

COSMETOLOGIST EXAM SCRIPT

General Information and Blood Exposure Setup

On behalf of National Testing Network we welcome you to your blood exposure exam. Here are some basic rules.

- To remain in this exam, you must follow exam rules.
- No food, beverages or smoking are allowed.
- No talking is allowed.
- You need permission to leave the testing area.
- The exam timer does NOT STOP if you leave your station.
- Your stool, your kit and your disposal receptacles must be on the floor and underneath your assigned work station.
- Make sure your product labels are facing the evaluator so they can be easily read.

During the entire exam, you are being evaluated on personal and client safety, sanitation and infection control procedures. That includes maintaining cleanliness and strict sanitation while you work and sanitizing your hands at any point during the exam.

In a few minutes you will be told to begin setting up your workstation. After you hear the start tone, you will have 5 minutes, with a reminder when you have 1 minute left. Do not start until you are told to begin. This 5 minute setup includes your mannequin . . . your waste disposal receptacles. . your disinfectant...your blood exposure kit . . . and any other *general* workstation items that you wish to take out.

You should have plenty of time to perform this setup without rushing.

Your 5 minutes begin now. **(Tone)**

(Tone) 1 minute

(Tone) Time's up, stop working.

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Blood Exposure Procedures Demonstration

Introduction:

This is your blood exposure procedures demonstration. After the start tone, you will have 10 minutes to demonstrate a blood exposure procedure on the forehead or hand of your mannequin following universal precautions.

Your 10 minutes begin now. **(Tone)**

(Tone) 3 minutes

(Tone) Time's up, stop working.

Completely clear, clean up and disinfect your area.

If you are staying to take the following practical exam, please leave on your station any items you wish to use during that exam.

If you do not need to stay for the following practical exam, please packaging all garbage to take with you. You may not leave disposable materials or anything else in the facility. When you are ready to leave, stand back and raise your hand. An evaluator will check your area and release you to leave.

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General Information and Initial Exam Setup

On behalf of National Testing Network we welcome you to your licensing exam. Here are some basic rules.

- To remain in this exam, you must follow exam rules.
- No food, beverages or smoking are allowed.
- No talking is allowed.
- You need permission to leave the testing area.
- You must request permission to go to the restroom and sign in and out on the form in the room.
- The exam timer does NOT STOP if you leave your station.
- Your stool, your kit and your disposal receptacles must be on the floor and underneath your assigned work station.
- For each service, make sure your product labels are facing the evaluator so they can be easily read.

During the entire exam, you are being evaluated on personal and client safety, sanitation and infection control procedures. That includes sanitizing your work area before and after each service . . . maintaining cleanliness and strict sanitation while you work . . . sanitizing your hands at any point during the exam. You don't need permission to go get a broom and dustpan when you need it.

In a few minutes you will be told to begin setting up your workstation. After you hear the start tone, you will have 10 minutes, with a reminder when you have 3 minutes left. Do not start until you are told to begin. This 10 minute setup includes your mannequin - (not draped yet!) . . . your waste disposal receptacles. . . your sanitizers . . . your blood exposure kit . . . and any other *general* workstation items that you wish to remain out for the entire exam. Do **not** set up specific items for a service. You will be able to get in and out of your kit anytime during the exam without permission from the evaluator. You should have plenty of time to perform this setup and to complete each service in the exam without rushing.

Your 10 minutes begin now. **(Tone)**

(Tone) 3 minutes

(Tone) Time's up, stop working.

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Thermal Curling

Introduction:

Cosmetology services are about to begin. The mannequin represents a real person. The first service you perform will be thermal curling. Do not start until you are told to do so. First, you have 2 minutes to set up your thermal curling implements, products and tools. Do **not** drape your mannequin now. **(Tone)**

(Tone) Time's up, stop working.

You will have 5 minutes to perform a thermal curling service, with a 2 minute reminder. Do not start until you are told to do so. After the start tone, drape your mannequin and brush out the pre-curls. When the pre-curls are thoroughly brushed, use a curling iron to perform one off base curl on one side of the head, one on base curl on the top of the head and one half base curl on the top of the head. When you're done, clear thermal curling items from your station, clean up and sanitize your station. When you are completely finished, stand back and raise your hand. Leave drape in place for the next service.

Your 5 minutes begin now. **(Tone)**

(Tone) 2 minutes

(Tone) Time's up, stop working. Leave drape in place for the next service.

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Haircut

Introduction:

The next service will be a haircut. You have 2 minutes to set up your implements, products and tools.

(Tone)

(Tone) Time's up, stop working.

You will have 15 minutes to use straight razor to cut off at least 1" of hair that grows in the nape area, use shears to cut off at least 1" of hair that grows on the side of the head and use shears to cut off at least 1" of hair that grows in the bang area. You will get a reminder when you have 5 minutes left. Do not start until you are told to do so. After the start tone, undrape and redrape your mannequin with a cape to signify using a new clean cape on this client. Then wet and section all of the hair before starting to cut. Remove 1" or more of hair throughout. Leave enough hair length so that you can wrap it on wave rods later. When you're done, remove drape and clear all hair clippings from your mannequin, your station, and the floor. Clear haircut items from your station, clean up and sanitize your station. When you are completely finished, stand back and raise your hand.

