Stage Zero RRNW/PSU Workshop









Purpose of Talk

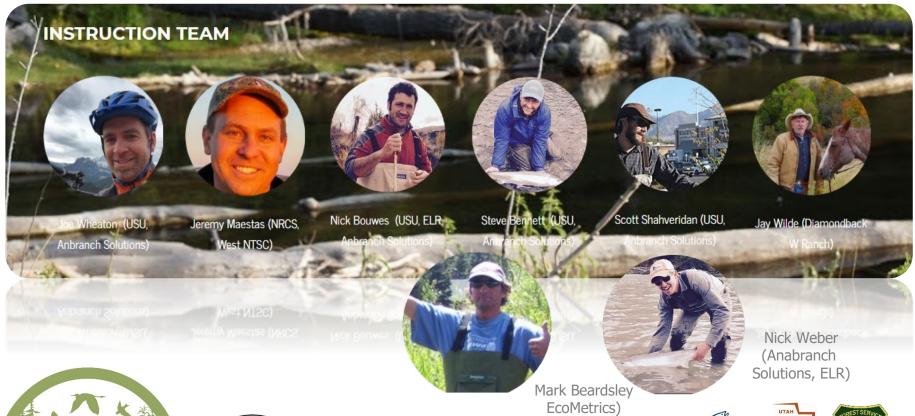
Based Restoration •Introduce some low-tech PBR techniques for achieving anastomosing (stage 0)

Process

 Cover the what & why behind LTPBR as compliment or alternative



OTHER LTPBR PARTNERS





















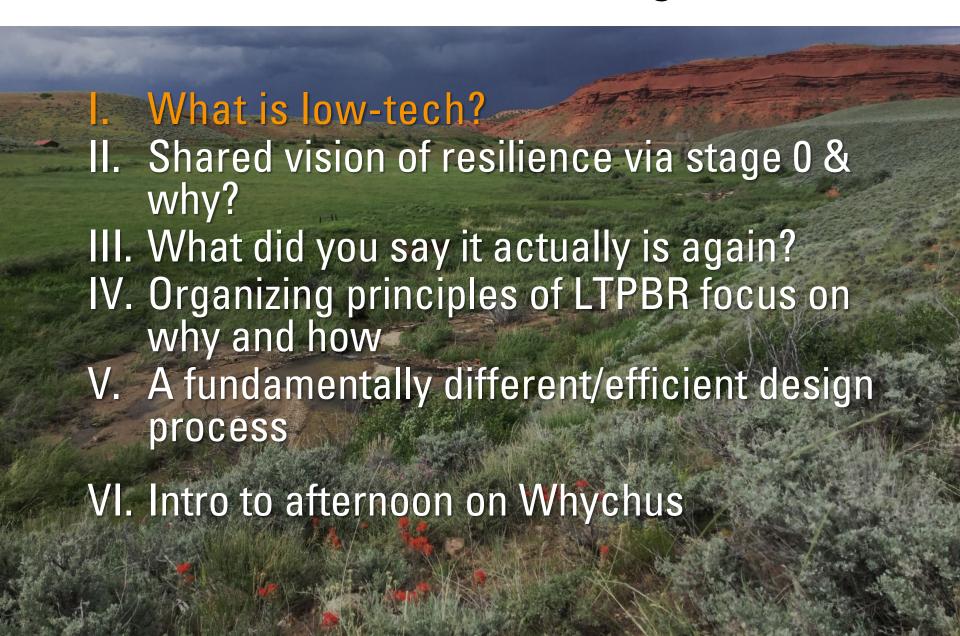




OUTLINE: Intro to LTPBR for Stage 0

I. What is low-tech? II. Shared vision of resilience via stage 0 & why? III. What did you say it actually is again? IV. Organizing principles of LTPBR focus on why and how V. A fundamentally different/efficient design process VI. Intro to afternoon on Whychus

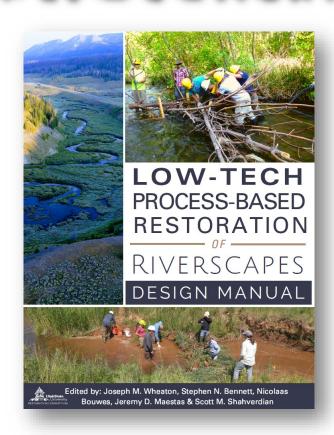
OUTLINE: Intro to LTPBR for Stage 0



Low-tech process-based restoration

noun

1. A practice of using simple, low unit-cost, structural additions (e.g., wood and beaver dams) to <u>riverscapes</u> to mimic functions and promote specific processes. Hallmarks of this approach include an explicit focus on the promoting geomorphic and <u>fluvial</u> processes, a conscious effort to use cost-effective, low-tech treatments (e.g., hand-built, natural materials, non-engineered, short-term design life-spans) because of the need to efficiently scale-up application, and 'Letting the <u>system</u> do the work', which defers critical decision making to riverscapes and beaver.





PBR? Just a cute can or some science?

Description

Principle

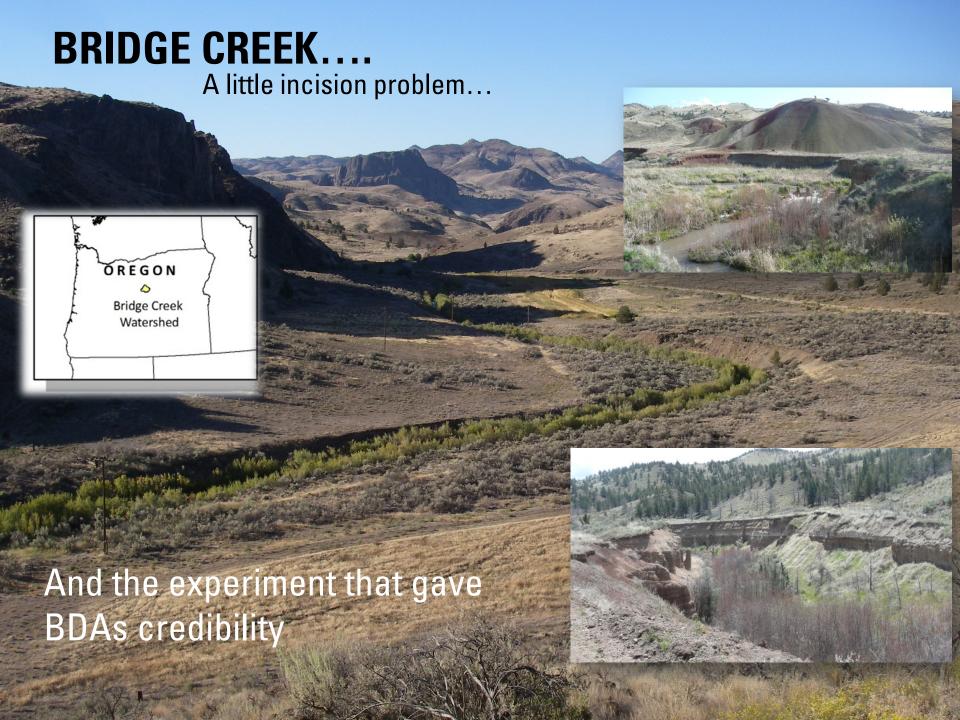




Principle			Description	
•	Target root cau ecosystem cha		Restoration actions are designed to address the human alterations to processes that are degrading habitat conditions	
	Tailor restoration potential	on actions to local	A given reach in a river network operates within specific constraints based on its location within the watershed and climatic and physiographic setting. Understanding the types and magnitudes of processes within a given reach helps design restoration actions.	
	3. Match the scale scale of the pro	e of restoration to the oblem	When disrupted processes causing degradation occur at the reach scale, restoration actions at individual sites can effectively address root causes. When causes of degradation occur at the watershed scale, many individual site-scale actions are required.	
	Be explicit abo outcomes	ut expected	Process-based restoration is a long-term endeavor and there are often long lag times between implementation and recovery and biota may not improve dramatically with any single action. Articulating restoration goals and pathways is critical to setting appropriate expectations.	

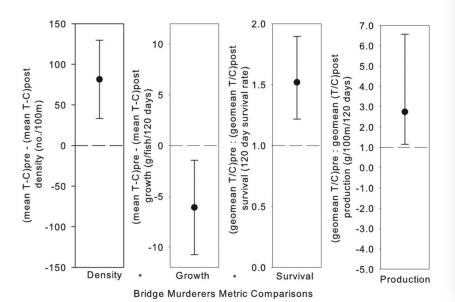
Beechie et al. (2010)

DOI: 10.1525/bio.2010.60.3.7



WHY LTPBR REALLY GOT ATTENTION...

 Restoration using beaver as a restoration agent actually produced a population level increase in density, survival and production of ESA listed salmon



SCIENTIFIC REPORTS

Received: 16 December 2015 Accepted: 07 June 2016 Published: 04 July 2016

OPEN Ecosystem experiment reveals benefits of natural and simulated beaver dams to a threatened population of steelhead (Oncorhynchus mykiss)

Nicolaas Bouwes^{1,2}, Nicholas Weber¹, Chris E. Jordan³, W. Carl Saunders^{1,2}, Ian A. Tattam⁴, Carol Volk⁵, Joseph M. Wheaton² & Michael M. Pollock³

Beaver have been referred to as ecosystem engineers because of the large impacts their dam building activities have on the landscape; however, the benefits they may provide to fluvial fish species has been debated. We conducted a watershed-scale experiment to test how increasing beaver dam and colony persistence in a highly degraded incised stream affects the freshwater production of steelhead (Oncorhynchus mykiss). Following the installation of beaver dam analogs (BDAs), we observed significant increases in the density, survival, and production of juvenile steelhead without impacting upstream and downstream migrations. The steelhead response occurred as the quantity and complexity of their habitat increased. This study is the first large-scale experiment to quantify the benefits of beavers and BDAs to a fish population and its habitat. Beaver mediated restoration may be a viable and efficient strategy to recover ecosystem function of previously incised streams and to increase the production of imperiled fish populations.

Beaver in Eurasia and North America were once abundant and ubiquitous1. Their dense and barbed fur has great felting properties, and as early as the 1500s, intense trapping to provide pelts mainly for making hats occurred throughout Eurasia². By the early 1700s, beaver were nearly extirpated in Eurasia, and North America became the new source of pelts for international commerce. The exploration, settlement, and many territorial claims of North America by several European countries were driven mainly by the search for beaver-trapping opportunities2.

When Lewis and Clark explored the Pacific Northwest in 1805, salmon and steelhead coexisted with beavers in very high densities^{1,3}. Fur trade in this region began around 1810, attracting pioneers to settle the area. When the British and United States jointly occupied the Oregon Territories (which included the Columbia River Basin), the Hudson Bay Company Implemented their "scorched earth" or "fur desert" policy to eliminate all fur-bearing animals, in an attempt to discourage American settlement^{2,4}. As a result, beaver were nearly extirpated from the region by 1900. Around this time, a decrease in the great harvests of Pacific salmon and steelhead was first perceived. Anadromous salmon and steelhead populations have since declined precipitously in the Columbia River Basin, leading to their listing under the U.S. Endangered Species Act (ESA)56, Agriculture, timber harvest, mining, grazing, urban development, and water storage and hydroelectric dam construction are commonly cited as the causes for salmonid habitat degradation and population declines7, with rare mention of the loss of beaver and their ability to alter aquatic ecosystems with their dam-building activities8.

Human activities, including the removal of beaver, have exacerbated the occurrence of stream channel incision, where a rapid down-cutting of the stream bed disconnects the channel from its floodplain8.9. Channel incision is a ubiquitous environmental problem in the Columbia River Basin and throughout the world10-12.

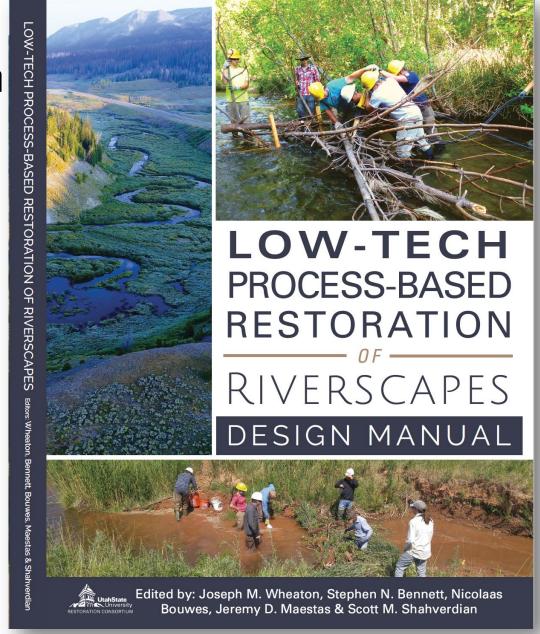
¹Eco Logical Research, Inc., PO BOX 706, Providence, Utah, 84332, USA, ²Watershed Sciences Department, Utah State University, 5210 Old Main Hill, Logan, Utah 84322, USA. 3Northwest Fisheries Science Center, 2725 Montlake Blvd E., Seattle, Washington 98112, USA. Oregon Department of Fish and Wildlife, Eastern Oregon University, 203 Badgley Hall, One University Boulevard, LaGrande, Oregon 97850, USA. 5South Fork Research, Inc. 44842 SE 145th Street, North Bend, Washington, 98045, USA. Correspondence and requests for materials should be addressed to

SCIENTIFIC REPORTS | 6:28581 | DOI: 10.1038/srep28581

Bouwes et al.(2016): DOI: 10.1038/srep28581

When riverscapes need some restoration

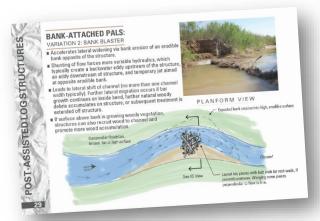
- Covers:
 - History/Background
 - Guiding Principles
 - Planning
 - Design
 - BDAs/PALS Standards
 - Implementation
- Defines Standard of Practice
- Free PDF download and additional resources
- Print version now available
 - \$60 @ //BookBaby
 - Amazon amazon Prime

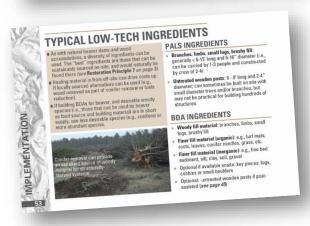


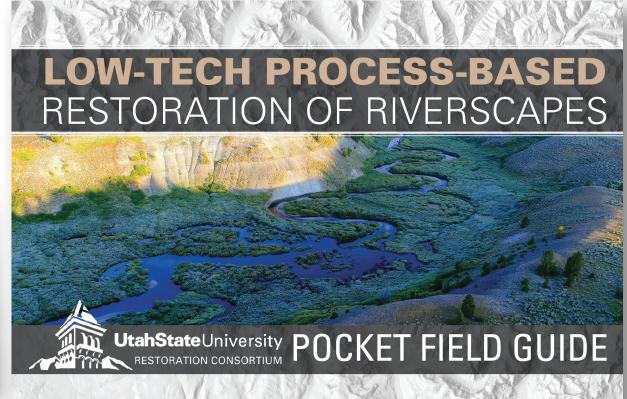
Free @: http://lowtechpbr.restoration.usu.edu

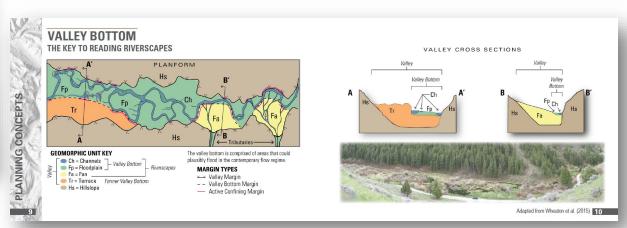
Cliff Notes Version

• Just pictures...





