

PART LIST—Model No. WLSY30550

R0895A

Key No.	Qty.	Description	Key No.	Qty.	Description
1	1	Top Upright	30	1	Press Arm
2	1	Bottom Upright	31	8	Large Spring Clip
3	1	Base	32	1	Ab Arm Pad
4	1	Stabilizer	33	1	Small Spring Clip
5	1	Right Pedal (Assembly)	34	1	Right Butterfly Arm
6	1	Left Pedal (Assembly)	35	1	Left Butterfly Arm
7	14	7/16" Nylon Locknut	36	2	Butterfly Arm Pad
8	10	1/4" x 1/2" Bolt	37	4	Weightband
9	10	1/4" Washer	38	4	Small Weightband Bushing
10	1	Bench Rail	39	4	Large Weightband Bushing
11	1	Bench Leg	40	1	Leg Lever
12	1	Bench	41	2	Weightband Spacer
13	3	1 1/2" x 2" Endcap	42	2	Leg Lever Pad
14	4	7/16" x 2 1/4" Bolt	43	1	Leg Lever Pin
15	3	Pull Pin	44	1	Hairpin Cotter
16	2	Resistance Cylinder	45	2	Foam Pad Tube
17	2	Cylinder Bushing (Set)	46	4	Foam Pad
18	4	1/2" Dome Cap	47	1	Ab Seat
19	4	3/4" Dome Cap	48	4	1" x 1" Endcap
20	2	Pedal Bushing (Set)	49	2	Weightband Stopwasher
21	2	1" x 1/2" Spacer	50	1	Ab Seat Leg
22	2	3/4" Spacer	51	1	Ab Seat Rail
23	2	Foot Pad	52	1	Ab Arm
24	4	7/16" x 2 1/2" Carriage Bolt	53	1	Backrest
25	3	Outer Endcap	54	1	Ab Axle
26	14	7/16" Washer	55	1	Backrest Bracket
27	6	7/16" x 2 3/4" Bolt	56	4	#8 x 1/2" Self-tapping Screw
28	2	Weightband Tube	#	1	User's Manual
29	1	Press Arm Pin	#	1	Exercise Manual

Note: "#" indicates a non-illustrated part. Specifications are subject to change without notice. See the back cover of this manual for information about ordering replacement parts.

EXPLODED DRAWING—Model No. WLSY30550

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