

# Sound Of Sunshine

## WRAMTA 2018

Western Region of the American Music Therapy Association CONFERENCE  
 Thursday, March 01, 2018 @ 08:00 AM — Saturday, March 03, 2018 @ 06:30 PM

### Conference Agenda

#### Wednesday, February 28

<p><b>8:00 AM to 9:15 AM</b></p>	<p>Registration Table Open          Ontario Convention Center</p>
<p><b>9:00 AM to 4:30 PM</b>          Pacific Time</p>	<p>Institute: The Science and Spirit of Music for Wellness - 4          Keys to Self-Care, Personal and Professional Growth</p> <p><b>Wednesday February 28, 2018</b>  <b>9:00am-4:30 pm</b>  <b>Room 202 AB (Ontario Convention Center)</b>  <b>6 CMTES</b>  <b>**Not included in conference registration. You need to register for this course**</b></p> <p>When is the last time you played music just for you? How can you expand your practice into the thriving area of wellness for corporate, health care, staff programs and even coaching? Stress reduction through sound has ancient roots in indigenous wisdom. Join Christine Stevens in an experiential training in the 4 keys of music for wellness based on her global travels, studies with Lakota Elders, and double masters-degrees in social work and music therapy. Recommended materials: Music Medicine, 2012, Sounds True.</p> <p><i>All courses are approved by the Certification Board for Music Therapists (CBMT) for the pre-determined number of Continuing Music Therapy Education credits. The Western Region Chapter of the American Music Therapy Association, #P-060, maintain responsibility for program quality and adherence to CBMT policies and criteria.</i></p>
<p><b>5:00 PM to 7:00 PM</b></p>	<p>WRAMTA Welcome/Tech Table          Need help navigating your way around or uploading the conference app? Stop by the table located in the <b>lobby of the Ontario Gateway Hotel</b>.</p> <p><b>**Not the registration table. Registration table is located at the Ontario Convention Center**</b></p>
<p><b>7:00 PM to 11:00 PM</b></p>	<p>WRAMTA EB Meeting          Board Room 205 (Ontario Convention Center)</p>

## Thursday, March 1

<p><b>7:30 AM to 12:00 PM</b></p>	<p><b>WRAMTA Welcome/Tech Table</b> Need help navigating your way around or uploading the conference app? Stop by the table located in the <b>lobby of the Ontario Gateway Hotel</b>.</p> <p><b>**Not the registration table. Registration table is located at the Ontario Convention Center***</b></p>
<p><b>9:00 AM to 12:00 PM</b> Pacific Time</p>	<p><b>CMTE A: The Ethical Music Therapist: Spotlight on Decision Making</b></p> <p><b>March 1, 2018</b> <b>9:00am-12:00pm</b> <b>Salon A/B (Ontario Gateway Hotel)</b> <b>3 CMTEs (FREE!)</b> <b>**Not included in conference registration. You need to register for this course**</b></p> <p><b>Jennifer D. Geiger, MA, MT-BC</b> <b>Eric G. Waldon, Ph.D., MT-BC</b> <b>Wendy S. Woolsey, M.A., MT-BC</b></p> <p>Ethics is arguably the most important aspect of clinical practice for music therapists because it permeates every aspect of the profession. Using a combination of didactic, experiential, and small group work, participants will define what it means to be an "Ethical Music Therapist" and identify tools that can be used when making ethical decisions. Secondly, participants will apply Dileo's Model for Ethical Decision Making to ethical dilemmas in the areas of clinical practice, social media, working with students/interns, and professional relationships.</p>
<p><b>9:00 AM to 1:00 PM</b></p>	<p><b>WRAMTA EB Meeting</b> <b>Board Room 205 (Ontario Convention Center)</b></p>
<p><b>12:00 PM to 7:00 PM</b></p>	<p><b>Registration Table Open</b> <b>Ontario Convention Center</b></p>
<p><b>1:00 PM to 4:00 PM</b> Pacific Time</p>	<p><b>CMTE C: Trauma Informed Music Therapy: The Research, The Process, and The Practice</b></p> <p><b>March 1, 2018</b> <b>1:00pm-4:00pm</b> <b>Room 200 C (Ontario Convention Center)</b> <b>3 CMTEs</b></p> <p><b>**Not included in conference registration. You must register for this course**</b></p>

