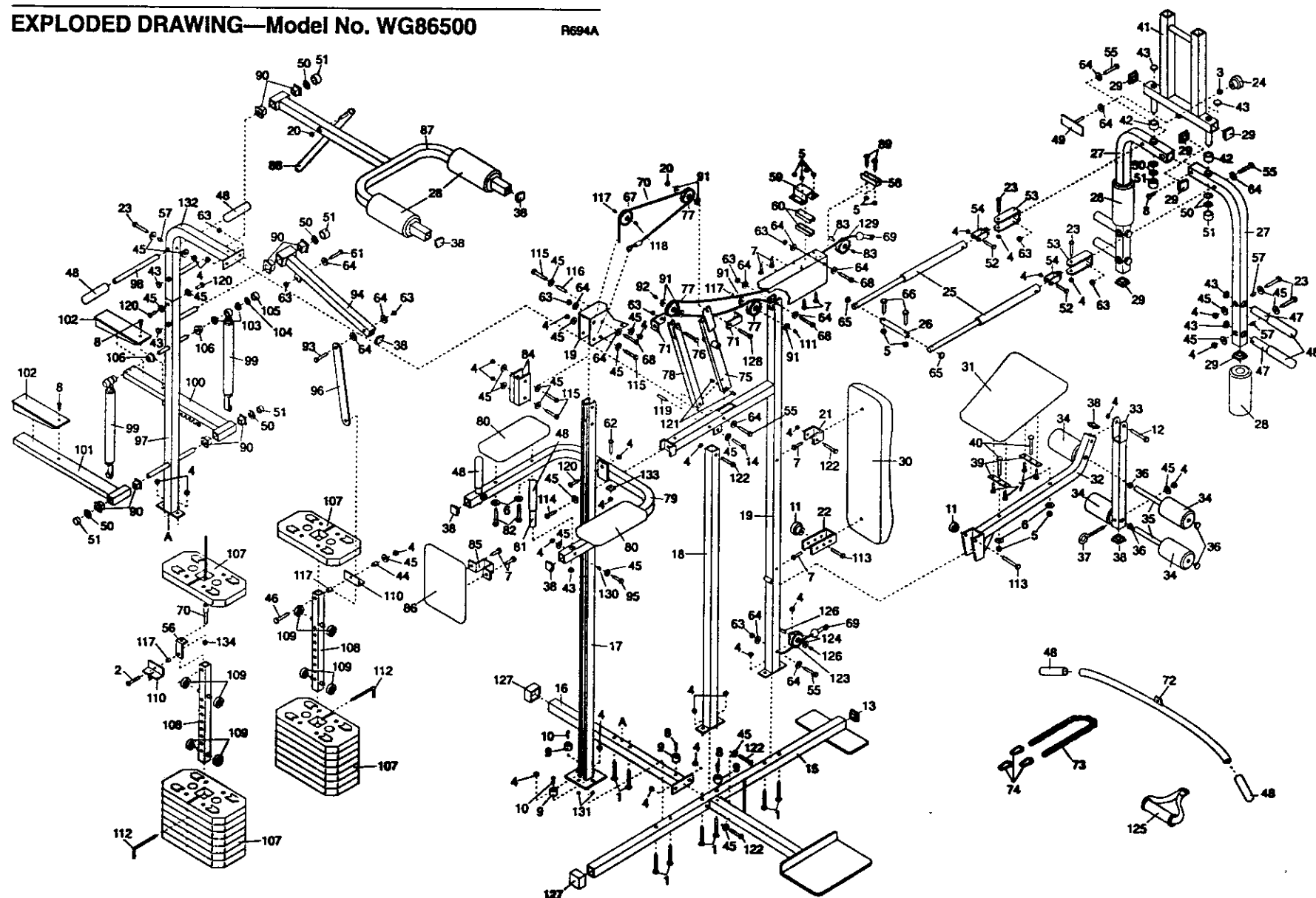


EXPLODED DRAWING—Model No. WG86500

R694A



MODEL NUMBER: W08650

MODEL/PART BOOK LISTING

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VERSION: 00

IN1023P1

PRODUCT NAME: WEIDER 8650 HARD DRIVE SYSTEM

RUN DATE: 12/14/96

PRODUCT DESC:

