

HORIZONTM Ergometer BY WESLO

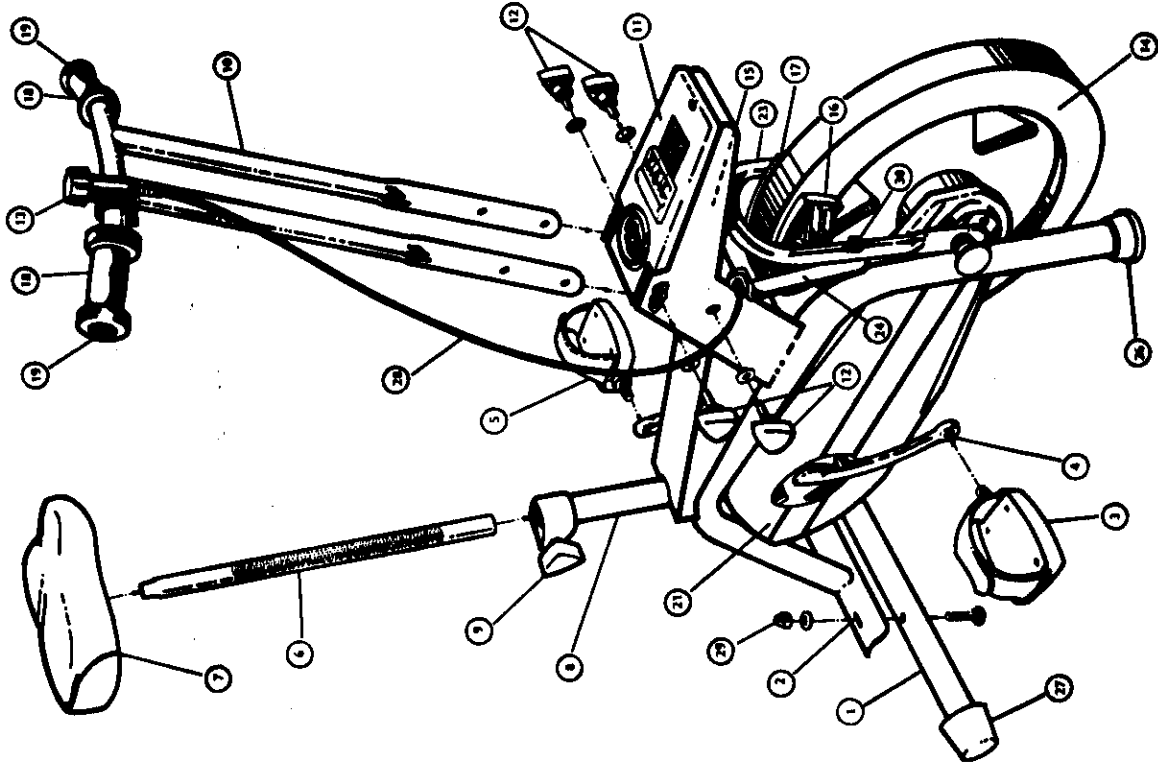
ASSEMBLY INSTRUCTIONS

IMPORTANT! Read all instructions carefully before beginning assembly.

1. Unpack carton. Check parts list to make sure all parts are included.
2. Position crossbar (1) as shown and attach with bolts and nuts to the back of the frame (2).
3. Thread the right pedal (marked) (3) onto the right side of the crank (4) and tighten. Repeat on the left side with the left pedal (5).
4. Insert seat post (6) into seat (7) and tighten the nut. Push the seat and post into the rear tube (8) and tighten the clamping knob (9). (Seat post must be at least 2 inches or 5 cm deep).
5. Insert the ends of the handlebar stem (10) between the black frame and the stainless steel console (11) as shown. Screw in the four locking knobs (12) and tighten.
6. With the screw out, snap the resistance control knob (13) on the right side of the handlebar (10). Insert screw and tighten to secure in place.

NOTE: The surface of the flywheel (14) has been coated with an anticorrosive wax to avoid rusting during transportation and storage. To achieve maximum efficiency in use, remove the coating with the enclosed piece of sandpaper. Simply loosen the adjustment screw (15) and remove the brake shoes (16, 17) before polishing. After polishing is completed, replace the brake shoes (16, 17) and tighten the screw (15).

Replacement parts may be ordered quickly and easily from the Weslo Factory offices. If you need to order parts, please call Weslo Customer Service at (801) 753-7780 during regular business hours.



PARTS LIST		
PART #	DESCRIPTION	QUANTITY
1	Crossbar	1
2	Bike Frame	1
3	Right Pedal	1
4	Crank	1
5	Left Pedal	1
6	Seat Post	1
7	Seat	1
9	Clamping Knob	1
10	Handlebar	1
11	Console	1
12	Locking Knob	4
13	Resistance Control Knob	1
14	Flywheel	1
15	Brake Adjustment Screw	1
16	Right Brake Shoe	1
17	Left Brake Shoe	1
18	Hand Grip	2
19	Cap End	2
20	Chain	1
21	Right Chain Guard Set	1
22	Left Chain Guard Set	1
23	Brake Bracket	1
24	Right Brake Shoe Control Bar	1
25	Left Brake Shoe Control Bar	1
26	Front Rubber End Cap	2
27	Back Rubber End Cap	2
28	Resistance Control Cable	1
29	Bolt, Washer & Nut Set "A"	2
30	Bolt, Washer & Nut Set "B"	2