	<p><b>Victoria Fansler, MT-BC</b> <b>Karla C. Hawlwy, MT-BC</b></p> <p>Trauma affects clients in every population served by music therapists. Persistent trauma in childhood can stunt brain development and undermine children's foundational sense of trust. Surviving adults are left with complex trauma. Music therapists are in a unique position to help clients experience a visceral sense of safety and heal from the adverse effects of trauma. In this interactive lecture, participants will learn about trauma's impact on brain and body and gain evidence-based, somatic tools for trauma processing. Participants will learn to differentiate single incident trauma from complex trauma and deliver service responses accordingly. No prerequisites required.</p>
<p><b>1:00 PM to 6:00 PM</b></p>	<p><b>CMTE B: Expanding and Filling Your NMT Therapy Toolbox: NMT Strategies for ASD and Other Developmental Delays</b></p> <p><b>March 1, 2018</b> <b>1:00-6:00pm</b> <b>Room 200 A (Ontario Convention Center)</b> <b>5 CMTEs</b></p> <p><b>**Not included in conference registration. You need to register for this course**</b></p> <p><b>Julie Guy MM, MT-BC</b> <b>Angela Neve, MM, MT-BC</b></p> <p>Attendees will learn practical tools and strategies for with children, teens and young adults with Autism Spectrum Disorders and other developmental delays. Pertinent music therapy and neuroscience research as related will be presented ("Building the Toolbox"). The remainder will be devoted to "Building the Tools" for speech and language, cognition and motor skills.</p> <p><i><b>It is highly recommended that participants have completed the NMT training prior to attending this institute and are familiar with technique acronyms. While brief overviews of techniques may be given, there is not sufficient time within this institute to train participants on each technique.</b></i></p>
<p><b>2:30 PM to 5:30 PM</b></p>	<p><b>Connections Conference (Students Only)</b> <b>Room 100 A/B (Ontario Convention Center)</b></p> <p>Connections Student Session is an opportunity to network with other students within the western region. Students come together to learn with and from each other while forming relationships.</p> <p>2:30 PM - 3:00 PM Opening Ceremonies 3:00 PM - 4:00 PM Student Presentations 4:00 PM - 5:00 PM Internship Panel 5:00 PM - 5:30 PM Key-Note: Kalani Das "Advocacy in Music Therapy"</p>
<p><b>5:30 PM to 6:30 PM</b></p>	<p><b>Community Forum for Music Therapists</b> <b>Room 200 C (Ontario Convention Center)</b></p> <p>Calling all California Music Therapists and WRAMTA conference attendees! Come join CAAMT for an exciting California &amp; Music Therapy themed game show (think Jeopardy) with prizes, surprises, and a jam session. See you there!</p>

<p><b>6:30 PM to 10:00 PM</b></p>	<p><b>Exhibit Hall Open</b> <b>Upstairs Hallway (Ontario Convention Center)</b></p>
<p><b>7:00 PM to 9:00 PM</b></p>	<p><b>Opening Session: Brought to you by REMO</b> <b>Room 203 A/B/C (Ontario Convention Center)</b></p> <p>Join us at the Ontario Convention Center as we welcome Christine Stevens as our keynote speaker.</p>
<p><b>9:00 PM to 10:00 PM</b></p>	<p><b>Silent Auction</b> <b>Upstairs Hallway (Ontario Convention Center)</b></p>
<p><b>10:00 PM to 11:00 PM</b></p>	<p><b>Jam Room</b> <b>Room 200 C (Ontario Convention Center)</b></p> <p>Join us as our students lead us in a jam/drum circle!</p>

## Friday, March 2

<p><b>7:30 AM to 12:00 PM</b></p>	<p><b>Registration Table Open</b> <b>Ontario Convention Center</b></p> <p><b>WRAMTA Welcome/Tech Table</b> Need help navigating your way around or uploading the conference app? Stop by the table located in the <b>lobby of the Ontario Gateway Hotel</b>.</p> <p><b>**Not the registration table. Registration table is located at the Ontario Convention Center***</b></p>
<p><b>8:00 AM to 9:30 AM</b></p>	<p><b>Concurrent Sessions</b></p> <p><b>We Are AMTA: Evidenced-Based Strategies for Volunteer Leadership</b> Sara Cannon, MAc, MT-BC <b>Room 100 A (Ontario Convention Center)</b></p> <p>The purpose of this presentation is to provide information and insight about volunteer leadership experiences in the American Music Therapy Association through qualitative data gathered from 35 music therapists across the country. Appreciative inquiry, an approach that focuses on what is working well within a system, was utilized to discover (a) what experiences have been meaningful and impactful for music therapist volunteer leaders, (b) how these practices can be enhanced and applied to increase the pipeline of volunteer leaders, and (c) increase positive outcomes for the organization, the field of music therapy, and music therapists seeking leadership skills and experiences.</p>

