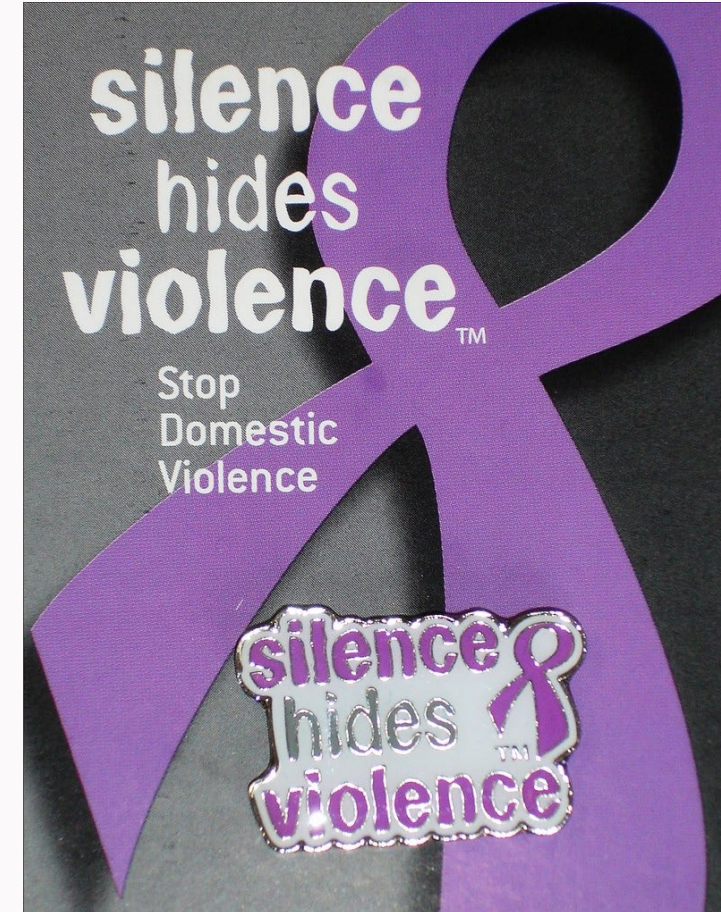


# Empowering Strategies for Club Women to Give Voice to Victims & to Educate the Community

*Signature Program: Domestic and Sexual Violence Awareness and Prevention*

BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO HAVE NO VOICE.

- The goal of the GFWC Signature Program is to increase awareness of and help prevent the widespread occurrence of **domestic** and **sexual violence** abuse in communities across the Nation



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# BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO HAVE NO VOICE.



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## 8 Focus areas

- **Campus Sexual Assault**
- **Child Abuse**
- **Elder Abuse**
- **Human Trafficking for Sexual Purposes**
- **Intimate Partner Violence**
- **Military Sexual Assault**
- **Teen Dating Violence**
- **Violence Against Native American Women**





# HAVE NO VOICE.

# Hope for Justice

Online: [www.hopeforjustice.org/GFWC](http://www.hopeforjustice.org/GFWC)

Mail: Send a check: Hope for Justice: PO  
Box 280365, Nashville, TN 37228.

In the donation description, please indicate that you are a member of GFWC.



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## • Hope for Justice

## Amanda Jacobi, Philanthropy Manager

***Nashville, TN, 37228***

**E: [amanda.jacobi@hopeforjustice.org](mailto:amanda.jacobi@hopeforjustice.org)**

# A Partnership to Fight Human Trafficking



BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO HAVE NO VOICE.

# General Federation of Women's Clubs recognizes State Federations to win awards!



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## BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO HAVE NO VOICE.

- SUCCESS for SURVIVORS SCHOLARSHIP
  - Timeline of Events
- October 13, 2024-scholarship applications open
- February 10, 2025-scholarship is due
  - May-June-receipients notified
- July-monetary rewards sent to school



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## BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO HAVE NO VOICE.