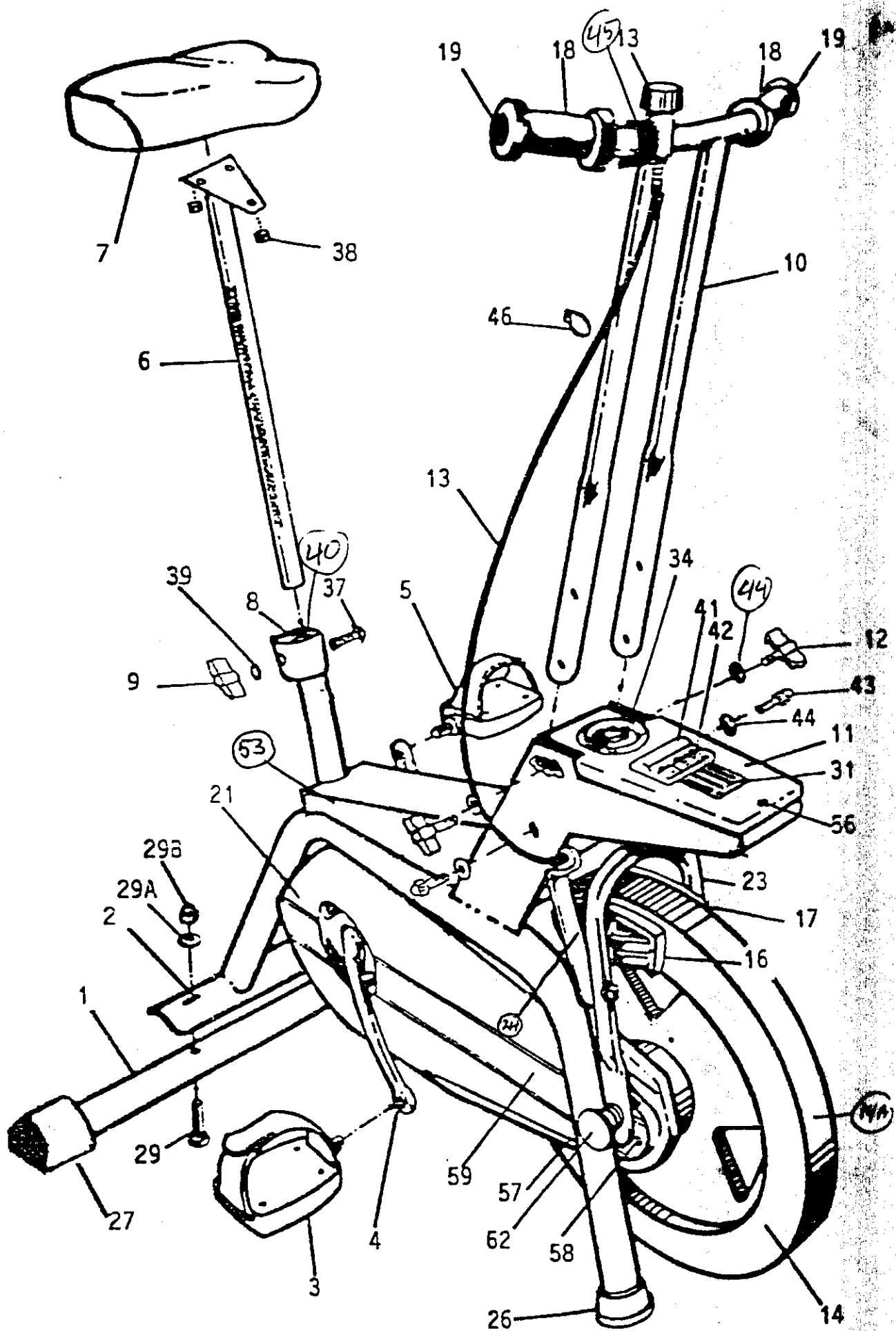
NOTE: Assembly can be completed using the wrench provided.

FOR BEST USE:

The Horizon Ergometer is a precision exercise machine with accurate gauges for the measurement of pedaling effort and crank torque.

For optimum efficiency and precise gauge operation, calibration (which can be done by most bike shops and exercise equipment dealers) is recommended.

EB7720



EB 7720

MODEL NUMBER: EB7720
VERSION: 00
PRODUCT NAME: EB7720
PRODUCT DESC:

MODEL/PART BOOK LISTING

PAGE 1

INI1023P1

RUN DATE: 3/07/97

RUN TIME: 20:41:11

KEY NUMBER	PART NUMBER	DESCRIPTION	QUANTITY
1	006003	REAR CROSSBAR	1
2	NSP	FRAME	1
3	038006	RIGHT PEDAL	1
4	.	CRANK	1
4	.	IS THERE A PEG ON THE	0
4	.	CRANK THAT INSERTS INTO	0
4	.	THE SPROCKET?	0
4	023019	023019 YES	1
4	NLA	NLA NO	1
4A	.	SPROCKET	1
4A	.	IS THERE A PEG ON THE	0
4A	.	CRANK THAT INSERTS INTO	0
4A	.	THE SPROCKET?	0
4A	024003	024003 YES	1
4A	024011	024011 NO	1
5	038005	LEFT PEDAL	1
6	.	SEAT POST	1
6	.	IS THER A BRACKET WELDED	0
6	.	ON THE SEAT POST?	0
6	NLA	NLA YES	1
6	007003	007003 NO	1
7	.	SEAT	1
7	.	IS THERE A BRACKET WELDED	0
7	.	TO THE SEAT POST?	0
7	042023	042023 YES	1
7	042004	042004 NO	1
8	016001	ALUMINUM SEAT CLAMP	1
9	.	CLAMP KNOB	1
9	.	DOES YOUR CLAMP HAVE A	0
9	.	T-WINGNUT, TRIANGULAR	0
9	.	KNOB OR METAL LEVER?	0
9	017001	017001 T-WINGNUT	1
9	017005	017005 TRIANGULAR KNOB	1
9	017021	017021 METAL LEVER	1
10	NLA	HANDLEBAR	1
11	009001	CHROME HOOD	1
12	017003	LOCK KNOB	2
13	NLA	TENSION CABLE W/KNOB	1
14	NLA	FLYWHEEL	1
14A	NLA	RUBBER BELT	1
15	013326	BRAKE ADJUSTMENT SCREW	1
16	036001	RIGHT BRAKE SHOE	1
17	036002	LEFT BRAKE SHOE	1
18	041001	HAND GRIP	2
19	NLA	HANDLEBAR ENDCAP	2
20	025002	CHAIN	2
21	NLA	RIGHT SIDESHIELD	1
22	010005	LEFT SIDESHIELD	1
23	NLA	BRAKE BRACKET	1
24	072003	RIGHT BRAKE CONTROL BAR	1
25	NLA	LEFT BRAKE CONTROL BAR	1
26	.	FRONT ENDCAP	2
26	.	IS YOUR ENDCAP STRAIGHT	0
26	.	OR MUSHROOM SHAPED?	0