	<p><b>CBMT Recertification 101: Make Your Credits Work for You</b>          Lauren Bevilacqua, MT-BC  <b>Room 200 A (Ontario Convention Center)</b>          Acquiring 100 recertification credits does not have to be confusing or costly! We will review the most updated recertification requirements, identify and evaluate various economical options for obtaining credits, and review the online platform for recording continuing education. Bring your recertification questions and scenarios for thoughtful discussion and suggestions!</p> <p><b>Songs! Expand Your Repertoire and Clinical Creativity in Early Childhood Music Therapy</b>          Andrew Knight, PhD, MT-BC  <b>Room 200 C (Ontario Convention Center)</b>          Session teaches music therapists with songs, chants, fingerplays, small and large movement, prop, and instrument experiences that they can immediately implement in their work with young children. Attention is paid deepening and broadening participants' approaches to songs in innovative, client-centered ways that involve children and adults.</p>
<p><b>8:00 AM to 1:00 PM</b></p>	<p><b>Silent Auction</b>  <b>Upstairs Hallway (Ontario Convention Center)</b></p>
<p><b>8:00 AM to 6:00 PM</b></p>	<p><b>Exhibit Hall Open</b>  <b>Upstairs Hallway (Ontario Convention Center)</b></p>
<p><b>8:00 AM to 6:00 PM</b></p>	<p><b>Self Care Room</b>  <b>Room 204 (Ontario Convention Center)</b></p>
<p><b>8:30 AM to 9:30 AM</b></p>	<p><b>Assembly of Delegates Meeting</b>  <b>Room 202 A (Ontario Convention Center)</b></p>
<p><b>9:45 AM to 10:45 AM</b></p>	<p><b>Concurrent Sessions</b></p> <p><b>How Full is Your Bucket? Self-Care, Self-Awareness and Support</b>          Kathrine Lee, MT-BC  <b>Room 100 A (Ontario Convention Center)</b>          Are you struggling with self-care? Come learn about a technique that is effective in being self-aware, and can be used for your own self-care as well as assist in connecting with peers and clients. The bucket theory provides positive strategies for work and life. It truly can apply to any and all aspects of life, school, work and beyond. Based on How Full is Your Bucket? by Tom Rath and Donald Clifton, Ph. D, this presentation tailors to a professional setting and using it for personal use as well as the opportunities to use it in clinic and with colleagues.</p> <p><b>“You Are (more than) My Sunshine” - Expand Your Elder Music Repertoire</b>          Jim Couture, MA, MT-BC  <b>Room 200 A (Ontario Convention Center)</b>          Enhance your knowledge and use of nostalgic popular songs to keep them a vital part of your older adult client's life.</p>

	<p><b>Leveraging Music Therapy Services Across the Continuum of Care</b>  Piper Laird, MM, MT-BC, Tammy Reiver, MT-BC  <b>Room 200 B (Ontario Convention Center)</b>  Providing music therapy services across the continuum of care is novel for some music therapists. All too often there is not a music therapist to see a patient/client when services have been discontinued due to discharge from a facility. This presentation focuses on two music therapists working together to provide the continuation of services from acute hospital through hospice, and the results of their collaboration.</p> <p><b>Relaxation? There's an app for that, too!</b>  Tim Ringgold, MT-BC  <b>Room 200 C (Ontario Convention Center)</b>  Each year, more people utilize smartphone and tablet technology to manager their lives. What they may or may not realize is that there is a robust library of relaxation and virtual music making apps that are either free or low cost that can help decrease stress and manage self care - whether for therapists or for those we serve. Come learn and play with several, and bring your faves as well as there will be an opportunity to share with the group!</p> <p><b>Caregiver-facilitated music-based protocol for persons with dementia: Dialogues between clinicians and researchers</b>  Feilin Hsiao, Ph.D., MT-BC  Ruth Macgregor, MA, MT-BC  <b>Room 202 A (Ontario Convention Center)</b>  This presentation delineates the process of transforming a collective case study into a feasibility randomized controlled trial. Finding a balance between the need for therapeutic flexibility and standardization in the development of a clinical protocol and a treatment manual for caregiving dyads is discussed.</p>
<p><b>11:00 AM to 12:00 PM</b></p>	<p><b>Student Business Meeting</b>  <b>Room 200 A (Ontario Convention Center)</b></p> <p><b>WRAMTA Business Meeting</b>  <b>Room 200 C (Ontario Convention Center)</b></p>
<p><b>12:00 PM to 1:30 PM</b>  Pacific Time</p>	<p><b>State of the Association Lunch: Brought to you by Pacific University</b>  <b>Ballroom A (Ontario Convention Center)</b></p> <p>Join us at the Ontario Convention Center for lunch and learn what is new and exciting in the AMTA and our region!</p>
<p><b>1:00 PM to 2:00 PM</b></p>	<p><b>MLE (Master Level Entry) Forum</b>  Jennifer Geiger, MT-BC  <b>Room 100 A (Ontario Convention Center)</b></p>
<p><b>1:30 PM to 5:00 PM</b></p>	<p><b>Registration Table Open</b>  <b>Ontario Convention Center</b></p> <p><b>WRAMTA Welcome/Tech Table</b>  Need help navigating your way around or uploading the conference app? Stop by the table located in the <b>lobby of the Ontario Gateway Hotel</b>.</p>