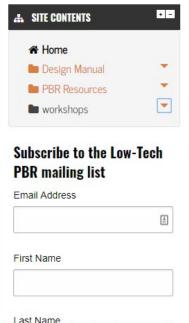




LTPBR Website

http://lowtechpbr.restoration.usu.edu





The purpose of this design manual is to provide restoration practitioners with guidelines for implementing a subset of low-tech tools—namely beaver dam analogues (BDAs) and post-assisted

log structures



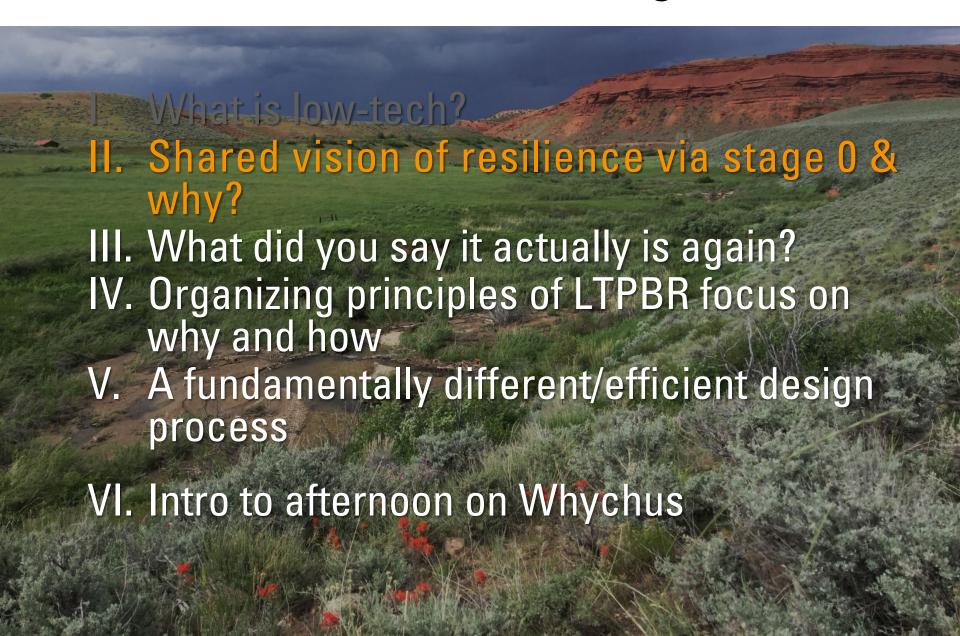
(PALS)—for initiating process-based restoration in structurally-starved riverscapes. While the concept of process-based restoration in riverscapes has been advocated for at least two decades, details and specific examples on how to implement it remain sparse. Here, we describe 'low-tech process-based restoration' (LT-PBR) as a practice of using simple, low unit-cost, structural additions (e.g. wood and beaver

Find:

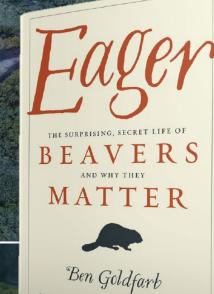
- Design Manual
- Pocket Guide
- Other Resources
- Workshop Slides
- Links/Videos/ Literature



OUTLINE: Intro to LTPBR for Stage 0



We forgot what valley bottoms could be & that these are NOT anomalies!





Adapted from Figure 1.7 (p 36) of Shahverdian et al. (2019) -Chapter 1 LTPBR Manual DOI

cc j Joe Wheaton

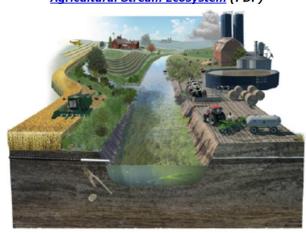


Problem is Simple to State...

Scope of riverscape degradation is massive

- ~ \$10 Billion spent annually, but barely scratching surface
- We spend disproportionate \$\$\$\$ on too few miles of streams and rivers
- Leaving millions of miles
 neglected...

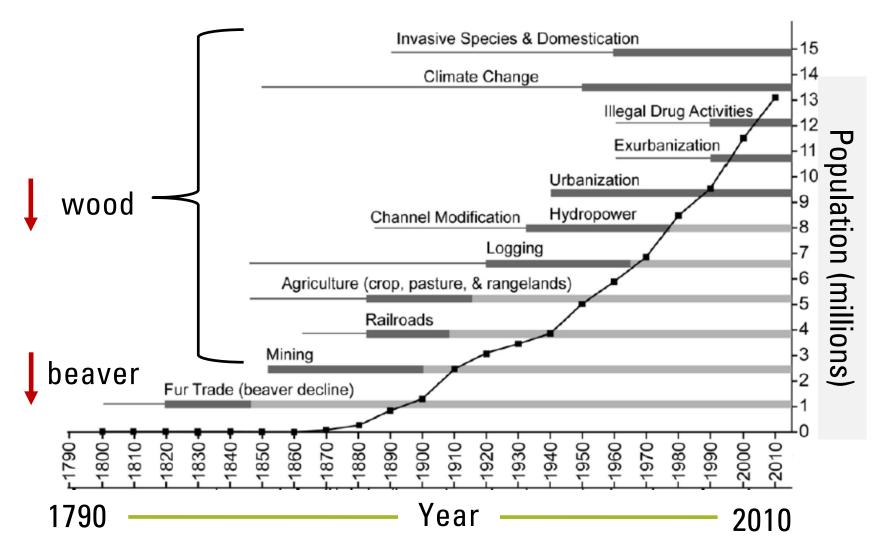




Urban Stream Ecosystem (PDF)

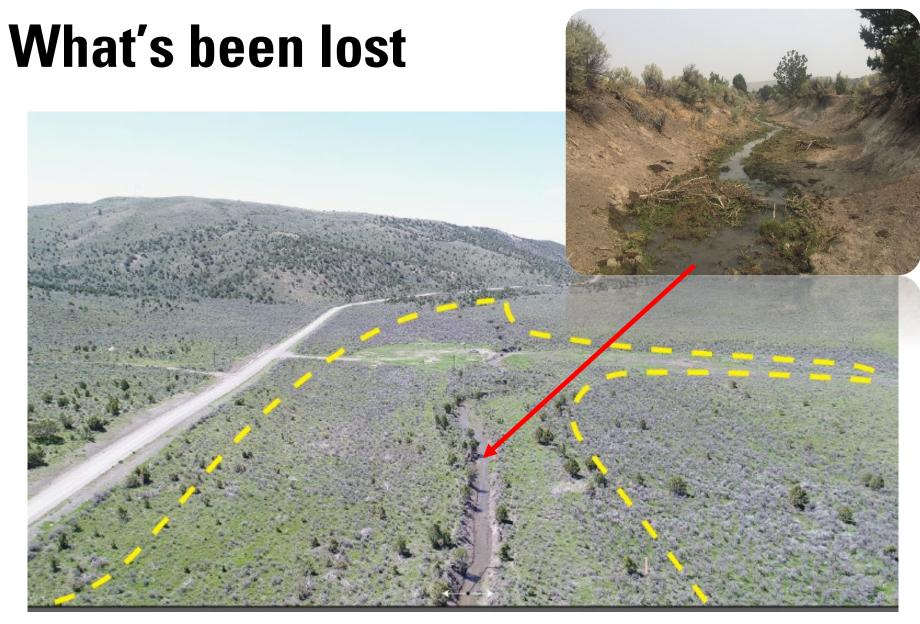


Underlying Low-Tech PBR is Structural Starvation Hypothesis



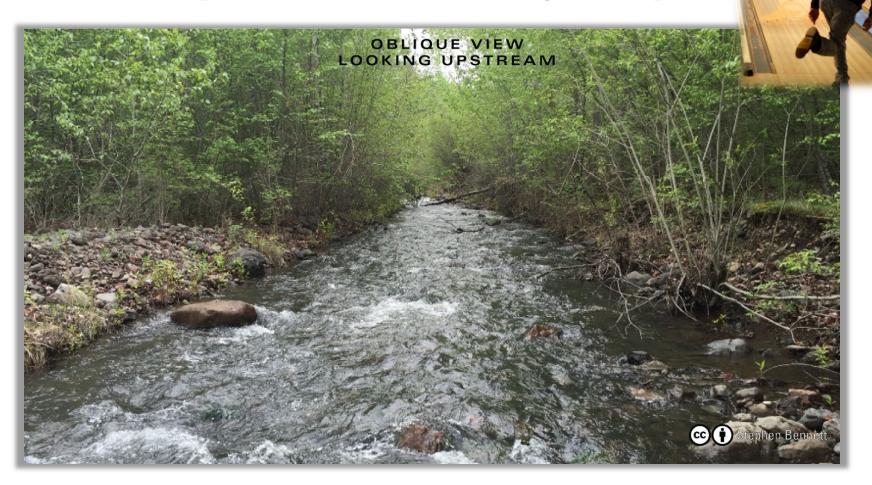
Development (bars) and population change (line) in the Columbia River Basin. Dark bars = peak development; light bars = continued effects (Rieman et al. 2015).





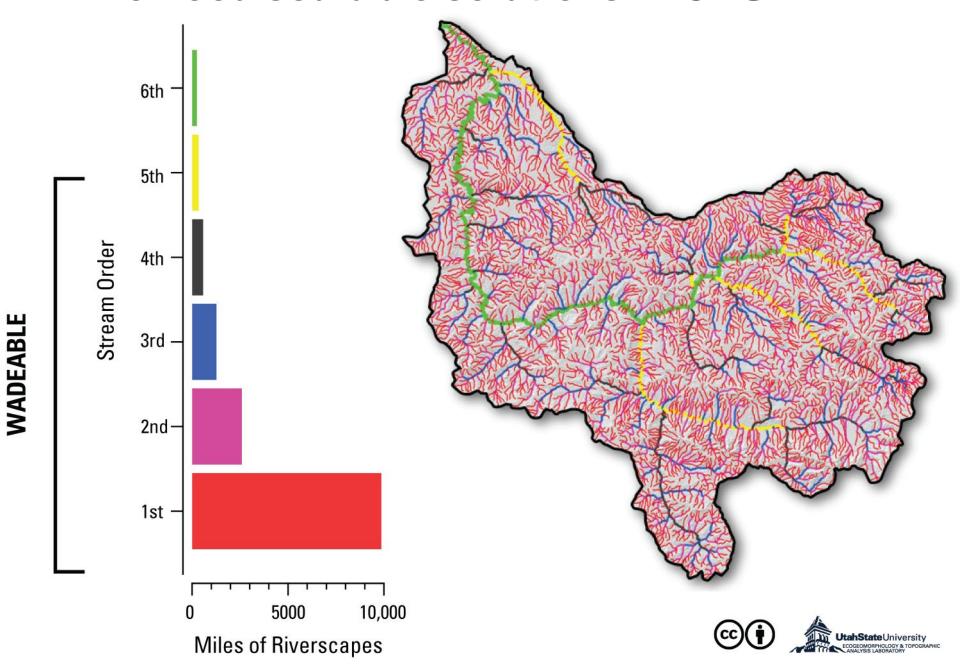


Structurally-Starved Bowling Alleys



Deceptive.... Young forest, low wood input, locked in, & efficient transport system.

We need scalable solutions... URGENTLY



In the West, Water is Life





Re-wetting the "sponge"



Shared Vision: Resiliency

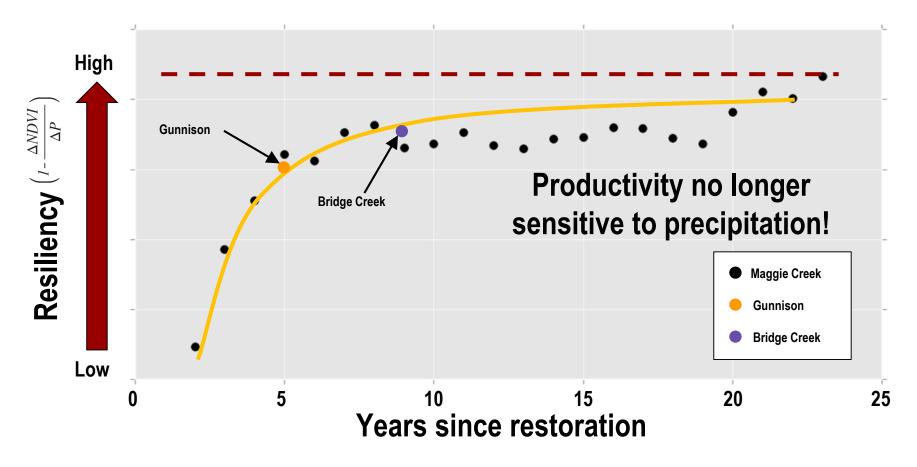




"The ability to maintain hydrologic/ecological functions in the face of drought & intense precipitation events"

~ Gunnison Climate Working Group

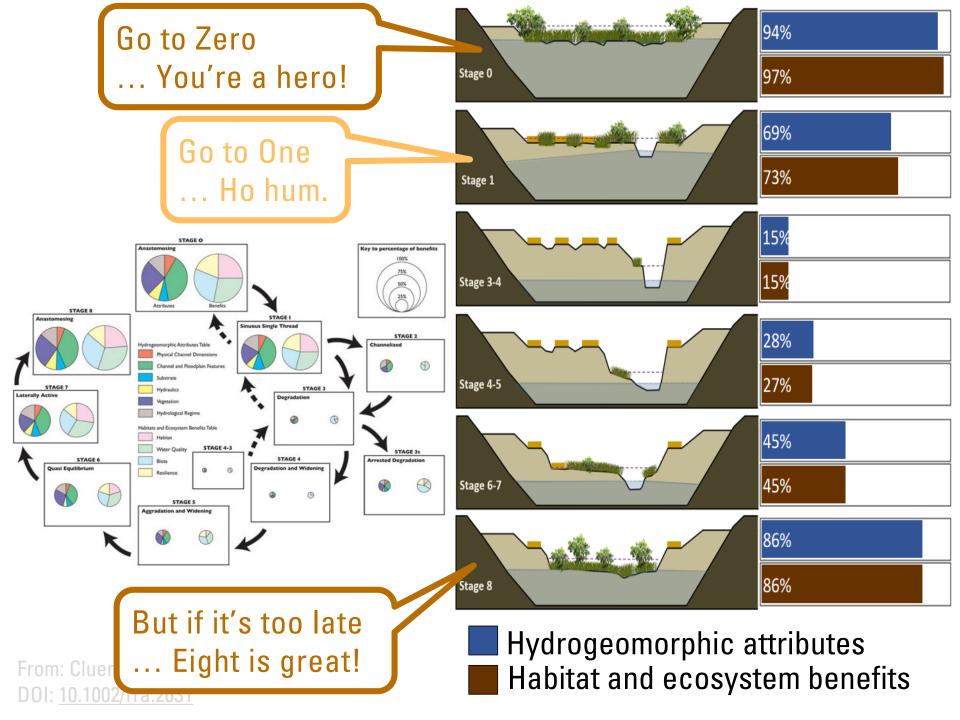
Silverman et al. (2018)
DOI: https://doi.org/10.1111/rec.12869



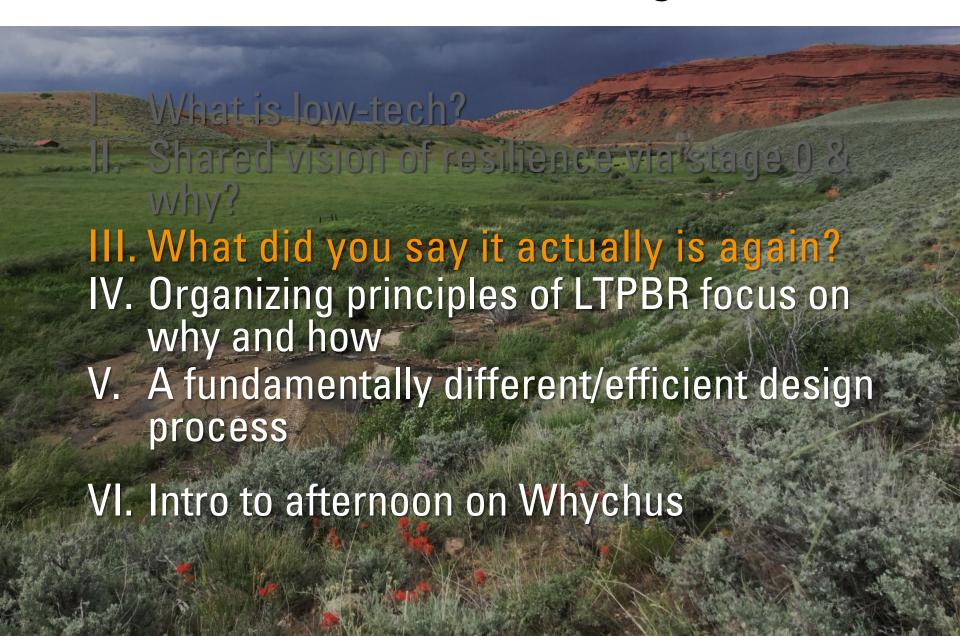








OUTLINE: Intro to LTPBR for Stage 0



Low-tech is not new









2.58

Gully erosion

Channel incision

Figure 66 from Frédéric Liébault (2003) PhD Thesis See also: Demontzey (1892 & 1894) SCS (1930s)

See also: Kraebel & Pilsbury (1934) USFS

Low-tech is not new

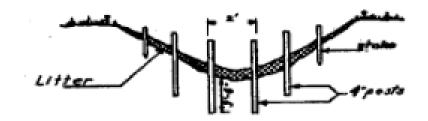


Figure 21
Elevation of gully after banks have been dug back. The posts have been set, and the layer of litter has been placed.

