

# PART LIST- Model No. WL870510

Rev. 7/91

| Key No. | Qty. | Description            | Key No. | Qty. | Description            |
|---------|------|------------------------|---------|------|------------------------|
| 1       | 2    | #5 Weightband          | 42      | 1    | Bench Pin              |
| 2       | 2    | #10 Weightband         | 43      | 2    | Main Arm               |
| 3       | 2    | #25 Weightband         | 44      | 1    | Arm Rod                |
| 4       | 2    | #50 Weightband         | 45      | 1    | Arm Brace              |
| 5       | 1    | Frame                  | 46      | 1    | Brace Bolt             |
| 6       | 1    | Base                   | 47      | 1    | Brace Nut              |
| 7       | 1    | Stabilizer             | 48      | 2    | Rod Bolt               |
| 8       | 6    | Locknut                | 49      | 2    | Rod Lockwasher         |
| 9       | 4    | Base Endcap            | 50      | 2    | Rod Washer             |
| 10      | 1    | Stabilizer Bolt        | 51      | 1    | Lateral Bar Pad        |
| 11      | 1    | Stabilizer Nut         | 52      | 1    | Lateral Bar            |
| 12      | 2    | Pedal Spacer           | 53      | 1    | Pull Pin               |
| 13      | 4    | Pedal Bushing          | 54      | 1    | Frame Pin              |
| 14      | 2    | Flat Washer            | 55      | 1    | Frame Sleeve           |
| 15      | 4    | Bolt                   | 56      | 2    | Butterfly Pad          |
| 16      | 4    | Upper Cylinder Bushing | 57      | 2    | Sleeve Slider Bushing  |
| 17      | 2    | Cylinder Spacer        | 58      | 2    | Butterfly Arm          |
| 18      | 2    | Cylinder Bolt          | 59      | 1    | Lock Knob              |
| 19      | 2    | Cylinder Bracket       | 60      | 2    | Butterfly Pin          |
| 20      | 2    | Resistance Cylinder    | 61      | 1    | Lock Pin Assembly      |
| 21      | 2    | Bracket Knob           | 62      | 4    | Lower Cylinder Bushing |
| 22      | 2    | Pedal Footpad          | 63      | 1    | Pedal Reciprocator     |
| 23      | 1    | Right Pedal            | 64      | 1    | Reciprocator Axle Cap  |
| 24      | 1    | Left Pedal             | 65      | 2    | Large Retainer         |
| 25      | 1    | Foot Plate             | 66      | 2    | Flat Washer            |
| 26      | 1    | Bench Support          | 67      | 1    | Spring                 |
| 27      | 1    | Bench Rail             | #       | 1    | Owner's Manual         |
| 28      | 2    | Small Retainer         | #       | 1    | Grease                 |
| 29      | 1    | Bench                  |         |      |                        |
| 30      | 6    | Phillips Bolt          |         |      |                        |
| 31      | 1    | Mount Bolt             |         |      |                        |
| 32      | 1    | Mount Nut              |         |      |                        |
| 33      | 2    | Outer Spacer           |         |      |                        |
| 34      | 1    | Inner Spacer           |         |      |                        |
| 35      | 1    | Lift Mount             |         |      |                        |
| 36      | 1    | Leg Lift               |         |      |                        |
| 37      | 1    | Leg Lift Endcap        |         |      |                        |
| 38      | 1    | Leg Lift Pin           |         |      |                        |
| 39      | 1    | Pushnut                |         |      |                        |
| 40      | 2    | Long Pad               |         |      |                        |
| 41      | 2    | Short Pad              |         |      |                        |

Optional (not included)

|   |   |              |
|---|---|--------------|
| # | 2 | Locking Band |
|---|---|--------------|

Additional exercises can be performed using optional locking bands. Locking bands can be ordered following the instructions on the back cover of this manual. Note: To attach the locking bands, lift the main arms to the highest position. Slide one end of the locking bands onto the posts on the main arms, and the other end onto the upper posts on the frame sleeve.

Note: "#" indicates a non-illustrated part. Specifications are subject to change without notice. See the back cover about information about ordering replacement parts.

# EXPLODED DRAWING- Model No. WL870510

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