Your 15 minutes begin now. **(Tone)**

(Tone) 5 minutes left.

(Tone) Time's up, stop working.

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Facial

Introduction:

The next service will be a facial. You have 2 minutes to set up your implements, products and tools for a facial service. Do **not** drape your mannequin now. **(Tone)**

(Tone) Time's up, stop working.

You will have 15 minutes to drape your mannequin and demonstrate how a facial is performed, with a 5 minute reminder. Do not start until you are told to do so. After the start tone, drape your mannequin. Cleanse and prepare the face for the facial. Perform a one minute massage over the face, demonstrating effleurage, petrissage, and tapotement. After your demonstration, steam the face, perform your finishing steps, then clear facial items from your station, clean up and sanitize your station. When you are finished, stand back and raise your hand.

Your 15 minutes begin now. **(Tone)**

(Tone) 5 minutes

(Tone) Time's up, stop working.

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Chemical Waving

Introduction:

The next service will be chemical waving. You have 2 minutes to set up your implements, products and tools. Do **not** drape your mannequin now. **(Tone)**

(Tone) Time's up, stop working.

You will have 20 minutes to perform a chemical wave, with a 5 minute reminder. Do not start until you are told to do so. After the start tone, drape your mannequin for a chemical service, wet the hair and section the entire head for wrapping. Wrap at least 4 chemical wave rods in the *center* section beginning at the top of the crown. Then, perform all steps necessary to prepare for applying chemical waving solution. When you are completely ready, stand back and raise your hand. The evaluator will come and observe you do two things only - apply the solution to all four rods and perform one test curl. Be completely ready for these steps. After the test curl, clear chemical waving items from your station, clean up and sanitize your station...then you will need to towel dry your mannequin's hair to the best of your abilities. Once that is completed, stand back and raise your hand-

Your 20 minutes begin now. **(Tone)**

(Tone) 5 minutes

(Tone) Time's up, stop working.

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Hair Color Retouch

Introduction:

The next service will be hair color retouch using either a bottle OR bowl and brush. You have 2 minutes to set up your implements, products and tools for hair color retouch. Do **not** drape your mannequin now. **(Tone)**

(Tone) Time's up, stop working.

You will have 10 minutes to perform hair color retouch services, with a 5 minute reminder. Do not start until you are told to do so. After the start tone, undrape and redrape your mannequin with a chemical cape to signify using a new clean cape on this client. Leaving the hair dry, section the head into four quadrants and perform a 1" retouch hair color on the front, right OR left quadrant. After performing the retouch, clear items from your station, and clean up and sanitize your station. When you're completely finished, stand back and raise your hand.

After the service, leave your mannequin draped and sectioned into four quadrants, and leave the protective cream on for the next service.

Your 10 minutes begin now. **(Tone)**

(Tone) 5 minutes

(Tone) Time's up, stop working. Leave drape, hair sections and protective cream in place for the next service.

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Virgin Chemical Relaxer

Introduction:

The next service will be virgin chemical relaxer, using a bowl and brush to apply the chemical relaxer. You have 2 minutes to set up your implements, products and tools. **(Tone)**

(Tone) Time's up, stop working.

You will have 12 minutes to perform the virgin relaxer, with a 5 minute reminder. Do not start until you are told to do so. After the start tone, undrape and redrape your mannequin with a chemical cape to signify using a new clean cape on this client. Then perform a virgin chemical relaxer service on the back left OR right quadrant and smooth the relaxed area. Do not call the evaluator to observe smoothing. When you are finished with the virgin relaxer application, clear relaxer items from your station, clean up and sanitize your station. When you are completely finished, stand back and raise your hand.

Your 12 minutes begin now. **(Tone)**

(Tone) 5 minutes

(Tone) Time's up, stop working.

Put away your mannequin head and set up your mannequin hand now.

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Manicure

Introduction:

The next service will be a basic manicure with polish. You have 2 minutes to set up your implements, products and tools. **(Tone)**

(Tone) Time's up, stop working.

You will have 20 minutes to perform a basic manicure, with a 5 minute reminder. Do not start until you are told to do so. After the start tone, perform the manicure. The mannequin hand represents a real person. To get credit for the steps you perform, you must maintain the hand in the same position you would when an actual service is being performed on a client. The massage portion of the service should simply be a one minute demonstration. Do not call the evaluator over to observe the massage. For the polish, apply a base coat, two coats of dark colored polish and a top coat to all five nails. After you finish the service, remove *only* the manicure items from your station, clean up and sanitize your station. When you are finished, raise your hand.

Your 20 minutes begin now. **(Tone)**

(Tone) 5 minutes

(Tone) Time's up, stop working.

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Clean up and Sanitation

The last part of your exam is to completely clear and sanitize your area. That includes sweeping all debris from the floor and packaging all garbage to take with you. You may not leave disposable materials or anything else in the facility. When you are ready to leave, stand back and raise your hand. An evaluator will check your area and release you to leave. You will be evaluated on how clean you have left your area.

Your test administrators cannot answer questions about how you did on today's exam. Within one week, your exam results will be posted on your online account page and you can access them with your user name and password. Your scores are not going to be sent to your school. The Candidate Information Bulletin has information about how you get your license once you have passed. Begin cleaning now. **(Tone)**