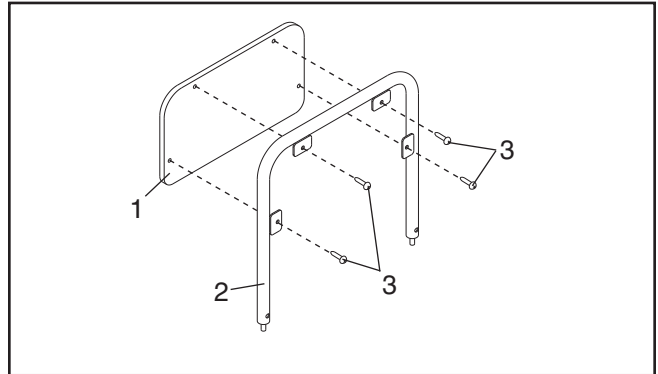


ASSEMBLY

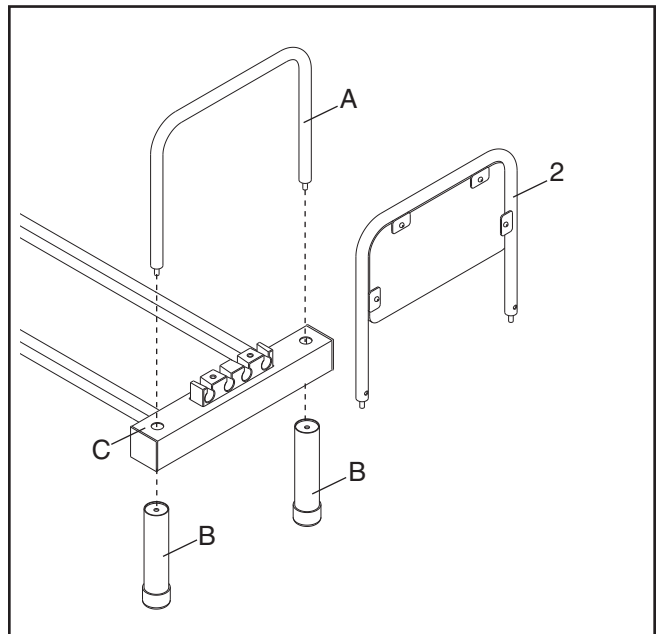
Orient the Foot Bar (2) as shown. Attach the Foot Pad (1) to the Foot Bar with four M6 x 12mm Screws (3). **Note: The Foot Pad should be inside the Foot Bar frame.**



ADJUSTMENTS

CHANGING THE FOOT BAR

To change the Foot Bar (A or 2) attached to the exercise bench, first remove the two indicated Cap Legs (B) and attached Foot Bar. Then, insert the new Foot Bar into the end of the Inner Frame (C). Reattach the two Cap Legs to the ends of the Foot Bar.



PART LIST/EXPLODED DRAWING—Model No. IFMC13540

R0105A

Key No.	Qty.	Description
1	1	Foot Pad
2	1	Foot Bar with Brackets
3	4	M6 x 12mm Screw
#	1	User's Manual

Note: “#” indicates a non-illustrated part.
Specifications are subject to change without notice.
See the back cover of this manual for information about ordering replacement parts.