RUN TIME: 16:02:51

KEY NUMBER	PART NUMBER	DESCRIPTION	QUANTITY
1	100994	5/16" X 2 1/2" CARR BOLT	8
2	121679	5/16" X 1 1/4" BOLT	1
3	012159	3/8" NUT	1
4	119440	5/16" NYLON LOCK NUT	34
5	012090	1/4" NYLON LOCK NUT	10
6	014127	1/4" FLAT WASHER	6
7	121686	1/4" X 3/4" SCREW	12
8	119445	1 1/4" TAP SCREW	6
9	123108	RUBBER BUMPER	4
10	121868	#8-32 SCREW	2
11	119192	5/16" KNOB	3
12	.	SEE KEY #23	0
13	108874	2" INNER CAP	1
14	103053	5/16" X 2 1/2" BOLT	1
15	121702	BASE	1
16	121781	STABILIZER	1
17	121782	VKR UPRIGHT	1
18	121818	CENTER UPRIGHT WEIGHT	1
19	126473	UPRIGHT ASSEMBLY	1
20	105133	3/8" NYLON JAM NUT	2
21	121819	SMALL U BRACKET	1
22	121820	ADJUSTMENT BRACKET	1
23	102884	5/16" X 2 1/4" BOLT	8
24	.	SEE KEY # 11	0
25	121696	ARM SHOCK	2
26	121821	SHOCK BAR	1
27	121822	ARM	2
28	121715	LONG FOAM PAD	4
29	113666	1 3/4" INNER CAP	6
30	121695	LARGE BACKREST	1
31	121689	SEAT	1
32	121823	SEAT FRAME	1
33	121824	LEG LEVER	1
34	103805	SHORT FOAM PAD	4
35	121825	PAD TUBE	2
36	115366	3/4" PLASTIC CAP	4
37	121687	5/16" X 2 1/2" EYEBOLT	1
38	103833	1 1/2" INNER CAP	7
39	121826	SEAT BRACKET	2
40	121681	1/4" X 2 1/4" CARR BOLT	2
41	121827	ARM FRAME	1
42	121828	PLASTIC BUSHING	2
43	118475	1" ROUND CAP	10
44	121700	1/2" X 1/4" BUSHING	1
45	014041	5/16" FLAT WASHER	35
46	121680	5/16"X2 1/4" CARR BOLT	1
47	121829	SHORT HANDLE	4
48	119702	5" GRIP	10
49	121830	SELECTOR PLATE	1
50	108778	1" RETAINER	8
51	120808	1" PLASTIC CAP	6
52	013293	5/16" X 1 3/4" BOLT	2
53	121831	LARGE U BRACKET	2
54	121832	SWIVEL U BRACKET	2

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VERSION: 00

IN1023P1

PRODUCT NAME: WEIDER 8650 HARD DRIVE SYSTEM

RUN DATE: 12/14/96

PRODUCT DESC:

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KEY NUMBER	PART NUMBER	DESCRIPTION	QUANTITY
55	105329	3/8" X 2 3/4" BOLT	4
56	121833	CABLE BRACKET	1
57	119967	1/2" X 3/8" BUSHING	5
58	124253	BAR HOLDER	1
59	121835	ARM FRAME CAP	1
60	119217	ARM FRAME BUSHING	2
61	013519	3/8" X 3" BOLT	1
62	101278	5/16" X 3" BOLT	1
63	012108	3/8" NYLON LOCK NUT	10
64	105674	3/8" FLAT WASHER	14
65	115402	3/4" PLASTIC CAP	2
66	013444	1/4" X 1 1/4" BOLT	2
67	124590	3 1/2" PULLEY	1
68	104049	3/8" X 3 1/2" BOLT	2
69	121884	CABLE, BALL/BALL, 139.5"L	1
70	121883	CABLE, LOOP/THD, 68"L	1
71	121836	L BRACKET	2
72	121694	LAT BAR	1
73	107768	CHAIN	1
74	103087	CABLE CLIP	3
75	121837	PIVOT ARM	1
76	013564	3/8" X 1 3/4" BOLT	1
77	121838	THIN 3/8" PULLEY	3
78	121839	PIVOT ARM EXTENSION	1
79	121840	VKR FRAME	1
80	121698	VKR ARM REST	2
81	.	SEE KEY #47	0
82	121688	1/4" X 2" SCREW	4
83	119644	1/2" X 5/8" SPACER	2
84	121699	UPRIGHT BRACKET	2
85	121841	VKR BACKREST BRACKET	1
86	121697	SMALL BACKREST	1
87	121842	SQUAT ARM	1
88	121843	LINK TUBE	1
89	121682	1/4" X 1/2" TAPER SCREW	2
90	112276	1 3/8" SQUARE BUSHING	8
91	121844	SMALL FLANGED BUSHING	6
92	121845	5/8" X 1/2" SPACER	1
93	108674	3/8" X 2 1/2" CARR BOLT	1
94	121846	SQUAT ARM LEVER	1
95	013464	5/16" X 2" BOLT	2
96	121847	LINK ARM	1
97	121848	STEPPER UPRIGHT	1
98	121849	STEPPER HANDLE	1
99	121850	RESISTANCE CYLINDER	2
100	121851	LEFT PEDAL	1
101	121852	RIGHT PEDAL	1
102	121853	PEDAL COVER	2
103	109399	RESISTANCE CYLINDER BSHG	4
104	102603	5/8" RETAINER	2
105	112298	5/8" PLASTIC CAP	2
106	121701	5/8" SPACER	2
107	119778	KIT OF 8-12.5LB WEIGHTS	2
108	121854	WEIGHT TUBE	2