- **Domestic and Sexual Violence Awareness Months and Special Dates to Remember!**
- January Human Trafficking AM - [Blue](#), LGBTQ+ History Month, Stalking AM - [Yellow](#)
- February Teen Dating Violence AM - [Orange](#)
- March Women's History, National "No More" week of March 2-8.
- April Child Abuse AM – [Blue](#), Sexual Assault AM – [Teal](#)  
(Includes Campus, Military, Native American)
- May Missing & Murdered Indigenous Persons AD ([red hand over mouth](#)) May 5th





## BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO HAVE NO VOICE.

- **Domestic and Sexual Violence Awareness Months and Special Dates to Remember!**
- June LGBTQ+ Pride Month **RAINBOW**, Elder Abuse Month – Purple, Sat., June 15th is World Elder Abuse Awareness Day
- July
- August **Monday, Aug. 26, 2024, Women's Equality Day**
- September **National Suicide Prevention Month (Purple & Teal)**
- October Domestic Violence Month – Purple, National Bullying Prevention Month- Blue
- November Native American Heritage Month, Veterans Day, Nov 11<sup>th</sup>.
- December



# *Resolutions:*

**110-010 Campus Sexual Assault**

**110-020 Domestic and Sexual Violence Awareness and  
Prevention**

**110-030 Elder Abuse Prevention**

**110-040 Military Sexual Assault**

**110-050 Sexual Assault Evidence Collection Kits**

**110-060 Sexual Harassment**



# *Let's learn about the 8 focuses*



BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO  
HAVE NO VOICE.



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# Campus Sexual Assault



BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO HAVE NO VOICE.

# Child Abuse

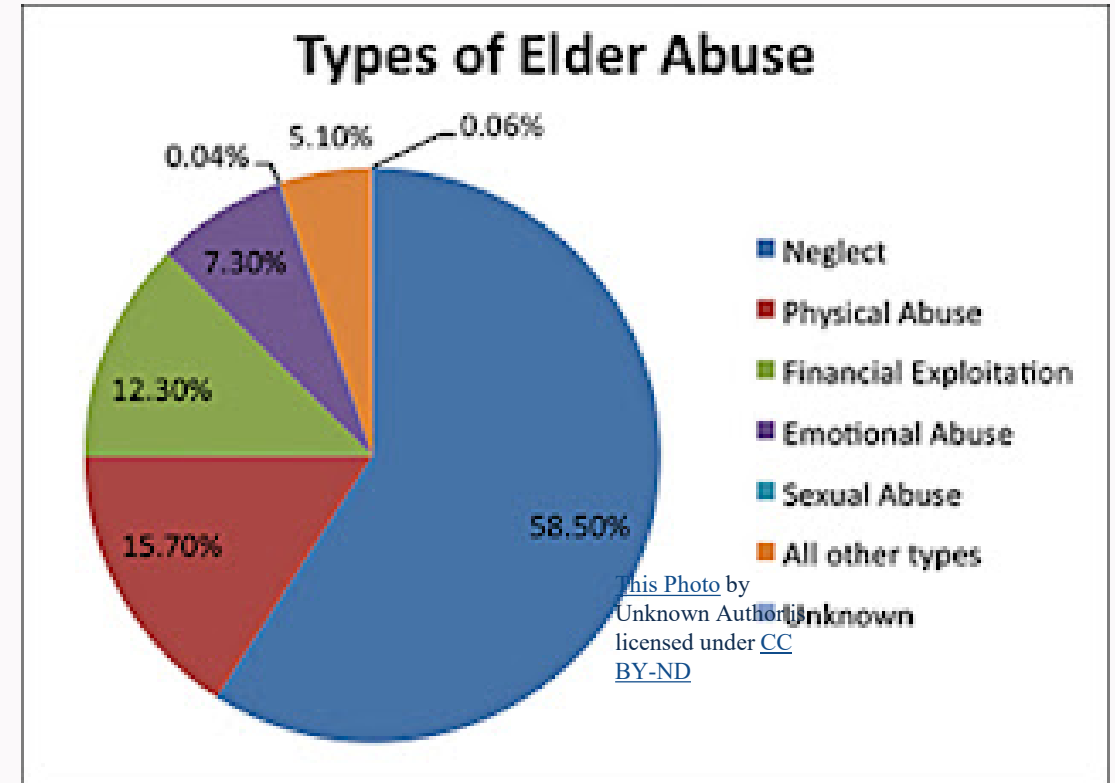


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BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO HAVE NO VOICE.