MODEL NUMBER: EB7720
VERSION: 00
PRODUCT NAME: EB7720
PRODUCT DESC:

MODEL/PART BOOK LISTING

PAGE 2
INI023P1
RUN DATE: 5/07/97
RUN TIME: 20:41:11

KEY NUMBER	PART NUMBER	DESCRIPTION	QUANTITY
26	040001	040001 STRAIGHT	1
26	040008	040008 MUSHROOM	1
27	.	REAR ENDCAP	2
27	.	IS YOUR ENDCAP FLAT ON	0
27	.	ONE END?	0
27	040006	040006 YES	2
27	040002	040002 NO	2
28	NLA	SPEEDOMETER DRIVER	1
29	013011	REAR CROSSBAR BOLT	2
29A	014006	FORMED WASHER	2
29B	012001	ACORN NUT	2
30	013018	BRAKE BAR BOLT	2
30A	014003	WASHER	2
30B	019007	SPACER	2
30C	012022	LOCKNUT	2
31	044007	WATTS CHART DECAL	1
32	NLA	KJ CHART	1
33	034010	NEWTON METER ASSEMBLY	1
34	NLA	SPEEDOMETER	1
35	.	SPEEDOMETER BRACKET	1
36	012034	SPEEDOMETER NUT	1
37	013001	CLAMP BOLT	1
38	012002	SEAT LOCKNUT	1
39	014041	SEAT CLAMP WASHER	1
40	019063	SEAT POST SLEEVE	1
41	NLA	NEWTON METER LENS	1
42	044008	LENS DECAL	1
43	.	BOLT	2
43	.	DOES YOUR BIKE HAVE AN	0
43	.	ACORN BOLT OR T-WINGBOLT?	0
43	.	013416 ACORN BOLT	2
43	.	017003 T-WINGBOLT	2
44	014109	SPACER	4
45	019060	VINYL SPACER	1
46	016003	CABLE TIE	1
48	NLA	NEWTON METER SPRING	1
49	043011	NEWTON METER SHOCK	1
50	013036	NEWTON SHOCK SCREW	2
51	013025	SPRING ADJUSTMENT BOLT	1
52	012035	SPRING ADJUSTMENT NUT	2
53	NLA	PLASTIC HOOD	1
54	013022	PLASTIC HOOD SCREW	3
55	013110	HOOD SCREW	1
56	013142	CHROME HOOD SCREW	1
57	013022	SIDESHIELD SCREW	4
58	013142	SIDESHIELD SCREW	4
59	044010	RIGHT SIDESHIELD DECAL	1
60	NLA	LEFT SIDESHIELD DECAL	1
61	NLA	AXLE	1
62	.	AXLE CAP	2
62	.	DOES YOUR AXLE HAVE	0
62	.	PLASTIC SCREW-ON CAPS,	0
62	.	ACORN NUTS, OR LONG HEX	0
62	.	CAPNUTS?	0

MODEL NUMBER: EB7720
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MODEL/PART BOOK LISTING

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RUN DATE: 7/97
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KEY NUMBER	PART NUMBER	DESCRIPTION	QUANTITY
62	NLA	NLA PLASTIC SCREW CAPS	2
62	012008	012008 ACORN NUTS	2
62	.	012141 CAPNUTS	2
63	NLA	TIMER	1
64	017025	TIMER KNOB	1
65	044026	SEAT POST DECAL	1
66	045004	SOCKET/DRIVER/WRENCH 2 PC	1
67	059007	RUBBER STOPPER	1
#	024001	FLYWHEEL SPROCKET	1
#	046021	OWNERS MANUAL	1
.	.	HARDWARE KIT	1
.	.	013011 REAR BAR BOLT	2
.	.	014006 FORMED WASHER	2
.	.	012001 ACORN NUT	2
.	.	017003 LOCK KNOB	2
.	.	014109 SPACER	4
.	.	013416 ACORN BOLT	2