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PRODUCT NAME: WEIDER 8650 HARD DRIVE SYSTEM

RUN DATE: 12/14/96

PRODUCT DESC:

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KEY NUMBER	PART NUMBER	DESCRIPTION	QUANTITY
109	121855	ROLLER	8
110	121856	WEIGHT BRACKET	2
111	121857	1/2" X 1 3/4" BUSHING	1
112	119214	L PIN	2
113	113814	5/16" X 2 3/4" CARR BOLT	2
114	121685	5/16" X 1 3/4" SCREW	1
115	116101	5/16" X 3 1/4" BOLT	4
116	121858	1/2" X 2 1/2" BUSHING	1
117	121859	1/2" X 1 1/4" SPACER	2
118	115648	1/2" X 1/2" SPACER	3
119	121860	5/16" X 1.4" L ROLL PIN	1
120	013211	5/16" X 3/4" BOLT	3
121	121861	5/8" X 5/126" BUSHING	2
122	113744	5/16" X 2 3/4" BOLT	4
123	121864	2 5/8" PULLEY	1
124	121865	LARGE FLANGE BUSHING	2
125	115177	NYLON STRAP	1
126	120790	1/2" X 1/2" BUSHING	2
127	105723	2" OUTER CAP	2
128	013443	3/8" X 1" CARRIAGE BOLT	1
129	115164	3 1/2" THICK PULLEY	1
130	121703	1/2" X 5/16" BUSHING	2
131	103762	#8-32 NUT	2
132	121866	STEPPER UPRIGHT EXTENSION	1
133	121867	SQUARE WASHER	1
134	012096	1/4" NUT	1
135	121886	PULLEY SPACER	6
136	110375	3/8" X 3 1/4" BOLT	1
137	121887	1" BUSHING	1
.	.	NON-ILLUSTRATED PARTS	0
#	120044	OWNER'S MANUAL	1
#	125056	EXERSISE POSTER	1
#	120046	PART ID CAHRT	1
#	120045	PART LIST/EXPLODED DRAW	1
#	121691	CABLE DIAGRAM	1
#	119835	DECAL SHEET	1
#	121690	CN, STEPS 10, 31, 34	1
#	120309	CN, ASSY UPDATE	1
#	121719	LITERATURE PACKET	1
.	.	120044 OWNER'S MANUAL	1
.	.	120045 PARTS LIST/DRAWING	1
.	.	120046 PART ID CHART	1
.	.	121690 CN, STEPS 10, 31, 34	1
.	.	120309 CN, ASSY UPDATE	1
.	.	121691 CABLE DIAGRAM	1
.	.	119835 DECAL SHEET	1
.	.	125056 WALL CHART	1
#	121716	HARDWARE KIT STEPS 1-12	1
.	.	121699 PLASTIC BRACKET	2
.	.	119217 ARM PRESS BUSHING	2
.	.	119216 ARM PRSS COVER	1
.	.	105433 BLACK BUMPER	4
.	.	120808 1" EXTERNAL ENDCAP	2
.	.	105723 2" SQ EXT ENDCAP	2

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PRODUCT NAME: WEIDER 8650 HARD DRIVE SYSTEM

PRODUCT DESC:

