buy anything, thinking my life was just over. I remember considering several times to just back out and not even attend. As I was on my way out the door to go to the class, Taylor had a meltdown.

I went to the class with scratches, bites all over my stomach and bruises. I covered them up and went in with a smile trying to fight back the tears so no one would know. It was nice to actually be with other adults for the first time in years and I left with the biggest kit we could afford at the time praying that it would do something, anything was better than nothing at this point! Now, three months later, the seizures have gone from hundreds a day down to three a day by using Frankincense,

balance, serenity, whisper, and doing the detox and taking the DDR capsules. Her anger is mostly gone. We have had a few flare ups, but nothing like what it was and it is typically when I try an oil that effects hormones without realizing that it effects hormones.

She is still feeling different at times, like she is going to have a seizure, but doesn't. We have only been experimenting for a few months, but hopefully we will get it all figured out soon. She asks for the products often. She knows what she needs when she starts feeling bad and insists on having lavender in her diffuser every night. She has started back to therapy and is making progress due to the fact that her pain is being managed with lemongrass and past tense.

She tried to crawl this past week for the first time in six years and even stood in a standing frame. She is talking more and actually smiling for the first time in years. It has been a miracle. My husband has also started using the products frankincense and serenity along with DDR Prime and the Lifelong Vitality Pack to help with his tremors.

I began building a business with doTERRA in hopes of reaching out and connecting to other families that are struggling as much as we have. If I can help them, by teaching them about using essential oils, and at the same time give them the opportunity to provide an income for their family while being able to be home and care for them, I would feel so blessed. I hope I can change the lives of many the way our lives are being changed!

## **11. Mindy Blake - Georgia**

For several years, I worked for a staffing company, which, while there was a ton of pressure, I absolutely LOVED helping people find work and employers find employees. I was not just good at this position, I literally rocked it! In the back of my head I kept thinking, "man, I love helping people but I wish there was something that I was able to do that helped

people and built a business for myself instead of the companies." For several years I continued in this position being passed up for promotions and raises because "you are just so good in your position and paid so high right now, that we can not afford to have you switch. Our customers LOVE you and our employees talk freely with you and you know staffing like the back of your hand!" For me, it was the most double edge sword statement and I felt stuck.

One day, I met with a gal and she started telling me about essential oils and how she has actually replaced her 40hr plus a week job with helping others learn about natural solutions part time. I thought to myself okay that is pretty cool but seriously, they are oils! How is that even possible?! After a year and a half of my friend saying I should totally try essential oils, I decided I would give the oils a fair shot. I knew if I was going to truly help people, I had to KNOW that these really weird oils worked.

I used the oils for literally anything that happened in my family...I became so passionate about them because of the crazy fast results we were having that I KNEW I would LOVE sharing and helping others learn about essential oils! The most awesome thing about figuring this all out though was the fact that I knew if I was able to see such success than anyone could have the same success if they wanted and they too could become passionate about essential oils.

I truly feel that I am living my dream of constantly helping others while always having the time and financial freedom to be with my family. Literally this has blessed my life so much and really, I know it can bless anyone else's life who is looking for the freedom of time and money, even you!

## 12. Janelle Huffman Waipahu, HI

Well about over two years ago [Christina Arndt](#) and I would get together at a local playground so that our kids would burn off some energy. In the meantime, we became friends and she invited me to a oil class given by [Brandi Burdine](#).

I was pregnant with my third and I was leary to try something new, while pregnant. Although I was skeptical, like most of us in this group I was tired of the endless doctors visits for every little snuffle, the time spent there and at the pharmacy. Wasn't there an easier way of helping my family at home in a more natural approach? After using the kit for a year and a couple more classes and encouragement from [Shawna Bielmann](#) and seeing the quick results for the everyday issues we had...

I started sharing my new found love with friends and family. I really like to be able to help simplify other mom's lives or share each other's stories of what works with our kids and what doesn't. I never thought of this "sharing" as a business, since we already had a family business going and The Lord was blessing it! My doTERRA story and business I think had grown, due to the oils delivering, people being dissatisfied with our current health care system and my love for wanting people to see the benefits to their daily lives! At this moment I try to stay grateful for all The Lord has done, work hard in whatever He has and take things one day at a time. Sharing the oils has many residual benefits!

### **13. Catherine Jeffers Schlabach**

So I finally got my story written since hubby took the children out for the morning. But I feel kinda small posting mine. I'm just starting out so my story isn't near as powerful as y'all's.....yet.

When we first got married, my husband and I dreamed of the day when we would have a small hobby farm. We would raise and home school our children, grow our own pastured beef, and my husband could have a mechanic shop and overhaul tractors in his free time.

It was a wonderful dream full of lazy Southern afternoons and sweet tea. But then reality hit us. Being a self employed mechanic during a struggling economy proved to be too much for us. So when my husband was offered a good steady job working for a local feed mill, he took it. Steady income meant the ability to plan financially for our future. But now our reality included him working away from home every day and we simply had to accept it.

As a naturally minded mom, I've always struggled with using over the counter meds with my children. Every time I'd pour the Tylenol or antibiotic, my heart would sink. All my efforts of healthy eating and toxic free cleaning were great, but in my child's time of need I pulled out the synthetics. So when I was introduced to doTERRA Essential Oils, I was ecstatic! An effective, natural solution for our needs was in my cabinet. I was prepared! I was empowered!

But I never thought of doTERRA as a business. I've sold kitchen products in a multi-level marketing company in the past and I just don't have time for that again. The work needed to actually turn a profit isn't worth it for us during this season of life. We're on the brink of building



our first home and are saving every single penny so I wasn't going to waste our money on another business venture. But out of curiosity, I asked a doTERRA wellness advocate how the compensation plan worked.

