

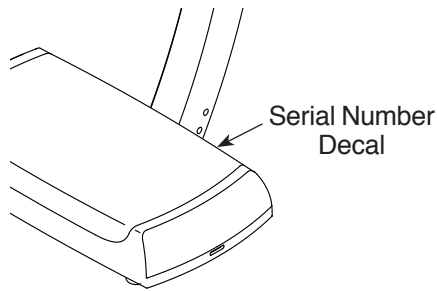
FREEMOTION®

v 8.8 Vibration Trainer

Model No. FMVB10915.0

Serial No. _____

Write the serial number in the space above for reference.



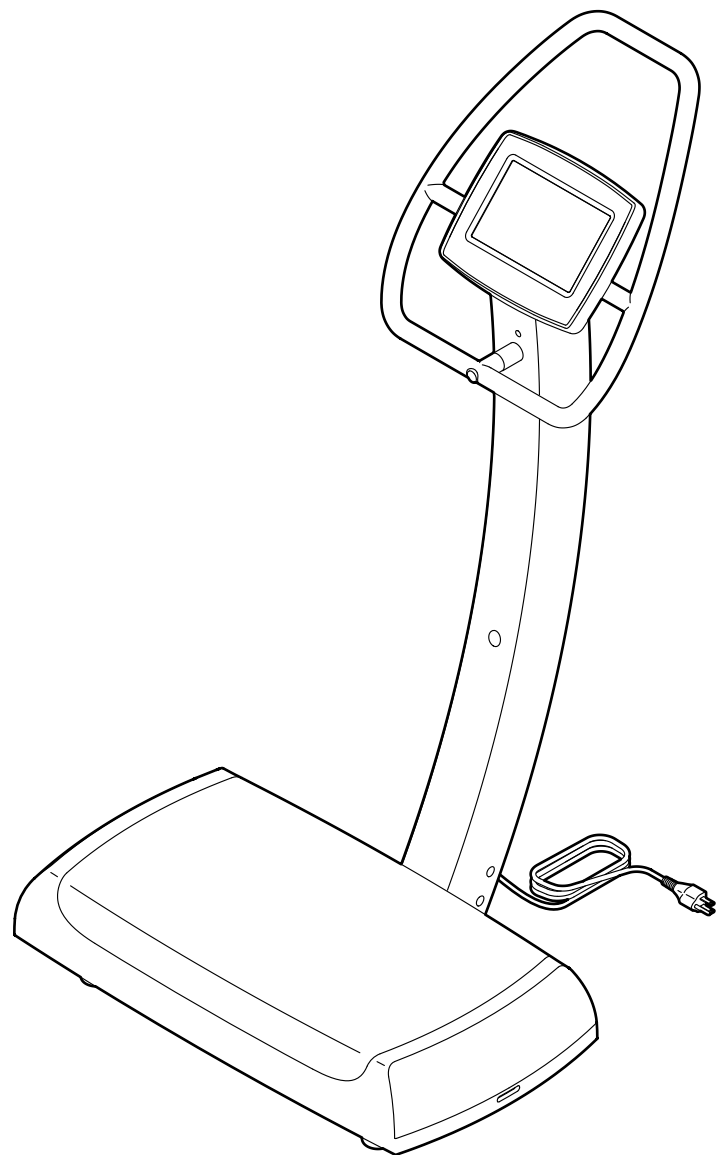
USER'S MANUAL

QUESTIONS?

If you have questions, or if parts are damaged or missing, please see **HOW TO CONTACT CUSTOMER CARE** on the back cover of this manual.

⚠ CAUTION

Read all precautions and instructions in this manual before using this equipment. Keep this manual for future reference.