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2:00 PM to  
4:00 PM

## Concurrent Sessions

### **Ethical Issues in a Correctional Setting**

Hiroimi Itoh, MM, MT-BC, Ryan LeBlanc, MT-BC

**Room 200 A (Ontario Convention Center)**

An access to mental health care for the inmate population is constantly demanding in the State of California. More music therapy education and training on this area is necessary to meet this demand. This presentation aims to fill the gap between the academic and the internship experience through addressing ethical questions music therapy interns may encounter in their internship at a correctional setting. We will review clinical and custodial issues that should be considered in approaching to those questions, and examine theoretical frames on ethical decision-making process. We will propose an application of this learning experience into the music therapy internship education.

### **A Framework for Understanding the Potential for Harm within Music Therapy**

Brea Murakami, MM, MT-BC

**Room 200 B (Ontario Convention Center)**

Although music therapists focus on music's clinical benefits, clinicians have an ethical and professional obligation to discern the potential for music to negatively impact clients. This presentation will outline parallel discussions in psychotherapy regarding treatments' iatrogenic effects and provide an initial understanding and dialogue of music's contraindications. Additionally, a theoretical model for understanding how harm may arise within the relationships between therapist, client, and musical stimulus will be presented and discussed. Attendees will be invited to discuss the model and their professional experiences as a group to inform current application to state recognition, clinical training, or other pertinent professional issues.

### **Rompin' Rhythm: Orchestrating Successful Music Therapy Groups**

Nicole Patton, MA, MT-BC

**Room 200 C (Ontario Convention Center)**

Group work with children is exciting, rewarding, and exhausting! Children require innovative interventions within familiar framework in music therapy groups. Learn tools and tips for hands on learning opportunities for leading groups with children with developmental disabilities. This session will address many components to incorporate into a group session including introductions, transitions, pacing, integrating multiple objectives within an intervention, and also session closure. Learn how to plan, implement, and evaluate groups ages birth-15 years old with special needs. Participants will engage in a "mock" group session utilizing new activities and receive feedback from the presenter.

### **Musical Therapist?: Program Development in Hospice and Medical Settings**

Brittany Tachkov, MT-BC, Leanne Wade, Ph.D., MT-BC, Chelsea Brown, MT-BC

**Room 202 A (Ontario Convention Center)**

This presentation is aimed to help music therapists create their dream job at a medical or hospice facility. It will guide the audience through the entire process of pitching to a hospital board and program development.

This presentation is designed to help guide you through the first month to a year of a new music therapy position in the medical and hospice setting. Information will include forms to create, in-services to prepare, and tips to collaborate with a diverse

interdisciplinary team. This session will also include a forum for discussion and resource sharing among attendees.

### **LGBTQAI+ and Music Therapist: Intersecting Identities**

Beth Robinson, MT-BC, Leah Oswanski, MA, LPC, MT-BC, Spencer Hardy, MT-BC, Annette Whitehead-Pleaux, MA, MT-BC

#### **Room 100 A (Ontario Convention Center)**

LGBTQAI+ music therapists welcome you to a supportive safe space where they will share their experiences of how being LGBTQAI+ has affected their careers as music therapists. Topics include: being out at work, discrimination, disclosure, and benefits of being LGBTQAI+. Discussion will open up to audience for those who wish to share.