He gave me a quick overview and I went home that night thinking, “good. I can just sign up a few people and just pay for my kit”. Then the next day I got three phone calls about Essential Oils. I started telling people how great my results were. I started letting people try a few I had. And then I realized that I WAS working the business. I was sharing. So I started looking into the numbers and my mind was blown.

This wasn't just MLM like I'd been involved with in the past, this was residual income. I wasn't taking peoples money for a product or trinket, I was empowering them as I had been empowered. And I can do this from home! I work while cooking dinner, while at a play date with my children, while having ladies over for coffee, or while chatting on Facebook. I need doTERRA essential oils and so do the people I come in contact with, so I share! I hear a friend's child has an ear infection. I call, take over a sample, and call to see how her child is doing. I would do this whether I was a Wellness Advocate or not because I love helping others.

But now that's what I do as my business. Even though I'm just getting started, I know my future is bright. The more I share and plant seeds the greater my harvest will be. doTERRA has changed our families reality. We are talking about that dream again knowing its closer to fulfillment than we ever thought possible. Financial independence and the ability to live together as family all the time without having Daddy be absent most of the day is in our future once again, along with much more. We know that in a few years we'll be inviting folks to stop in on a

lazy afternoon and sip on some sweet tea with us, all thanks to doTERRA essential oils.

I love sharing what I know with others and would love to show you how doTERRA can change your reality like it has ours and empower you, not only in your families health, but in your families financial future as well.

#### **14. Colleen Lela McCintosh - LeGrand, OR**

Not many people were aware of my chronic shoulder pain that started in high school and went on for 12 years. I quietly received acupuncture, physical therapy, massage therapy, body talk sessions, surgery to repair a damaged rotator cuff, even chiropractic 3-4 times a week for 8 months! I saw multiple general practitioners that all had a different reason for why I hurt

Apparently I used muscles that helped the pain while I ran and worked out, so I couldn't go one day without running, yet the more I did, the more it hurt when I stopped. I slept on a tennis ball under my shoulder blade to control the pinching sensation that was always present. Ibuprofen maintained it for a while, then I came up with any excuse to get something stronger.

I rejoiced when I had tooth pain because I knew Vicodin was soon going to be in my hands. When that didn't affect me anymore and I had such trouble sleeping that I was in tears before going to bed, then I combined that with NyQuil that I kept hidden in a cupboard so no one else could see. I became depressed and for many years had very poor thoughts about myself. This led to, on top of everything else, not being able to end a night after work without having a drink. The ultimate low was when those I loved were asking me to consider antidepressants. I

held onto this prescription for a while before filling it, and when I did, I had no more extreme lows, but there no high times whatsoever.

When I had the opportunity to take my dream job working at the San Diego Zoo, I jumped at it and with the support of my husband, I moved there for 4 months.

I was able to stay active and I was social and great at meeting new people, so I wasn't looking for a solution to my 'problems'. But since I was always looking for the next activity to take part in and stay busy, I was excited to be invited to a natural health event. At this event, my heart and mind opened up to the possibility of happiness. For the first time in years, I was able to sleep by putting Lavender on my feet.

Within a year, I was able to get off of my antidepressants, ALL minor and major pain medications and other unhealthy sleep assistance. I now come home at the end of a work day to do doTERRA and choose not to have a drink because I need to concentrate on others and the business. That is empowering.

The pain I can deal with, the pain I can hide. But the best part was the healing of my mind. Stepping outside of myself and caring about others was where the true healing took place.

## **15. Tammy Freeman - Espanola, Canada RN**

For as long as I could remember, I wanted to be a doctor, a 'cardio-thoracic surgeon' to be specific. I wanted a career in the medical field. I went to a very good university in our province in the hopes of securing

my future and helping others, teaching them about health and fixing their poor health. This was not to be...but I did not stray too far. I became a registered nurse! Through school I felt at peace with my decision.

I was teaching my patients, encouraging them to be healthy, and fixing them when they were sick. I felt great about being a nurse and about our health care system (I am Canadian!).

Then came our first born; bliss! Little did I know, I was to become a patient of the very system I held in high esteem. I was diagnosed with post partum depression! It was nothing less than hell...for me and my husband and our baby boy!

I did not want meds...after all only 'crazy' people take 'those' meds. So I went to counselling and started feeling somewhat better. Baby #2. Depression even worse! I had to take time off work soon after returning from my year long maternity leave.

The psychiatrist started me on an antidepressant, an anxiolytic and a sleeping pill...all in the name of fixing me. I started in counselling again (funny because the doctor questioned why I did that!).

My husband was working full time and going to school part time to become an Advanced Care Paramedic...I saw him every second weekend. I got 'better'...but I got numb! I stayed medicated had a miscarriage...and slipped again into a minor depression. Imagine our surprise when baby #4 was announced...or our chagrin!

We were terrified about the future. We knew what would happen if I came off my meds (only antidepressants at this point...the highest dose of this kind...which I was weaning myself from) so in conjunction with

my midwife and doula, I maintained my meds at a lower dose. A healthy baby girl to add to our 2 boys! I was riddled with guilt about being on medications through the pregnancy, and just in general.

I was off on yet another leave from work due to my mood and feeling totally hopeless for the health care system and how it was failing me, a nurse, who 'knew' what to do and how to get what she needed!! If it is failing ME, it must be utter misery for non-medical people.

So, with my increasing dissatisfaction with my life, I was searching for a way out of health care. Half-heartedly...I wanted to stay because I wanted to help people!!! I looked at other home based business, but none spoke to me and to our family's lifestyle.

I read many blogs, followed many natural health and whole foods advocates, so I heard of essential oils. We used them for cleaning but that was it.

A friend told me about an expo where there would be a person talking about essential oils. I had only read about doTERRA at this point. I couldn't go because of my schedule. I contacted the organizers and within a couple of weeks I was enrolled.