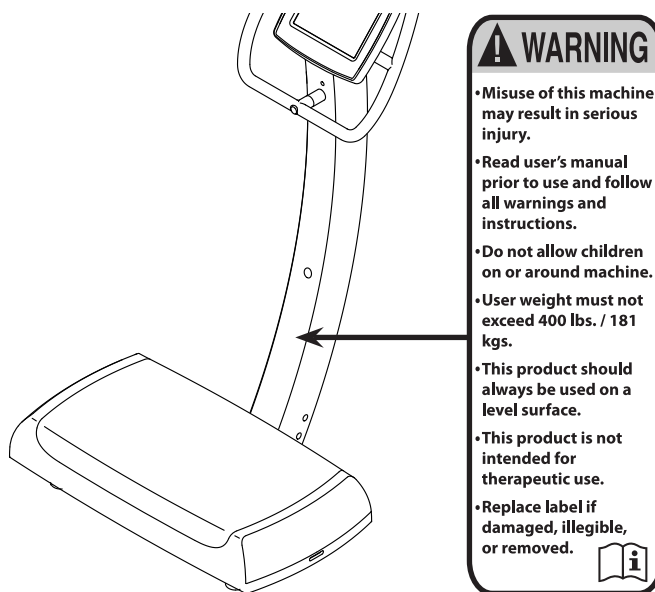
www.freemotionfitness.com

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WARNING DECAL PLACEMENT

This drawing shows the location(s) of the warning decal(s). **If a decal is missing or illegible, see the back cover of this manual and request a free replacement decal. Apply the decal in the location shown.** Note: The decal(s) may not be shown at actual size.



IMPORTANT PRECAUTIONS

⚠️WARNING: To reduce the risk of burns, fire, electric shock, or injury to persons, read all important precautions and instructions in this manual and all warnings on the vibration platform before using the vibration platform. FreeMotion Fitness assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

1. It is the responsibility of the owner to ensure that all users of the vibration platform are adequately informed of all precautions.
2. Before beginning any exercise program, consult your physician. This is especially important for persons over age 35 or persons with pre-existing health problems.
3. The following factors and conditions may make exercising on the vibration platform inadvisable (this list is not exhaustive; it is intended only for reference). If one or more factors or conditions apply to you, consult your physician before using the vibration platform.
 - History of detached retina
 - Knee or hip implant
 - Pacemaker
 - Recently placed screws, pins, bolts, or spirals
 - Acute hernia, discopathy, or spondylitis
 - Serious heart or vascular disease
 - Acute thrombosis
 - Tumor
 - Serious migraine
 - Epilepsy
 - Serious diabetes
 - Recent wound due to operation
 - Fresh inflammation
 - Pregnancy
4. Exercising on the vibration platform may cause retinal detachment; consult your physician about this condition before using the vibration platform.
5. Use the vibration platform only as described in this manual.
6. Keep the vibration platform indoors, away from moisture and dust. Do not put the vibration platform in a garage or covered patio, or near water.
7. Do not put or use the vibration platform in an area where flammable propellants are used or where oxygen is administered.
8. Place the vibration platform on a level surface, with a mat beneath it to protect the floor or carpet. Make sure that there is enough clearance around the vibration platform to mount, dismount, and use it.
9. Do not use the vibration platform at temperatures above 86° F (30° C) or below 50° F (10° C).
10. When connecting the power cord (see page 6), plug the power cord into a grounded circuit. No other appliance should be on the same circuit.
11. Do not modify the power cord or use an adapter to connect the power cord to an improper receptacle. Keep the power cord away from heated surfaces. Do not use an extension cord.
12. Do not operate the vibration platform if the power cord or plug is damaged, or if the vibration platform is not working properly.
13. Inspect and properly tighten all parts each time the vibration platform is used.
14. Keep children under age 13 and pets away from the vibration platform at all times.