**4:15 PM to  
5:45 PM**

## Concurrent Sessions

### **Music Therapy's Role in Pediatrics: Flexibility and Diversity in Treatment**

Amanda Maestro-Scherer, MA, SCMT, MT-BC; Spencer Hardy, MT-BC; Kayla Zuckerman SCMT, MT-BC

#### **Room 200 A (Ontario Convention Center)**

The pediatric music therapist must be able to utilize neurologic music therapy techniques for a child suffering from brain injury in one session, and in the next, support a family to process and cope with the loss of their child. Music therapists working in pediatric medical settings need to be incredibly flexible to appropriately meet the diverse needs of the patients and families. In this presentation, a team of pediatric music therapists will provide a broad overview of the type of work in a pediatric setting through case studies and musical examples, and explore the challenges and rewards of this type of work.

### **Taking Care of Your Voice**

Rachel McCauley, MS, SLP-CCC, MT-BC

#### **Room 200 C (Ontario Convention Center)**

If you have ever lost your voice after leading sessions, come learn why and how to prevent it. As professional voice users, music therapists need to know how to care for the voice to avoid vocal fatigue and trauma. Information about laryngeal anatomy and proper vocal hygiene will be provided. Attendees will also participate in exercises to relieve tension, improve speaking voice, and relax the voice after singing.

### **Essential Oils Usage and Safety in Self-Care and MT Practice**

Kat Fulton, MT-BC

#### **Room 202 A (Ontario Convention Center)**

Learn basic usage and safety tips for essential oils in self-care and practice. The session will begin with the Aroma Freedom Technique, combining music, guided meditation, and essential oils. You will become familiar with the fundamental principles of consent, ethics, safety, and referring to aromatherapists for usage in practice with your clients. We will cover essential oils usage and how it pertains to our scope of practice and code of ethics. You will also walk away with self-care strategies to help process emotions and support a healthy lifestyle daily as a music therapist.

### **Handling Misrepresentation: Professional Advocacy Committee Presentation**

Kalani Das, MT-BC

#### **Room 100 A (Ontario Convention Center)**

Professional advocacy is the responsibility of every music therapist, student or professional. We're often called upon to not only define music therapy, but create productive relationships with our peers, other allied healthcare professionals, the



	<p>general public, and those who might be misrepresenting the profession. In the interest of shining a positive light on our field and building bridges, this session will focus on providing answers to the following questions: What advocacy opportunities am I missing? How do I identify cases of misrepresentation? What are some common mistakes MTs make when responding to misrepresentation? How can I turn a potential foe into a friend? When and who can I contact for help in resolving issues? Come join us as we celebrate music therapy and make advocating easier and more fulfilling than ever.</p> <p><b>Rising Above: Professionalism and Ethics in Advocacy</b>  Karla Hawley, MT-BC  <b>Room 200 B (Ontario Convention Center)</b>  The implementation of the State Recognition Operational Plan has brought increased awareness to the music therapy profession. With this increased awareness comes the emergence of issues as legislators, state agency officials, and other healthcare organizations scrutinize the scope of music therapy practice. Come learn some of the key issues associated with pursuing state recognition, how they are being addressed, and what you can do as a proactive music therapy advocate.</p>
<p><b>6:00 PM to 8:00 PM</b></p>	<p><b>UOP Alumni Reception</b>  <b>Salon 4 (Ontario Gateway Hotel)</b></p> <p>Join the Music Therapy at the University of the Pacific Alumni Reception at the Ontario Gateway Hotel.</p>
<p><b>8:00 PM to 10:00 PM</b></p>	<p><b>Awards Dessert: Brought to you By Yamaha</b>  <b>March 2, 2018</b>  <b>8:00-10:00pm</b>  <b>Salon 1/2/3 (Ontario Gateway Hotel)</b></p> <p>Join us at the Ontario Gateway Hotel for an evening of desserts, spirits, and treats while we honor and award fellow colleagues from the Western Region!</p>
<p><b>10:00 PM to 11:00 PM</b></p>	<p><b>Chant Circle</b>  <b>Salon 1/2/3 (Ontario Gateway Hotel)</b></p> <p>Join the us as the Daughters of Harriet lead an engaging chant circle. All are welcome!</p>

**Saturday, March 3**

<p><b>7:30 AM to 12:00 PM</b></p>	<p><b>Registration Table Open</b>  <b>Ontario Convention Center</b></p> <p><b>WRAMTA Welcome/Tech Table</b>  Need help navigating your way around or uploading the conference app? Stop by the table located in the <b>lobby of the Ontario Gateway Hotel</b>.</p> <p><b>**Not the registration table. Registration table is located at the Ontario Convention Center***</b></p>
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**8:00 AM** to  
**9:00 AM**