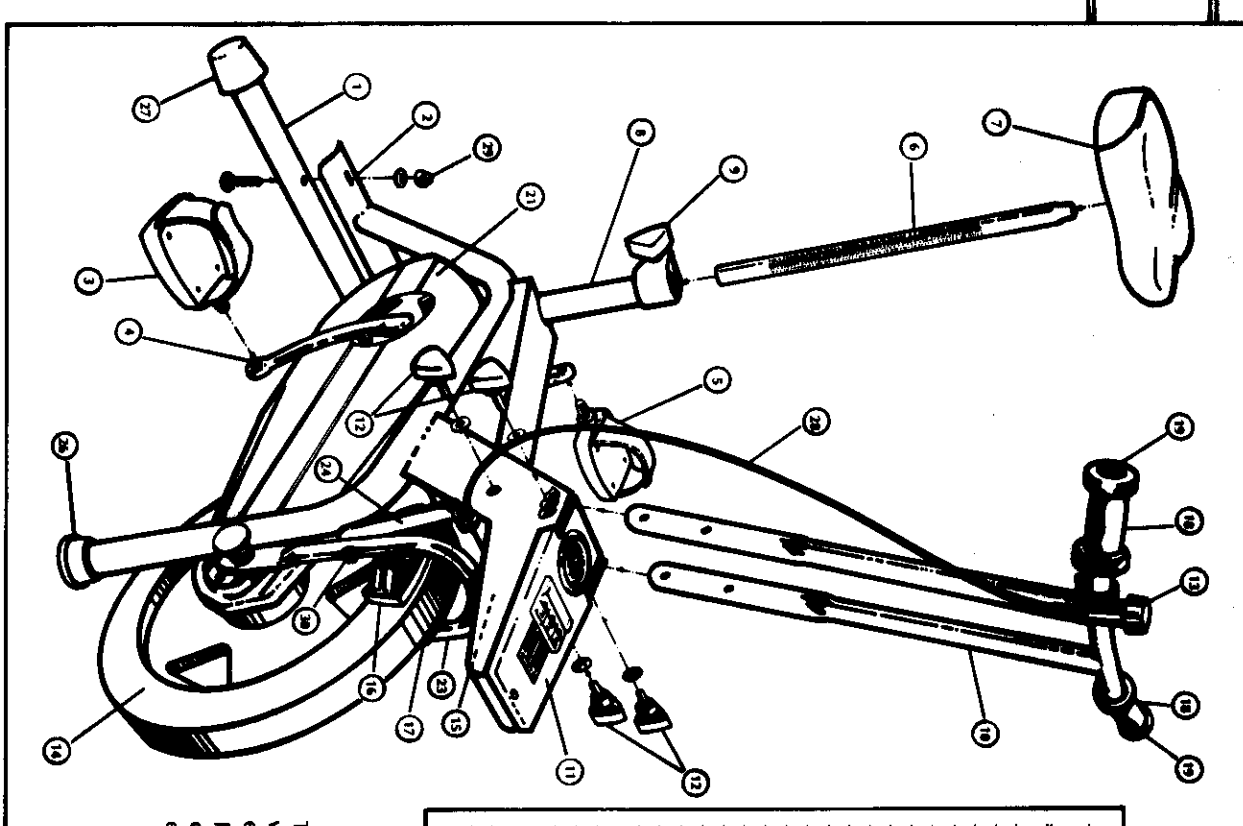
ASSEMBLY INSTRUCTIONS

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4. Insert seat post (6) into seat (7) and tighten the nut. Push the seat and post into the rear tube (8) and tighten the clamping knob (9). (Seat post must be at least 2 inches or 5 cm deep).
5. Insert the ends of the handlebar stem (10) between the black frame and the stainless steel console (11) as shown. Screw in the four locking knobs (12) and tighten.
6. With the screw out, snap the resistance control knob (13) on the right side of the handlebar (10). Insert screw and tighten to secure in place.

NOTE: The surface of the flywheel (14) has been coated with an anticorrosive wax to avoid rusting during transportation and storage. To achieve maximum efficiency in use, remove the coating with the enclosed piece of sandpaper. Simply loosen the adjustment screw (15) and remove the brake shoes (16, 17) before polishing. After polishing is completed, replace the brake shoes (16, 17) and tighten the screw (15).

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PART #	DESCRIPTION	QUANTITY
1	Crossbar	1
2	Bike Frame	1
3	Right Pedal	1
4	Crank	1
5	Left Pedal	1
6	Seat Post	1
7	Seat	1
8	Clamping Knob	1
9	Handlebar	1
10	Console	1
11	Locking Knob	4
12	Resistance Control Knob	1
13	Flywheel	1
14	Brake Adjustment Screw	1
15	Right Brake Shoe	1
16	Left Brake Shoe	1
17	Hand Grip	2
18	Cap End	2
19	Chain	1
20	Right Chain Guard Set	1
21	Left Chain Guard Set	1
22	Brake Bracket	1
23	Right Brake Shoe Control Bar	1
24	Left Brake Shoe Control Bar	1
25	Front Rubber End Cap	2
26	Back Rubber End Cap	2
27	Resistance Control Cable	1
28	Bolt, Washer & Nut Set "A"	2
29	Bolt, Washer & Nut Set "B"	2
30		

NOTE: Assembly can be completed using the wrench provided.

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The Horizon Ergometer is a precision exercise machine with accurate gauges for the measurement of pedaling effort and crank torque.
For optimum efficiency and precise gauge operation, calibration (which can be done by most bike shops and exercise equipment dealers) is recommended.

REFERENCE NUMBER	DESCRIPTION	ORDER NUMBER	PRICE
1	CROSSBAR	006003	1.82
2	BIKE FRAME	004004	38.74
3	RIGHT PEDAL	038006	1.19
4	CRANK	023002	5.65
5	LEFT PEDAL	038005	1.19
6	SEAT POST	007003	4.04
7	SEAT	042004	5.73
9	CLAMPING KNOB	017005	.69
10	HANDLEBAR	001005	10.76
11	CONSOLE	070055	5.65
12	LOCKING KNOB	017019	.69
13	RESISTANCE CONTROL KNOB	072006	4.13
14	FLYWHEEL	021007	30.57
15	BRAKE ADJUSTMENT SCREW	013026	.32
16	RIGHT BRAKE SHOE	036001	6.02
17	LEFT BRAKE SHOE	036002	6.02
18	HAND GRIP	041001	1.68
19	CAP END	040004	.11
20	CHAIN	025002	3.25
21	RIGHT CHAIN GUARD SET	010005	5.19
22	LEFT CHAIN GUARD SET	010006	5.19
23	BRAKE BRACKET	008002	.99
24	RIGHT BRAKE SHOE CTRL BAR	072003	2.66
25	LEFT BRAKE SHOE CTRL BAR	072002	2.66
26	FRONT RUBBER END CAP	040008	.32
27	BACK RUBBER END CAP	040002	.79
28	RESISTANCE CONTROL CABLE	(PART OF 072006)	
29	BOLT, WASHER & NUT SET A	070045	.84
30	BOLT, WASHER & NUT SET B	070054	.60
31	OWNERS MANUAL	046025	.99
32	ASSEMBLY INSTRUCTIONS	047030	.48
	SPEEDOMETER CABLE	026013	6.75
	SPEEDOMETER	027011	9.99
	RUBBER FLYWHEEL BELT	025012	5.53
	ERGOMETER CALIBRATION	047031	.64