I didn't even realize what these oils could do! It took me some time to realize it too. I am a builder just slow going! I fight daily with my anxiety...crippling some days! During a very bad day, I grabbed Serenity and Balance and put 2 drops of each in the palm of my hand and rubbed my neck, my temples and inhaled oh so deeply and slowly!! Within a minute, I went from anxiety so bad where I could not breathe, my guts were on fire with pain and my heart seemed to be

pounding...to where I could and my pounding heart resolved. Less than a minute later, I felt 'normal' again! This was by far my most powerful experience with the essential oils. I had other experiences, but this. THIS!!

I felt empowered! I felt powerful!! For the first time in years, I felt hopeful again! This took me from a stated builder, to a convicted builder!! My philosophy is "if you are not part of the solution, you are part of the problem"...and opting out is not an option!

With all that said, I've always wanted to teach people about their health and to empower them to make educated choices! It was not too long ago that we knew how to care for ourselves and were much more resourceful. I want people to feel strong and confident about their healthcare choices...and understand there are choices beyond what comes from a doctor's office.

I want people to know that 'modern medicine' and natural solutions can be symbiotic, and not competitors.

What I've found with doTERRA is that I can bring my years' training as an RN, with acute care skills, and complement that with natural solutions...real solutions, for their health concerns! I am feeling hopeful again when I teach people about caring for themselves...it goes beyond pills, and starts with them. Enough looking for external answers...I speak from experience!

## **16. Chris Kirschbaum Pleasant Grove UT**

You may have experienced how essential oils help ear infections and heal scars...

But there are numerous times in most of our lives where we experience depression and lack of energy. Therein was my greatest health challenge. Against my better judgment, and with great hesitation, I decided to try doctor prescribed medication. It was a needed break but was accompanied by many side effects.

Because of the adverse effects, I was determined to find an alternative. This was difficult because like so many other prescriptions to stop taking them it had to happen slowly. I began supplementing with vitamins, full-spectrum lights, herbs, and more vitamins. I knew there had to be a better natural way for me and I knew the side-effects of prescribed medicine were definitely not worth it.

Then I learned that aroma therapy and essential oils for mood could be effective and were natural. At first I thought something so simple could not have that much of an effect. I also was really curious about taking vitamins with essential oils in them which I had never tried. At the same time I had pain in my back and knees. Despite my skepticism, once I started the LifeLong Vitality vitamins, I immediately noticed less pain and also more energy. I also started using Balance and Elevation and Wild Orange and found they helped my mood and energy. The oils along with the vitamins gave me the upliftment I needed.

At the same time I was looking for a way to supplement my income without working a 9-5 job which I was definitely allergic to. I love learning and sharing about the oils and soon I was teaching about them and helping others to do the same. I truly believe every home should have the basic emergency oils and know how to use them.

This empowers all to take responsibility for their own health and act in their best interest and use the essential oils as their first line of defense.

My job now includes keeping myself uplifted so I can uplift others because when I am healthy, I am happy. Helping others maintain their health and teaching natural health practices has become my passion.

## **17. Holly Haner-Lo - Canada**

A year and a half ago I found myself in serious debt with my storefront business after a long winter of ongoing illness for myself and my youngest baby. I was exhausted and discouraged to see my dream going down the drain financially. After several miracles with our health, last August I decided I would give this a try added to my struggling mom & baby store. In September with the spontaneous help of my hubby, we enrolled 8 people in a day and a half! Lol. My snowball was rolling. I continued to push thru in spite of still trying to balance two small kids, a struggling marriage, a retail store, and professional classes as a doula & prenatal educator.

By April I was burnt out and took most of the month off from mentoring my team (with the amazing support of my leader [Dawna Toews](#)) in May I began the process of closing my store and went full time with DoTerra as a Silver at that point. I started saying no to the



many little extra commitments that were just cluttering up my time. I started mentoring my leaders fully and watched my team expand and flourish! I've been able to slowly pay down my debt along with paying for my sons private Christian school, which we wouldn't have afforded otherwise. Now a year later I'm a Gold Canadian Founder, doing diamond club, and blessed with an amazing team! I can't wait to see what else we can accomplish this year (besides having baby #3!) and I'm loving seeing my leaders experience financially and physical healing with this incredible company.

## **18. Emily Hauck Foley**

I am a runner! I love to run to reduce my stress and clear my mind. My training leads up to my goal of a 1/2 marathon. After each race I reward myself with a massage from any convenient place that can get me in! My friend had recommended that I go see [Shannon Griffin](#) for a massage. I went and honestly don't know that I had ever felt 'better' after running a race! Come to find out I had dōTERRA oils on me! I was then invited to a class and honestly thought I was going to learn how to clean with oils. Instead it was about how to stay healthy. The oils intrigued me and after much research (by myself as well as my sister) I decided to get the Family Physician's Kit (and so did my sister!). I honestly never 'saw' myself selling these amazing oils. Instead, I have found I love sharing about all the amazing benefits these oils have brought to my life and for our family!

## 19. Diego & Mariela Helleywell

Like many people, I've had several career changes over the time I've been out of high school working as a cook, a wedding DJ, a lawyer, and most recently a medical sales rep. The one thing I consistently found frustrating with all my career experimentation, as exciting and challenging as it was, was the fact that I wasn't able to find a good balance between making a living and making a life, spend the time with my family doing the things we wanted to do.

As a restaurant professional or a DJ you work nights and weekends, as a medical sales rep you work whenever you're called from the hospital, and as an attorney you do nothing but work. Now I'm not opposed to work, I was raised by good parents who instilled in me a very strong work ethic, and it has served me well. But I wanted something other than the usual 9 to 5, or 9 to 9 that I was used to doing. I've also always had the nagging desire to actually be one of those people who is helping the world become a better place as opposed to someone who is contributing to the problem (cough lawyers...)