15. The vibration platform should not be used by persons weighing more than 400 lbs. (181 kg).
16. Remove loose jewelry and tie loose hair up and out of the way before using the vibration platform.
17. Never allow more than one person on the vibration platform at a time.
18. Keep your back straight while using the vibration platform; do not arch your back. While standing on the vibration platform, bend your knees slightly and balance your weight on the balls of your feet.
19. Never place your head or belly on the vibration platform.
20. Use the platform pad while performing exercises that require you to touch the vibration platform with your bare feet or with parts of your body other than your feet.
21. While performing unilateral exercises on the vibration platform, perform them on each side of the body with the vibration platform set at the same intensity level.
22. It is recommended that you use the vibration platform for no longer than 15 minutes per day and no more than 3 times per week.
23. Be careful when stepping down from the vibration platform; your muscles will feel different after you exercise on the vibration platform.
24. Over exercising may result in serious injury or death. If you feel faint, if you become short of breath, or if you experience pain while exercising, stop immediately and cool down.
25. Never insert any object into any opening on the vibration platform.
26. Never leave the vibration platform unattended while it is running. Always unplug the power cord and switch the power switch to the off position when the vibration platform is not in use. (See the drawing on page 5 for the location of the power switch.)
27. Never cover the vibration platform while it is running.
28. **DANGER:** Always unplug the power cord when the vibration platform is not in use and before cleaning the vibration platform. Servicing other than the procedures in this manual should be performed by an authorized service representative only.