NOTE: 047031 IS NO LONGER INCLUDED 12/16/86

HORIZON

Ergometer

BY WESLO

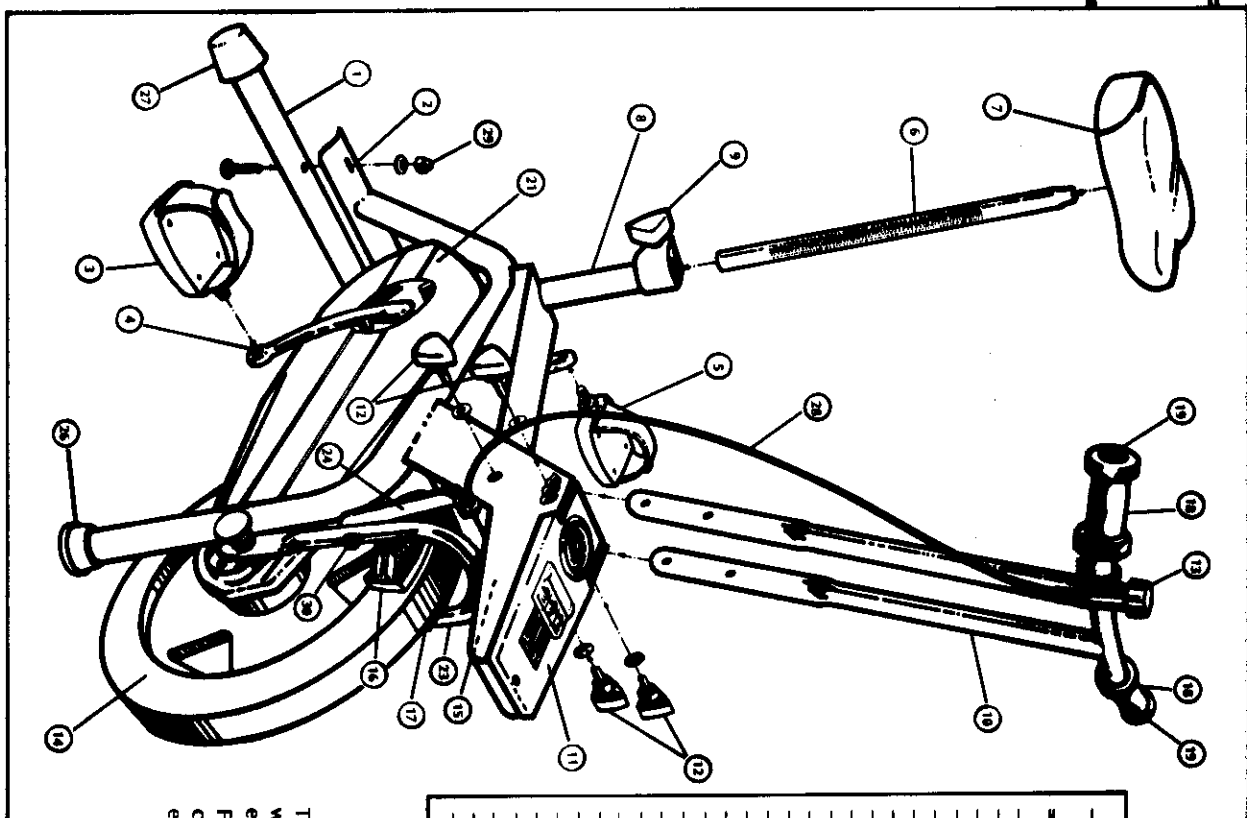
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3	Right Pedal	1
4	Crank	1
5	Left Pedal	1
6	Seat Post	1
7	Seat	1
8	Clamping Knob	1
9	Handlebar	1
10	Console	1
11	Locking Knob	4
12	Resistance Control Knob	1
13	Flywheel	1
14	Brake Adjustment Screw	1
15	Right Brake Shoe	1
16	Left Brake Shoe	1
17	Hand Grip	2
18	Cap End	2
19	Chain	1
20	Right Chain Guard Set	1
21	Left Chain Guard Set	1
22	Brake Bracket	1
23	Right Brake Shoe Control Bar	1
24	Left Brake Shoe Control Bar	1
25	Front Rubber End Cap	2
26	Back Rubber End Cap	2
27	Resistance Control Cable	1
28	Bolt, Washer & Nut Set "A"	2
29	Bolt, Washer & Nut Set "B"	2
30		

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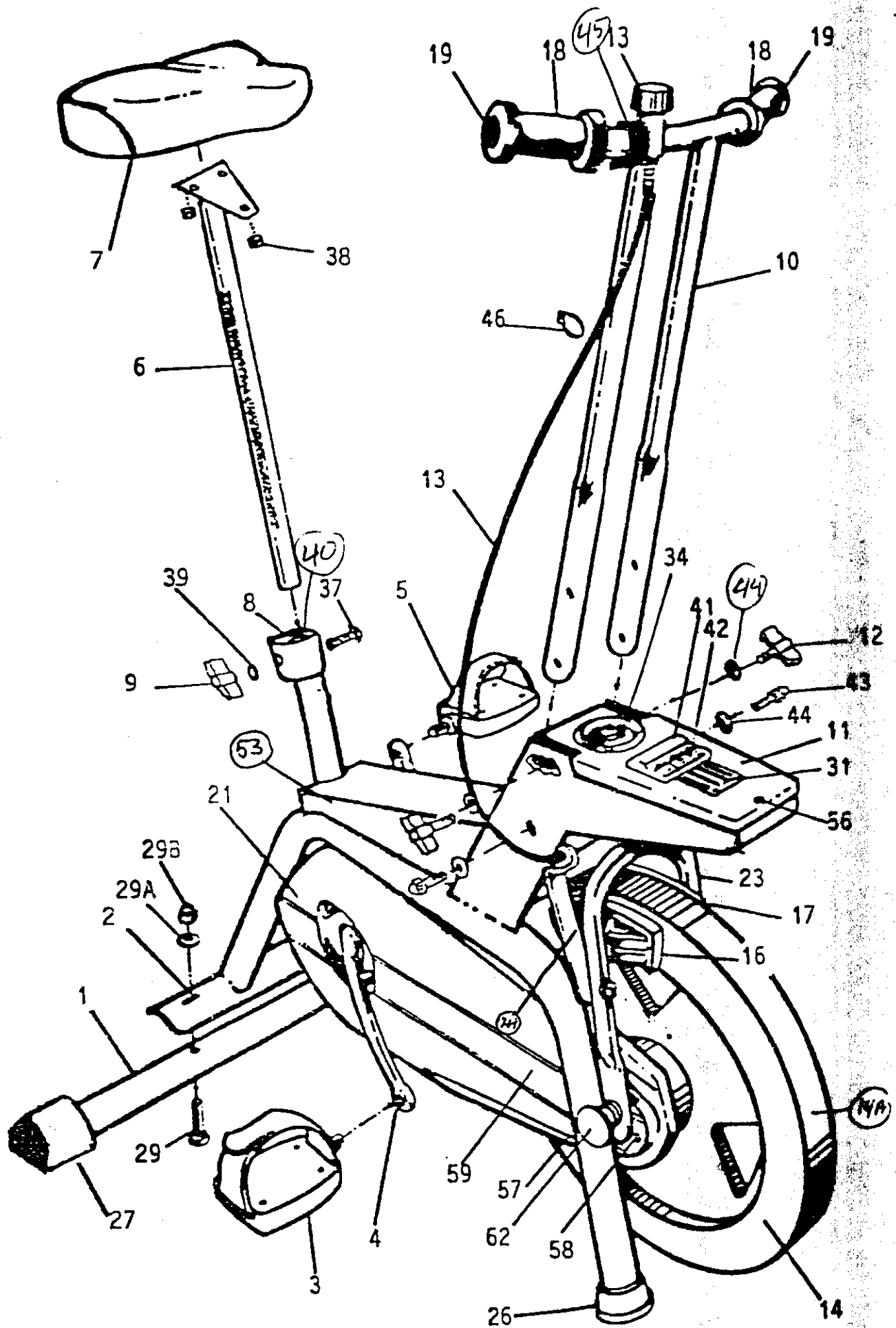
PAGE 1