Then I found doTERRA, or rather doTERRA invited itself into our home, and everything started to change. From ear infections, digestive issues, chronic migraines and most recently treating our son with a rare bacterial infection that didn't respond to any antibiotics. Not only did we find safer, more effective, more affordable solutions to our everyday health concerns, but I also started to see a road to a better work/life balance, to financial freedom, and to working when, where and with whom I really wanted.

I work hard because I can see that what I'm doing is actually making a difference. It's helping those to who I teach natural solutions, it's

helping the friends of mine that support us to achieve their goals, and it's helping me and my family become the best versions of ourselves. We are making a difference, and it's easy to see.

I'm excited about the future, I feel better, I have more energy, I love the work I do and the people I work with, I have a better relationship with my wife, I have more time to be home with my kids while they're actually awake, and I'm not afraid about tomorrow.

## **20. Leilani Mercado**

I remember the first time I heard about doterra, I was sick and my uncle had said "call your dad he can fix you up." Now, if you know my family we all love to play jokes on each other. I laughed, and thought, of course he could. It didn't come up until about three months later when we had a family bbq. I wasn't sick, but pregnant t at the time. I remember saying out loud that I didn't like taking my vitamins cause I had a hard time taking pills.

Again, my uncle had looked at me and said "talk to your dad." I was a bit confused but thought nothing of it. Time had passed and I gave birth about three months later. I had the hardest time producing milk for my newborn. He had dropped over a pound in weight, I was constantly nursing him, I was stressed cause I kept blaming myself for not being able to produce anything. I took fenugreek pills, ate more, drank water, and tried "milk cookies." Nothing worked. I remembered about how my dad could help me so I started doing research.

I researched on everythingessential.me for weeks. I was so caught up in researching it that by the time I was ready to try it, it was too late. We made the decision to switch to formula because his weight concerned

us too much. I told myself that the next time I needed help I would ask my dad right away. My daughter has always had digestive problems since she started eating table foods. I changed her diet, had her drink lots of water, and completely took out all fast food. It wasn't until one day she was using the restroom that I will never forget. She was shaking, sweating, and crying because she couldn't go.

That was it, I made a doctors appointment and finally got help. Her doctor prescribed her Metamucil and I was instructed to give it to her three times a day. We went home and of course the first thing I do is give her a dose. She hated it. She drank the first one but the second and third time she had to take it that day, she refused. I was back at square one.

After about a year of hearing about "how my dad can help," and that my dad can "fix" it, I gave in. I skipped the research and went straight to my father. He had recommended digestzen. It felt like weeks before it came in, but when it did I was honestly excited. My daughter was like clockwork on when she would have a hard time using the restroom. I explained to her that it's oils and it's going to help her use the bathroom. I promised her. So I rubbed it on her stomach, and her drink one drop. Within what seemed like seconds, she went! She looked up and smiled and said "I pooped! It didn't hurt mommy!" I was so relieved. From that day on I ordered more, got more oils from my dad, did research, and got doterra in my life.

I'm happy to say that all OTC medicines are out of my house. I know my story is long, but I want people to realize that it does take time for some people. Don't give up and let them come to you. I absolutely love this company, products, and what they teach as a company. I can

honestly say doTerra has changed my life, and I can't wait to share it with the world.

## **21. Jeremy & Melissa Branske - Las Vegas Nevada**

We have six beautiful children and it seemed as though we were spending more time in the doctor's office than anywhere else, myself included. We have two children with Asthma and weak immune systems, one with night terrors, one is borderline ADD, and one with Eczema. Not to mention I was on 10 medications for various things such as Migraines, Pain, Focus, and sleep. It got to the point where we asked ourselves if there were any other options out there. We wanted to stop spending countless hours at a time in the doctor's office and countless amounts of money on co-pays and prescriptions.

So we started using doTERRA November 2012 after many long hours of research. Mind you I was still very skeptical as I come from a medical family, my mother is a Nurse. Modern medicine is all I have ever known to work. My thoughts were how are something you call an "essential oil" going to make me feel better and get me off of my prescriptions. I am a man, I will not use "essential oils," I don't want to smell funny. I did not want to get my "man card" taken away . But I was desperate enough, so I gave it a try.

About a month after we purchased the oils we started seeing Miracle after Miracle in our own home. No more inhaler, no more night terrors at 3am, I was having less and less migraines (I had about 1 every other day before), Skin blemishes would disappear in 24 hours, fevers broken in less than 5 minutes, ear infections gone in 24 hours, and grades started to improve in all of our children (straight A's). So we began to believe that these oils may just be the answer we had been looking for. So my wife began to share with others. Coming to current date of

September 2014 our children have not been to the doctor for any reason other than well checks.

She comes to me one day and says that she wants to try doTERRA as a business. I said there is no way I want something else on my plate. I don't have time to go out and try to sell OILS. I already own an insurance brokerage and I am a Valet Supervisor at one of the largest hotel casinos in Las Vegas. Where do you expect me to find time to do this? I am working over 100 hours per week between the two. I never see my family. I am missing events with them left and right. She tells me that she will start it and let's see what happens.

She really wants me to quit my job so I can be home more. So I agreed. Give it a shot I said. About a month later she qualified to go to the Elite retreat. Somehow I was convinced to go. That was January 2013, and after you spend 4 days with Alysse Sedevy there is no way you cannot believe that this business won't work. So we came home and went to work. 60 days later we achieved silver rank, which began to give us a residual income. We have not looked back since.

January 10th 2013 I stopped taking all my medications and went completely natural with doTERRA essential oils. I rarely have a migraine, my pain level is almost none, I sleep better and wake up feeling rested, I have more energy than ever before, and I have recovered from two knee surgeries without the use of ANY RX or OTC medications.