## Concurrent Sessions

### **Community Programming for Adults with Disabilities**

Helen Dolas, MS, MT-BC, Christina Ebersole, MT-BC, Grant Hales, MT-BC, Christina Ebersole, MT-BC, Shir Michael, Nicole Wiederecht, MT-BC

#### **Room 200 A (Ontario Convention Center)**

Current trends in best practices have continually developed in order to meet federal/state legislation. This has brought greater opportunities for inclusion in community-based services that include the creative arts to the forefront. Experienced and established music therapists will discuss the process of creating and developing platforms for adults with disabilities to integrate with the large metropolitan community through live performances and online media outlets.

### **Music as a Mnemonic Device for Verbal Recall in Healthy Older Adults**

Brea Murakami, MM, MT-BC

#### **Room 200 B (Ontario Convention Center)**

As the population grows older as a whole, the demand for music-based cognitive rehabilitation protocols will continue to increase. This talk will present results of a study examining how musical elements (i.e., rhythm, melody, harmony) operate as mnemonic structures for verbal recall in healthy older adults. Experimental findings reveal how music facilitates both immediate and delayed recall. Feedback from participants on the study also provide clinical insights into challenges older adults perceive when using music for verbal memory recall. Guidelines for composing and teaching original music mnemonics will be discussed.

### **Qualitative Musical Examinations of Individuals in Chemical Dependency Outpatient Treatment**

Andrew Knight, Ph.D., MT-BC

#### **Room 200 C (Ontario Convention Center)**

This presentation details a two year qualitative project consisting of interviews with individuals who are attempting recovery from substance use. Attendees will learn about the research process and results of this investigative inquiry into a receptive method of music therapy.

### **Internship: the good, the bad and the ugly**

Kymia Eubanks, MM, MT-BC; Piper Laird, MM, MT-BC

#### **Room 202 A (Ontario Convention Center)**

This session is for students who are interested in learning about what happens after accepting an internship. Navigating the ups and downs during internship can be difficult and are best dealt with through communication, understanding, and a little laughter.

### **Come Together: Clinicians and Educators Developing Service-Learning Programs**

Melita Belgrave, Ph.D. MT-BC; Richard Connor III, MT-BC

#### **Room 202 B (Ontario Convention Center)**

The purpose of this presentation is to share our experiences in developing and implementing an intergenerational service-learning project. This project, developed by music therapy college students, a music therapy educator, and a music therapy clinician, was implemented with younger and older persons attending an adult day program in the community. Presenters will share their theoretical framework, structure and goals of the program, and intervention ideas. The presenters hope that attendees will leave with ideas to initiate or further develop music therapy-based service-learning programs.

<p><b>8:00 AM to 6:00 PM</b></p>	<p><b>Exhibit Hall Open</b> Upstairs Hallway (Ontario Convention Center)</p> <p><b>Self Care Room</b> Room 204 (Ontario Convention Center)</p>
<p><b>9:15 AM to 10:45 AM</b></p>	<p><b>Concurrent Sessions</b></p> <p><b>Writing Rock Solid Clinical Goals, Objectives, and Benchmarks: Keep it Simple...</b> Mary Jane Landaker, MME, MT-BC <b>Room 200 A (Ontario Convention Center)</b> Writing comprehensive and easy-to-track goals is a foundational skill for music therapists. As caseloads increase, however, data collection becomes more and more complicated. This workshop will provide several ways to write and measure client performance goals in ways that can simplify data tracking for busy music therapists.</p> <p><b>How are we doing? A Survey of Cultural Competence of Music Therapists</b> Annette Whitehead-Pleaux, MA, MT-BC, Leah Oswanski, MA, LPC, MT-BC <b>Room 200 B (Ontario Convention Center)</b> The researchers surveyed US music therapists' cultural competence in clinical practice. The survey included questions about the subjects' demographic, multicultural counseling skills, relationship, cultural knowledge, cultural sensitivity, cultural awareness, and non-ethnic skills. The researchers will present and discuss the levels of cultural competence of music therapist respondents. In addition, the investigators will explore how demographics affect the level of cultural competence. Finally, the researchers will provide recommendations for music therapy continuing education to enhance the cultural competence of current music therapists as well as recommendations for enhancing music therapy curriculum to increase the cultural competence of future music therapists.</p> <p><b>Music Therapy for Children, Youth, Teens Exposed to Grief, Loss &amp; Trauma</b> Arvis Jones, MT-BC <b>Room 200 C (Ontario Convention Center)</b> It has long been an accepted fact that music affects the brain, both cognitively and emotionally. With the potential to alter an individual's conscious state, music therapy can shift an individual's perception of time and stimulates emotions and feelings. When experiencing the effects of grief, loss and trauma when words fail, music interventions can "break-through" the inability to talk about feelings and emotions. Music boosts endorphin release that lifts spirits and triggers positive emotional responses and senses of euphoria. This workshop will explore the use of these MT techniques as tools to healing in the aftermath of grief, trauma and violence.</p> <p><b>Original Lullaby Writing with Parents of Hospitalized Infants: A Research Study</b> Amanda Maestro-Scherer, MA, SCMT, MT-BC <b>Room 202 A (Ontario Convention Center)</b> The stressors of parents of hospitalized infants are great. These parents fear for their child's well being and often do not have opportunities to express or feel. Music therapy can be essential in providing these parents with a much-needed outlet during this time. In this presentation, a research study conducted by the presenter utilizing clinical songwriting to engage parents of hospitalized infants in an original songwriting experience, to create a lullaby for their baby will be examined. Songs created from the research will be presented, as well as the research methodology, literature review,</p>