# Elder Abuse



BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO  
HAVE NO VOICE.

# Human Trafficking for Sexual Purposes

**Globally,  
Women and  
Girls make up  
70% of  
trafficking  
victims.**

Source: UNODC

WOMEN FOR ACTION

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BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO  
HAVE NO VOICE.

## Cycle of Violence



# Intimate Partner Violence



BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO  
HAVE NO VOICE.



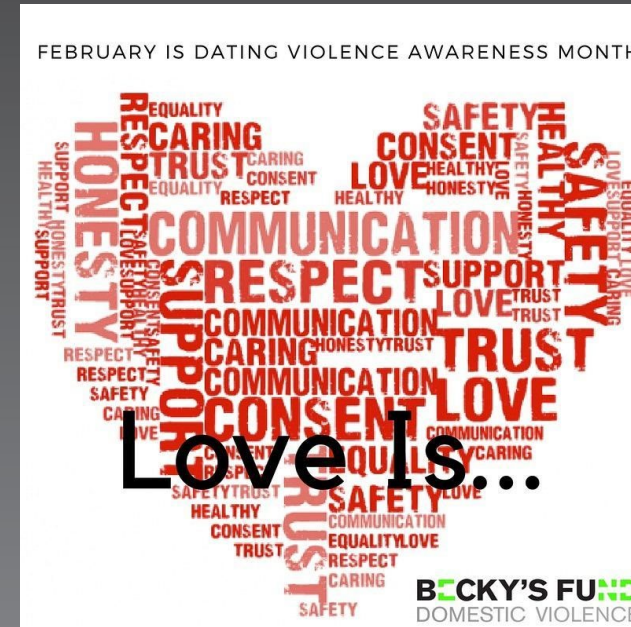
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# Military Sexual Assault



BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO HAVE  
NO VOICE.

# Teen Dating Violence



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BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO  
HAVE NO VOICE.

# Violence Against Native American Women



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**GFWC**  
est. 1890  
GENERAL FEDERATION  
OF WOMEN'S CLUBS

BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO  
HAVE NO VOICE.

***BINGO!***

***BINGO!***

***BINGO!***





**GFWC**  
est. 1890  
**GENERAL FEDERATION  
OF WOMEN'S CLUBS**

# Thank you!

**Carrie Zimmerman, Chairman**  
GFWC Southern Region  
**Teresa Sanford-Shipplett**  
GFWC Great Lakes Region  
**Shirley Holly**  
GFWC Middle Atlantic Region  
**Karen Bruce**  
GFWC Mississippi Valley Region  
**Grace Kobojek**  
GFWC South Central Region  
**Beth Smith**  
GFWC Southeastern Region  
**Paula Andrews**  
GFWC New England Region  
**Theresa Rudder**  
GFWC Western States Region





## **BECOME A CHAMPION: BE THE VOICE FOR THOSE WHO HAVE NO VOICE.**

The goal of the GFWC Signature Program is to increase awareness of and help prevent the widespread occurrence of **domestic** and **sexual violence** abuse in communities across the Nation by working with national domestic violence networks, supporting existing activities, working with various established programs, and initiating educational opportunities for club members and local citizens. GFWC aims to be a powerful voice for those who have no voice.

In partnership with GFWC and community members, we pledge to work together with passion and purpose to **advocate** for survivors of domestic and/or sexual violence and **educate** the public on the prevalence of domestic and sexual violence in our local communities and how informing members can improve outcomes for survivors.

## **BECOME A CHAMPION-KNOW THE PROGRAM!**

The Signature Program has eight areas of focus:

**1)Campus Sexual Assault, 2)Child Abuse, 3)Elder Abuse, 4)Human Trafficking for Sexual Purposes, 5)Intimate Partner Violence, 6)Military Sexual Assault, 7)Teen Dating Violence, 8)Violence Against Native American Women**

### **AFFILIATE-ORGANIZATION:**

#### **Hope for Justice**

Hope for Justice and the General Federation of Women's Clubs (GFWC) share a common mission and vision: to live in a world free from trafficking. We see a world where every human is free and equal. We believe every person can be a force for good. Human trafficking is a global problem, and Hope for Justice brings a global solution. We target our resources where they will have the most impact and help the most people. We want to create nations and societies that are hostile to trafficking - because what you tolerate, you will never change.