Unlike my Insurance business, doTERRA offers many rewards outside of the money. We are truly helping people get healthier, get off medications they have been on for many years, move joints that they have not moved in years, stopping asthma attacks, and so many others. There is an internal reward that comes with what we do. We change

lives! We empower individuals to take control of their health. We educate thousands of people on how the earth has provided all that we need to stay healthy and keep our bodies clean of harmful things. I am finally able to hold my head up and walk proud because I love what I do. I have found my passion. Something I am truly good at, that I never thought I would do in a million years.

March of 2014, one year and 2 months after we made the decision to do the business, I left my very good paying job on the Las Vegas Strip and I'm in the process of selling my insurance company. I am now fulltime with doTERRA doing something that I absolutely love doing every day. How many people can say that they love what they do? That they get to educate people on how to change their life for the better. I now spend more time with my wife and kids in a week than I did in a year. We get to do and go where we want, when we want to. You can't put a value on the time you get to spend with your family and thanks to doTERRA I can now do it.

The best part about doTERRA is that we get to share these amazing products and opportunity with everyone. We take every opportunity we have to empower others to take control of their health and financial future. It does not matter where you come from or what you do, doTERRA will help everyone in some way. It is my honor and pleasure to be a part of something so amazing and we invite all to join us on this life changing journey.

## **22. Crystal Clawson - Hawaii**

I suffered from depression for a number of years, and through it I'd managed to eliminate it from my emotional and mental facilities I hadn't even realized the physical ones. I met [Bill](#) and [Paulyne](#) at a North

Shore Chamber meeting and from there they started introducing me to DoTerra and the business. One of my first packages was the Healthy Inside and Out Kit.

Because as well as depression my skin was also not the clearest. Within a week I started noticing changes in my energy levels as well as my skin. I had so much energy I didn't know what to do with it, which was a jarring as well as enlightening experience for me because I'd spent so many years feeling the opposite. So becoming part of the DoTerra family has been a blessing for many many reasons. It's also improved my relationship with my parents which has been fantastic.

### **23. Sunshine Neolani Oschner - Hawaii**

A year and half ago or so I was at an Education Conferrance Event here done twice a year at Ala Moana hotel doing a dance gigg (I've been dancing for the past so many years since I was 4yrs. old from hula, to Hip hop, to becoming a professional Salsa Dancer in 2006 and represented Hawaii that year and 2010 as Hawaii's first Salsa Champions) well at that time I was dancing Hula I came out of the ball room, as an older guy was approaching me [Bill Stayberg](#) lol he asked "Why you limping?"

Ok first of all I thought he was weird because at that time I didn't know him and thought he was trying to hit on me, lol so I told him well I'm a dancer been dancing for years and have BUNIONS on my feet. We walk over to the couches that were there and he starts rubbing Deep Blue Roll on my bunions. Oh my ....even more weirder I thought he was hitting on me then he rubbed oil on my foot, lol.



Anyway, 2 mins later of him talking to me about the oils he asked, "so how is your foot?" I was at awe, because I almost got surgery on my foot when I was 24 but walked out of the doctor's office after I was told I had to stay off my feet for 6 months, but after the 2mins of Deep Blue there was no pain. He also gave me Past Tense for my Migraines, I would have during that time because I was in school Full Time as a Single Mom, finishing my Associates Degree.

So of course, I still thought he was weird, lol.....but I soon found out the lady who invited me [Paulyne Stayberg](#) this was her husband, so I was a little eased, lol. As I started using the products and got my own account wasn't fully into it yet but a week after that experience I used the past tense for a Migraine was gone in 2 mins, I was amazed!

A couple months went by and my 2 year old Ikaika at that time got sick with this bad cold so I called the Stayberg's and of course there's Bill again at my front steps (because I found out they live around the corner from me) they gave me a mixture of Eucalyptus and I think it was breathe, my son was done in 3 days. Here I started getting more amazed, then I got sick my sons cold, so I used the same mixture on me topically on my foot and chest, this too was gone in 3 days.

Was Amazed again!!!! Another month or two went by, 6 months later from me being introduced to the products in May I started taking the Life Long Vitality Pack. 2 weeks into taking it I had a (for me) every 6 months woman check up for a PAP Smear because they have found abnormal cells. I have gone 4 times in 2 years after my son was born, they would have to take a biopsy of the vaginal area ( which was not a fun experience for me, despite the tools were very horrifying to even

look at!!!) My previous visit to stop the bleeding they put iodine which got me really sick and nauseated ( not good).

But at this 4th visit I was told it had gotten worse and I found out it could be the first stages of CERVICAL CANCER which got me all skeptical about the LLV because I have been on it for 2 weeks, so I told myself ok I'm going to finish the bottles since I bought it. I went into depression mode for 3 days because of the bad news I was told. A month went by and the nurse calls me from the office and tells me your results are negative, in another words your ok.....I literally had to ask her 3 times!!! So my visit would be a year later instead of 6 months from now.

This experience has made me decide to want to share DoTerra and their products with everyone I encounter, the past year I have been doing doTerra Part Time while working 2 jobs and doing only 10 hours a week in May I reached Elite and this past July I quit my Office job during the week to go more Fully into doing the business....it's been a really tuff road for me but with much of the great support from everyone in my upline I'm finally on the road to hitting my Vision Board which I'm already doing, I'm going to this years 2014 Convention and I'm starting to Mentor my own leaders [Leilani Mercado](#) and [Naomi Hanawahine](#) am excited to watch them grow as I'm already seeing. Thank you doTerra for making my life healthier for my son and I and the great positive experiences that I'm watching from the people I share them with. Much Love & Alohas to All

## **24. Isabeau McMichael - Temple Georgia**

My story actually started a while before I started dōTERRA. Like all of you my family is my whole world, so naturally I was devastated in 2007 when my dad had a spinal aneurism which paralyzed him, and led to

many other health problems. Over the years I watched as his medications got stronger and stronger and he continually grew weaker. After seven long years of battling sickness, I lost my dad to antibiotic resistance.