SAVE THESE INSTRUCTIONS

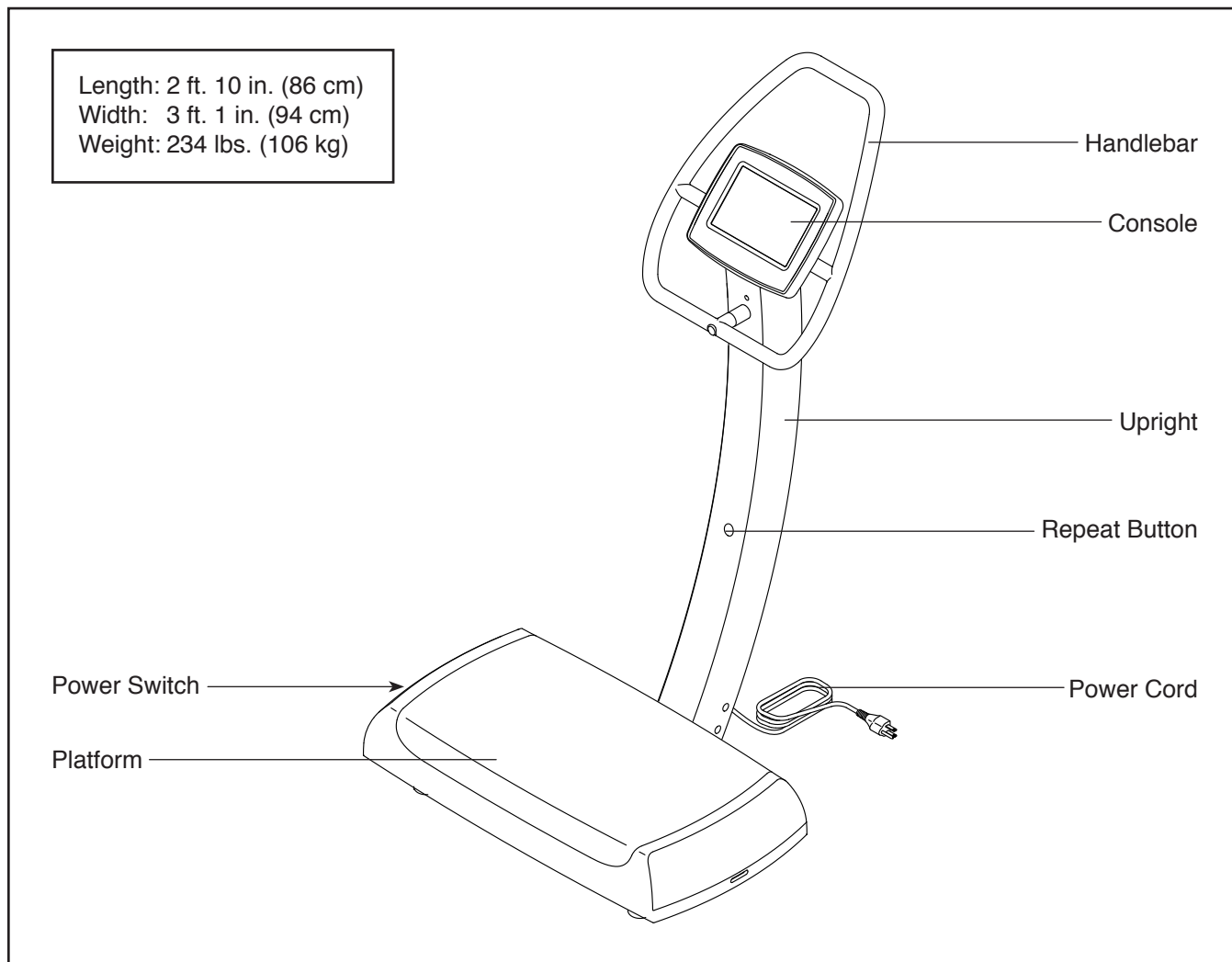
BEFORE YOU BEGIN

Thank you for selecting the FREEMOTION® V 8.8 VIBRATION TRAINER. The V 8.8 VIBRATION TRAINER offers whole body vibration options designed to make your workouts more effective and enjoyable.

For your benefit, read this manual carefully before you use the vibration platform. If you have questions after reading this manual, please see the back cover

of this manual. To help us assist you, note the product model number and serial number before contacting us. The model number and serial number are found on the serial number decal. The location of the serial number decal is shown on the front cover of this manual.

Before reading further, please familiarize yourself with the parts that are labeled in the drawing below.



HOW TO USE THE VIBRATION PLATFORM

HOW TO PLUG IN THE POWER CORD IN NORTH AMERICA

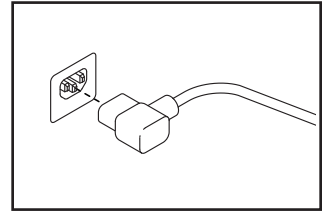
⚠ DANGER: Improper connection of the equipment-grounding conductor can result in an increased risk of electric shock. Check with a qualified electrician or service-man if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product—if it will not fit the outlet, have a proper outlet installed by a qualified electrician. Do not use an adapter to connect the plug to an improper receptacle.

This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current to reduce the risk of electric shock.

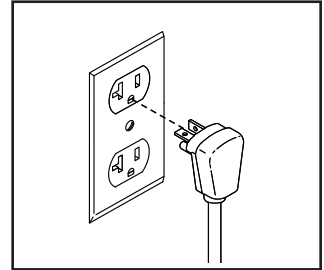
This product is for use on a dedicated, 20-amp, 120-volt circuit. No other appliance should be on the same circuit. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. **IMPORTANT: The vibration platform is not compatible with GFCI-equipped or AFCI-equipped outlets.**

Follow the steps below to plug in the power cord.

1. Plug the indicated end of the power cord into the socket on the frame.



2. Plug the grounding plug into a standard NEMA 5-20 receptacle. Do not modify the plug or the receptacle. Do not use an adapter, a surge protector, or an extension cord. The receptacle must be grounded.



HOW TO PLUG IN THE POWER CORD IN THE UK

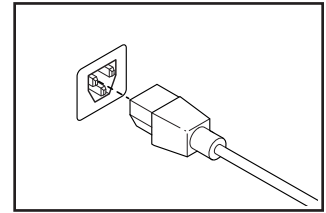
⚠ DANGER: Improper connection of the equipment-earthing conductor can result in an increased risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly earthed. Do not modify the plug provided with the product—if it will not fit the outlet, have a proper outlet installed by a qualified electrician. Do not use an adapter to connect the plug to an improper receptacle.

This product must be earthed. If it should malfunction or break down, earthing provides a path of least resistance for electric current to reduce the risk of electric shock.

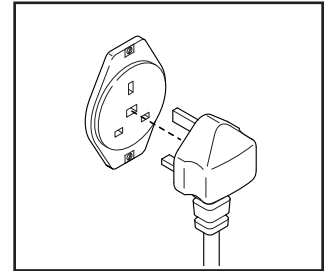
This product is for use on a dedicated, 10-amp, 230-volt circuit. No other appliance should be on the same circuit. The product is equipped with a cord having an equipment-earthing conductor and an earthing plug. **IMPORTANT: The vibration platform is not compatible with GFCI-equipped or AFCI-equipped outlets.**

Follow the steps below to plug in the power cord.