INI023P1

RUN DATE: 3/07/97

RUN TIME: 20:41:11

KEY NUMBER	PART NUMBER	DESCRIPTION	QUANTITY
1	006003	REAR CROSSBAR	1
2	NSP	FRAME	1
3	038006	RIGHT PEDAL	1
4	.	CRANK	1
4	.	IS THERE A PEG ON THE	0
4	.	CRANK THAT INSERTS INTO	0
4	.	THE SPROCKET?	0
4	023019	023019 YES	1
4	NLA	NLA NO	1
4A	.	SPROCKET	1
4A	.	IS THERE A PEG ON THE	0
4A	.	CRANK THAT INSERTS INTO	0
4A	.	THE SPROCKET?	0
4A	024003	024003 YES	1
4A	024011	024011 NO	1
5	038005	LEFT PEDAL	1
6	.	SEAT POST	1
6	.	IS THER A BRACKET WELDED	0
6	.	ON THE SEAT POST?	0
6	NLA	NLA YES	1
6	007003	007003 NO	1
7	.	SEAT	1
7	.	IS THERE A BRACKET WELDED	0
7	.	TO THE SEAT POST?	0
7	042023	042023 YES	1
7	042004	042004 NO	1
8	016001	ALUMINUM SEAT CLAMP	1
9	.	CLAMP KNOB	1
9	.	DOES YOUR CLAMP HAVE A	0
9	.	T-WINGNUT, TRIANGULAR	0
9	.	KNOB OR METAL LEVER?	0
9	017001	017001 T-WINGNUT	1
9	017005	017005 TRIANGULAR KNOB	1
9	017021	017021 METAL LEVER	1
10	NLA	HANDLEBAR	1
11	009001	CHROME HOOD	1
12	017003	LOCK KNOB	2
13	NLA	TENSION CABLE W/KNOB	1
14	NLA	FLYWHEEL	1
14A	NLA	RUBBER BELT	1
15	013326	BRAKE ADJUSTMENT SCREW	1
16	036001	RIGHT BRAKE SHOE	1
17	036002	LEFT BRAKE SHOE	1
18	041001	HAND GRIP	2
19	NLA	HANDLEBAR ENDCAP	2
20	025002	CHAIN	2
21	NLA	RIGHT SIDESHIELD	1
22	010005	LEFT SIDESHIELD	1
23	NLA	BRAKE BRACKET	1
24	072003	RIGHT BRAKE CONTROL BAR	1
25	NLA	LEFT BRAKE CONTROL BAR	1
26	.	FRONT ENDCAP	2
26	.	IS YOUR ENDCAP STRAIGHT	0
26	.	OR MUSHROOM SHAPED?	0



EB 7720

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MODEL/PART BOOK LISTING

PAGE 1
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RUN DATE: 3/07/97
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KEY NUMBER	PART NUMBER	DESCRIPTION	QUANTITY
1	006003	REAR CROSSBAR	1
2	NSP	FRAME	1
3	038006	RIGHT PEDAL	1
4	.	CRANK	1
4	.	IS THERE A PEG ON THE	0
4	.	CRANK THAT INSERTS INTO	0
4	.	THE SPROCKET?	0
4	023019	023019 YES	1
4	NLA	NLA NO	1
4A	.	SPROCKET	1
4A	.	IS THERE A PEG ON THE	0
4A	.	CRANK THAT INSERTS INTO	0
4A	.	THE SPROCKET?	0
4A	024003	024003 YES	1
4A	024011	024011 NO	1
5	038005	LEFT PEDAL	1
6	.	SEAT POST	1
6	.	IS THER A BRACKET WELDED	0
6	.	ON THE SEAT POST?	0
6	NLA	NLA YES	1
6	007003	007003 NO	1
7	.	SEAT	1
7	.	IS THERE A BRACKET WELDED	0
7	.	TO THE SEAT POST?	0
7	042023	042023 YES	1
7	042004	042004 NO	1
8	016001	ALUMINUM SEAT CLAMP	1
9	.	CLAMP KNOB	1
9	.	DOES YOUR CLAMP HAVE A	0
9	.	T-WINGNUT, TRIANGULAR	0
9	.	KNOB OR METAL LEVER?	0
9	017001	017001 T-WINGNUT	1
9	017005	017005 TRIANGULAR KNOB	1
9	017021	017021 METAL LEVER	1
10	NLA	HANDLEBAR	1
11	009001	CHROME HOOD	1
12	017003	LOCK KNOB	2
13	NLA	TENSION CABLE W/KNOB	1
14	NLA	FLYWHEEL	1
14A	NLA	RUBBER BELT	1
15	013326	BRAKE ADJUSTMENT SCREW	1
16	036001	RIGHT BRAKE SHOE	1
17	036002	LEFT BRAKE SHOE	1
18	041001	HAND GRIP	2
19	NLA	HANDLEBAR ENDCAP	2
20	025002	CHAIN	2
21	NLA	RIGHT SIDESHIELD	1
22	010005	LEFT SIDESHIELD	1
23	NLA	BRAKE BRACKET	1
24	072003	RIGHT BRAKE CONTROL BAR	1
25	NLA	LEFT BRAKE CONTROL BAR	1
26	.	FRONT ENDCAP	2
26	.	IS YOUR ENDCAP STRAIGHT	0
26	.	OR MUSHROOM SHAPED?	0

