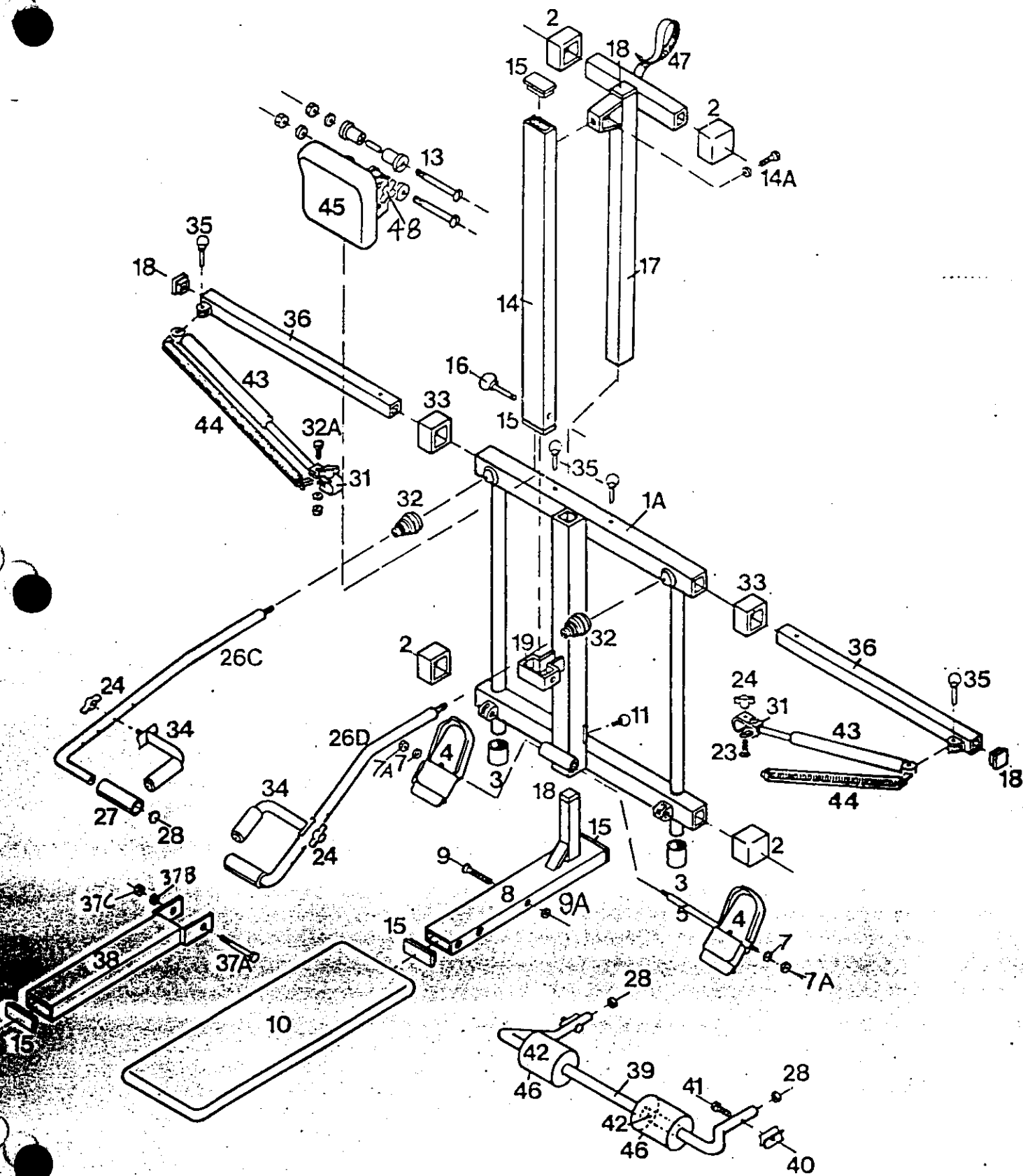


28686

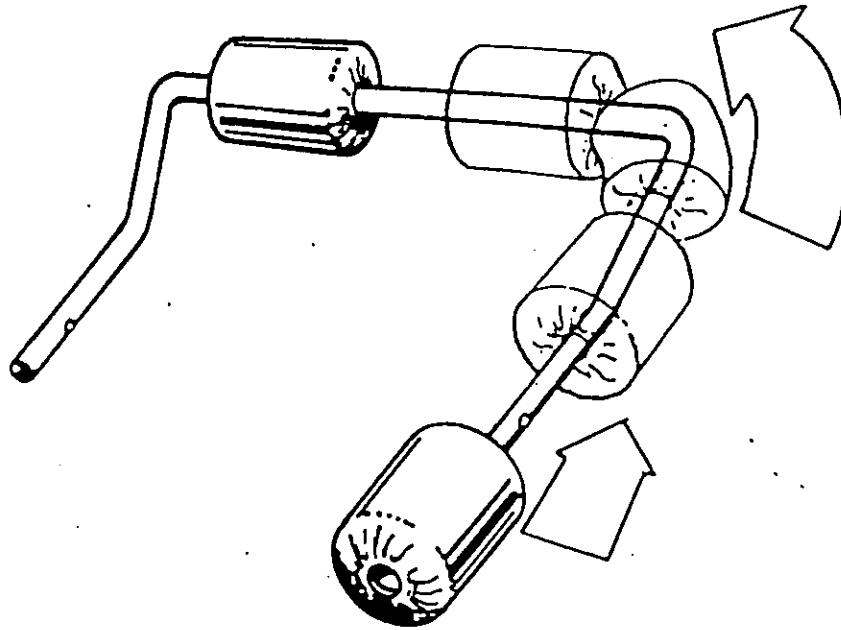
June 1, 1989



ADDITIONAL IMPROVEMENTS

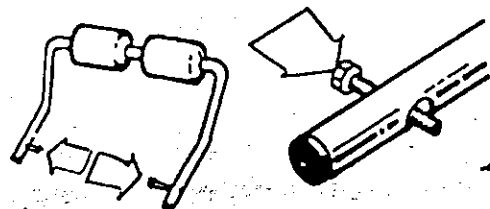
for Weslo Body Shop 1000 and Sears Lifestyler 2000.

To make assembly of the Abdominal function more convenient, we have separated the Bolt and Bracket from the Abdominal Bar allowing you to easily slide the Foam Roller Pads on as shown.

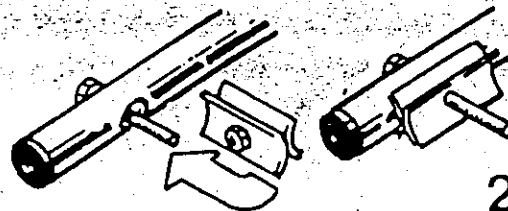


Then, to complete the one-time assembly procedure, follow these instructions:

1. Insert the Bolts into the holes on the inside of the Abdominal Bar.



2. With the nut on the Bracket facing the Bar, screw the Bolt into the Bracket until it is tight against the Abdominal Bar. Repeat this process on the other side.



For use in the Abdominal mode, see the instructions as listed in the Owner's Manual.

MODEL NUMBER: 28686
VERSION: 00
PRODUCT NAME: LIFESTYLER 2000
PRODUCT DESC:

MODEL/PART BOOK LISTING

PAGE 1

INI023P

RUN DATE: 10/26/92

RUN TIME: 12:58:40

KEY NUMBER	PART NUMBER	DESCRIPTION	QUANTITY
1A	NSP	FRAME	1
2	040019	SQUARE ENDCAP	4
3	040016	ENDCAP	2
4	039001	FOOT REST	2
4A	035004	FOOT REST STRAP	2
5	049008	FOOT REST SHAFT	1