- Build in phases
- Temporary, simple, pervious

Let the water do the work resources



EROSION CONTROL

FIELD GUIDE

By Craig Sponholtz & Avery C. Anderson

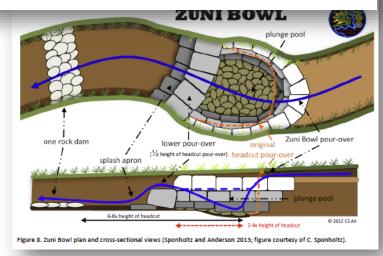


WORKING WITH NATURE TO HEAL EROSION

Soil loss caused by flowing water diminishes the fertility, productivity and healing capacity of the land. This guide was created to empower landowners and managers to take action and reverse soil erosion at every opportunity. These methods promote harvesting and storing runoff and sediment with structures based on natural forms that initiate long-lasting regenerative processes.

For more information visit www.WatershedArtisans.com and www.QuiviraCoalition.org





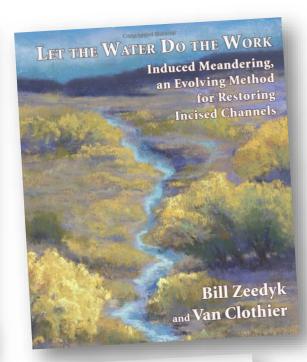


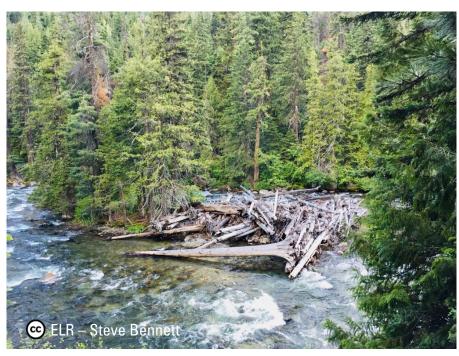


Table 5 – A list of typical low-tech approaches to promoting specific process-based restoration outcomes.

Name	Helpful Reference(s)	
Promoting and/or Mimicking Wood Accumulation		
Seeding of Wood – Direct Recruitment of Unanchored Wood		
Direct Felling	Carah et al. (2014)	
Grip-Hoisting	Micelston (2014)	
Structural Placement of Wood Accumulations		
Post-Assisted Log Structures	Chapter 4 (Shahverdian et al., 2019a)	
Improving Supply of Woody Material		
Riparian Plantings	Hall et al. (2011)	
Grazing Management	Swanson et al. (2015)	
Promoting and/or Mimicking Beaver Dam Activity		
Beaver Translocation	Woodruff and Pollock (2015)	
Beaver Dam Analogues	Chapter 4 (Shahverdian et al., 2019a)	
Trapping Closures	Figure 9; (Valachovic)	
Erosion Control (often for intermittent & ephemeral channels)		
Baffles	Zeedyk and Clothier (2009)	
One Rock Dams	Maestas et al. (2018); Zeedyk and Clothier (2009)	
Post and Brush Plugs	Kraebel and Pillsbury (1934)	
Tree Dam	Kraebel and Pillsbury (1934)	
Tree Plug	Kraebel and Pillsbury (1934)	
Vanes	Zeedyk and Clothier (2009)	
Wicker Weirs	Kraebel and Pillsbury (1934)	
Zuni Bowls	Maestas et al. (2018); Zeedyk and Clothier (2009)	

Low-tech structures to mimic





Beaver dams

Wood accumulations

Mimic → Promote → Sustain









Wood accumulations

PALS and **BDAs**



PALS

POST-ASSISTED LOG STRUCTURES

Based Restoration

- PALS are handbuilt structures that mimic and promote the processes of wood accumulation.
- Woody material of various sizes pinned together with untreated wooden posts driven into the substrate.

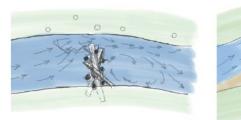


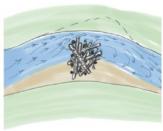
BDAs

BEAVER DAM ANALOGUES

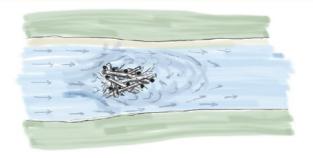
- BDAs are handbuilt structures that mimic and promote the processes of beaver dam activity.
- BDAs are a permeable, channel-spanning structure with a constant crest elevation, constructed with a mixture of woody debris and fill material to promote temporary ponding of water.

BANK-ATTACHED PALS

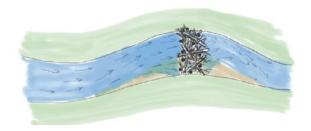




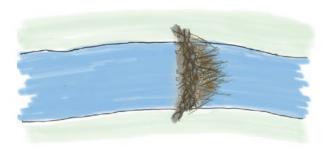
MID-CHANNEL PALS



CHANNEL-SPANNING PALS



POSTLESS BDA



POST-ASSISTED BDA



POST-LINE WICKER WEAVE

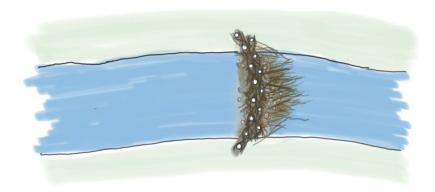


From Page 24 of Pocket Guide; Wheaton et al. (2019)

DOI: 10.13140/RG.2.2.28222.13123/1

Post-Line Wicker Weave (Beaver Dam Analog v.1)

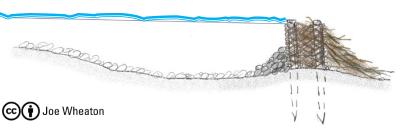
Planform



Cross-section



Profile



whether with the party of the whole with the wind of the will be a second of the secon



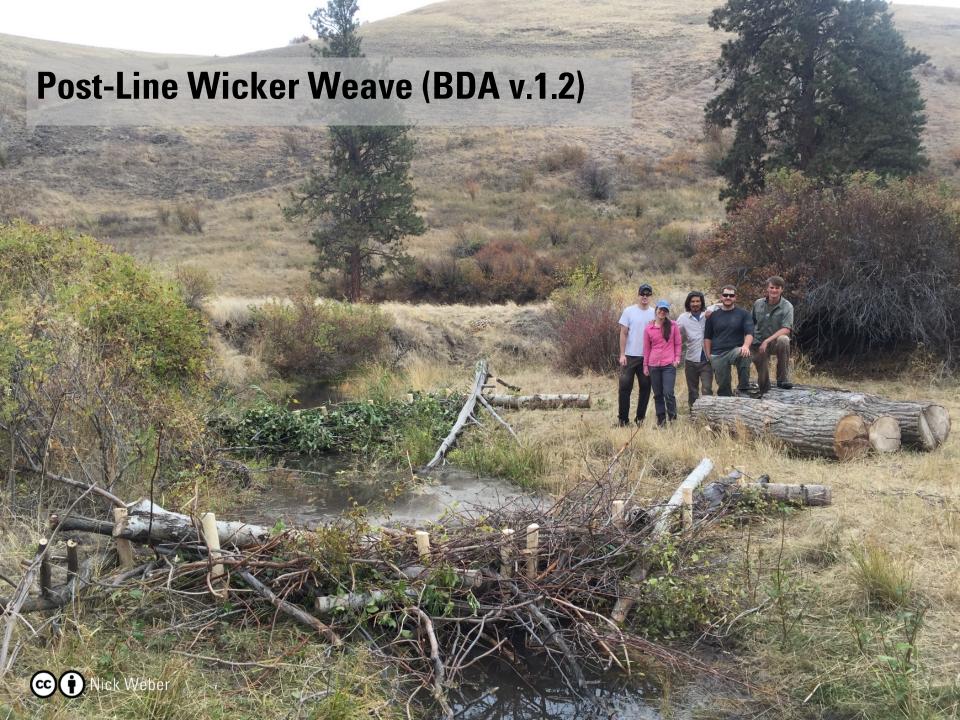


Post-Line Wicker Weave (BDA v.1)



Post-Line Wicker Weave (BDA v.1.1)



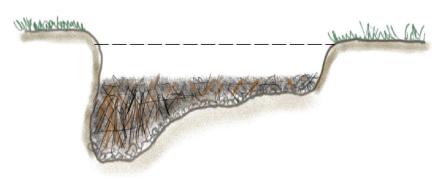


Postless beaver dam analogues (BDA v.2.0)

Planform



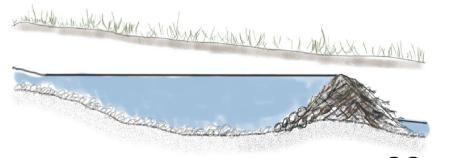
Cross-section



Profile

From pages 35-48 of Pocket Guide; Wheaton et al. (2019)

DOI: 10.13140/RG.2.2.28222.13123/1







See also Appendix E of Shahverdian et al. (2019) — Chapter 4 LTPBR Manual DOI: 10.13140/RG.2.2.22526.64324

Postless beaver dam analogues (BDAs v.2.0)



Low order!



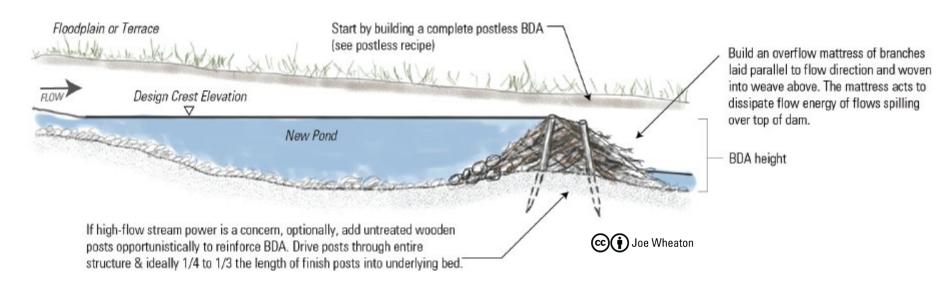


POST-ASSISTED BDA

- Posts can provide some temporary anchoring and stability to help with initial dam stability during high flows in systems with flashier flow regimes or that produce larger magnitude floods.
- For situations where additional support during high flows is deemed necessary, our suggested practice is to start out following the instructions to build a postless BDA, and then simply add posts as extra reinforcement after the fact.



PROFILE VIEW WITH POSTS





Natural wood accumulations

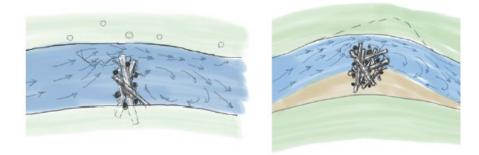






Types of Post-Assisted Log Structures (PALS)

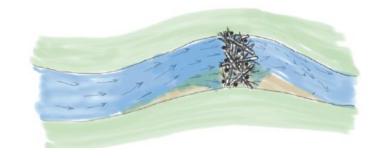
BANK-ATTACHED PALS



MID-CHANNEL PALS



CHANNEL-SPANNING PALS



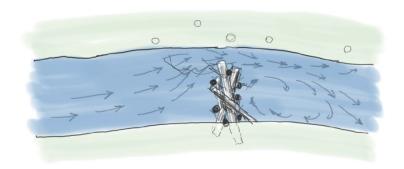
From pages 24-34 of Pocket Guide; Wheaton et al. (2019) DOI: 10.13140/RG.2.2.28222.13123/1

See also Appendix D of Shahverdian et al. (2019) — Chapter 4 LTPBR Manual DOI: 10.13140/RG.2.2.22526.64324

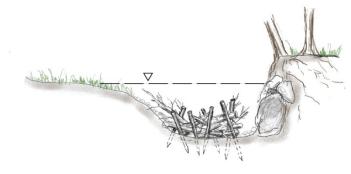


Bank-attached PALS - Constriction Jet

Planform



Cross-section



Profile



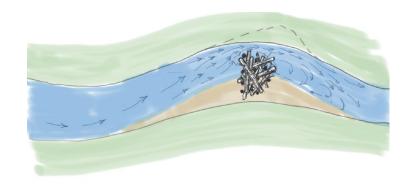


Adapted from Figure 4.23 of Appendix D of Shahverdian et al. (2019) – Chapter 4 LTPBR Manual DOI: 10.13140/RG.2.2.22526.64324

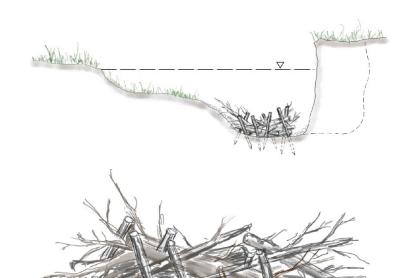


Bank-attached PALS – Bank Blaster

Planform



Cross-section



Profile



Joe Wheaton

Adapted from Figure 4.24 of Appendix D of Shahverdian et al. (2019) – Chapter 4 LTPBR Manual DOI: 10.13140/RG.2.2.22526.64324