	<p>data collection and results. Indications for treatment in pediatric care, bereavement and supporting caregivers will be discussed.</p> <p><b>MT Information Session for Prospective Students</b>  <b>Room 202 B (Ontario Convention Center)</b>  This event is for high school students interested in learning more about the field of music therapy.</p>
<b>11:00 AM to 12:00 PM</b>	<p><b>Internship Fair and Research Poster Session</b>  <b>Upstairs Exhibit Hall (Ontario Convention Center)</b></p>
<b>12:00 PM to 1:30 PM</b> Pacific Time	<p><b>Networking Lunch</b>  <b>Salon 1/2/3 (Ontario Gateway Hotel)</b></p> <p>Join us at the Ontario Gateway Hotel for lunch for an opportunity to network with others!</p>
<b>1:30 PM to 5:00 PM</b>	<p><b>Registration Table Open</b>  <b>Ontario Convention Center</b></p>
<b>2:00 PM to 3:00 PM</b>	<p><b>Student Business Meeting</b>  <b>Room 200 A (Ontario Convention Center)</b></p> <p><b>WRAMTA Business Meeting</b>  <b>Room 200 C (Ontario Convention Center)</b></p>
<b>3:15 PM to 5:15 PM</b>	<p><b>Concurrent Sessions</b></p> <p><b>Music Therapy, Literacy and the Orff-Schulwerk Process</b>  M. Diane Bell, MMEd, MT-BC  <b>Room 200 A (Ontario Convention Center)</b>  Come join in a fun experience incorporating Music Therapy, the Orff Schulwerk process with literacy. Learn how to use these tools along with books to motivate and enhance social, academic and literacy skills in your clients. The fun with your clients is only limited by your creativity.</p> <p><b>Make and Take: Session Choice Board</b>  Mary Jane Landaker, MME, MT-BC  <b>Room 200 B (Ontario Convention Center)</b>  Take a creative break and make a fun organizational tool to take back to your clients. This workshop will give you a chance to make a file folder choice board (all materials included, even laminating!) specifically designed to offer clients opportunities to choose music therapy treatment experiences.</p> <p><b>Technology Tips, Techniques and Tools for your Music Therapy Practice</b>  Lori Frazer, Julie Guy, MM, MT-BC, Angela Neve, MM, MT-BC  <b>Room 200 C (Ontario Convention Center)</b>  This fun session will demonstrate how technology developments have expanded pathways for the music therapist. Keyboards, iPads, equipment, apps (to name a few) provide endless opportunities for music therapists working with people with autism,</p>