**Contact:** Rachael Meiss, Partnerships Development Manager

P.O. Box 280365, Nashville TN37228 P: 615-356-0946 E:

[Rachael.Meiss@hopeforjustice.org](mailto:Rachael.Meiss@hopeforjustice.org)

### **SUCCESS for SURVIVORS SCHOLARSHIP**

- Timeline of Events
- October 13, 2024-scholarship applications open
- February 10, 2025-scholarship is due
- May-June-recipients notified
- July-monetary rewards sent to school

## PROJECTS TO THINK ABOUT

- **Ensure that your campus has appropriate policies and procedures in place to address incidents of sexual assault and follows federal requirements under the Clery Campus Safety Act and Title IX, as well as applicable state and local laws.**
- **Use social media to spread awareness and advocate for social change.**
- **Support local Child Protective Service agencies with kits for children entering foster care.**
- **Develop a public awareness campaign, with clear and consistent messaging to raise awareness and understanding of elder abuse, neglect, and exploitation.**
- **January is Human Trafficking Awareness Month. Participate in awareness campaigns in your community. Educate yourself about human trafficking.**
- **Find local veterans centers, clubs, and events and share information about the free, secure, trauma-sensitive mobile app that was created specifically to support the health and well-being of survivors of sexual assault or harassment during military service <https://mobile.va.gov/app/beyond-mst>**
- **Inform pre-teens and teens of safe and healthy relationship skills.**
- **Engage influential adults and peers to assist with forums in school settings.**
- **Collect gently used purses and tote bags and fill them with health and beauty aids, jewelry, children's items, and other toiletries. Present them to your local shelter.**

## AWARDS

GFWC recognizes State Federations for outstanding projects and clubs for creative projects in implementing effective Signature Program: Domestic and Sexual Violence Awareness and Prevention projects and Affiliate Organization projects as follows:

- Certificate to one State Federation in each membership category
- \$50 award to one club in the nation for project creativity

Award winners will be determined by entries into the Award Program. Each State Federation may submit one State Award Entry and one Club Creativity Award Entry for the Signature Program: Domestic and Sexual Violence Awareness and Prevention projects. Clubs do not submit entries directly to GFWC.

**The National Domestic Violence Hotline:  
1-800-799-7233 or Text START to 88788**

## 2024-2026 SIGNATURE PROGRAM COMMITTEE

**Carrie Zimmerman, Chairman**  
GFWC Southern Region  
[czim22@gmail.com](mailto:czim22@gmail.com)

**Teresa Sanford-Shipplett**  
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[sanford@abingdon.net](mailto:sanford@abingdon.net)

**Shirley Holly**  
GFWC Middle Atlantic Region  
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**Karen Bruce**  
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**Beth Smith**  
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**Paula Andrews**  
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**Theresa Rudder**  
GFWC Western States Region  
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**GENERAL FEDERATION OF WOMEN'S CLUBS  
GFWC SIGNATURE PROGRAM: DOMESTIC AND SEXUAL VIOLENCE  
AWARENESS AND PREVENTION**

**Annual Convention Workshop  
Carrie Zimmerman, Chairman  
June 2024**

**CARRIE: Slide 1**

Welcome to the Empowering Strategies for Clubwomen to Give Voice to Victims & Educate the Community Workshop for the GFWC's Signature Program: Domestic and Sexual Violence Awareness and Prevention. We will begin with a short presentation. Then we will take that knowledge and play a BINGO game! Let's get going!

**CARRIE: Slide 2**

Become a champion: be the voice for those who have no voice. This statement is how we are going to empower our members to step up and advocate for victims of domestic violence and sexual assault and let the public know that we will be the voice for those who have no voice. We want GFWC to be such a strong advocate for the signature program we will be known as a force of advocacy.

The goal of the GFWC Signature Program is to increase awareness of and help prevent the widespread occurrence of domestic and sexual violence abuse in communities across the Nation.

**THERESA R: Slide 3**

Let's review our 8 focus areas: Campus Sexual Assault, Child Abuse, Elder Abuse, Human Trafficking for Sexual Purposes, Intimate Partner Violence, Military Sexual Assault, Teen Dating Violence, and Violence Against Native American Women. These are the areas that the Signature program focuses on.