Bank-attached PALS – Bank Blaster



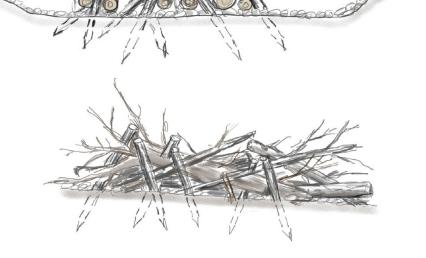
Mid-channel PALS

Planform



Cross-section

Profile



Flow

Joe Wheaton



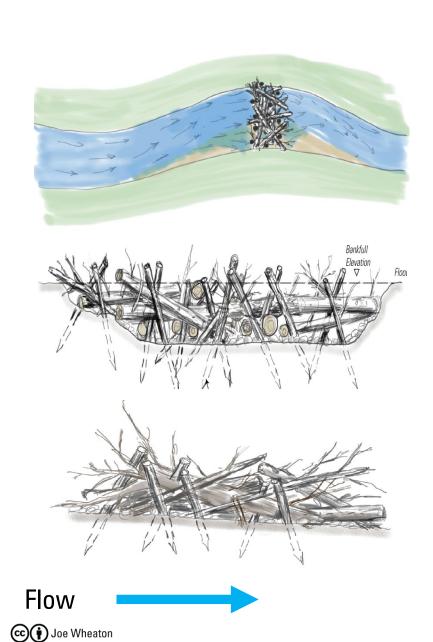


Channel spanning PALS

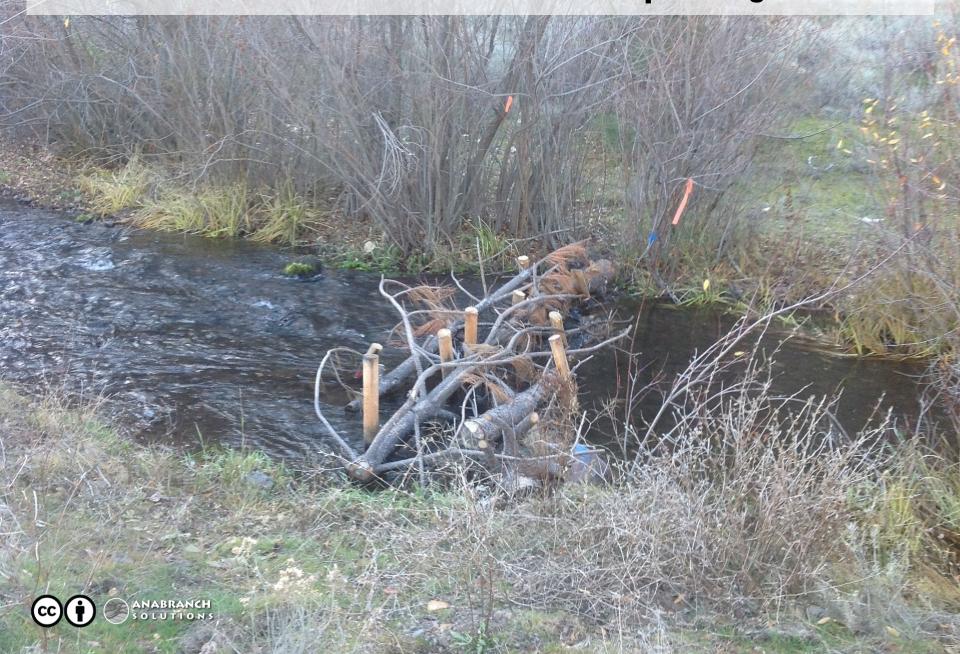
Planform

Cross-section

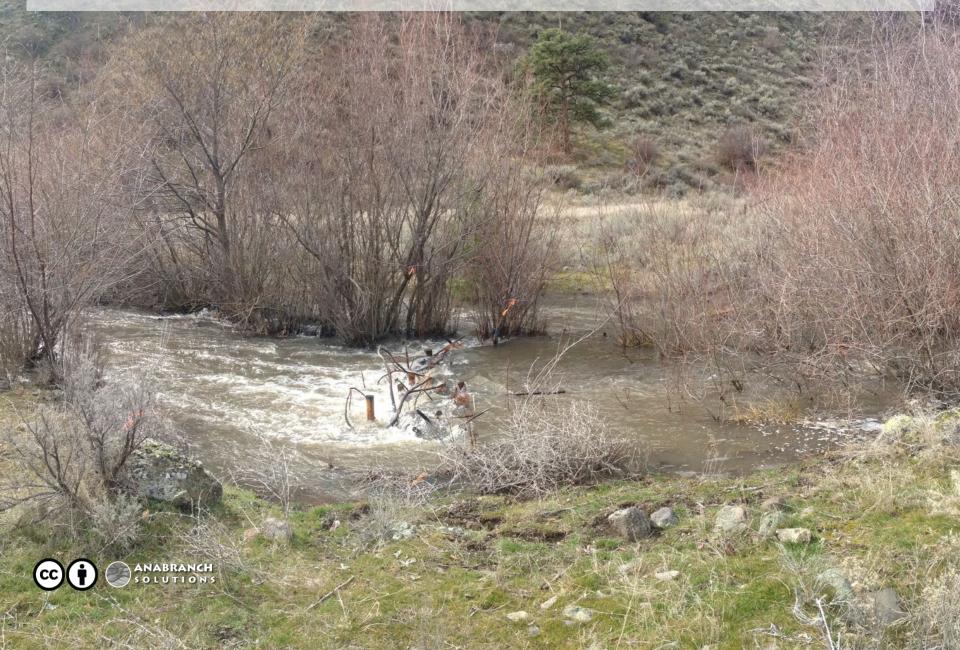
Profile



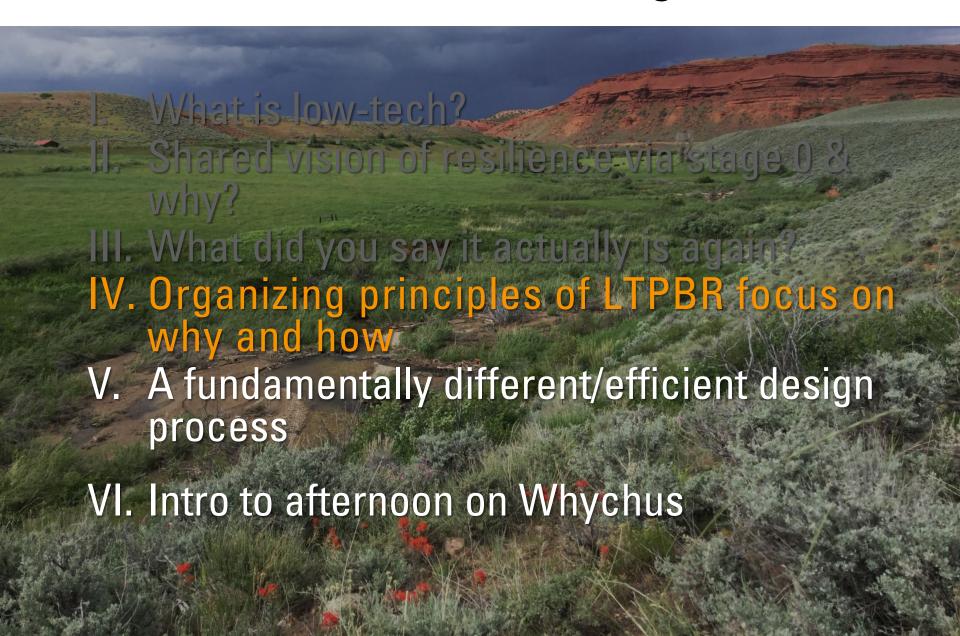
Mimic wood accumulations — Channel spanning PALS



Mimic wood accumulations — Channel spanning PALS

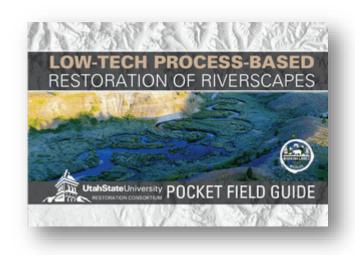


OUTLINE: Intro to LTPBR for Stage 0



Design Manual References – Chapter 2





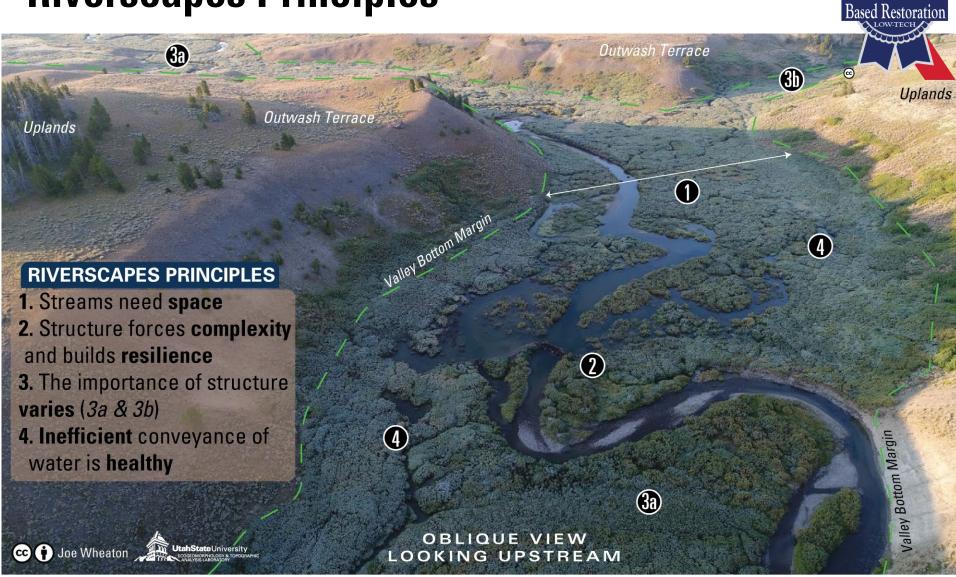
Chap 2: Wheaton et al. (2019a)

DOI: <u>10.13140/RG.2.2.342</u>70.69447

From pages 1-6 of Pocket Guide; Wheaton et al. (2019)

DOI: <u>10.13140/RG.2.2.28222.1312</u>3/1

Riverscapes Principles



From pages 3-4 of Pocket Guide; Wheaton et al. (2019)

DOI: 10.13140/RG.2.2.28222.13123/1

See Wheaton et al. (2019, p 60): Chapter 2 LTPBR Manual for Principles

DOI: 10.13140/RG.2.2.34270.69447

STREAMS NEED SPACE RIVERSCAPES PRINCIPLE 1.

Healthy streams are dynamic, regularly shifting position within their valley bottom, reworking and interacting with their floodplain. Allowing streams to adjust within their valley bottom is essential for maintaining functioning riverscapes.

- Give rivers back their floodplains
- Assess what a river needs to exercise during floods
- Either reclaim, or conserve space to flood

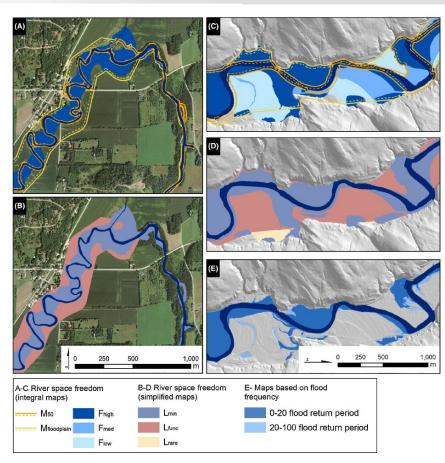
From pages 1-2 of Pocket Guide; Wheaton et al. (2019)

DOI: <u>10.13140/RG.2.2.28222.13123/1</u>

See Wheaton et al. (2019, p 61)

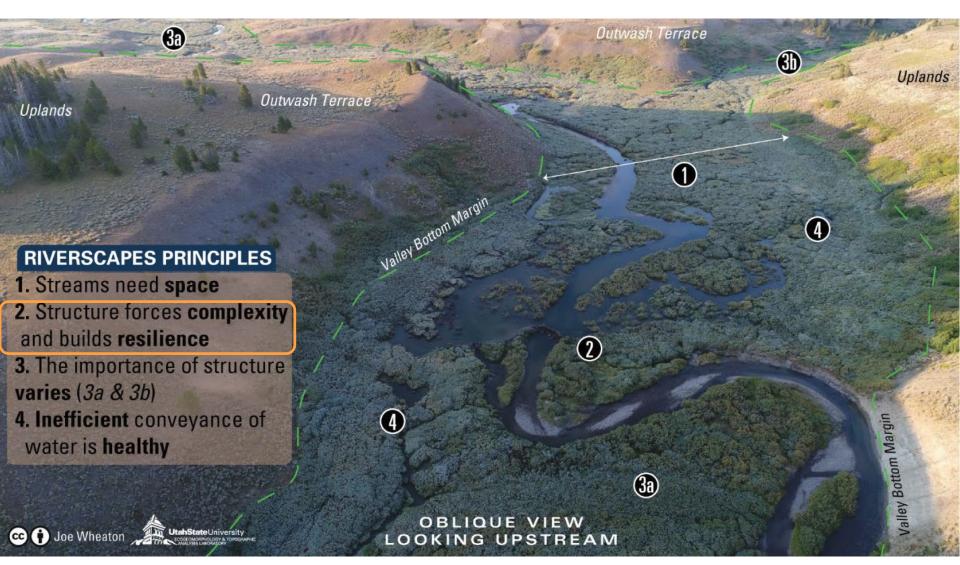
Chapter 2 LTPBR Manual for Principles

DOI: 10.13140/RG.2.2.34270.69447



e.g. Biron (2014). Freedom space for rivers: a sustainable management approach to enhance river resilience. DOI: 10.1007/s00267-014-0366-z.

Structural Forcing of key processes



From pages 3-4 of Pocket Guide; Wheaton et al. (2019)

DOI: 10.13140/RG.2.2.28222.13123/1

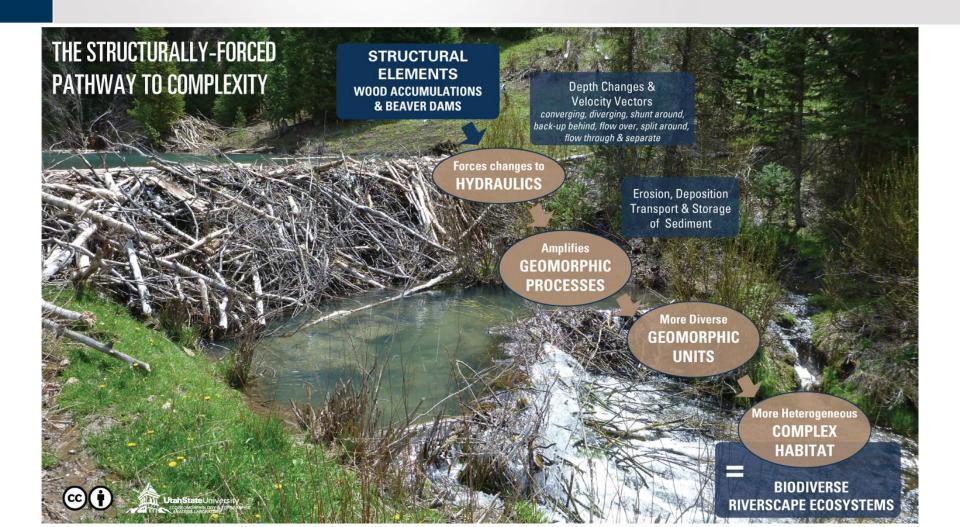
See Wheaton et al. (2019, p 60): Chapter 2 LTPBR Manual for Principles

DOI: 10.13140/RG.2.2.34270.69447

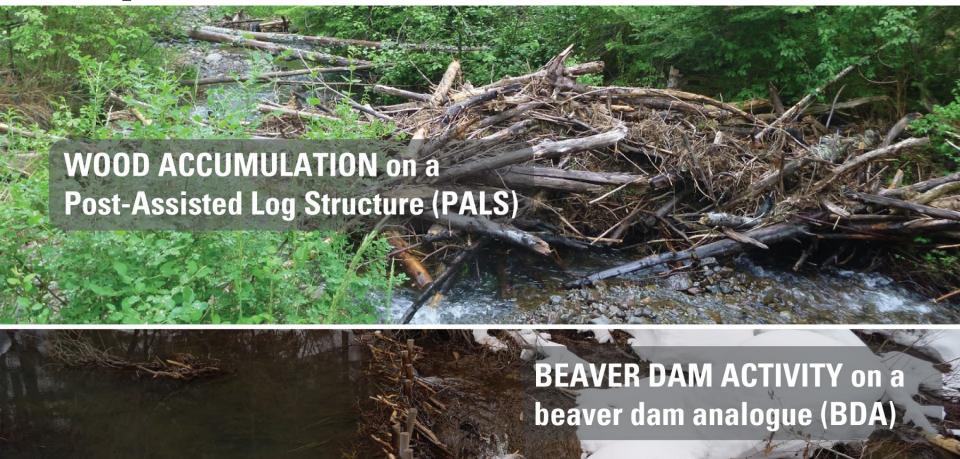
STRUCTURE FORCES COMPLEXITY & BUILDS RESILIENCE RIVERSCAPES PRINCIPLE 2.

Structural elements such as beaver dams and large woody debris force changes in flow patterns that produce physically diverse habitats. Physically diverse habitats are more resilient to disturbances than simplified, homogeneous habitats.

DOI: 10.13140/RG.2.2.28222.13123/1
See Wheaton et al. (2019, p. 64)
Chapter 2 LTPBR Manual for Principles
DOI: 10.13140/RG.2.2.34270.69447



Key Processes to Promote



From Shahveridan et al. (2019) Chap 4 LTPBR Manual DOI: 10.13140/RG.2.2.22526.64324



Need A Simple Before & After?

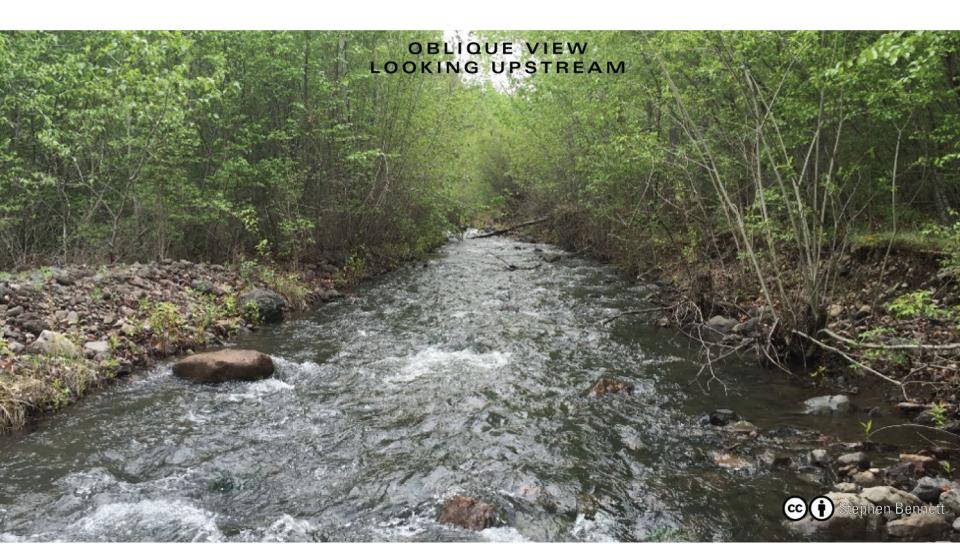
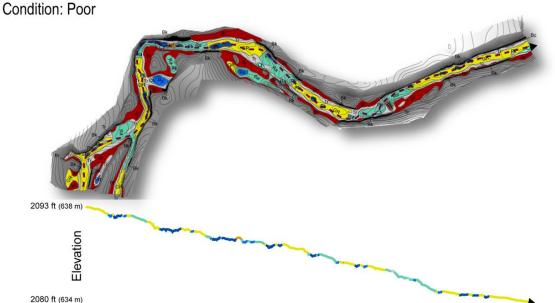
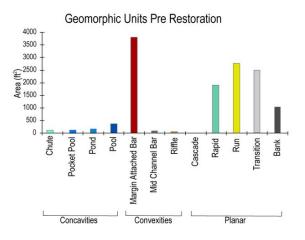


Figure 1.3 (p 32) of Shahverdian et al. (2019) — Chapter 1 LTPBR Manual DOI: 10.13140/RG.2.2.14138.03529

South Fork Asotin Creek: Planformed Controlled with Discontinuous Floodplain Latitude: 46.24869088939191 Longitude: -117.28920150847





- Plane bed dominated (rapids & runs)
- Starved of wood..
- Limited interaction with floodplain

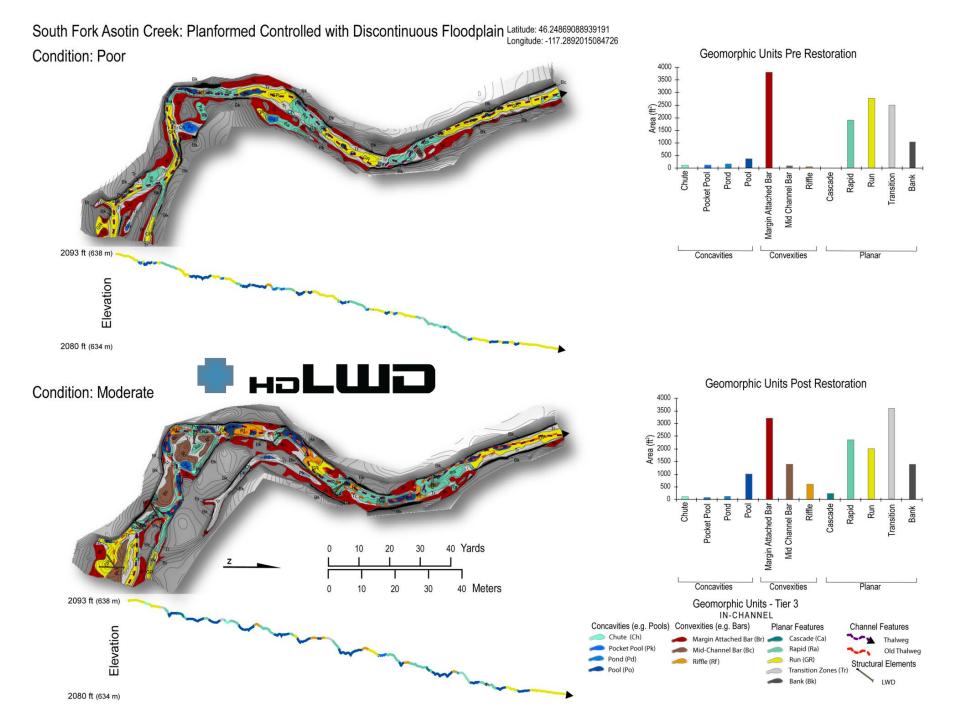


Adding P.A.L.S. (Wood)





STRUCTURE FORCES COMPLEXITY & BUILDS RESILIENCE RIVERSCAPES PRINCIPLE 2.







