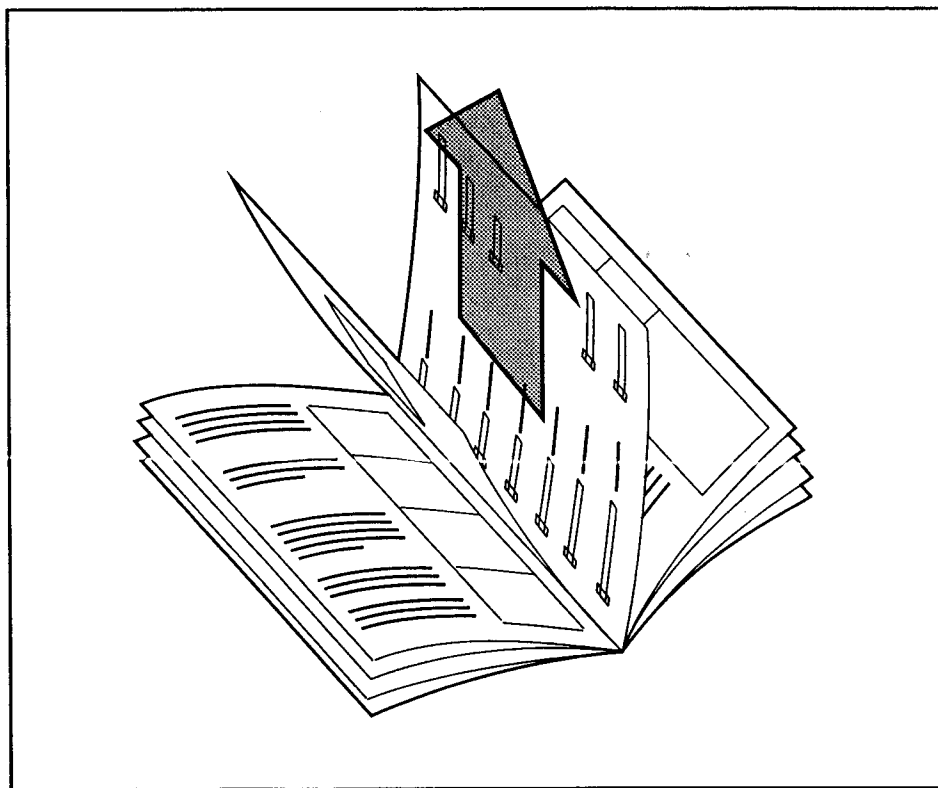


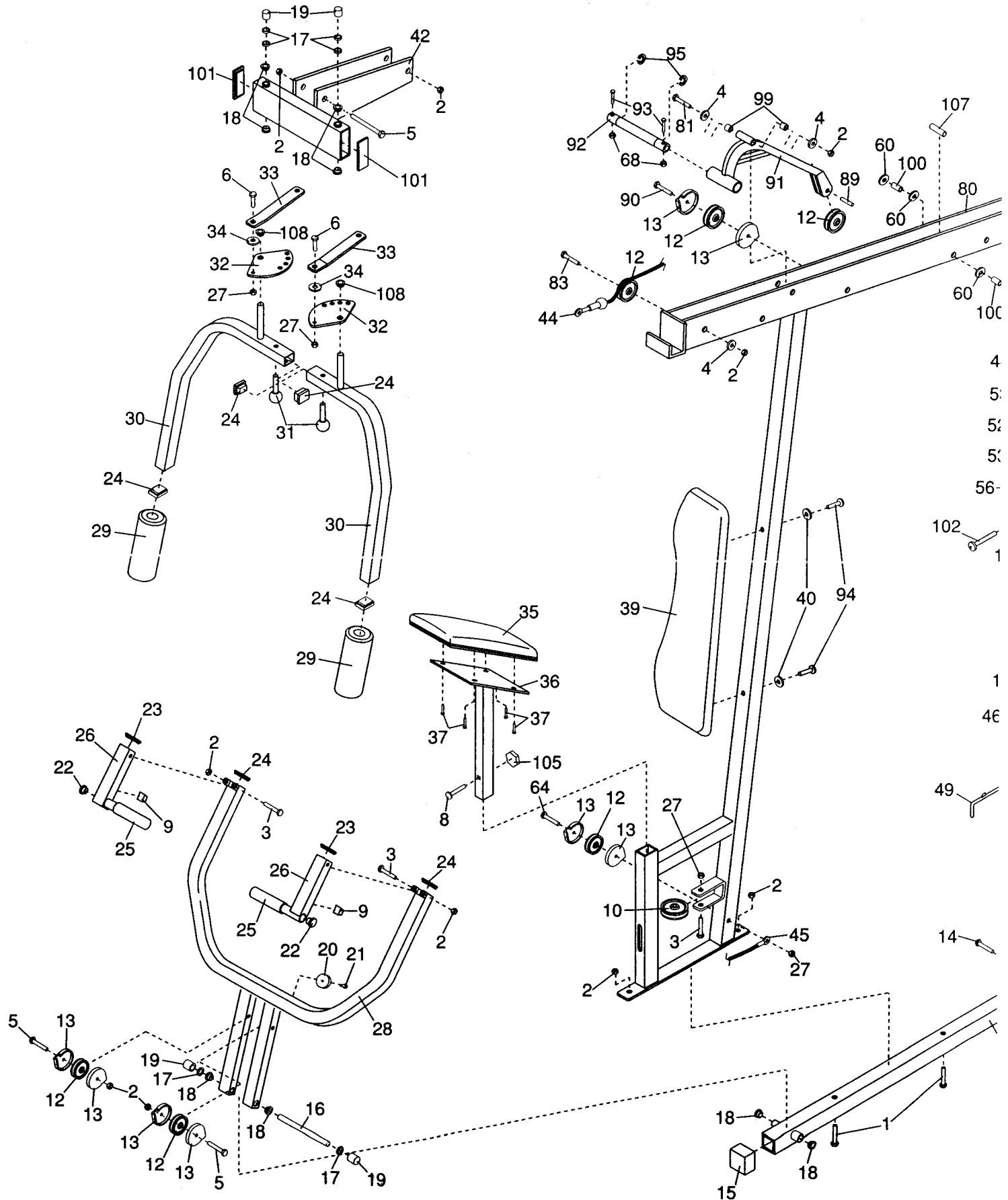
**REMOVE THIS PART LIST