I felt so powerless, how could medicine that was made to heal you end up killing you?? A friend introduced me to dōTERRA several months later. After educating myself on the amazing medicinal properties of the oils, I knew they would change my life, and that I needed to share them with EVERYONE!! It is now my passion and my job to empower and educate others on how to use the oils, and also earn a living. Through dōTERRA I have been able to stay at home with my son and spend more time with my family while offering people an alternative to prescription and OTC drugs which I truly believe saves lives!!

## **25. Sarah Lynn - Yoga Teacher**

My business story! I've always wanted to be able to balance it all -- a healthy happy family and being able to grow as an individual. I had 2 kids under 2 when I found doTERRA. It was a horrendous winter in Chicago (snowpocalypse) and it seemed like we passed the same cold around for months. The doctor offered us no comfort other than Tylenol, but it didn't feel right and didn't help one bit. I felt like a bad parent, and I felt like I'd failed. It was really draining my energy.

Enter Breathe blend and our lives changed. The kids showed relief overnight. I ordered the Family Physician Kit and became a WA, and for a record 6 months we have not had a sore throat, a cough, a sneeze. I recently advanced to Manager thanks to my leaders, and I've discovered so much more in myself since then. I am a Reiki practitioner and have found a really amazing effect in combining essential oils with

Reiki. [Sarah Longfield](#) and I are hosting a workshop this weekend about balancing the chakras with doTERRA oils and Reiki, and the response has been overwhelming so far.

So much excitement around it, I think this is going to be the start of something great. Already the owner of the workshop space has decided to enroll as a WA, and we haven't even had the workshop yet! I have been intrigued by AromaTouch since I found out about it! I feel the Reiki in my hands intensified by the oils, it's truly an amazing thing. I am so glad that I found doTERRA, it has opened so many doors in my life and can't wait to see what lies ahead!

## **26. Lynnea Lee Padgett - Rome Georgia RN**

My business story: Like most registered nurses, I chose my profession at a young age with the intention of offering healing to those in need. However, in the past few years I have watched the healthcare take a drastic turn in the wrong direction. Hospital reimbursement is based on patient satisfaction. Most patient satisfaction comes in the amount of medication one can receive during their visit.

As an ER nurse, I spend a majority of my time handing out prescription after prescription of narcotics and antibiotics when they are not necessarily needed. Scrape your knee and I will assure you that you can receive an antibiotic and narcotic. I've seen young children die because they got into their parents psych meds and teenagers intubated because they overdosed on pain medication they bought on the street. It's a sickening reality.

So, when I was first introduced to dōTERRA... I immediately felt the fulfillment I thought I would get from nursing - healing and educating

those with an all natural alternative. My family and I have been OTC and prescription medication free since December 2013. The business came natural and honestly unintentional.

## **27. Andrea Leigh - London Ontario**

We started detoxing our home and looking for alternative remedies when my son came along. As a baby he had horrible outbreaks of eczema. This picture actually makes it look very mild on his face (the bad days are much too heartbreaking to share). He would have full body outbreaks of open wounds that would leave him and me in tears.

We tried creams, steroids, allergy tests, fancy bandages to cover them and nothing resolved the issue. We moved to using friendly cleaning products, creams and personal care products and eventually mostly homemade products. The results have been awesome! He never has the open sores anymore and rarely even dry patches of eczema.

DoTerra has played an enormous role in finding these friendly homemade cleaners and creams that have improved our life and our son's more than I can ever express in word.

Fast forward 3 years, after using doTerra products for a few years a friend of mine ([Amanda](#)) introduces me to the business side of doTerra. Immediately I feel as if how did I miss this side of doTerra?!? I believe every opportunity presents itself to you at a time that is right for your life. For the last 3 years the retail products have been what my

family needed. Now my family is ready to take doTerra to another level.

Although my time with doTerra on the business side has been short it has been with the most inspirational team of people who are also excited about health. My growth as an individual and the growth of my dreams in the the last two month has been amazing. The joy I have from sharing the oils and wellness options with others is amazing.

I look forward to what each day with doTerra brings and how it is empowering me to achieve what I want in life and enable me to spend my time as I desire.

## **28. Amanda Hines Dumouchel London Ontario**

3 years ago I found myself really struggling with stress in my job and my health as a result. My dad had just passed away from Cancer and the knowledge of how stress played a role in his death weighed heavily on my heart and mind.

My hubbie and I were weighted down with my heavy student loans and working part time was just not an option. I missed my kids uncontrollably because when I wasn't teaching full time I was marking and lesson planning all the time. I've always had a passion for health and started to explore anything and everything in that related field. I was looking for something that might make my dream of working less, having less financial stress and spending more time with my babies come true. No matter how hard I tried I just couldn't get any momentum going and felt constantly disappointed.

A few months ago, while off on maternity leave with my third child dōTERRA found me. In just a few short months I've managed to make income, absolutely love helping people and see that 6 mths from now when I'm faced with having to go back to work, I will have a choice. This has been an incredibly empowering experience for me. I really truly love this biz. I love my team's support, I love how dōTERRA supports the livelihood of farmers all over the globe, how the oils connect people and how we have the ability to offer someone an alternative health option. Helping people feel better has been the most rewarding experience so far:) the past few months have been pretty joyful:) I'm sooo excited to see where the next few months takes my family. ok!

## **29. Christina Arndt - Hawaii**

For the past five years my husband and I have always been into natural- i went crazy and dumped all of our OTCs and switched them for herbs, and all of our cleaning and bathroom products left our house in a big box.