**THERESA R: Slide 4**

GFWC has Affiliate Organizations that we partner with that also advocate for the cause. Hope for Justice and the General Federation of Women's Clubs share a common mission and vision: to live in a world free from trafficking. We see a world where every human is free and equal. We believe every person can be a force for good.

**SHIRLEY: Slide 5**

Hope for Justice

Human trafficking is a global problem, and Hope for Justice brings a global solution. They target our resources where they will have the most impact and help the most people. We want to create

nations and societies that are hostile to trafficking - because what you tolerate, you will never change.

Please reference this slide to obtain the contact information of our contact from Hope for Justice.

#### **SHIRLEY: Slide 6**

AWARDS! GFWC recognizes State Federations for outstanding projects and clubs for creative projects in implementing effective Signature Program: Domestic and Sexual Violence Awareness and Prevention projects and Affiliate Organization projects as follows:

- Certificate to one State Federation in each membership category
- \$50 will be awarded to one club for project creativity. Each year, this is awarded!

#### **PAULA: Slide 7**

Another exciting program within the Signature Program is our Success for Survivors Scholarship. This scholarship is for survivors of domestic violence and sexual assault. The applications can be found on our website. The applications open on October 13, 2024. These applications do have specific requirements so please make sure that your clubs read the applications thoroughly. They are due February 10, 2025. After the applicants are chosen, they are notified between May - June 2025. In July 2025 the monetary rewards are sent to the school.

#### **KAREN: Slide 8:**

There are many special dates to remember each year that correlate with Domestic and Sexual Violence and our 8 focus areas. These are good to be aware of as projects can be tailored to highlight these special dates as the awareness is being promoted Nationwide!

January: Human Trafficking Awareness Month - Blue, LGBTQ+ History Month, Stalking Awareness Month – Yellow;

February: Teen Dating Violence Awareness Month – Orange;

March: Women's History and National "No More" the week of March 2-8

April: Child Abuse AM – Blue, and Sexual Assault AM – Teal (Includes Campus, Military, Native American)

May: Missing & Murdered Indigenous Persons Awareness Day (red hand over mouth) May 5

#### **KAREN: Slide 9:**

June: LGBTQ+ Pride Month RAINBOW, Elder Abuse Month – Purple, Saturday, June 15th is World Elder Abuse Awareness Day

August: Monday, Aug. 26, 2024, Women's Equality Day

September: National Suicide Prevention Month (Purple & Teal)

October: Domestic Violence Month – Purple, National Bullying Prevention Month-Blue

November: Native American Heritage Month, Veterans Day, November 11th

Note: July and December have no designations related to this Program Area

#### **GRACE: Slide 10:**

Resolutions adopted by GFWC are the foundation of our organization. They guide our call to action and are the basis of all programming and advocacy. Resolutions are an important and integral part of GFWC Programs.

Please reference the slide for our current resolutions.

### **GRACE: Slide 11:**

Now it's time to learn about the 8 focus areas!

### **SHIRLEY: Slide 12:**

Shirley- Campus sexual assault is any type of sexual contact or behavior that occurs on a school campus without the explicit consent of the recipient. If someone you know is assaulted, these are things you can do to help: Help get them to a safe location. Keep reminding them it was not their fault. Be a supportive listener. If you observed any part of the assault, take detailed notes about what you saw. Go with them to medical and other appointments. Continue to follow up with them and encourage them to seek counseling. WHAT CAN GFWC DO? Ensure that your campus has appropriate policies and procedures in place to address incidents of sexual assault and follows federal requirements under the Clery Campus Safety Act and Title IX, as well as applicable state and local laws. Ensure that resources like safe housing, advocates, counseling, and medical care are available to help survivors. Use social media to spread awareness and advocate for social change. Hold a bystander intervention session to teach bystanders how to intervene in situations that involve sexual violence.

### **TERESA S: Slide 13**

Child Abuse: Child abuse includes all types of abuse and neglect of a child under the age of 18 by a parent, caregiver, or another person in a custodial role that results in harm, potential for harm, or threat of harm to a child.