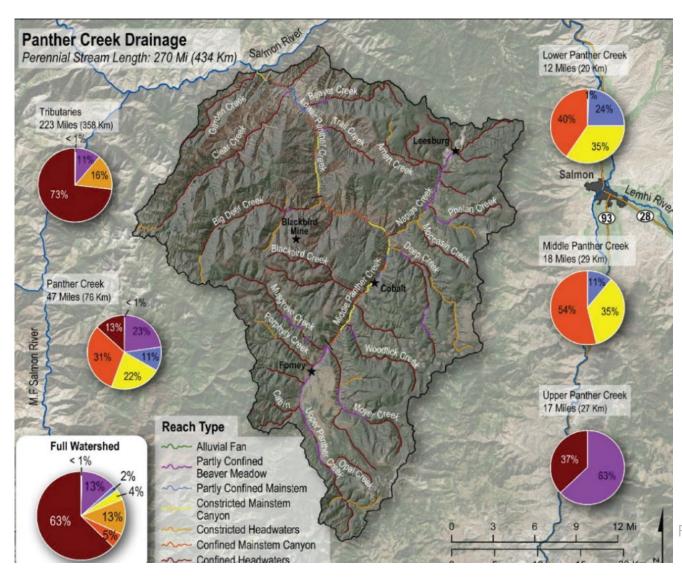
THE IMPORTANCE OF STRUCTURE VARIES RIVERSCAPES PRINCIPLE 3.

The relative importance and abundance of structural elements varies based on reach type, valley setting, flow regime and watershed context. Recognizing what type of stream you are dealing with (i.e., what other streams it is similar to) helps develop realistic expectations about what that stream should or could look (form) and behave (process) like.

Pocket Guide; Wheaton et al. (2019, p. 8)
DOI: 10.13140/RG.2.2.28222.13123/1
Figure 2.7 from Wheaton et al. (2019, p 64)
Chapter 2 LTPBR Manual for Principles
DOI: 10.13140/RG.2.2.34270.69447



And we can map geomorphology matters



Pocket Guide; Wheaton et al. (2019, p. 8)
DOI: 10.13140/RG.2.2.28222.13123/1
Figure 2.7 from Wheaton et al. (2019, p 64)
Chapter 2 LTPBR Manual for Principles

DOI: <u>10.13140/RG.2.2.34270.69447</u>

INEFFICIENT CONVEYANCE OF WATER IS HEALTHY RIVERSCAPES PRINCIPLE 4.

Adapted from figure 2.3 from Wheaton et al.

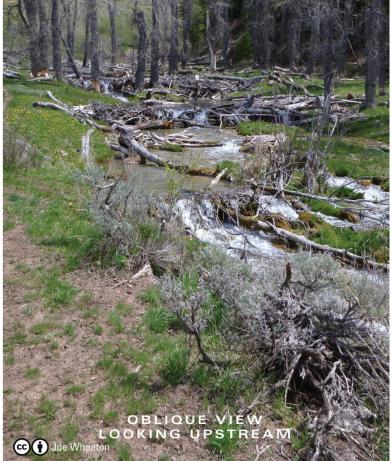
Chapter 2 LTPBR Manual for Principles

DOI: 10.13140/RG.2.2.34270.69447

Hydrologic inefficiency is the hallmark of a healthy system. More diverse residence times for water can attenuate potentially damaging floods, fill up valley bottom sponges, and slowly release that water later elevating baseflow and producing critical ecosystem services.

Which one wins race? Efficient or Inefficient?

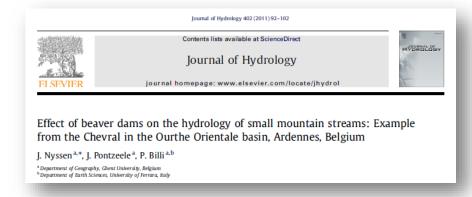


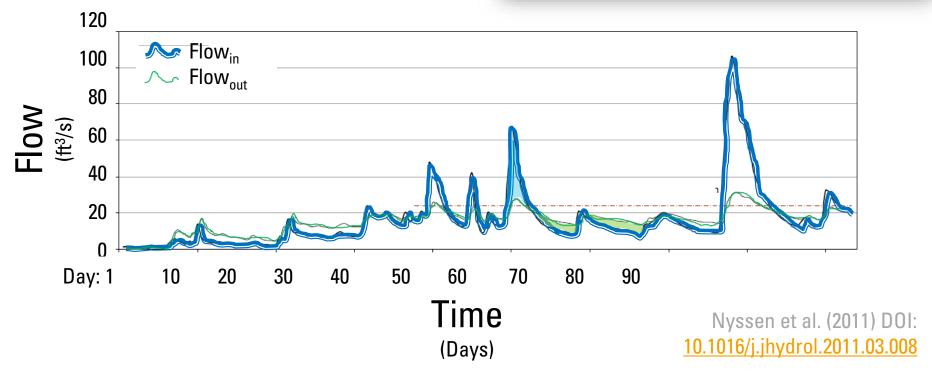


How Does Flow Change With Dams? FlowIn Valley Bottom Old Wetted Extent New Dam Crest ____ i.e. – What about slowing the water down? Could that help? Flow Direction Flow Out

Typical Impact on Flows

- Lower peaks @ flood
- Elevated baseflow following





Review: Riverscapes Principles



From pages 3-4 of Pocket Guide; Wheaton et al. (2019)

DOI: 10.13140/RG.2.2.28222.13123/1

See Wheaton et al. (2019, p 60): Chapter 2 LTPBR Manual for Principles

DOI: 10.13140/RG.2.2.34270.69447

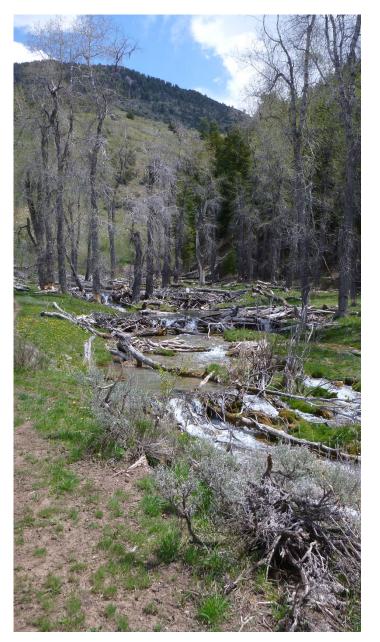
RESTORATION PRINCIPLES # Process Based Restoration 5. It's okay to be messy Restoration 6. There is strength in numbers 7. Use natural building materials **Principles** 8. Let the system do the work 9. Defer decision making to the system 10. Self-sustaining systems are the solution But a section of the second Uplands Uplands 1 Valley Bottom Margi Valley Bottom Margin **6**) 1 From pages 3-4 of Pocket Guide; Wheaton et al. (2019) DOI: 10.13140/RG.2.2.28222.13123/1 See Wheaton et al. (2019, p 72) **Chapter 2 LTPBR Manual for Principles** cc Nick Weber DOI: 10.13140/RG.2.2.34270.69447 LOOKING UPSTREAM

IT'S OKAY TO BE MESSY RESTORATION PRINCIPLE 5.

When structure is added back to streams, it is meant to mimic and promote the processes of wood accumulation and beaver dam activity. Structures are fed to the system like a meal and should resemble natural structures (log jams, beaver dams, fallen trees) in naturally 'messy' systems. Structures do not have to be perfectly built to yield desirable outcomes. Focus less on the form and more on the processes the structures will promote.



Beaver Like to Make Messes... So can you





- And it is precisely that messiness, that is so critical to ecosystem health
- So why not take a cue from the rodent?

THERE IS STRENGTH IN NUMBERS RESTORATION PRINCIPLE 6.

A large number of smaller structures working in concert with each other can achieve much more than a few isolated, over-built, highly-secured structures. Using a lot of smaller structures provides redundancy and reduces the importance of any one structure. It generally takes many structures, designed in a complex (see Chapter 5: Shahverdian et al., 2019c), to promote the processes of wood accumulation and beaver dam activity that lead to the desired outcomes.



Adapted from Figure 2.10 of Wheaton et al. (2019, p 74-75) — Chapter 2 LTPBR Manual. DOI: <u>10.13140/RG.2.2.34270.69447</u>

From pages 3-4 of Pocket Guide; Wheaton et al. (2019)

DOI: 10.13140/RG.2.2.28222.13123/1

This is what density looks like!

Someone who took this same workshop a few years ago





Build the workforce!



See Wheaton et al. (2019, p. 283) Chapter 7 of LTPBR Manual DOI: 10.13140/RG.2.2.18332.33922.

Solution Can Scale Up to Scope of Problem! Based Restoration THERE IS STRENGTH IN NUMBERS **RESTORATION PRINCIPLE 6.** 5th Stream Order 4th WADEABLE 3rd 2nd-1st -10,000 5000 Miles of Riverscapes

USE NATURAL BUILDING MATERIALSRESTORATION PRINCIPLE 7.

Natural materials should be used as structures are simply intended to initiate process recovery and go away over time. Locally sourced materials are preferable because they simplify logistics and keep costs down.







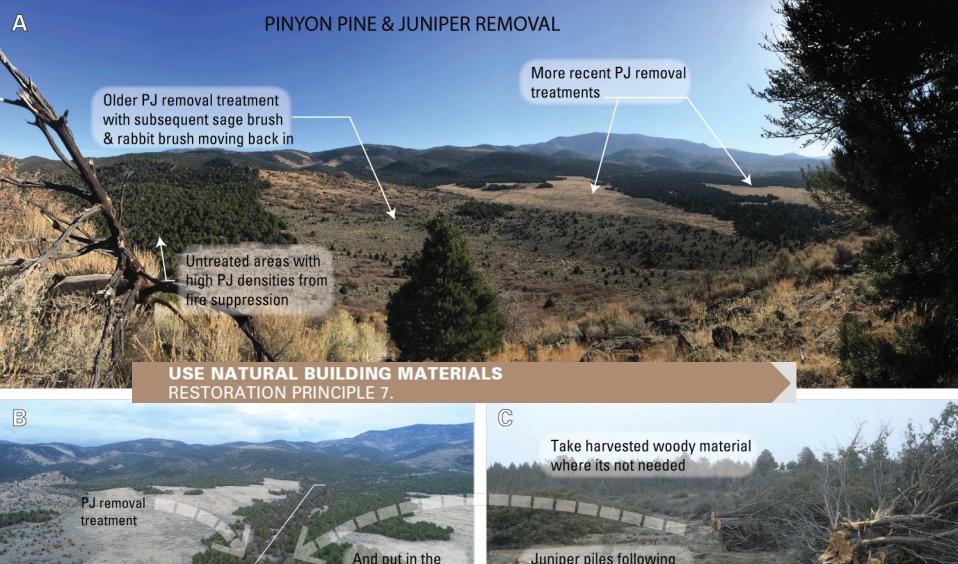
Pocket Guide; Wheaton et al. (2019, p. 3-4)

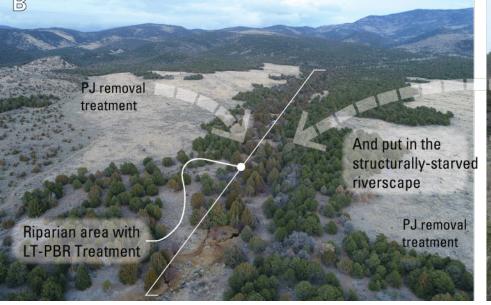
DOI: 10.13140/RG.2.2.28222.13123/1

See Wheaton et al. (2019, p 76)

Chapter 2 LTPBR Manual for Principles

DOI: <u>10.13140/RG.2.2.34270.69447</u>







RESTORATION PRINICPLE 8.

Giving the riverscape and/or beaver the tools (structure) to promote natural processes to heal itself with stream power and ecosystem engineering, as opposed to diesel power, promotes efficiency that allows restoration to scale to the scope of degradation.

"What if restoration was about stream power doing the work, not diesel power?"

— Jared McKee (USFWS)





Pocket Guide; Wheaton et al. (2019, p. 3-4) DOI: 10.13140/RG.2.2.28222.13123/1 See Wheaton et al. (2019, p 77) Chapter 2 LTPBR Manual for Principles

DOI: 10.13140/RG.2.2.34270.69447

DEFER DECISION MAKING TO THE SYSTEMRESTORATION PRINCIPLE 9.

Wherever possible, let the system make critical design decisions for us by simply providing the tools and space it needs to adjust. Deferring decision making to the system downplays the significance of uncertainty due to limited knowledge. For example, choosing a floodplain elevation to grade to based on limited hydrology information can be a complex and uncertain endeavor, but deferring to the hydrology of that system to build its own floodplain grade reduces the importance of uncertainty due to limited knowledge.

What decisions do we make in traditional restoration design?

- How far to erode bank?
- Channel width
- Slope
- Planform
- Elevation to set floodplain
- Capacity of channel

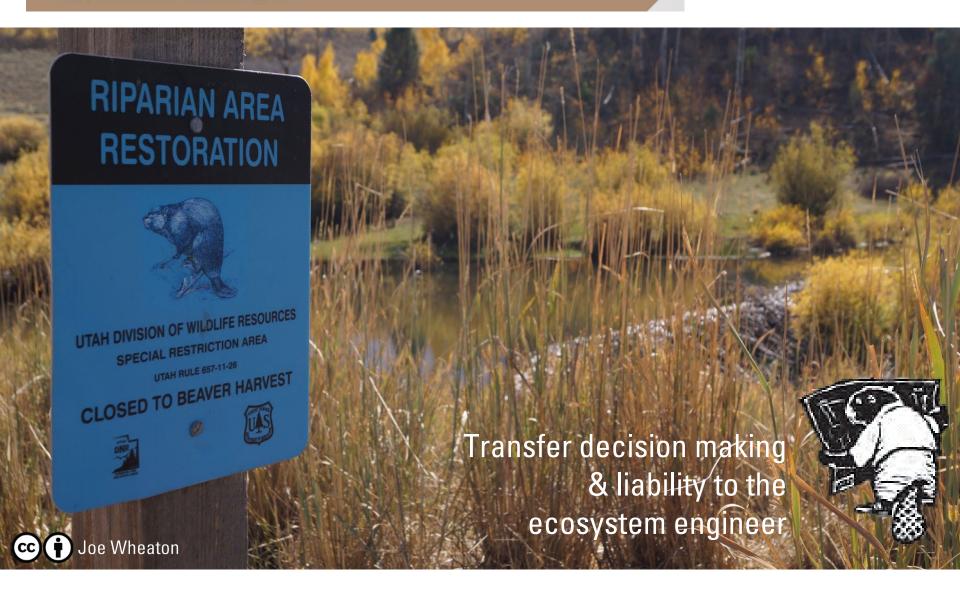
STANDARD ENGINEERING PRACTICE

Engineering Plan Indicates where Specific Features to be Installed



Specific Topographic
Design Cross Sections (e.g. A-A')





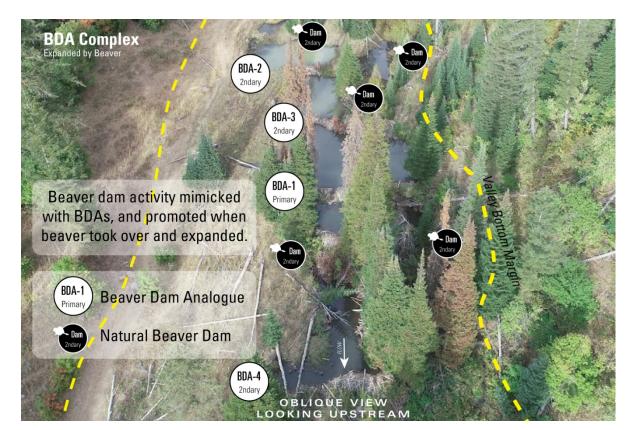
SELF-SUSTAINING SYSTEMS ARE THE SOLUTION RESTORATION PRINCIPLE 10.

