

Key No.	Qty.	Description	Key No.	Qty.	Description
1	2	Upright	25	2	Fly Arm
2	1	Frame	26	4	M6 Washer
3	1	Crossbar	27	1	Curl Post
4	1	Leg Lever	28	2	Weight Stop
5	2	Backrest Tube	29	6	M6 x 16mm Screw
6	1	Backrest	30	4	M6 x 38mm Screw
7	1	Support Rod	31	1	Curl Knob
8	1	Front Leg	32	1	M10 x 63mm Bolt
9	8	19mm Round Inner Cap	33	4	M10 Nylon Locknut
10	2	Long Pad Tube	34	2	M10 Washer
11	1	Seat	35	4	25mm Square Inner Cap
12	2	Arm Pad Tube	36	1	M10 x 137mm Bolt
13	1	Stabilizer	37	2	M8 x 42mm Carriage Bolt
14	4	Plastic Bushing	38	4	15-pound Weight
15	2	Fly Arm Stop	39	2	M8 x 43mm Bolt
16	8	M8 Washer	40	1	Outer Bar
17	10	M8 Nylon Locknut	41	2	Roll Pin
18	6	M8 x 55mm Bolt	42	2	Lock Collar
19	2	M10 x 120mm Bolt	43	1	Inner Bar
20	1	25mm Round Angled Cap	44	2	10-lb. Weight
21	4	38mm Square Inner Cap	45	1	Curl Pad
22	9	30mm Square Inner Cap	*	—	User's Manual
23	6	Foam Pad	*	—	Exercise Guide
24	5	25mm Round Inner Cap	*	—	Grease Packet

Note: Specifications are subject to change without notice. See the back cover of this manual for information about ordering replacement parts. \*These parts are not illustrated.