AND
EXPLODED DRAWING FROM
THE MANUAL!**

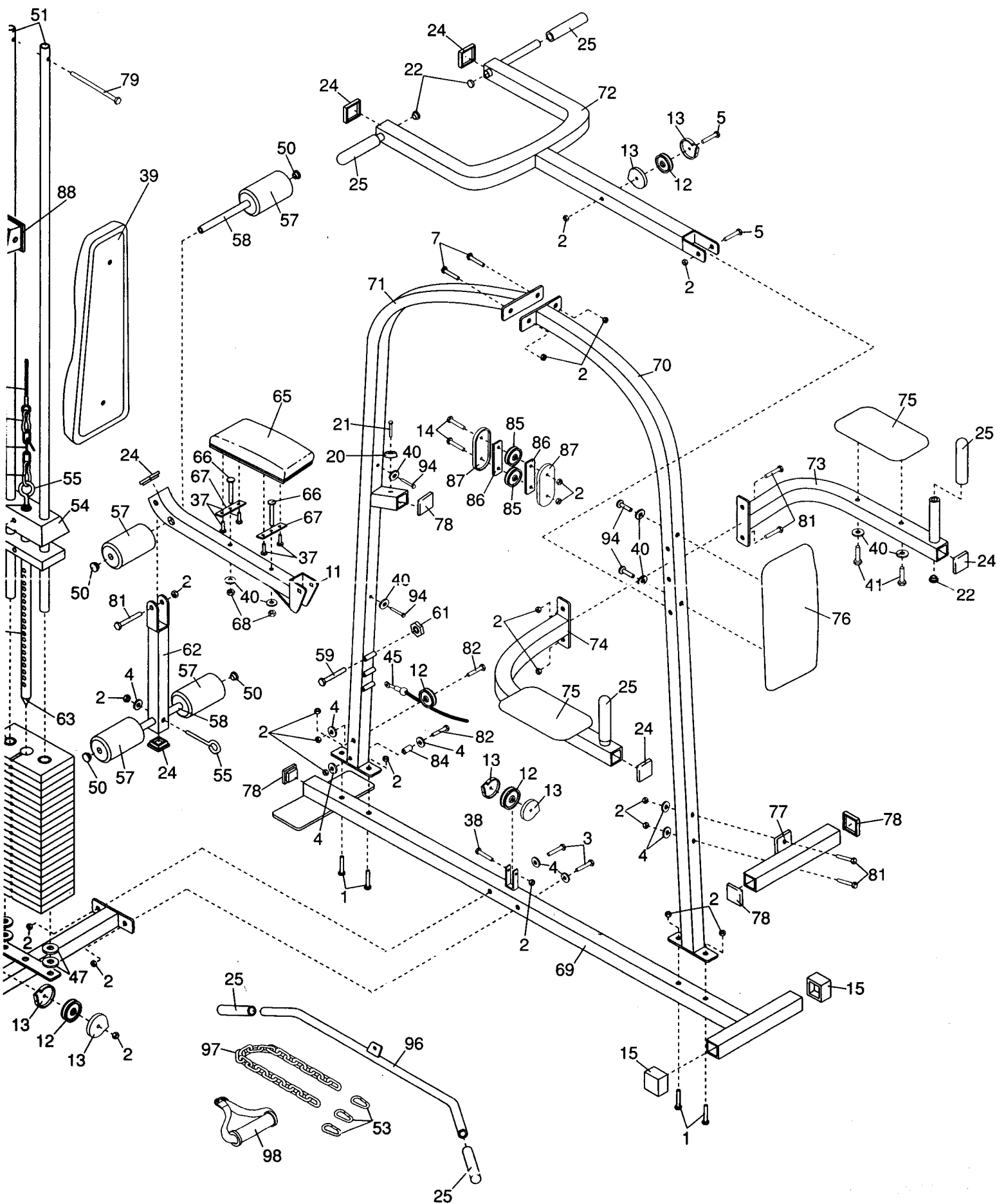


EXPLODED DRAWING—Model No. 831.159422

R0895A

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PART LIST—Model No. 831.159422