6	019012	PLASTIC TUBE INSERT	2
7	014017	WASHER	2
7A	012002	LOCK NUT	2
8	006011	BENCH L-BAR	1
9	013047	LONG BOLT	1
9A	012013	ACORN NUT	1
10	070060	BENCH ASSEMBLY	1
10A	040013	FOOT CAP	4
10B	008004	FOOT BRACKET	2
10C	008003	BENCH SLIDE BRACKET	1
11	017011	THUMB SCREW KNOB	2
13	070011	WHEEL ASSEMBLY	1
13A	.	012150 HEX NUT	1
13B	.	014017 WASHER	1
13C	.	022022 ROLLER	2
13D	.	019011 SPACER	1
13E	.	013048 BOLT	1
14	006013	CHROME ROWING BAR	1
14A	070040	BOLT & WASHER	1
	.	013030 BOLT	1
	.	014012 WASHER	1
15	040014	RECTANGULAR BAR CAP	5
16	015004	HITCH PIN	1
17	006014	T-BAR	1
18	040015	SQUARE TUBE CAP	4
19	.	**CHROME BAR BRACKET	1
23	013043	CARRIAGE BOLT	2
24	017001	T-WINGNUT KNOB	4
26C	002003	RIGHT ROWING ARM	1
26D	002004	LEFT ROWING ARM	1
27	041004	FOAM GRIP	4
28	040004	ENDCAP	2
31	107709	H-CLAMP ASSEMBLY	1
32	010021	BALL JOINT CAP	2
32A	070041	BOLT, WASHER, LOCK NUT	2
	.	013041 CARRIAGE BOLT	1
	.	014012 WASHER	1
	.	012002 LOCK NUT	1
33	040018	OPEN-ENDED RUBBER CAP	1
34	002001	L-OAR RETURN HANDLE	2
35	015008	SHORT HITCH PIN	4
36	006012	EXTENSION ARM	2
37	.	BOLT, WASHER, NUT	1
37A	.	013049 BOLT	1
37B	.	014041 WASHER	1
37C	.	012002 NUT	1
38	006010	BENCH EXTENSION ARM	1
39	002002	ABDOMINAL BAR	1