1. Plug the indicated end of the power cord into the socket on the frame.



2. Plug the earthing plug into a receptacle as shown. Do not modify the plug or the receptacle. Do not use an adapter or an extension cord. The receptacle must be earthed.



HOW TO USE THE PLATFORM PAD

Many exercises on the vibration platform require you to use the platform pad. **Make sure to use the platform pad while performing exercises that require you to touch the vibration platform with your bare feet or with parts of your body other than your feet.**

To use the platform pad, set the platform pad over the traction pad on the platform.

FEATURES OF THE CONSOLE

The advanced console offers an array of features designed to make your workouts effective and enjoyable.

First-Time User Program—Get used to vibration training with this program of introductory vibration exercises.

Quick Start Mode—Manually set the time and amplitude for your vibration sessions.

Training Programs—Use preset vibration training programs that guide you through effective workouts.

Movement Library—Choose vibration exercises to work specific muscle groups or achieve specific effects.

To turn on and turn off the vibration platform, see this page. **To turn on the console**, see page 9. **To turn off the console**, see page 9. **To set up the console**, see page 10.

To learn how to use the touch screen and navigate the console, see page 10. **To learn how to use the vibration control buttons**, see page 11.

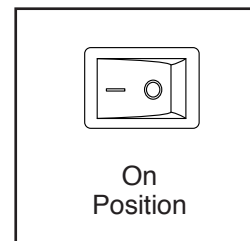
To use the first-time user program, see page 11. **To use the quick start mode**, see page 12. **To use a training program**, see page 13. **To use the movement library**, see page 15. **To change console settings**, see page 16.

Note: If there is a sheet of plastic on the screen, remove the plastic.

HOW TO TURN ON AND TURN OFF THE VIBRATION PLATFORM

IMPORTANT: If the vibration platform has been exposed to cold temperatures, allow it to warm to room temperature before you turn on the power. If you do not do this, the console or other electronic components may become damaged.

To turn on the vibration platform, first plug in the power cord (see page 6 and page 7). Next, locate the power switch beneath the vibration platform. Then, press the power switch into the on position.



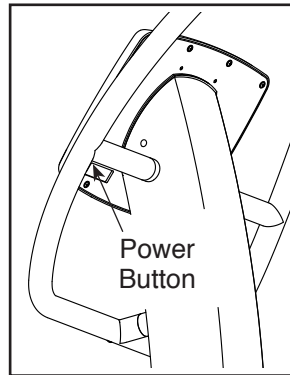
To turn off the vibration platform, press the power switch to the off position and unplug the power cord.

IMPORTANT: Whenever you turn off the vibration platform, make sure to turn off the console at the same time (see HOW TO TURN OFF THE CONSOLE on page 9). If you do not do this, the console battery will drain quickly because the vibration platform will not charge the console when it is turned off.

HOW TO TURN ON THE CONSOLE

1. Locate the console power button.

Locate the slot on the back of the right side of the console. There are two buttons located at the top of the slot. The console power button is located closest to the outer edge of the console.



2. Turn on the console.

First, press and hold the power button. The console will then turn on and the screen will light. Note: For several seconds while the console is turning on, the text on the screen will appear upside down; this is normal.

Next, the welcome message will appear on the screen.

Then, tap the welcome message screen. The main menu screen will then appear.

HOW TO TURN OFF THE CONSOLE

1. Locate the console power button.

Locate the slot on the back of the right side of the console. There are two buttons located at the top of the slot. The console power button is located closest to the outer edge of the console.

2. Turn off the console.

To turn off the console, press and hold the power button for several seconds.

A menu of options may appear on the screen. If a menu of options appears, tap the power down option; **it is recommended that you always power down the console completely when you turn off the console.**

IMPORTANT: Whenever you turn off the console, make sure to turn off the vibration platform and unplug the power cord at the same time (see HOW TO TURN ON AND TURN OFF THE VIBRATION PLATFORM on page 8).