	<p>dementia, special needs and more. Instruments, practical applications, hands-on demonstrations and video examples will be included.</p> <p><b>Perspectives on Queer Music Therapy: Music Therapists' Reactions to Radically Inclusive Practice</b> Candice Bain, MT-BC; Catherine Boggan, B.A. <b>Room 202 A (Ontario Convention Center)</b> The queer music therapy model was designed by Bain, Grzanka, and Crowe in 2016 as a novel therapeutic approach to empower LGBTQ+ identity through music. This presentation will be based on a study that worked to build on Bain et al.'s work by collecting music therapists' perspectives on queer music therapy and using these data to critically evaluate the model. Our qualitative findings revealed the model's major strengths and ways in which it could be improved by attending to: (a) structural limitations of the music therapy discipline, including demographic composition and lack of critical perspectives in training and (b) intersectional considerations of ageism and ableism within LGBTQ+ populations. This study has been submitted for publication is awaiting review.</p> <p><b>Developing Trauma Informed- Music Therapy (TI-MT)- Connecting Research to Clinical Practice</b> Karen Sanchez, MBA, MT-BC (PsyD Candidate) <b>Room 202 B (Ontario Convention Center)</b> Music therapy has been shown to be an effective treatment for trauma with adults and children. The development of Trauma Informed- Music Therapy (TI-MT) harnesses research in trauma, neuroscience, and music to provide a foundation for music therapists in developing clinical music therapy interventions. Overlaying music therapy as the delivery mechanism for treatment within the framework used in traditional cognitive-behavioral therapies lends itself to a research-based model of music therapy for trauma treatment.</p>
<p><b>5:30 PM to 6:30 PM</b></p>	<p><b>Closing Session</b> <b>Room 203 A/B/C (Ontario Convention Center)</b></p> <p>Join us at the <b>Ontario Convention Center</b> as we close out conference!</p>
<p><b>6:00 PM to 9:00 PM</b></p>	<p><b>WRAMTA Student Fundraiser Dinner</b> Help to support WRAMTAS by going to Rubio's between 6:00-9:00pm for dinner. Show them this flyer and Rubio's will donate 20% of your bill to WRAMTAS.</p> <p>Rubio's 10798 Foothill Blvd Rancho Cucamonga, CA 91730</p>

## Sunday, March 4

<p><b>7:30 AM to 9:30 AM</b></p>	<p><b>Registration Table Open</b> <b>Ontario Convention Center</b></p>
<p><b>8:00 AM to 11:30 AM</b> Pacific Time</p>	<p><b>CMTE E: Building a Valid Assessment: A Guide to Incorporating an Effective Non-Musical Assessment</b> <b>March 4, 2018</b> <b>8:30-11:30am</b></p>

	<p><b>Room 310 (Ontario Gateway Hotel)</b>  <b>3 CMTEs</b>  <b>**Not included in conference registration. You must register for this course**</b></p> <p><b>Shelbe White, MM, MT-BC</b>  <b>Grace O'Leary, MT-BC</b></p> <p>This discussion and workshop will explore non-musical assessment, including the evidence base to support it and ways to implement it into your practice. Attendees will learn how to conduct non-musical assessment for individuals and groups, why non-musical assessment is beneficial to independent and interdisciplinary work, and how to find or develop your own non-musical assessment tools. This session is meant to be a collaborative discussion where music therapy students and professionals at all levels can engage with the idea of non-musical assessment and share and gain the knowledge to build effective assessment tools.</p> <p><b>CMTE F: A Toolbox: Developing Multi-Sensory and Body Awareness in Populations with Multiple Disabilities</b></p> <p><b>March 4, 2018</b>  <b>8:30-11:30am</b>  <b>Room 311 (Ontario Gateway Hotel)</b>  <b>3 CMTEs</b>  <b>**Not included in conference registration. You must register for this course**</b></p> <p><b>Roberta S. Adler, MT-BC</b>  <b>Olga V. Samsonova-Jellison, MA, MT-BC</b></p> <p>This course will present how to develop sensory and body awareness in individuals with severe to profound multiple disabilities through integration of musical and somatosensory stimuli. Participants will engage in a short experiential model session that uses original and familiar songs reinforcing body awareness and attention to and interaction with the environment. They will learn to assess their client's functional level and document expressive and receptive responses using a pretest/posttest format.</p>
<p><b>8:00 AM to</b>  <b>12:30 PM</b>  <b>Pacific Time</b></p>	<p><b>CMTE D: Supervising the Music Therapy Intern</b></p> <p><b>March 4, 2018</b>  <b>8:00am-1:00pm</b>  <b>Lecture Hall (Ontario Gateway Hotel)</b>  <b>5 CMTEs (FREE!)</b></p> <p><b>**Not included in conference registration. You must register for this course**</b></p> <p><b>Manal Toppozada MA, LPMT, MT-BC</b></p> <p>This course provides the required training for persons interested in becoming National Roster Internship Directors or Supervisors. Many topics will be explored, including, ethics in supervision, cultural differences, establishing and maintaining a beneficial relationship with interns, leadership skills, and stages of internship.</p>