MODEL NUMBER: 28686
VERSION: 00
PRODUCT NAME: LIFESTYLER 2000
PRODUCT DESC:

MODEL/PART BOOK LISTING

PAGE 2
INI023P1

RUN DATE: 10/26/92
RUN TIME: 12:58:40

KEY NUMBER	PART NUMBER	DESCRIPTION	QUANTITY
40	008005	BAR ATTACHMENT BRACKET	2
41	013047	ABDOMINAL BAR BOLT	2
42	057002	FOAM ROLLER PAD W/COVER	2
43	043002	SHOCK W/SPRING MOUNTING	2
44	058005	SPRING	2
45	042007	SEAT	1
45A	008053	SEAT BRACKET	1
45B	013021	MOUNTING SCREW	4
45C	014020	MOUNTING WASHER	4
46	.	SEE #42	0
47	035005	HOOK & LOOP FASTENER	1
48	017003	T-WINGBOLT KNOB	1
#	047021	ASSEMBLY INSTRUCTIONS	1
#	046019	OWNERS MANUAL	1
.		**WELDED TO FRAME**	0

LIFESTYLER 2000 MODEL 28686

OLD PART NUMBER	DESCRIPTION	NEW PART NUMBER	WESLO PRICE
1	FRAME	004012	40.00
2	SQUARE RUBBER CAP	040019	2.00
3	ROUND RUBBER CAP	040016	1.00
4	FOOT REST	039001	3.00
5	FOOT REST SHAFT	049008	5.00
6	PLASTIC TUBE INSERT	019012	1.00
7	WASHER	014019	.75
7A	LOCKNUT	012002	.75
8	BENCH L-BAR	006011	10.00
9	LONG BOLT	013030	1.00
9A	NUT	012013	1.50
10	BENCH	042006	15.00
11	THUMBSCREW	017011	1.20
13	WHEEL ASSEMBLY	070011	7.50
14	CHROME ROWING BAR	006013	15.00
15	RECTANGLE BAR CAP	040014	.50
16	HITCH PIN	015004	1.50
17	T-FRAME SUPPORT BAR	006016	16.00
18	SQUARE TUBE CAP	040019	1.00
19	CHROME BAR BRACKET	ON FRAME	
20	UPRIGHT BENCH BRACKET	ON FRAME	
23	CARRIAGE BOLT	013107	1.00
24	"T" WINGNUT	017001	3.00
25	BOLT, WSHR & LOCKNUT	070013	2.00
26E	ROWING ARM	002021	10.00
27	HAND GRIP	041003	4.00
31	BLACK H CLAMP	016022	5.00
32	BALL JOINT CAP	040017	
33	OPEN ENDED RUBBER CAP	040019	1.00
34	HANDLE	002027	15.00
35	SHORT HITCH PIN	015002	1.50
35A	ARM HITCH PIN	015003	1.00
36	HANDLE PIN	015016	1.50
37	EXTENSION ARM	006012	10.00
38	ABDOMINAL BAR	006048	10.50
39	FOAM ROLLER PAD	057002	5.00
40	ROLLER PAD COVER	057003	9.50
41	LOCKING SEAT	070048	13.00
42	VELCRO STRAP	035003	2.00
43	RECOILER SHOCK	043006	17.50
	SHOCK DECAL	044045	1.00
	ASSEMBLY TOOL	045002	3.00
	OWNERS MANUAL	046012	3.00
	LOCKING SEAT BRACKET	008006	