# YOUR 3-MINUTE RELATIONSHIP BOOSTER

For just three minutes, I want you to put everything else aside, and give your relationship a quick boost by completing the following:
Print out this sheet. If you download this worksheet to your PC or Mac, you'll be able to write directly in the fields below.
Now, think about your partner and write down at least five things for each of the questions below.

**1 I like your**

*(curly red hair, brown eyes, soft / strong hands, softness of your lips)*

**2 I admire your**

*(energy, passion for_____, sense of humor, imagination, courage to_____, ability to_____, kindness, patience, sense of order)*

**3 I really like _____/ What I really appreciate about you is_____**

*(You are so patient when I freak out, your fabulous cooking, how you kiss me, the way you touch me, when you open the door of the car for me, how you always organize our vacation without a flaw, how you keep our home cozy, you being prepared to step back, you being such a good mother/father)*

**4 I like watching you when you are**

*(smiling, naked, in a business suit, walking, reading fairy tales to the kids, telling jokes, cooking, teaching the kids to play ball)*

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