Children need support after suffering abuse. Talking to a professional therapist can help many children, and many abuse-related disorders can be successfully treated with medications.

Reporting suspected abuse is critical to helping an abuse survivor get the help and support the child needs.

Child abuse and neglect are serious problems that can have lasting harmful effects on its survivors. The goal in preventing child abuse and neglect is to stop this violence from happening in the first place.

### **WHAT CAN GFWC DO?**

Provide support and supplies to families in need at emergency shelters. Advocate for changes in culture and communities to reduce the likelihood of child abuse. Accompany victims to court or to the hospital to provide support and assistance. Encourage club members to become a Court

Appointed Advocates (CASA) and/or Guardians ad Litem. Collect teddy bears to give to children at a child advocacy center, where children are interviewed and examined after an incident of abuse. Support local Child Protective Service agencies with kits for children entering foster care. Provide used suitcases and bags to Child Protective Service agencies to reduce children having to use garbage bags for their belongings.

Support legislation that eradicates child abuse and/or makes laws tougher.

**KAREN: Slide 14:**

Elder Abuse later in life includes the physical, sexual, or psychological abuse, neglect, financial exploitation or stalking of an adult age 50 years or older.

What can GFWC do? Develop a public awareness campaign with clear and consistent messaging to raise awareness and understanding of elder abuse, neglect, and exploitation. Organize training for survivor service providers, health care professionals, community organizations, faith-based advocates, and local agencies to better serve survivors of abuse in later life. Work with local nursing homes to ensure their staff is knowledgeable and has had the proper training. Commit to the prevention of elder abuse by holding education seminars at Senior Centers. Provide Nursing Homes with support material. Partner with a local nursing home on June 15, for World Elder Abuse Awareness Day host a BBQ or picnic. Include activities and food for residents and their families, staff, and the community. Ask volunteers to bring food and games to play and coordinate the activities with nursing home staff. Invite the press for added exposure and increased elder abuse awareness. Organize a collection of robes, socks, pajamas, sweatpants, and shirts that can be donated to senior citizen centers or nursing homes. Call or visit an elderly loved one and ask how he or she is doing. Organize a “Respect Your Elders” essay or poster contest at your local school. Join the Ageless Alliance. This group connects people of all ages, nationwide, who stand united for the dignity of older adults and for the elimination of Elder Abuse. You can join for free at [agelessalliance.org](http://agelessalliance.org)

Ask your bank manager to train tellers on how to detect elder financial abuse Provide a respite break for a caregiver.

**CARRIE: Slide 15:**

Human Trafficking for Sexual Purposes: Sexual human trafficking is any act that has been induced by recruitment, harboring, transporting, provision, obtaining, patronizing, or soliciting of a person for the purpose of a sex act in which anything of value is given to or received by any person.

WHAT CAN GFWC DO? Learn the indicators of human trafficking and report suspicions to the National Human Trafficking Hotline (1-888-373-7888). The Trafficking Victims Protection Act

(TVPA) is the first comprehensive federal law to address trafficking in persons. The law provides a three-pronged approach that includes prevention, protection, and prosecution. Many victims of sex trafficking benefit from mental health services. Providers can help victims in dealing with their trauma while helping them to become survivors through mental health support, job training, and affordable care and access to services. January is Human Trafficking Awareness Month. Participate in awareness campaigns in your community. Educate yourself about human trafficking. Take this quiz to learn how social media is used by traffickers: [www.polarisproject.org/human\\_trafficking\\_recruitment\\_quiz](http://www.polarisproject.org/human_trafficking_recruitment_quiz). Advocate to stop legislation that decriminalizes pimping, brothel-keeping, and sex buying. Help unmask human trafficking networks and urge Congress to pass legislation that will help find traffickers and hold them accountable.

**PAULA: Slide 16:**

Intimate Partner Violence: Intimate partner violence or (IPV) includes physical, sexual, or emotional abuse, as well as sexual coercion and stalking by a current or former intimate partner. An intimate partner is a person with whom a person has or had a close personal or sexual relationship.