So needless to say when my friend called me 2 years ago to attend a class held at [Shawna Bielmann](#) house and taught by [Brandi Burdine](#) i said sure! Now, when I got there and listened to Brandi speak- I thought she was crazy, no way could these oils work as well as she said. But I bought a kit. As i was filling out the application Brandi kept telling me that I should consider doing the business, that my lifestyle fit it perfect. I brushed her off and said no, but she told me I would change my mind and here is her number. (i took it but thought, ya right lady..)

Four days later my kids got sick and I got my oils. I tried all of them that I could remember-- and it worked! My kids were over the cold in a day and me and my husband felt fine. It sparked my interest to look at the business plan--- and sure enough I called Brandi and joined the team. A month after i signed up I moved off island all by myself- to a town of less than a thousand, and never have taught a class in my life! I listened to the mentor calls, was reading oil info non stop and I gave it a shot.

A small closed minded town really put a damper on my drive and spirit. But my leaders told me I could do this, and I believed them. You never give up on a bad day.

Long story short, I held class after class with no one showing up-- then one person and slowly more would attend. I moved here 2 years ago with 3 people under me-- and those were family! Now I have over 250. People are interested, people want to know more, and they don't think of me as the crazy oil lady (well not everyone thinks that I pay our bills, can stay home with my kids and love were things are going. You can do this, nothing long lasting and worth it is easy! But one step at a time, and doing the same business building steps daily creates a snowball! I love my doTERRA life!

### **30. Jenna Marie - Temple Georgia**

Four years ago, I graduated from nursing school. After working in the medical field for 6+ years already, I wasn't sure at that point how long I wanted to continue in the medical field. After sitting for my nursing



boards and failing them, I was even more convinced that I'd somehow missed my true calling. I was devastated.

I felt defeated. And honestly, I felt like I had worked very hard but failed trying to fit in where I didn't belong. Don't get me wrong, helping people is my true passion, but nursing and the medical field aren't what they used to be. Growing up, I learned from my grandma things about being a nurse and helping people, and that is what I wanted to do. I wanted to be just like her. But nursing today, isn't what it was back then.

About 2 years ago I took a new job. I am still in the ER where I love it, but I have a role that is different. Last December I started to miss being at the bedside. I missed truly helping people and the reward that comes with that. It was at this time that I was introduced by [Nancy Densmore](#) to dōTERRA.

Within a month of signing up with dōTERRA I began to see people's lives change. I was feeling that incredibly rewarding feeling when I shared dōTERRA with people and saw the blessing it was for them. That feeling is what made me want to build a business with this company. I also feel so blessed with all of the new friendships I am gaining.

I am building a business with dōTERRA so that one day I can have financial freedom. I am close to the time in my life where I will soon be thinking about marriage and children. I would like to be able to spend more time at home with my family when that time comes. This is something that I know won't be possible working a full time job and 12 hour shifts.

I know a lot of nurses and medical professionals who sacrifice their lives and their family life to serve others in the medical field. I have seen the time they spend away from their families and how it has affected them.

I have seen them miss holidays at home with their family because they are required to work a certain number of holidays per year. I've seen them miss their children's sporting events, school gatherings and church events. They have to sacrifice being at their spouses side during their promotions or work parties.

Those are some of the reasons I want to be my own boss and make my own hours. I know that I can sacrifice now and have a better future with a business that I will build a residual income with, while truly touching lives. I will be able to bring my family with me to work. I will be able to travel and work. All of this and so much more excites me!

### **31. Laura Sharp - Canada**

As a newlywed in 1997, just 3 months after the wedding I had my 2nd carpal tunnel surgery and shortly thereafter, I experienced Reflex Sympathetic Dystrophy (RSD) that is a chronic nerve pain in my upper arm between my elbow and shoulder. After recovering from my surgery, I faced a second battle: excruciating, unbearable burning, and aching nerve pain 24/7/365. I was confronted with a life of never-ending pain. I tried almost every treatment available\*. Unfortunately, the area cannot be touch so no hands-on treatments could be tolerated.

My pain management team worked hard to help me find a solution, but every treatment you can imagine and then some along with the best nerve-pain medications, but they did not help. Narcotics did little to lessen the pain; they just made it harder for me to cope with life. I didn't feel the 1/100th amount of relief was worth the out of it feeling.

I was trapped in my body and desperately wanted out. I was in so much pain that I spent days, months in bed. I prayed for answers and for hope. I was missing out on life, my life. My husband and family could not comprehend how much pain I was in. I went from making an excellent salary to being on disability.

Referral to a pain clinic gave me training in pain management, knowledge of the mind-body aspects of pain, and tools to make desired behavioral changes and reach measurable goals. After much collaboration with my medical specialists, they determined the only two treatments left to try were a morphine pump and ketamine injections, both of which I rejected.

After eight years, it went into remission, just a dull pain. However, the sudden and very unexpected death of my husband and startling amount of debt he had hidden from me and then left me with, pushed my pain out of remission and to an all new high.

One day a friend suggested I try doTERRA essential oils. I immediately ordered the Family Physicians Kit and several other oils from her friend. The oils arrived and I mixed up the pain formula in capsules and put peppermint and water in a spray bottle, to help with the burping since I could not tolerate rubbing the oil on my skin.

I can say that these little amber colored bottles are my piece of heaven allowing me more relief than I have ever had before. I still have pain but instead of being a 10+ it is now a 2-3 which is manageable and has given me my life back.

I continued to research pain conditions and collaborate with medical specialists, but I recognized a piece that was missing for most people in

pain: ongoing support and teaching how to personally manage pain. A passion that passion burns deep in me has now replaced that chronic pain, empowering me and showing me how to break free and live beyond my pain and help others do so as well.

When I ordered my oils I was truly only looking for personal pain relief, I never envisioned it would become my business, helping me to pay down that mountain of debt.

\*Nerve meds, Pain meds, Biofeedback, Nerve Blocks, Hypnosis, 180 Trigger point injections, 2 Epidurals, TENS, Fluoromethane Spray, OT, PT, Chiropractic care, Pool Therapy.