HOW TO SET UP THE CONSOLE

1. Turn on the vibration platform and turn on the console.

To turn on the vibration platform, see HOW TO TURN ON AND TURN OFF THE VIBRATION PLATFORM on page 8.

To turn on the console, see HOW TO TURN ON THE CONSOLE on page 9.

2. Select a display language for the console.

To select a display language for the console, first tap Settings (gear icon) > Change Language.

Next, enter the following password:

FMFv8.8Admin2015MP

(Note: This password is case-sensitive.)

Then, tap the desired language icon.

3. Connect the console to a wireless network.

Note: In order to download console updates, you must be connected to a wireless network.

To connect to a wireless network, first tap Settings (gear icon) > Admin.

Next, enter the following password:

FMFv8.8Admin2015MP

(Note: This password is case-sensitive.)

Then, tap the wireless icon. The wireless network screen will then appear. Scan for available wireless networks, select the desired wireless network from the menu, and enter the network password if necessary.

The console is now ready for use. The following pages explain the how to use the console.

HOW TO USE THE TOUCH SCREEN AND NAVIGATE THE CONSOLE

The console features a tablet with a full-color touch screen. The console functions similarly to other tablets. You can use the following gestures on the screen to navigate the console.

Tap—To select an icon or to type in a text box using the keyboard, simply tap the screen.

Swipe or Slide—To swipe or slide, quickly drag your finger vertically or horizontally across the screen.

Drag—To drag, touch and hold your finger with some pressure before you start to move your finger. While dragging, do not release your finger until you have reached the target position.

Flick—To flick, swipe your finger in light, quick strokes in a vertical direction.

Keyboard—To view the keyboard, tap the text box. To use the keyboard, tap the desired character keys. To view more characters, tap the Sym (symbol) key. To return to the letter keyboard, tap the ABC key.

To use a capital character, tap the shift (upward-facing arrow) key. To use multiple capital characters, tap the shift key a second time. To return to the lowercase keyboard, tap the shift key a third time.

To delete a character, tap the Del (delete) key or the backspace (backward-facing arrow with an X) key. When you are finished using the keyboard, tap the Done button. To change keyboard settings, tap the gear (settings) key.

The console also features navigation icons. You can tap the following icons in the upper part of the screen to navigate the console:

Back (left facing arrow icon)—Tap the back icon to return to the previous screen.

Next (right facing arrow icon)—Tap the next icon to go to the next screen.

Home (house icon)—Tap the home icon to return to the main menu screen.

HOW TO USE THE VIBRATION CONTROL BUTTONS

You can use the following buttons to control the vibration platform:

Play/Pause—Tap the play button on the screen to start a vibration session; tap the pause button to pause the vibration session. Tap the play button again to resume the vibration session.

Stop—Tap the stop button on the screen to end the vibration session.

Repeat—Tap the repeat button on the screen to repeat the vibration session with the previously programmed time and amplitude settings. You can continue to repeat a vibration session as many times as desired.

Skip—During a training program, tap the skip button on the screen to move from the current vibration exercise to the next vibration exercise in the program.

Start, Stop, Repeat—Press the button on the upright repeatedly to start, stop, or repeat a vibration session.

HOW TO USE THE FIRST-TIME USER PROGRAM

1. Turn on the vibration platform and turn on the console.

To turn on the vibration platform, see HOW TO TURN ON AND TURN OFF THE VIBRATION PLATFORM on page 8.

To turn on the console, see HOW TO TURN ON THE CONSOLE on page 9.

2. Select the first-time user program.

To select the first-time user program, tap the 1st Time User icon on the main menu screen.

3. Select your gender.

To select your gender, tap the Female icon or the Male icon.

4. Perform the exercises in the program and follow your progress on the screen.

Each program is made up of a series of exercises. The screen will show the following information:

- The name of the program
- A scrollable list of exercises in the program
- The name and number of the currently selected exercise in the program
- An illustration or a video demonstrating how to perform the currently selected exercise
- An illustration of the muscle group being worked by the currently selected exercise
- The duration of the currently selected exercise
- The amplitude of the currently selected exercise
- Vibration control buttons for the currently selected exercise

To control the vibration platform, see HOW TO USE THE VIBRATION CONTROL BUTTONS at the left. Then, perform the exercises in the program.