Low-tech restoration actions in and of themselves are not the solution. Rather they are just intended to initiate processes and nudge the system towards the ultimate goal of building a resilient, self-sustaining riverscape.

What's your exit strategy?

Mimic → Promote → Sustain

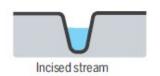
From Mimicking to Promoting to Sustaining Processes



How do your restoration actions:

- Immediately mimic a process?
- Quickly (relatively)promote a process?
- Eventually sustain a process?

Mimic → Promote → Sustain

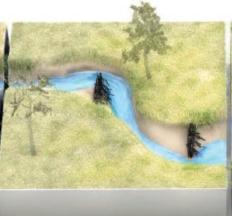


A stream comes back to life

Across the U.S. West, scientists and land managers are using beaver dam analogs (BDAs) to heal damaged streams. re-establish beaver populations, and aid wildlife. In some cases, researchers have seen positive changes in just 1 to 3 years.











Adding dams

Water table

Beaver trapping and overgrazing have caused countless creeks to cut deep trenches and water tables to drop, drying floodplains. Installing BDAs can help.

FEATURES



restoration strategy, but the projects aren't always welcome

Widening the trench

BDAs divert flows, causing streams to cut into banks, widening the incised channel, and creating a supply of sediment that helps raise the stream bed.

Beavers return

As BDAs trap sediment, the stream bed rebuilds and forces water onto the floodplain, recharging groundwater. Slower flows allow beavers to recolonize.

A complex haven

Re-established beavers raise water tables, irrigate new stands of willow and alder, and create a maze of pools and side channels for fish and wildlife.

8 JUNE 2018 • VOL 360 ISSUE 6393

sciencemag.org SCIENCE

Published by AAAS

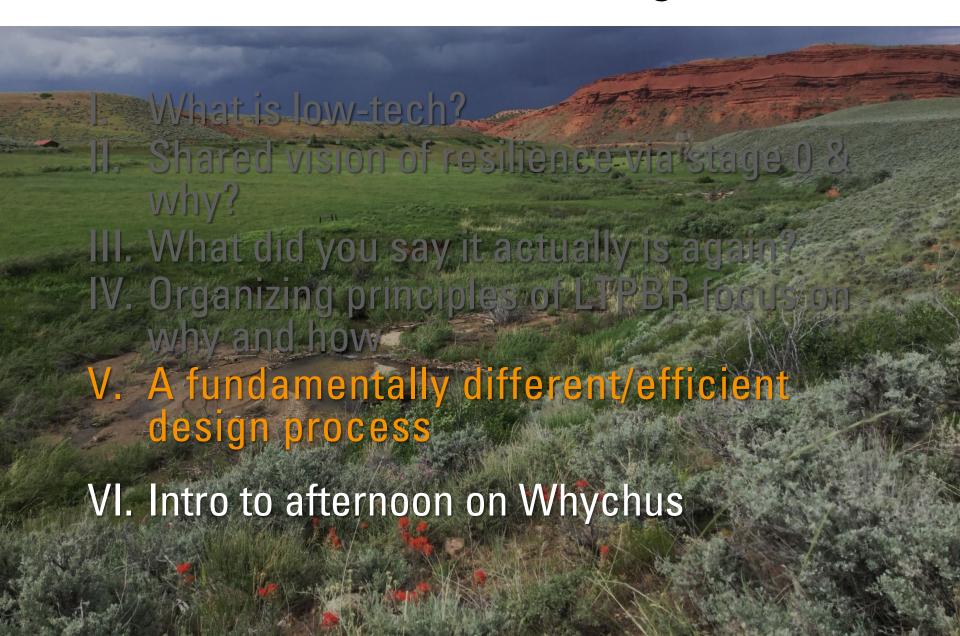
Mimic → Promote → Sustain

From Goldfarb (2018) Science:

http://science.sciencemag.org/content/360/6393/1058

By Ben Goldfarb, in the Scott Valley, California

OUTLINE: Intro to LTPBR for Stage 0

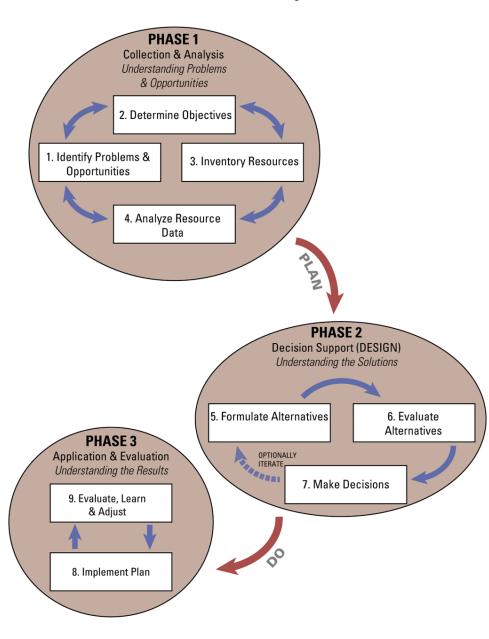


PLANNING FOR LOW-TECH RESTORATION

As extension of NRCS Conservation Planning Process

Planning

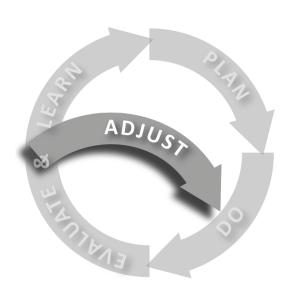
- Standard NRCS CPP without adaptive management
- Presented as a linear process through three phases





Add Adaptive Management

Standard NRCS CPP with Adaptive Management:
i.e. evaluate & adjust



PLANNING FOR LOW-TECH RESTORATION

As extension of NRCS Conservation Planning Process

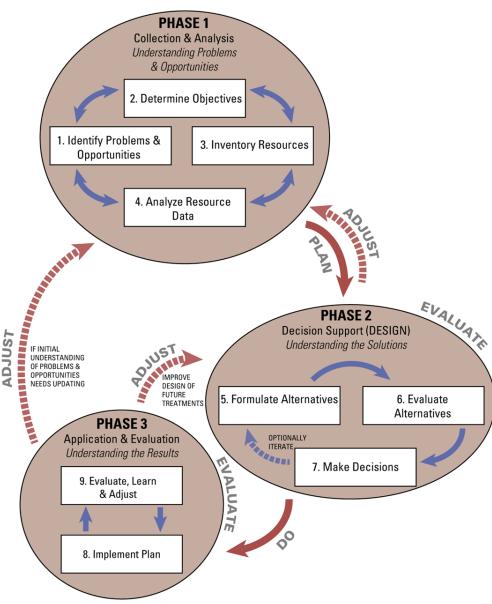


Figure 3.1 (p. 89) from Bennett et al. (2019)

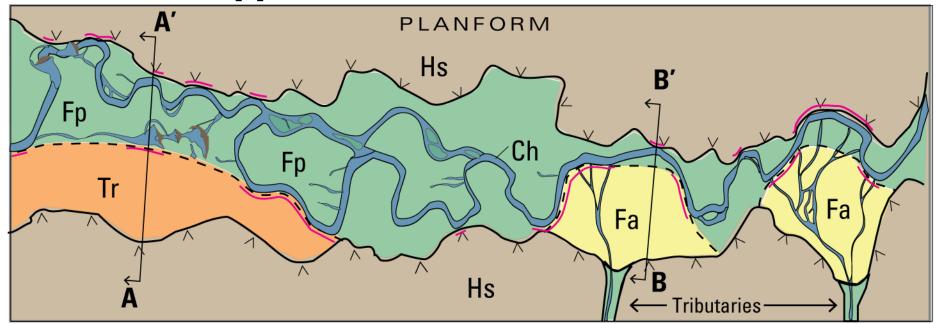
Chapter 3 LTPBR Manual

DOI: 10.13140/RG.2.2.15815.75680

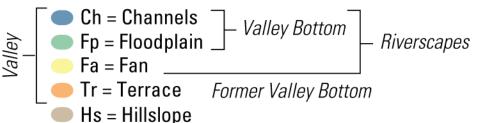




Reading your riverscape... to look for opportunities to build resilience



GEOMORPHIC UNIT KEY



The valley bottom is comprised of areas that could plausibly flood in the contemporary flow regime.

MARGIN TYPES

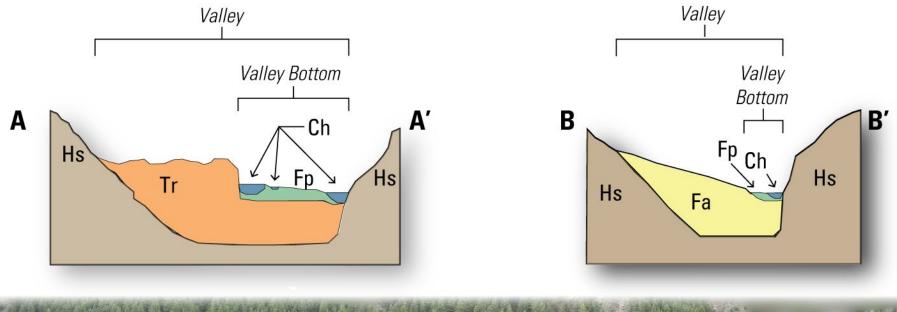
- ∨ Valley Margin
- Valley Bottom Margin
- Active Confining Margin

Where are their riverscape & riparian restoration or conservation opportunities?

From page 9 of Pocket Guide; Wheaton et al. (2019) DOI: 10.13140/RG.2.2.28222.13123/1

Contrasting Valley Settings Provide different Opportunities

VALLEY CROSS SECTIONS

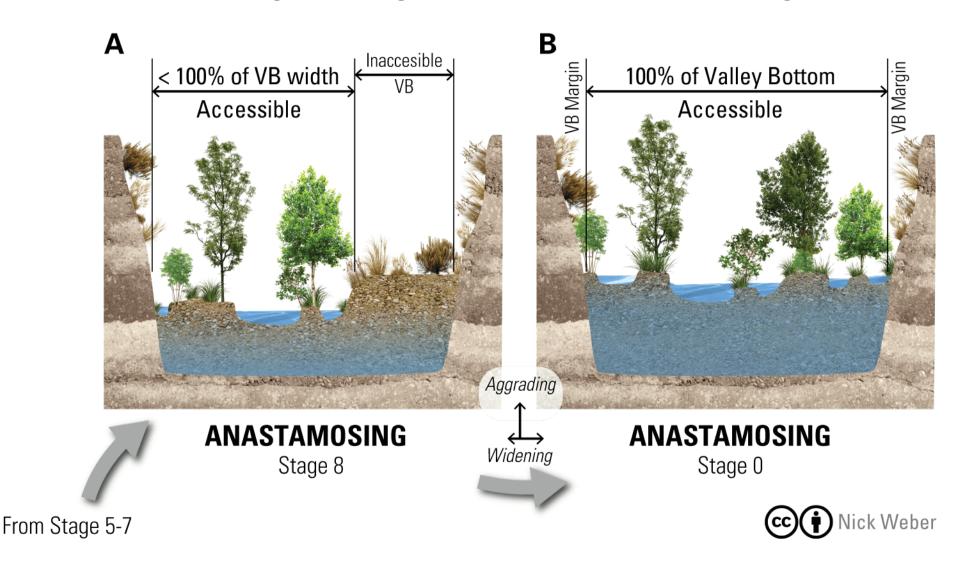


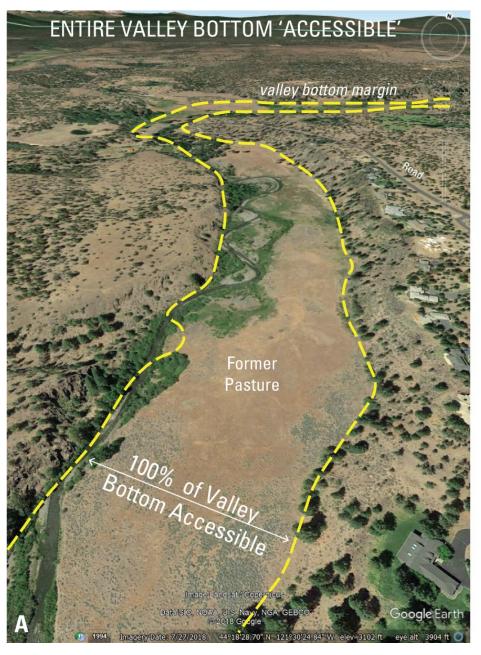


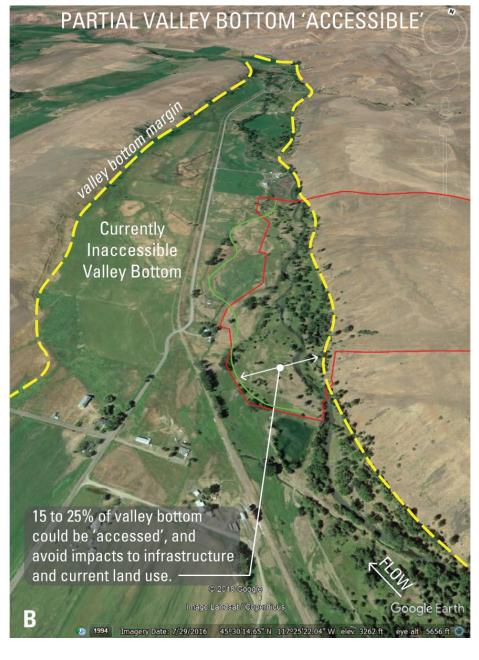
From page 10 of Pocket Guide; Wheaton et al. (2019)

DOI: 10.13140/RG.2.2.28222.13123/1

Different Stages/Degrees of Anastamosing







From page 14 of Pocket Guide; Wheaton et al. (2019)

DOI: 10.13140/RG.2.2.28222.13123/1

How much is in play for restoration?

PLANNING FOR LOW-TECH RESTORATION

As extension of NRCS Conservation Planning Process

On to Phase 3

- Fed from Design
- Number of treatments estimated in design

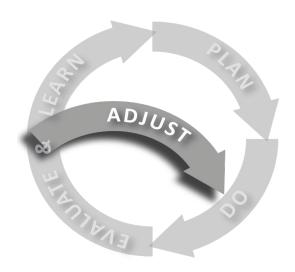
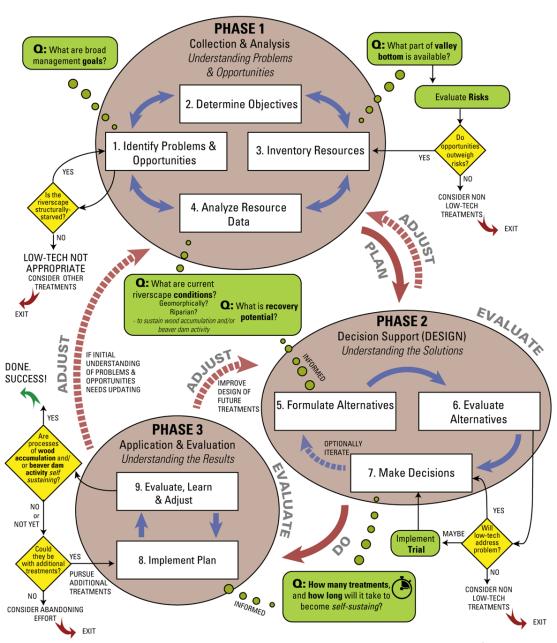


Figure 3.20 from Bennett et al. (2019, p 115)

Chapter 3 LTPBR Manual

DOI: 10.13140/RG.2.2.15815.75680





Design Manual References — Chapters 4 & 5





Scott M. Shahverdian, Joseph M. Wheaton, Stephen N. Bennett, Nicolaas Bouwes, Reid Camp, Christopher E. Jordan, Elijah Portugal, and Nicholas Weber

NonContinuempted Uttation:
Shahverdan, S.M., Wheaton, J.M., Bennett, S.N., Bouwes, N., Camp, R., Jordan, C.E., Portugal, E. and Weber, N., 2019. Chapter 4 - Minicking and Promoting Wood Accumulation and Beaver Dam Activity with Post-Assisted Log Structures and Beaver Dam Analogues In: J.M. Wheaton, S.N. Bennett, N. Bousses, J.D. Maestas and S.M. Shahvendan (Editors), Low Tech Process-Based Restration of Rerescapes: Design Manual, Ush State University Restoration Consortium, Logan, Ush, 68 pp.