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PAGE 2
INI023P1

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KEY NUMBER	PART NUMBER	DESCRIPTION	QUANTITY
26	040001	040001 STRAIGHT	1
26	040008	040008 MUSHROOM	1
27	.	REAR ENDCAP	2
27	.	IS YOUR ENDCAP FLAT ON	0
27	.	ONE END?	0
27	040006	040006 YES	2
27	040002	040002 NO	2
28	NLA	SPEEDOMETER DRIVER	1
29	013011	REAR CROSSBAR BOLT	2
29A	014006	FORMED WASHER	2
29B	012001	ACORN NUT	2
30	013018	BRAKE BAR BOLT	2
30A	014003	WASHER	2
30B	019007	SPACER	2
30C	012022	LOCKNUT	2
31	044007	WATTS CHART DECAL	1
32	NLA	KJ CHART	1
33	034010	NEWTON METER ASSEMBLY	1
34	NLA	SPEEDOMETER	1
35	.	SPEEDOMETER BRACKET	1
36	012034	SPEEDOMETER NUT	1
37	013001	CLAMP BOLT	1
38	012002	SEAT LOCKNUT	1
39	014041	SEAT CLAMP WASHER	1
40	019063	SEAT POST SLEEVE	1
41	NLA	NEWTON METER LENS	1
42	044008	LENS DECAL	1
43	.	BOLT	2
43	.	DOES YOUR BIKE HAVE AN	0
43	.	ACORN BOLT OR T-WINGBOLT?	0
43	.	013416 ACORN BOLT	2
43	.	017003 T-WINGBOLT	2
44	014109	SPACER	4
45	019060	VINYL SPACER	1
46	016003	CABLE TIE	1
48	NLA	NEWTON METER SPRING	1
49	043011	NEWTON METER SHOCK	1
50	013036	NEWTON SHOCK SCREW	2
51	013025	SPRING ADJUSTMENT BOLT	1
52	012035	SPRING ADJUSTMENT NUT	2
53	NLA	PLASTIC HOOD	1
54	013022	PLASTIC HOOD SCREW	3
55	013110	HOOD SCREW	1
56	013142	CHROME HOOD SCREW	1
57	013022	SIDESHIELD SCREW	4
58	013142	SIDESHIELD SCREW	4
59	044010	RIGHT SIDESHIELD DECAL	1
60	NLA	LEFT SIDESHIELD DECAL	1
61	NLA	AXLE	1
62	.	AXLE CAP	2
62	.	DOES YOUR AXLE HAVE	0
62	.	PLASTIC SCREW-ON CAPS,	0
62	.	ACORN NUTS, OR LONG HEX	0
62	.	CAPNUTS?	0

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PRODUCT NAME: EB7720
PRODUCT DESC:

MODEL/PART BOOK LISTING

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INI023P1

RUN DATE: 3/07/97

RUN TIME: 20:41:11

KEY NUMBER	PART NUMBER	DESCRIPTION	QUANTITY
62	NLA	NLA PLASTIC SCREW CAPS	2
62	012008	012008 ACORN NUTS	2
62	.	012141 CAPNUTS	2
63	NLA	TIMER	1
64	017025	TIMER KNOB	1
65	044026	SEAT POST DECAL	1
66	045004	SOCKET/DRIVER/WRENCH 2 PC	1
67	059007	RUBBER STOPPER	1
#	024001	FLYWHEEL SPROCKET	1
#	046021	OWNERS MANUAL	1
.	.	HARDWARE KIT	1
.	.	013011 REAR BAR BOLT	2
.	.	014006 FORMED WASHER	2
.	.	012001 ACORN NUT	2
.	.	017003 LOCK KNOB	2
.	.	014109 SPACER	4
.	.	013416 ACORN BOLT	2

REFERENCE NUMBER	DESCRIPTION	ORDER NUMBER	PRICE
1	CROSSBAR	006003	1.82
2	BIKE FRAME	004004	38.74
3	RIGHT PEDAL	038006	1.19
4	CRANK	023002	5.65
5	LEFT PEDAL	038005	1.19
6	SEAT POST	007003	4.04
7	SEAT	042004	5.73
9	CLAMPING KNOB	017005	.69
10	HANDLEBAR	001005	10.76
11	CONSOLE	070055	5.65
12	LOCKING KNOB	017019	.69
13	RESISTANCE CONTROL KNOB	072006	4.13
14	FLYWHEEL	021007	30.57
15	BRAKE ADJUSTMENT SCREW	013026	.32
16	RIGHT BRAKE SHOE	036001	6.02
17	LEFT BRAKE SHOE	036002	6.02
18	HAND GRIP	041001	1.68
19	CAP END	040004	.11
20	CHAIN	025002	3.25
21	RIGHT CHAIN GUARD SET	010005	5.19
22	LEFT CHAIN GUARD SET	010006	5.19
23	BRAKE BRACKET	008002	.99
24	RIGHT BRAKE SHOE CTRL BAR	072003	2.66
25	LEFT BRAKE SHOE CTRL BAR	072002	2.66
26	FRONT RUBBER END CAP	040008	.32
27	BACK RUBBER END CAP	040002	.79
28	RESISTANCE CONTROL CABLE	(PART OF 072006)	
29	BOLT, WASHER & NUT SET A	070045	.84
30	BOLT, WASHER & NUT SET B	070054	.60
31	OWNERS MANUAL	046025	.99
32	ASSEMBLY INSTRUCTIONS	047030	.48
	SPEEDOMETER CABLE	026013	6.75
	SPEEDOMETER	027011	9.99
	RUBBER FLYWHEEL BELT	025012	5.53
	ERGOMETER CALIBRATION	047031	.64