## **32. Rachel McCash Cronin - Mississippi**

Last year, I became pregnant for the first time and my entire perspective on my health changed. I researched the best foods and diets, took classes and changed my workout routine. Gradually my diet changed to eliminate GMO foods and eat strictly organic. As time went on, my research lead me to look for safe medicines to take if I got sick and I discovered there were no medicines 100% safe for pregnancy. Sure there were “pregnancy safe” dosages, but I didn’t like the fact that too much of the same medicine could do serious harm and all the medicines had potentially dangerous side effects.

Frustrated, I thought there had to be a better way than just “toughing it out” or harm my baby if I got sick. Then, my friends shared some oil samples with me over lunch. I was a little skeptical at first since I never heard of using oils as medicine, but when I learned that the oils were certified pure, therapeutic grade and beyond organic, I decided to give

it shot. The oils did everything I expected and more, but still skeptical, I decided that I would use the oils first and if they didn't work, I would use conventional medicine. It's now been almost two years since I've needed conventional medicine. I feel so empowered that I've been able to take control of my health and the health of my now 11 month old son.

I have everything I need at home to treat life's little emergencies and because I've seen such an impact in my life with the oils, I decided to share and teach others that anyone can do what I did. Anyone can find their "better way" in health and even create an extra income through sharing it too.

I've always wanted to be in a career where I could help people. I went to college to become a physician and realized it wasn't the type of career that I wanted. Long hours, lots of stress, not much time for family. So I started to pursue other options. After I became a single mom, I realized that I was working full time, but was only being a part time mom. I wanted to find a way to make a living helping others, but at the same time giving my son the time and attention that he deserved.

### **33. Malaika Morris Burley Bradenton FL**

A husband, and 3 more kids later, I still hadn't been able to find anything to help me reach that goal. I was introduced to doTERRA by some friends at our church. It sounded great to me-"Stop a headache, with a drop of peppermint", but I was secretly skeptical. Until one day, I was riding in my hot car (AC not working) with my mom who suffers from MS. She started crashing and was asking for water and needed a fan to cool off. I didn't have one, but I remembered a story of someone

using peppermint on a hot day to cool off. So I had my husband quickly grab the peppermint, she immediately applied it to her forehead, and literally within a minute she perked up and her energy was restored.

She shouted "This stuff is amazing!". I knew then this would be the business for me. I thought if I could eventually reach my goals, helping other people by simply educating them on these amazing oils and still have time for my family, why would I not try it? It's so amazing to see the results that people are getting and to know that at the same time it produces an income for my family. The great thing about it is that now I have the opportunity to make a full time income helping people part time while being a full time mom. We are always looking for people that we can help do the same thing. Anyone can do this and you can too.

### **33. Mitzi Harden - Kansas**

I've always wanted to empower people to be the best at what they do. No matter what that was. To do their best no matter what they were doing. In the early 90's I studied Midwifery and apprenticed for 7 years.

I believed and still do that giving birth to my babies was not something I wanted to give control over to someone else to tell me how I had to give birth. I wanted to choose my birth experiences and I developed birth plans and taught others to do so as well. I taught CPR classes and also trained others how to be CPR Instructors.

I took it very seriously because their skills were a reflection of my training. From there I became a Massage and Lymphatic therapist. Fascinated with the Lymphatic system I studied in depth and made it my specialty.

Once again I wanted to empower people to take care of themselves and not rely on the medical system. (Truth is, with the medical system there are NO answers for the Lymphatic System) However, I could never find anything to help me achieve my goals financially. My motto has always been Healthy Fit Free! I could be healthy, I could get fit, but financial freedom wasn't coming through these vehicles.

As a massage & lymphatic therapist I used essential oils for my clients for various reasons but it wasn't until 2013 that I noticed a difference in quality! I was introduced to doTERRA's essential oils and was quite drawn to them!

I used them for about 10 months on my clients and it wasn't until I noticed the sebaceous cyst growing under my skin on top of my spinal cord was getting the size of a quarter that I decided to take an in depth look at what kind of oils doTERRA's were. So i discovered Oregano oil! Long story short...I know longer have a cyst over my spine and I felt empowered to learn more! Boy did I have a "light-bulb" moment!!

So I looked into the Company and loved what I discovered. I thought.....Man if I could educate other people and help them feel like I did....seeing that I can start this part-time and in 12-18 months step out of my job and be financially free....why would I Not do it?! So, I'm Doing it, learning the right skills to take my Passion to being Healthy Fit and FREE!

### **34. Christine Lybbert - Canada**

A little over 4 years ago I woke up with numbness in my right leg. At first I thought I had pinched a nerve. Imagine my surprise when; after

many docs and tests, I was told that I have MS. I was unable to return to the job I loved at a pharmacy. I really sunk deep into a state of despair as I tried to deal with the symptoms and pain. About 5 months ago I was introduced to dōTerra essential oils as an alternative to help my symptoms. I was just looking for some options when I found not only treatment that works for me and my family but also an opportunity to be involved again. A real plan to help make more income and better health. Now I love sharing the oils and helping others find solutions.

### **35. Tonnie Swartout - Yorktown, VA**

I just started with doTerra and began the journey hopeful but also skeptical if they would actually work. My husband hurt his knee while in Iraq and has had chronic knee pain for over 5 years. He has had 2 surgeries, lots of physical therapy, giant needles and was facing another surgery and possible knee replacement. It is hard to see someone in pain every day.

He has been taking the Lifelong Vitality Pack for over 2 months now and has seen a huge decrease in his pain as well as an increase in energy. Well, he went back to the surgeon who wanted to go over a recent MRI. He said he doesn't need surgery now that the knee looks better than it did in the previous MRI and that the cartilage was thin but looks like it is regenerating itself. I feel like we are just beginning an exciting new journey.