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IMPLICATIONS FOR PRACTICE

- Post-assisted log structures (PALS) and beaver dam analogues (BDAs) are hand-built structures. PALS mimic and promote the processes of wood accumulation; whereas BDAs mimic and promote beaver dam
- PALS and BDAs are permeable, temporary structures, built using natural materials.
- BDAs differ from PALS in and that BDAs create ponds using a variety of fit materials; PALS are built with only woody material, which tends to be larger diameter than the woody material used for BDAs.
- PALS and BDAs are both intended to address the broad impairment of structural starvation in wadeable streams, but can also be used to mitigate against a range of more specific impairments.
- PALS and BDAs can be built using a variety of natural materials, and built to a range of different shapes, sizes
- PALS and BDAs are most likely to achieve restoration goals when built in high numbers.
- Some PALS and BDAs are likely to breach and/or lose some wood, but when many structures are installed, that material will accumulate on downstream structures or in natural accumulation areas leading to more

CHAPTER 4: MIMIODING & PROMOTING WOOD ACCUMULATION & BEAVER DAM ACTIVITY WITH FALS & BOAR

Chapter 5 - DESIGNING LOW-TECH RESTORATION PROJECTS FIELD DESIGN Scott M. Shahverdian, Stephen N. Bennett, Nicolaas Bouwes, Reid Camp, Elijah Portugal and Joseph M. Shahverdan, S.M., Bennett, S.N., Bouwes, N., Camp, R., Portugal, E. and Wheaton, J.M., 2019. Chapter 5- Designing Low-Tech Pestoration Projects. In: J.M. Wheaton, S.N. Bennett, N. Bouwer, J.D. Maestas and S. Shahverdan (Editors), Low-Tech Processnestoration Projects, st. J.M. Hineston, G.H. Dernett, H. Dowells, J.J. Wileston and G. Understrain Controls, Sub-Hall Products Based Restoration of Riverscapes: Design Manual, Utah State University Wheaton Ecogeomorphology & Topographic Analysis Lab, Logan, Utah. 28 pp. This work is licensed under a <u>Creative Commons Attribution 4.0</u> International License. A complex is a group of structures designed to work together to mimic and/or promote specific processes to IMPLICATIONS FOR PRACTICE achieve one or more project objectives. Complexes are the building blocks of a low-tech restoration design. The low-tech restoration design process for complexes: is rapid, low-cost, flexible, transparent, field-based, and generates clear and testable design hypothesizes the hydraulic zone of influence (laterally constrained by the valley bottom) of the treatment, which helps set expectations for the extent of impact of the treatment relative to overall project goals and reach objectives for recovery potential; identifies low-flow, typical-flood, and extreme-flood hypotheses (i.e., process-based responses). which articulate the connection between the processes initially mimicked, later promoted, and hopefully eventually taken over naturally by the system. Design of low-tech restoration projects focuses on the complex-scale rather than the individual structure to maintain focus on the scope of inverscape degradation due to structural stanvation. CHAPTER 5: DEGIONING LOW-TECH RESTORATION PROJECTS

Chap 4: Shahverdian et al. (2019a)

DOI: 10.13140/RG.2.2.22526.64324

Chap 5: Shahverdian et al. (2019b)

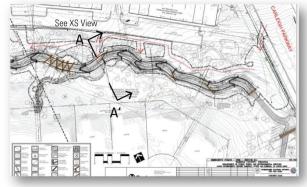
DOI: 10.13140/RG.2.2.11621.45286

Common Design Practice for Restoration

- Base topographic map
- Specific cross sections
- Requires extensive pre-project field topographic survey and desktop processing

STANDARD ENGINEERING PRACTICE

Engineering Plan Indicates where Specific Features to be Installed



The plan tends to be overlaid on a topographic basemap, and shows specific locations of cross sections and/or profiles.

Specific Topographic
Design Cross Sections (e.g. A-A')



Cross-Section shown that is not hypothetical or typical, but specific to an actual location on plan.

USED IN BOTH ENGINEERING PRACTICE & STANDARD LOW-TECH PRACTICE

Typical Structure Schematics







Schematics of typical (not specific) planform, cross-section, and/or profile views of standard, recurring design elements (in this case structures). These are only meant to convey what typical structures look like approximately, but need not be followed rigidly.



LTPBR Manual. DOI: 10.13140/RG.2.2.19590.63049/2

What is in a Low-Tech Design?

RECOMMENDED MINIMUM DESIGN PACKAGE





Shows complex locations on drainage network.

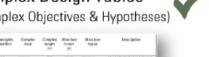
Complex-Scale Map(s) (One for each complex)



Shows structure locations within each complex, complexes zone of influence, structure types, & valley bottom extents.

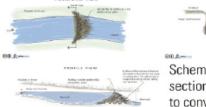
Complex Design Tables

(Clear Complex Objectives & Hypotheses)



Note, structure design tables are possible but not always necessary as during construction not all structures are built exactly as designed, and flexibility is key (e.g. 12-15 structures specified).

Typical Structure Schematics





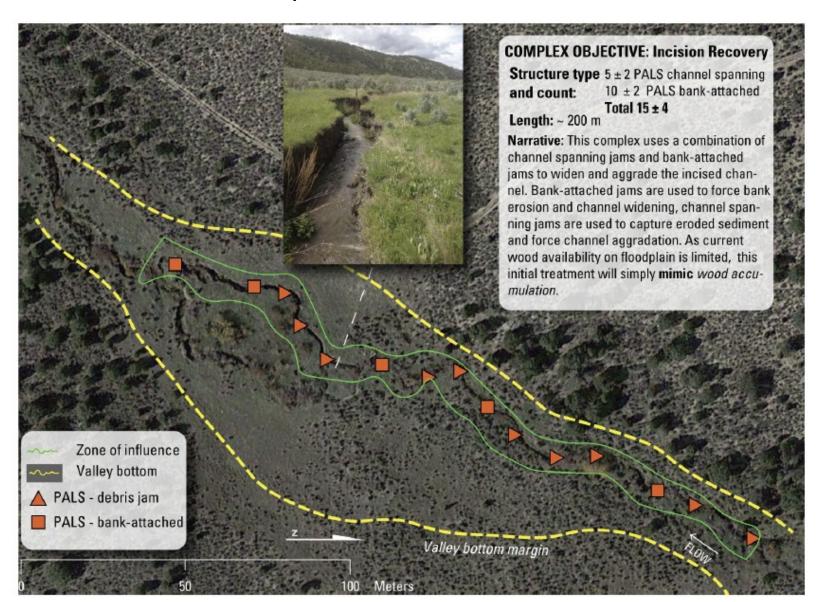
Schematics of planforms, crosssections, & profiles are helpful to convey what typical structures will look like, but need not be followed rigidly.

From page 20 of Pocket Guide; Wheaton et al. (2019)

DOI: 10.13140/RG.2.2.28222.13123/1

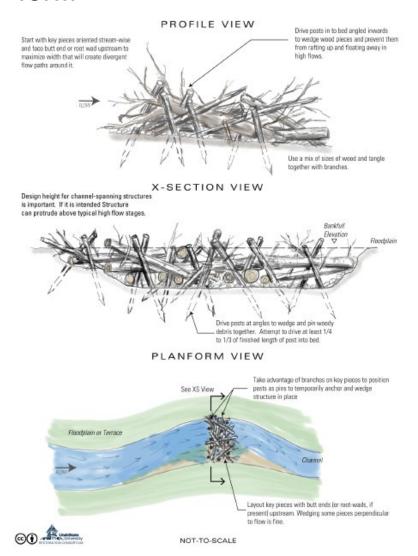
Low-Tech Design – Complex Map

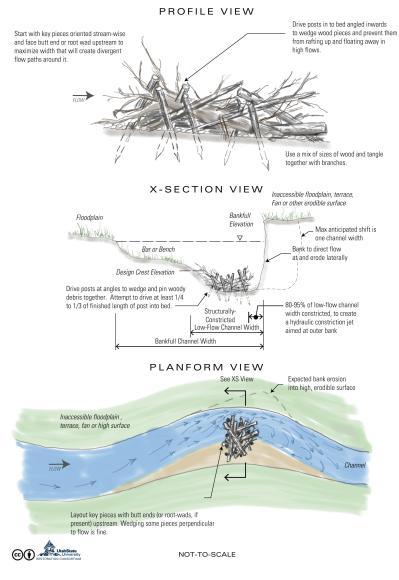
zone of influence, valley bottom, narrative, ... structure locations?



Structure Schematics

 Provide information on typical form





Do NOT need to be followed rigidly

See Appendices D & E from Chap 4:

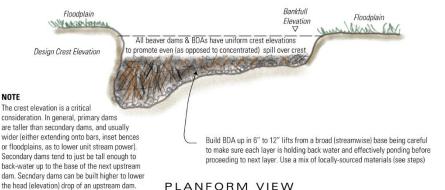
Shahverdian et al. (2019; p 184-207)

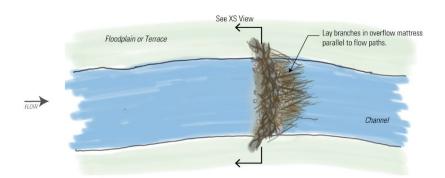
DOI: 10.13140/RG.2.2.22526.64324

Some BDA Structure Schematics



X-SECTION VIEW





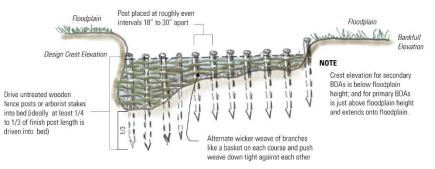
UtehState University RESTORATION CONSONTRUM

PROFILE VIEW Floodplain or Terrace Hooppan or roman Branches should be weaved tight with any gaps filled with smaller branches, sediment, Design Crest Elevation turf and other locally sourced organic matter. New Pond **BDA** height Backfill upstream side of dam with bed sediment and/ Build an overflow mattress of branches 11 or turf sourced from area inundated by new pond to laid parallel to flow direction and woven help plug excessive through-flow and create wider base.into weave above. The mattress acts to dissipate flow energy of flows spilling

X-SECTION VIEW

over top of dam.

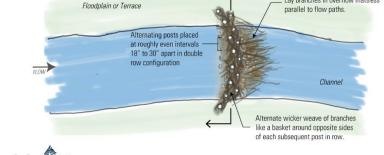
Lay branches in overflow mattress



PLANFORM VIEW

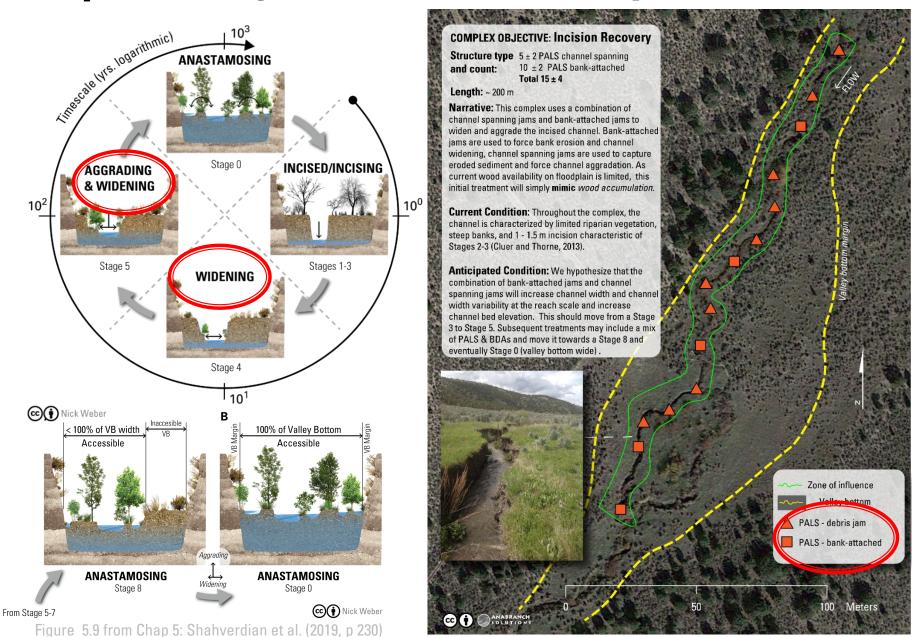
See XS View

NOT-TO-SCALE





Complex Design - Incision Recovery



DOI: 10.13140/RG.2.2.11621.45286

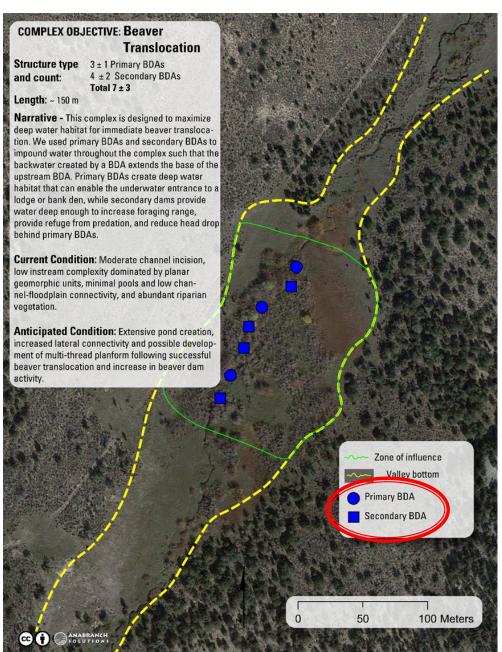
Complex Design – Beaver Translocation

- Maximize deep water habitat with access to forage
- Provide options upstream and downstream of release site

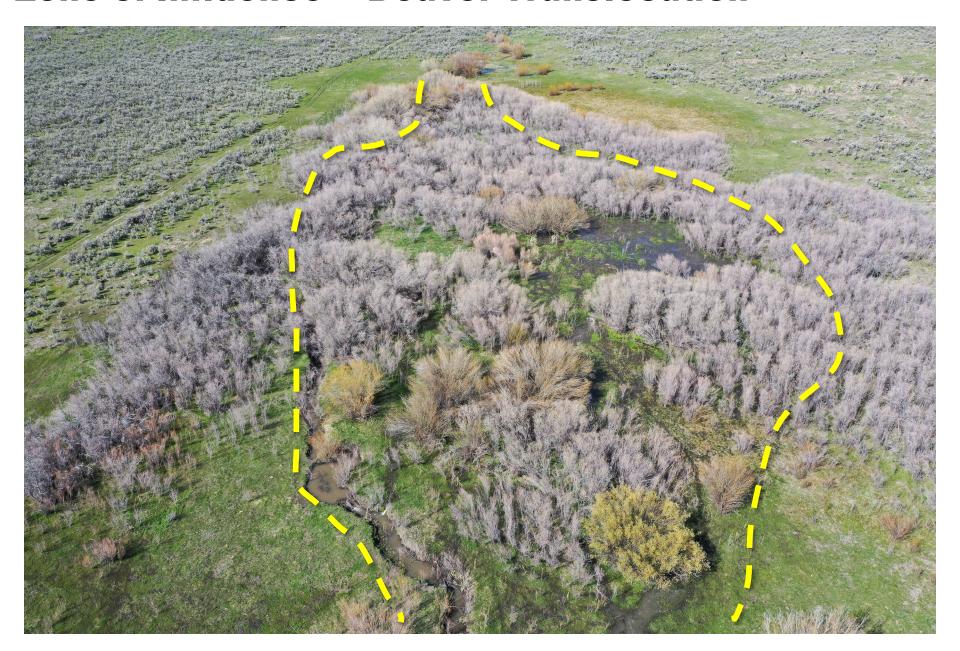


Figure 5.8 from Chap 5: Shahverdian et al. (2019, p 228)

DOI: 10.13140/RG.2.2.11621.45286



Zone of Influence – Beaver Translocation



NRCS Conservation Practice 643 — Specification Sheet

United States Department of Agriculture

Restoration of Rare or Declining Natural Communities:

Beaver Dam Analogues and Post-Assisted Log Structures for Low-Tech Stream Restoration

Conservation Practice 643 - Specification Sheet

Client:	Date:	
Location:	County:	
Contract #:	Tract/Field:	
Planner:	Acres:	

Practice Description

Beaver Dam Analogues (BDAs) and Post-Assisted Log Structures (PALS) are low-tech woody structures designed to facilitate process-based restoration of streams and riparian areas. BDAs mimic and promote the processes of beaver activity, while PALS mimic and promote the processes of wood accumulation. Structures are low, semi-permeable, and hand-built using native materials (wood, sod, etc.) with untreated wooden fence posts added where necessary for extra stability. Structures are designed to be short-lived and used primarily as a temporary tool to promote natural process recovery. Typically, 'complexes' consisting of multiple structures are used within a stream reach to meet project objectives. The desired outcome is to initiate restoration of natural processes that self-sustain healthy valley bottoms and riparian habitats. For more details, reference: Low-Tech Process-Based Restoration of Riverscapes: Pocket Field Guide

Reach Conditions/Complex-Scale Objectives (complex - group of structures designed to work together)									
Reach/ Complex Name	Length	Baseline Conditions	Goals & Objectives	Target Conditions					
Stony Creek	500 ft	Channel incision (~3 feet) limits regular floodplain access. Riparian vegetation minimal and only where inset floodplains have developed.	Improve floodplain connectivity, expand riparian vegetation to improve native fish and wildlife habitat	The desired outcome is to widen incision trench by one active channel width, expand inset floodplain, and increase riparian vegetation extent by 50% within 5 years.					