INI023P

RUN DATE: 12/14/96

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KEY NUMBER	PART NUMBER	DESCRIPTION	QUANTITY
.	.	108874 2" SQ INT ENDCAP	1
.	.	113666 INTERNAL ENDCAP	6
.	.	118475 ROUND INT ENDCAP	2
.	.	119192 5/16" KNOB	1
.	.	119214 WEIGHT STACK PIN	2
.	.	108778 1" PUSH NUT	4
.	.	012159 3/8" HEX NUT	1
.	.	012096 1/4" HEX NUT	1
.	.	103762 #8-32 HEX NUT	2
.	.	116101 5/16" X 3.25" SCRW	2
.	.	113744 5/16" X 2.75" SCRW	3
.	.	103053 5/16" X 2.5" SCREW	1
.	.	121679 5/16" X 1.25" SCRW	1
.	.	013211 5/16" X .75" SCREW	2
.	.	100994 5/16" X 2.5" BOLT	8
.	.	121680 5/16" X 2.25" BOLT	1
.	.	012090 1/4" HEX NUT	6
.	.	119440 5/16" JAM NUT	16
.	.	105674 7/16" FLAT WASHER	1
.	.	014127 1/4" FLAT WASEHR	10
.	.	115648 .5" METAL SPACER	2
.	.	121700 .28" METAL SPACER	1
.	.	121682 1/4" X .5" SCREW	3
.	.	121868 #8 X 1" SCREW	2
.	.	121685 5/16" X 1.75" SCRW	1
.	.	013162 #8 X 1/2" SCREW	4
#	121717	121686 1/4" X .75" SCREW	4
.	.	HARDWARE KIT STEPS 13-35	1
.	.	115177 ANKLE STRAP	1
.	.	112276 PIVOT BUSHING	8
.	.	118475 ROUND INT ENDCAP	8
.	.	115366 ROUND INT ENDCAP	4
.	.	120808 ROUND EXT ENDCAP	4
.	.	112298 ROUND EXT ENDCAP	2
.	.	121701 PLASTIC SPACER	2
.	.	115402 ROUND EXT ENDCAP	2
.	.	103833 SQUARE INT ENDCAP	7
.	.	119192 5/16" RND KNOB	2
.	.	107768 15" LONG CHAIN	1
.	.	103087 1/4" HOOK	3
.	.	121687 5/16" X 2.5"EYEBLT	1
.	.	113814 5/16" X 2.75" BOLT	2
.	.	108674 3/8" X 2.5" BOLT	1
.	.	121681 1/4" X 2.25" BOLT	1
.	.	013519 3/8" X 3" SCREW	1
.	.	101278 5/16" X 3" SCREW	1
.	.	105329 3/8" X 2.75" SCREW	2
.	.	113744 5/16" X 2.75" SCRW	1
.	.	102884 5/16" X 2.25" SCRW	8
.	.	013464 5/16" X 2" SCREW	2
.	.	013293 5/16" X 1.75" SCRW	2
.	.	013444 1/4" X 1.25" SCREW	2
.	.	013211 5/16" X .75" SCREW	1
.	.	121686 1/4" X .75" SCREW	8

MODEL NUMBER: W08650

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VERSION: 00

PRODUCT NAME: WEIDER 8650 HARD DRIVE SYSTEM

PRODUCT DESC:

INIT023P1
RUN DATE: 12/14/96
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KEY NUMBER	PART NUMBER	DESCRIPTION	QUANTITY
.	.	105133 3/8" JAM NUT	1
.	.	012108 3/8" NYLON LCK NUT	4
.	.	012082 5/16" NYLN LCK NUT	16
.	.	012090 1/4" NYLN LCK NUT	4
.	.	013162 #8 X 1/2" SCREW	2
.	.	121688 1/4" X 2" SCREW	4
.	.	102603 5/8" PUSH NUT	2
.	.	108778 1" PUSH NUT	4
.	.	105674 7/16 FLAT WASHER	5
.	.	014041 5/16" FLAT WASEHR	15
.	.	014127 1/4" FLAT WASHER	6
.	.	119967 1/2" X 3/8" SPACER	5
.	.	121703 .31" SPACER	2
*	121718	HARDWARE KIT	1
.	.	121704 BRACKET	1
.	.	014127 FLAT WASHER	4
.	.	121690 CONSUMER NOTICE	1