Safety is the most important concern. Those in immediate danger should call 911. Domestic violence often results in physical and emotional injuries; get medical care. It can also lead to other health problems, reproductive health challenges, mental health conditions such as depression, and suicide. Women affected by Intimate Partner Violence are also more likely to use drugs or alcohol to cope. After the physical injuries have been treated, a mental health professional should be used to help cope with emotional concerns. A counselor or therapist can help to deal with emotions in healthy ways, build self-esteem, and help develop coping skills. Make a safety plan to leave, save the evidence, find out where to get help in the local community, talk to someone and look into a restraining order, and call a helpline for free, anonymous help.

WHAT CAN GFWC DO? Support programs that: Teach safe and healthy relationship skills to school-aged children. Engage influential adults and peers. Disrupt the developmental pathways toward partner violence. Create protective environments.

**BETH: Slide 17:**

Military sexual assault is the use of force, threats, intimidation, or abuse of authority during intentional sexual contact. It also includes instances where the survivor is unable to consent. Survivors of military sexual assault include both men and women. Spread the word about the DoD Safe Helpline. Free materials are available <https://shop.safehelpline.org/>. Share on social media, at local veterans' events, and/or host a coffee for Service members, family, and veterans using the free coffee cup sleeves. Contact advocacy groups in your area and find out what supplies and collections are needed in local shelters. Contact and speak to someone at the Family Advocacy Program to learn how your group could help clients at a local military installation.



Find local veterans centers, clubs, and events and share information about the free, secure, trauma-sensitive mobile app that was created specifically to support the health and well-being of survivors of sexual assault or harassment during military service <https://mobile.va.gov/app/beyond-mst>. Volunteer at local homeless shelters and ask them to share available MST (Military Sexual Trauma) resources.

**THERESA R: Slide 18:**

Teen dating violence (TDV) also called intimate relationship violence or intimate partner violence among adolescents or adolescent relationship abuse; includes physical, psychological, or sexual abuse; harassment or stalking of any person ages 12-18 in the context of a past or present romantic or consensual relationship.

Learn to recognize the signs of TDV. Unhealthy, abusive, or violent relationships can have severe consequences, short-term, and long-term negative effects on a developing teen. For instance, youth who are victims of TDV are more likely to: Experience symptoms of depression and anxiety. Engage in unhealthy behaviors, like using tobacco, drugs, and alcohol. Exhibit antisocial behaviors, like lying, theft, bullying, or hitting. Think about suicide.

WHAT CAN GFWC DO? Inform pre-teens and teens of safe and healthy relationship skills. Engage influential adults and peers to assist with forums in school settings. Interrupt the developmental pathways toward partner violence by advocating with information and education. Create protective environments and publicize locations. Strengthen economic supports for families by advocating for funding.

**GRACE: Slide 19:**

Violence against Native American Women: American Indian and Alaska Native (AIAN) women and two-spirit people in tribal communities are disproportionately affected by sexual and gender-based violence in the United States. Research and advocacy have brought attention to the unique nature of victimization in our AIAN communities.

What Can GFWC do? November is Native American Heritage Month. Plan a campaign to celebrate and honor Native American heritage and culture. Educate members and communities about issues domestic and sexual assault issues facing AIAN women. Research, share, and advocate for legislation and public policy like the Not Invisible Act of 2019, Savanna's Act, and the Violence Against Women Act. Volunteer with or donate to victim service organizations that serve AIAN victims. Help your community connect to government and non-profit organizations doing research, sharing resources, seeking justice, and serving victims of violence. Collect gently used purses and tote bags and fill them with health and beauty aids, jewelry, children's items, and other toiletries. Present them to your local shelter.

**CARRIE: Slide 20:**

Okay, now it's time to play Bingo! Please get your bingo cards out and we will get started.

(Beth, Carrie, and Paula take turns reading questions).

**CARRIE: Slide 21:**

Introduce the committee members. I am Carrie Zimmerman, Chairman, GFWC Southern Region, Teresa Sanford-Shippett, GFWC Great Lakes Region, Shirley Holly, GFWC Middle Atlantic Region, Karen Bruce, GFWC Mississippi Valley Region, Grace Kobjek, GFWC South Central Region, Beth Smith, GFWC Southeastern Region, Paula Andrews, GFWC New England Region, Theresa Rudder GFWC Western States Region.

Thank you so much!