R0895A

Key No.	Part No.	Qty.	Description	Key No.	Part No.	Qty.	Description
1	122548	6	3/8" x 2 3/4" Carriage Bolt	57	120597	4	Short Foam Pad
2	119425	32	3/8" Jam Nut	58	120586	2	Pad Tube
3	013581	5	3/8" x 2 1/2" Bolt	59	123385	1	5/16" x 2 3/4" Carriage Bolt
4	014132	11	3/8" Flat Washer	60	102372	4	5/16" Flat Washer
5	118796	5	3/8" x 3 1/4" Bolt	61	122588	1	5/16" Knob
6	013547	2	3/8" x 1" Bolt	62	119195	1	Leg Lever
7	112001	2	3/8" x 3" Bolt	63	040119	1	1" Weight Selector Cap
8	121568	1	3/8" x 2 1/4" Carriage Bolt	64	013430	1	3/8" x 4" Bolt
9	019115	2	Square Bumper	65	121549	1	Squat Seat
10	115164	1	3 1/2" "V" Pulley	66	121567	2	1/4" x 2 1/4" Carriage Bolt
11	121507	1	Squat Seat Frame	67	121578	2	Seat Bracket
12	115370	10	3 1/2" Pulley	68	012139	4	1/4" Nylon Locknut
13	120678	14	Pulley Cover	69	121559	1	Stabilizer
14	013399	3	3/8" x 1 3/4" Bolt	70	121498	1	VKR Upright
15	120822	3	2" Outer Cap	71	121499	1	Squat Upright
16	122565	1	3/4" x 8 1/2" Axle	72	121554	1	Squat Arm
17	101578	6	3/4" Retainer	73	121555	1	Left VKR Arm
18	122564	8	Long 3/4" Flange Bushing	74	121556	1	Right VKR Arm
19	122566	4	3/4" Retainer Cap	75	122560	2	VKR Arm Pad
20	122733	2	Rubber Bumper	76	121550	1	VKR Backrest
21	121401	2	#8 x 1/2" Tap Screw	77	122561	1	Foot Rest
22	120733	6	1" Round Cap	78	120720	4	2" x 2" Inner Cap
23	123309	2	1" x 1 1/2" Inner Cap	79	122557	1	5/16" x 6 1/2" Bolt
24	113666	12	1 3/4" x 1 3/4" Inner Cap	80	NSP	1	Frame
25	120602	8	5" Grip	81	118640	6	3/8" x 2 3/4" Bolt
26	123364	2	Handle	82	120003	2	3/8" x 3 1/2" Bolt
27	012149	4	3/8" Nylon Locknut	83	118471	1	3/8" x 3 3/4" Bolt
28	123333	1	Press Arm	84	122572	1	1/2" x 1" Spacer
29	120596	2	Long Foam Pad	85	115348	2	4 1/2" Pulley
30	121500	2	Butterfly Arm	86	121583	2	"I" Plate
31	121569	2	Spring Loaded Knob	87	121571	2	4 1/2" Pulley Cover
32	122550	2	Adjustment Bracket	88	121573	1	Frame Cap
33	121551	2	Link Arm	89	122583	1	3/8" Roll Pin
34	121906	2	3/8" Plastic Washer	90	013485	1	3/8" x 4 1/2" Bolt
35	122551	1	Press Seat	91	120591	1	Pivot Arm
36	121557	1	Press Seat Frame	92	121553	1	Pivot Arm Tube
37	123148	8	1/4" x 1/2" Screw	93	121420	2	1/4" x 1 1/4" Bolt
38	013601	1	3/8" x 2" Bolt	94	116185	6	1/4" x 2 1/2" Bolt
39	121581	2	Backrest	95	102603	2	"E"-Clip
40	014063	12	1/4" Flat Washer	96	120719	1	Lat Bar
41	122925	4	1/4" x 2 1/2" Screw	97	116869	1	Chain
42	122553	1	Butterfly Arm Frame	98	115177	1	Nylon Strap
43	121464	1	Base	99	122584	2	5/8" x 13/32" Spacer
44	121589	1	Short Cable	100	122585	2	1/2" x 3/4" Spacer
45	121590	1	Long Cable	101	121579	2	1 1/2" x 3" Inner Cap
46	121591	19	Weight	102	013365	1	3/8" x 1 1/2" Button Head Bolt
47	121580	4	Weight Bumper	103	122586	1	Small Weight
48	122554	1	Weight Selector	104	109976	38	Weight Bushing
49	123149	1	Weight Pin	105	121570	1	3/8" Knob
50	119170	4	3/4" Round Cap	106	126892	1	5/16" Jam Nut
51	121548	2	Weight Guide	107	126893	1	1/2" x 1 15/16" Spacer
52	122568	1	Short Chain	108	126894	2	Short 3/4" Flange Bushing
53	103087	5	Cable Clip	#	126882	1	User's Manual
54	122556	1	Small Weight Cover	#	122428	1	Exercise Guide
55	121565	2	3/8" x 4" Eyebolt	#	122432	1	Decal Sheet
56	112004	1	3/8" Nut				