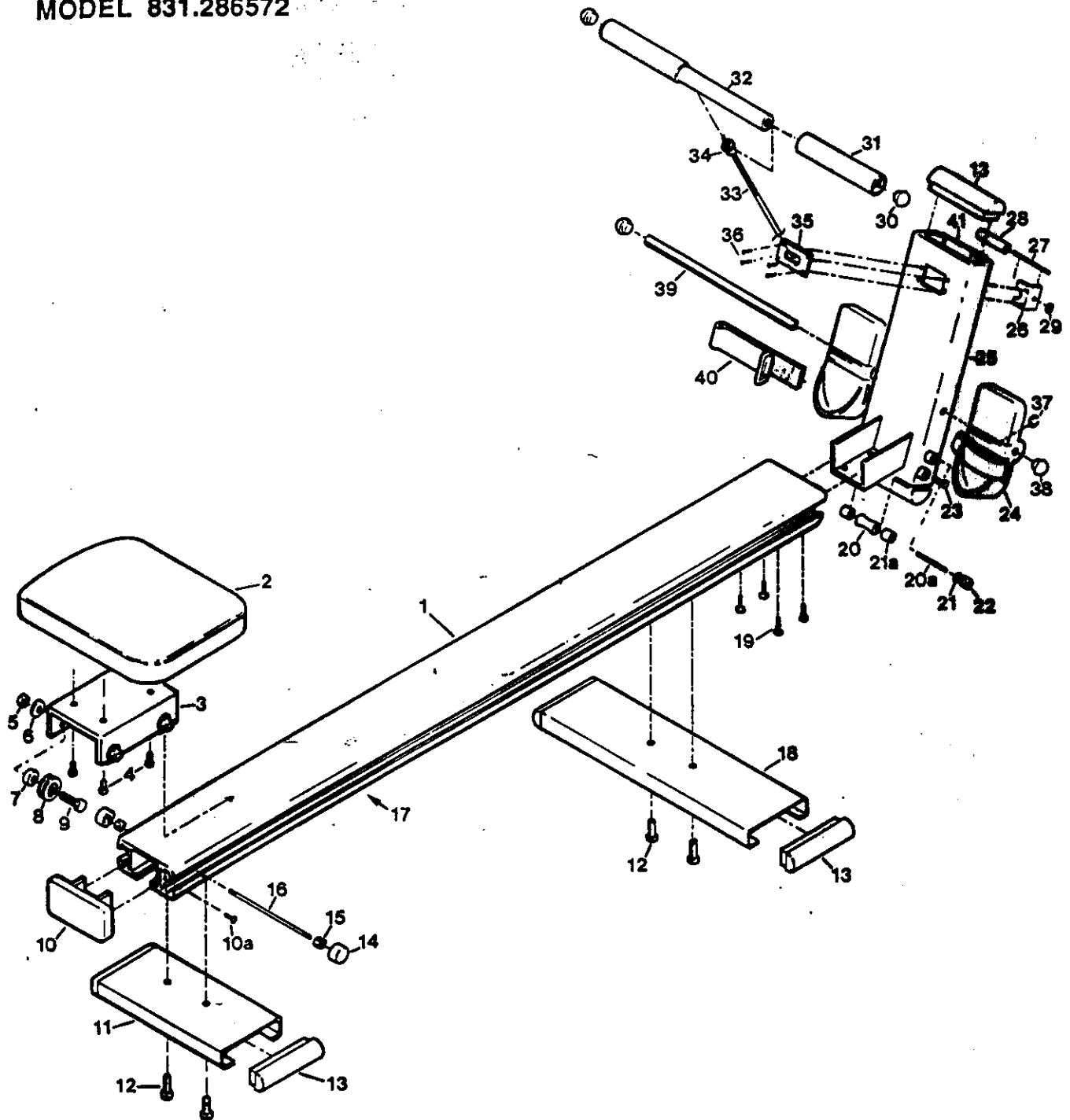


ASSEMBLY DIAGRAM

MODEL 831.286572



Replacement Parts may be ordered from any Sears store, or call Customer Service toll-free at 800-824-3109 (in Canada, 800-824-8949) during regular business hours: 8 a.m.-5 p.m. Mountain Standard Time. Open Monday-Friday.

MODEL NUMBER: 28657
VERSION: 02
PRODUCT NAME: LIFESTYLER 2300
PRODUCT DESC: I-BEAM ROWER

MODEL/PART BOOK LISTING

PAGE 1

IN1023P1

RUN DATE: 7/23/92

RUN TIME: 15:06:06

KEY NUMBER	PART NUMBER	DESCRIPTION	QUANTITY
1	006074	ROWING RAIL	1
2	042007	SEAT	1
3	008119	SEAT BRACKET	1
4	013072	SEAT SCREW	4
5	012065	SEAT BRACKET NUT	4
6	014001	SEAT BRACKET WASHER	4
7	019062	SEAT BRACKET SPACER	4
8	022031	SEAT BRACKET ROLLER	4
9	013306	ROLLER BOLT	4
10	040073	RAIL ENDCAP	1
10A	013255	ENDCAP SCREW	4
11	006077	REAR STABILIZER BAR	1
12	013324	STABILIZER SCREW	4
13	040064	FRONT ENDCAP	1
14	059009	RUBBER SEAT STOP	2
15	012065	REAR AXLE NUT	2
16	049045	SEAT STOP AXLE	1
17	.	RESISTANCE MECHANISM	1
18	006076	FRONT STABILIZER BAR	1
19	013324	HEAD PIECE SCREW	4
20	022024	BOTTOM ROLLER	1
20A	049059	ROLLER AXLE	1
21	014065	WASHER	1
21A	019141	BOTTOM ROLLER SPACER	2
22	012071	BOTTOM AXLE ACORN NUT	2
23	059008	STOPPER	2
23A	013308	STOPPER SCREW	2
24	039004	FOOT REST	2
25	006075	HEADPIECE	1
26	008108	TOP ROLLER BRACKET	2
27	049045	TOP ROLLER AXLE	1
28	022025	TOP ROLLER	1
29	054009	C-CLIP	1
30	040078	ROWING HANDLE CAP	2
31	041020	FOAM HANDGRIP	2
32	001022	ROWING HANDLE	1
33	026017	ROWING ROPE	1
34	016041	PLASTIC GROMMET	1
35	037001	EXIT PLATE	1
36	013241	PLATE SCREW	4
37	054007	C-CLIP	2
38	040078	FOOT SHAFT ENDCAP	2
39	049044	FOOT SHAFT	1
40	035017	VELCRO STRAP	2
41	040092	HEADPIECE BACKING	1
#	019115	BUMPON SPACER	8
#	046041	OWNER'S MANUAL	1