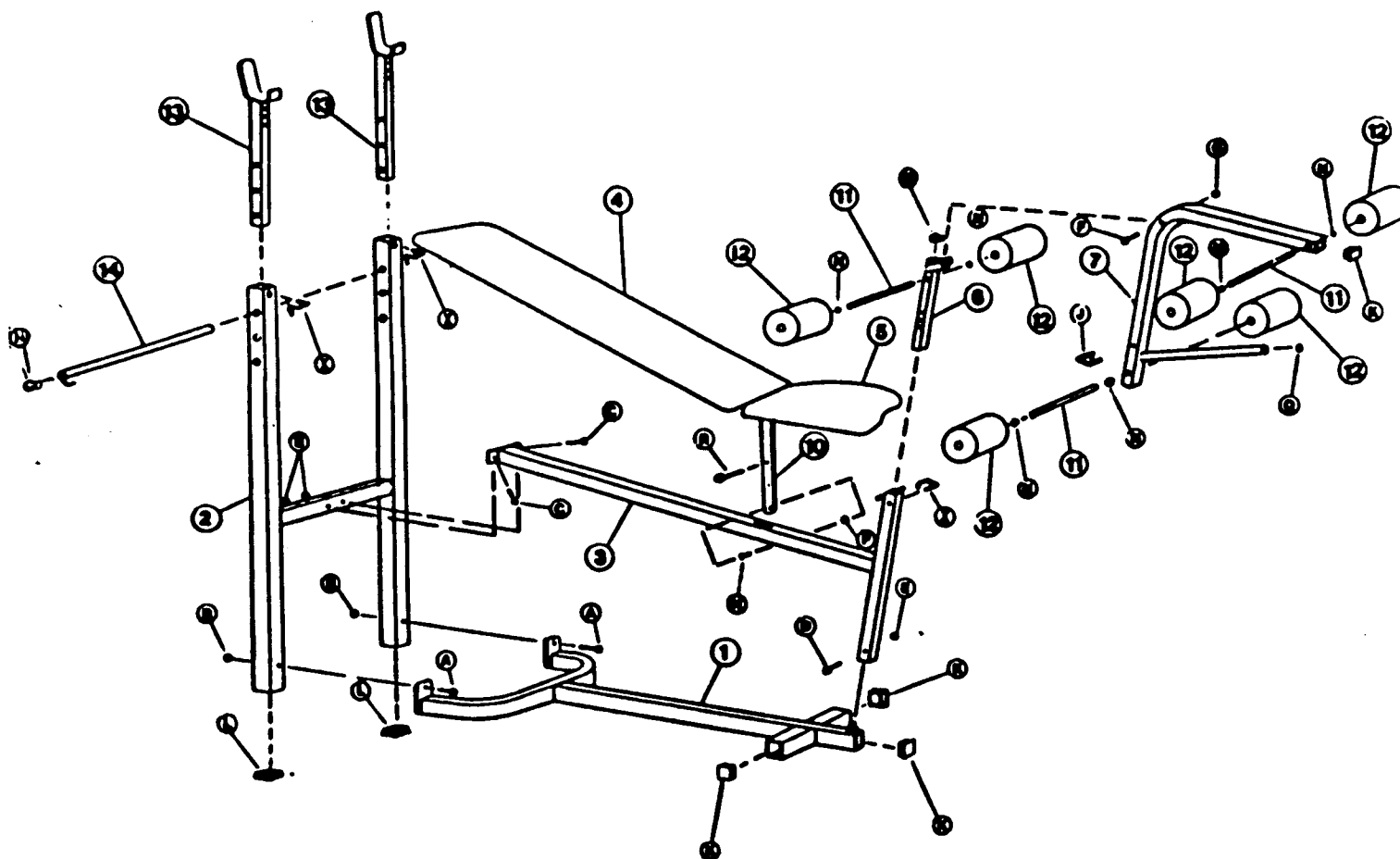


ASSEMBLY INSTRUCTIONS

Tools needed for assembly: Pliers
Adjustable End Wrench
Hammer



IMPORTANT

The maximum load capacity (lifter & weights) of the bench is as follows:

Flat position - 1000 lbs.

Incline position - 400 lbs.

The leg lift attachment total weight not to exceed 50 lbs.