NOTE: 047031 IS NO LONGER INCLUDED 12/16/86

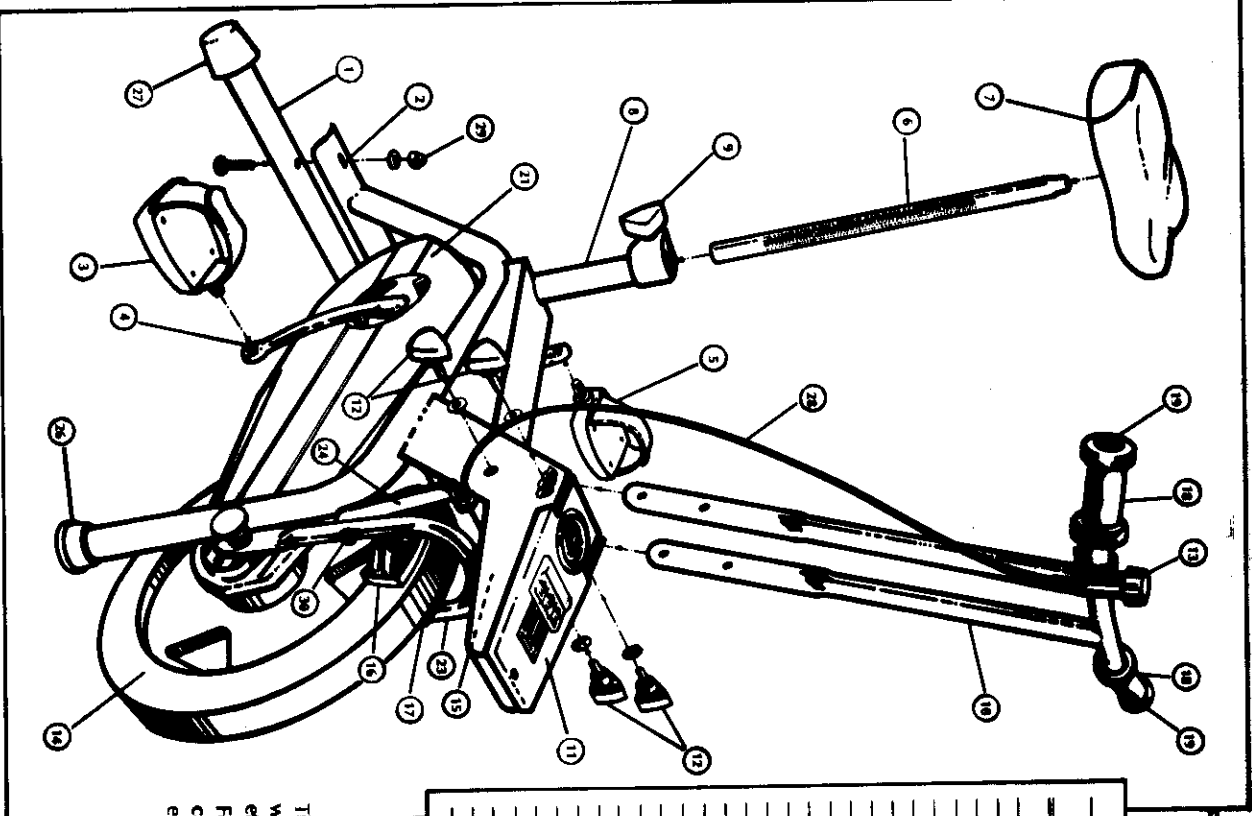
ASSEMBLY INSTRUCTIONS

IMPORTANT! Read all instructions carefully before beginning assembly.

1. Unpack carton. Check parts list to make sure all parts are included.
2. Position crossbar (1) as shown and attach with bolts and nuts to the back of the frame (2).
3. Thread the right pedal (marked) (3) onto the right side of the crank (4) and tighten. Repeat on the left side with the left pedal (5).
4. Insert seat post (6) into seat (7) and tighten the nut. Push the seat and post into the rear tube (8) and tighten the clamping knob (9). (Seat post must be at least 2 inches or 5 cm deep).
5. Insert the ends of the handlebar stem (10) between the black frame and the stainless steel console (11) as shown. Screw in the four locking knobs (12) and tighten.
6. With the screw out, snap the resistance control knob (13) on the right side of the handlebar (10). Insert screw and tighten to secure in place.

NOTE: The surface of the flywheel (14) has been coated with an anticorrosive wax to avoid rusting during transportation and storage. To achieve maximum efficiency in use, remove the coating with the enclosed piece of sandpaper. Simply loosen the adjustment screw (15) and remove the brake shoes (16, 17) before polishing. After polishing is completed, replace the brake shoes (16, 17) and tighten the screw (15).

Replacement parts may be ordered quickly and easily from the Weslo Factory offices. If you need to order parts, please call Weslo Customer Service at (801) 753-7780 during regular business hours.



PARTS LIST		
PART #	DESCRIPTION	QUANTITY
1	Crossbar	1
2	Bike Frame	1
3	Right Pedal	1
4	Crank	1
5	Left Pedal	1
6	Seat Post	1
7	Seat	1
8	Clamping Knob	1
9	Handlebar	1
10	Console	1
11	Locking Knob	4
12	Resistance Control Knob	1
13	Resistance Control Knob	1
14	Flywheel	1
15	Brake Adjustment Screw	1
16	Right Brake Shoe	1
17	Left Brake Shoe	1
18	Hand Grip	2
19	Cap End	2
20	Chain	1
21	Right Chain Guard Set	1
22	Left Chain Guard Set	1
23	Brake Bracket	1
24	Right Brake Shoe Control Bar	1
25	Left Brake Shoe Control Bar	1
26	Front Rubber End Cap	2
27	Back Rubber End Cap	2
28	Resistance Control Cable	1
29	Bolt, Washer & Nut Set "A"	2
30	Bolt, Washer & Nut Set "B"	2

NOTE: Assembly can be completed using the wrench provided.

FOR BEST USE:
The Horizon Ergometer is a precision exercise machine with accurate gauges for the measurement of pedaling effort and crank torque.
For optimum efficiency and precise gauge operation, calibration (which can be done by most bike shops and exercise equipment dealers) is recommended.