Treatment Specifications							
Reach/ Complex Name	Structure No.	Structure Type		Approximate Dimensions (ft) (L x W x H)	Site-Specific Notes		
Stony Creek	1	Bank-attached PALS		7x2x3	Use bank blaster to force high flows into cutbank		
Design drawings and maps			See Appendix A for standard structure drawings and installation instructions. Refer to conservation plan map for layout of structures.				
Permits and consultations (List stipulations, timing restrictions, conservation measures, and notifications required by permitting/consultations.)							
Risk mitigation measures and							
additional notes (Complete risk considerations checklist and describe any measures needed to reduce risks)							

Conservation Practice 643 – Specification Sheet Operation, Maintenance, and Adaptive Management BDAs and PALS are intended to be short-tame structures to mimic and promote natural processes. The design life is minimally one year, but the functional life of structures is often 5+ years. Maintenance and repair will likely be required until objectives and desired conditions for the complex are achieved. Structures should be inspected annually after peak runoff events but more frequent monitoring is ncouraged. The amount and type of maintenance needed depends on project objectives. The failure of an individual structure may not be problematic if undesired impacts are not occurring and management objectives are still being achieved across the whole complex of structures. Typical maintenance activities include: Replacing posts Refilling structure with woody materia Plugging leaks in ponds (BDAs) Extending structure length Since the long-term goal is to restore self-sustaining processes (e.g., wood accumulation and/or beaver dam activity), adaptive management should include regular evaluation to determine if additi treatments are needed through time. CLIENT'S ACKNOWLEDGEMENT STATEMENT CLIENT'S ANAMYSTAND. The Client alsonologies that: a. They have received a copy of the specification and understand the contents and requirements. b. It shall be the responsibility of the client to obtain all necessary permits and/or rights, and to comply with all ordinances and laws pertaining to the application of this practice. have completed a review of the information provided by the client or have conducted a site visit and certify this practice has been applied according to NRCS standards and specifications.

Conservation Practice 643 - Specification Sheet

LOW-TECH STRUCTURE DEFINITIONS



- POST-ASSISTED LOG STRUCTURES



- RDAS BEAVER DAM ANALOGUES
 - BDAs are handbuilt structures that mimic and promote the processes of beaver dam
 - BDAs are a pern

BANK-ATTACHED PALS POSTLESS BDA







MID-CHANNEL PALS









CHANNEL-SPANNING PALS









Conservation Practice 643 - Specification Sheet

BEAVER DAM ANALOGUES



while white was a superior with a Use mud, bed material & turf sourced from backweter area combined with sticks of various sizes to build wide base Make sure base is wide enough to accommodate designed height.

Build up subsequent layer(s) in 6 to 12" lifts, packing well with mud, turf, leaves, needles, sediment and other material until ponding water to this next temporary crest elevation. Lay branches parallel to flow on downstream side

FINISHING STEP

Bring dam up to desired design crest elevation. Make sure cres dam is perfectly level (so no preferential flow or weir exists). It stream is flowing, water should be backed up and ponding, but equals flow out lover and through leaky daml.



Conservation Practice 643 – Specification Sheet

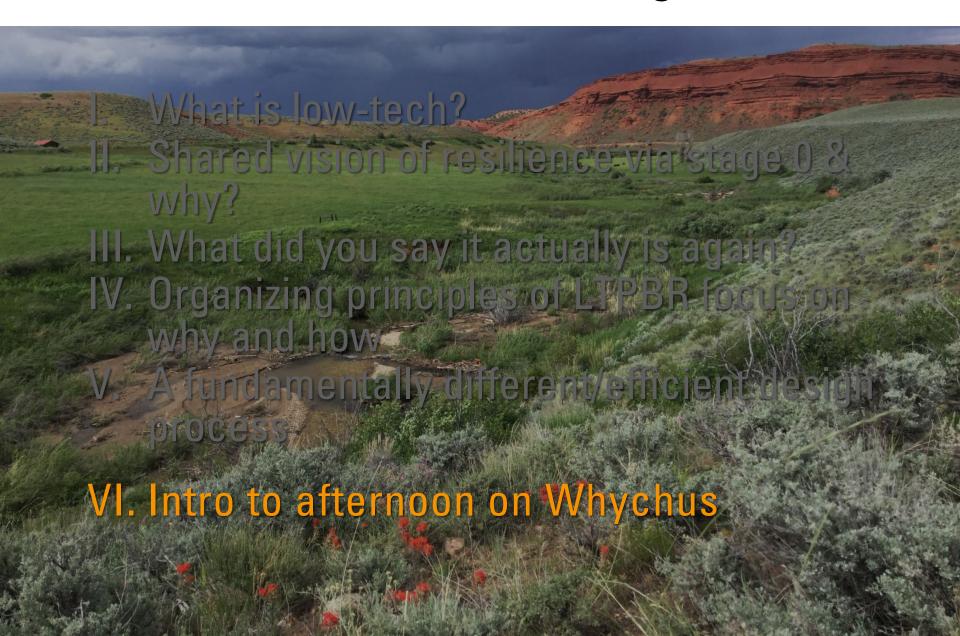
HOW TO BUILD BDAs

- Decide location of BDA dam crest orientation, configuration (e.g., straight or convex downstream), and crest elevation (use landscape flags if necessary). Position yourself with your eye-level at the proposed crest elevation of the dam (make sure it is < 5' in height). Look upstream to find where the pond will backwater to. Adjust crest elevation as necessary to achieve desired size of pond, inundation extent, and overflow patterns. If concerned about head drop (water surface elevation difference) over BDA, build a secondary BDA downstream with a crest elevation set to backwater into base of this BDA (and lessen head drop or elevation difference between water surface in pond and water surface downstream of BDA).
- Build up first layer or course by widening base upstream and downstream of crest to flat height of 6 to 12" above existing water surface, and make sure it holds back water.
 - a. If larger key pieces (i.e., larger logs, cobble or small boulders) are locally abundant, these can be used to lay out the crest position across the channel. Optionally, they can be 'keye
- Build up subsequent layer(s) in 6" to 12" lifts, packing well with fine fill material until nonding water to its next emporary crest elevation.
- Repeat step 3 as many times as ecessary to build up to design crest
- elevation. Work a overflow mattress (laying branches parallel to flow) into dam on downstream side and build to provide energy dissipation to overtopping flows
- If desired, and time permits, attempt to plug up BDA with mud and organic material (small sticks and turf) to flood pond to crest elevation. Optionally, you can leave this for maintenance by beaver or for infilling with leaves, woody debris and sediment.

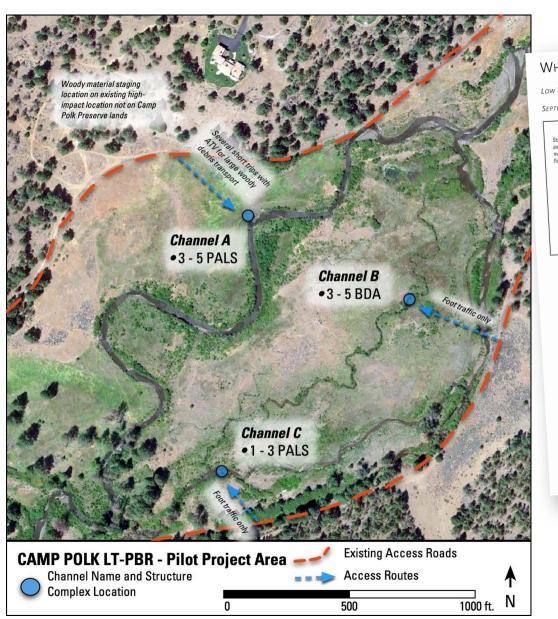
- in by excavating a small trench (no need to be deeper than ~1/3 of the height of key piece with excavated material.
- b. Lay out first layer of larger fill material, being careful not to go to higher than 6" to 12" above existing water surface. The first layer should be just high enough to backwater a flat water surface behind it.
- C. Using mud, bed material & turf (typically sourced from backwater area of pond) as fine fill material to plug up leaks, combine with sticks and branches of various sizes to build a wide base. Make sure base is wide enough to accommodate anticipated dam height (most dams will have a 1.5:1 to 3:1 (horizontal) vertical) proportions.
- d. Build up first layer only to top of key pieces from first layer. Make sure the crest is level across the channel and water is pooling to this temporary crest elevation.

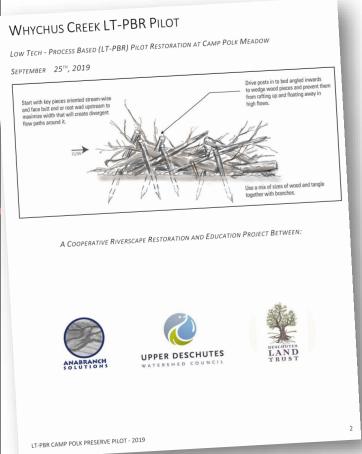


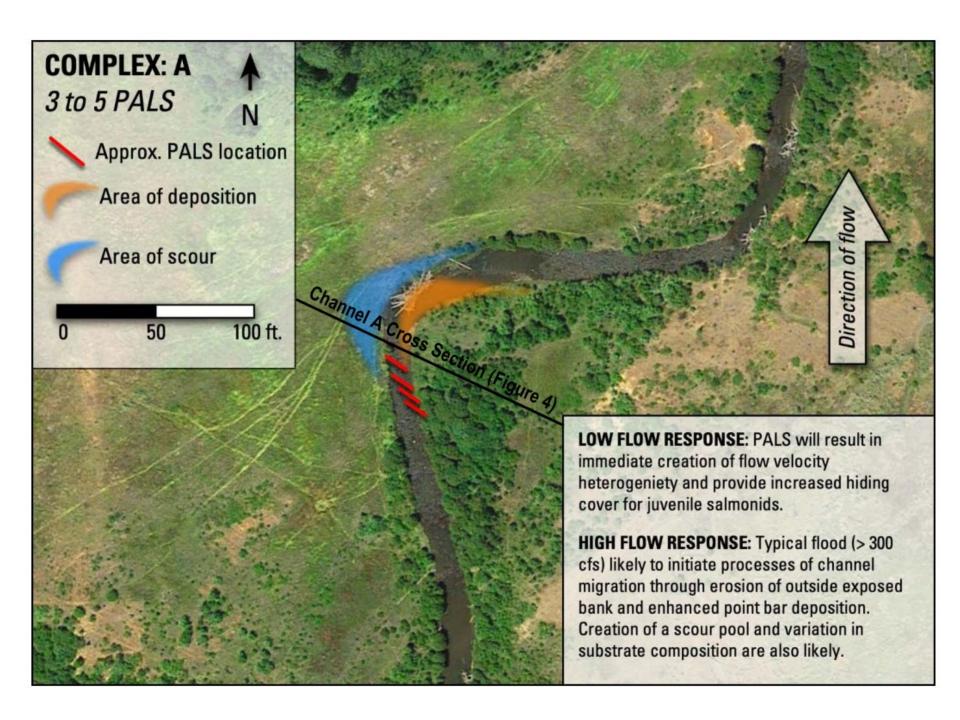
OUTLINE: Intro to LTPBR for Stage 0

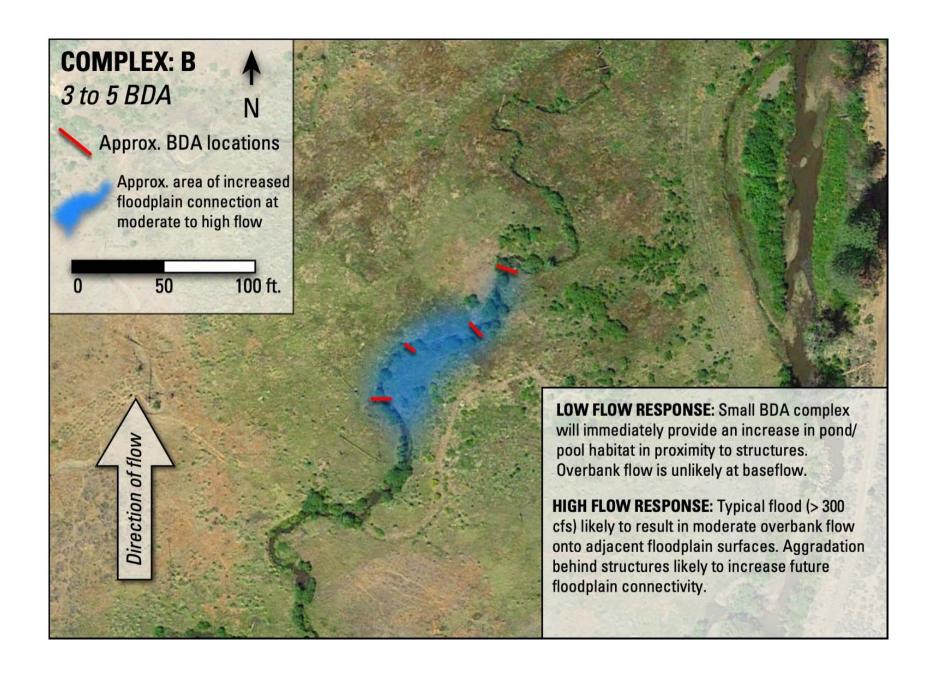


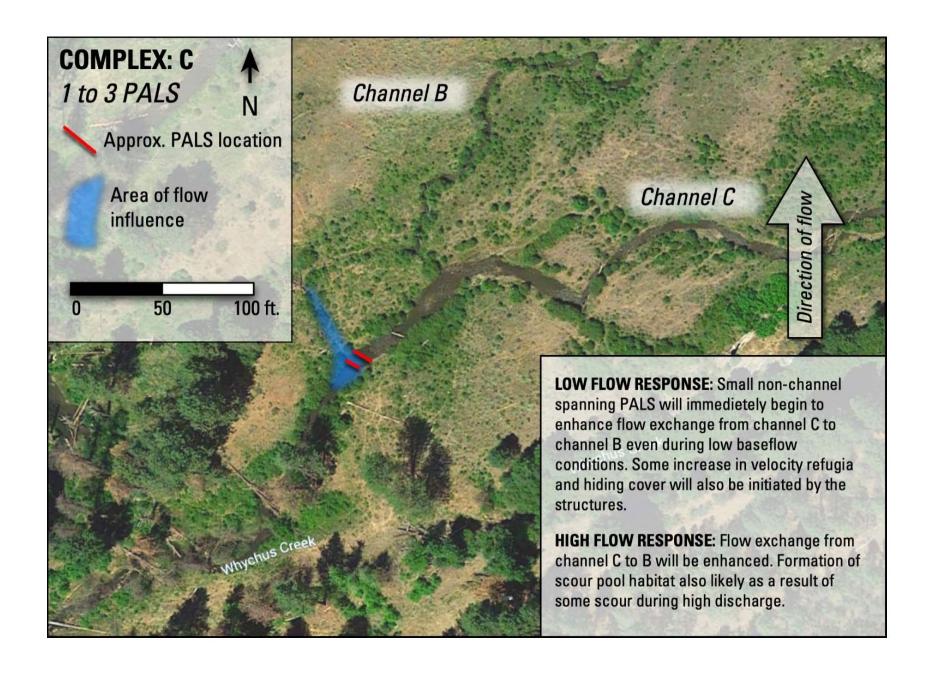
Field Trip — Get to Go Play on Pilot













Conclusions: Intro to LTPBR for Stage 0

- •We need to improve resilience of riverscapes & working lands
- Need for low-tech restoration is underscored by massive scope of degradation & excessive costs of traditional practices
- We need to reimagine what is possible;
 Anastomosing (Stage 0/8) is that target!