The display will count down the time remaining for the currently selected exercise. When there is no time remaining, the vibration platform will stop automatically.

5. Wear a compatible heart rate monitor and measure your heart rate if desired.

You can wear a compatible Bluetooth® Smart heart rate monitor to measure your heart rate while you exercise.

To connect your heart rate monitor to the console, tap the heart rate icon on the screen and select your heart rate monitor from the list of devices.

When your heart beat is detected, your approximate heart rate will be shown in a display on the screen.

6. When you are finished exercising, turn off the vibration platform, turn off the console, and unplug the power cord.

To turn off the vibration platform, see HOW TO TURN ON AND TURN OFF THE VIBRATION PLATFORM on page 8.

To turn off the console, see HOW TO TURN OFF THE CONSOLE on page 9.

HOW TO USE THE QUICK START MODE

1. Turn on the vibration platform and turn on the console.

To turn on the vibration platform, see HOW TO TURN ON AND TURN OFF THE VIBRATION PLATFORM on page 8.

To turn on the console, see HOW TO TURN ON THE CONSOLE on page 9.

2. Select the quick start mode.

To select the quick start mode, tap the Quick Start icon on the main menu screen.

3. Select exercise settings.

Select the desired time and amplitude settings for your vibration session:

Time (Sec or Min)—Tap the increase or decrease button to set the duration of the vibration session.

Amplitude—Tap the increase or decrease button to set the amplitude of the vibrations.

4. Start the vibration session and perform exercises on the vibration platform.

To control the vibration platform, see HOW TO USE THE VIBRATION CONTROL BUTTONS on page 11. Then, perform exercises on the vibration platform.

When standing on the vibration platform, keep your back straight, bend your knees slightly, and balance your weight on the balls of your feet.

During the vibration session, you can manually adjust the amplitude of the vibrations by tapping the amplitude increase and decrease buttons.

The time display will count down the time remaining in the session. When there is no time remaining, the vibration platform will stop automatically.

To stop the vibration session at any time, tap the Stop button on the screen or press the Stop button on the upright.

5. Repeat the vibration session if desired.

Tap the Repeat button on the screen or press the Repeat button on the upright to start the previously programmed vibration session. You can continue to repeat a vibration session as many times as desired.

6. Continue programming vibration sessions as desired.

When a vibration session is completed, you can continue to program additional vibration sessions as desired (see steps 3 and 4).

7. Wear a compatible heart rate monitor and measure your heart rate if desired.

See step 5 on page 12.

8. When you are finished exercising, turn off the vibration platform, turn off the console, and unplug the power cord.

To turn off the vibration platform, see HOW TO TURN ON AND TURN OFF THE VIBRATION PLATFORM on page 8.

To turn off the console, see HOW TO TURN OFF THE CONSOLE on page 9.

HOW TO USE A TRAINING PROGRAM

1. Turn on the vibration platform and turn on the console.

To turn on the vibration platform, see HOW TO TURN ON AND TURN OFF THE VIBRATION PLATFORM on page 8.

To turn on the console, see HOW TO TURN ON THE CONSOLE on page 9.

2. Select the training programs menu.

To select a training program, first tap the Training Programs menu icon on the main menu screen.

3. Select your gender.

To select your gender, tap the Female icon or the Male icon.

4. Select the desired training goal.

To select a training goal, tap the icon of the desired training goal.

5. Select the desired training program.

To select a training program, drag your finger on the list of training programs until the name of the desired training program appears in the target on the screen, and then tap the name of the desired training program.

6. Select the desired difficulty level.

To select a difficulty level, tap the icon of the desired difficulty level. Note: If a difficulty level is not available for the selected training program, the icon will be grayed out on the screen.

7. Perform the exercises in the program and follow your progress on the screen.

Each program is made up of a series of exercises. The screen will show the following information:

- The name of the program
- A scrollable list of exercises in the program
- The name and number of the currently selected exercise in the program
- An illustration or a video demonstrating how to perform the currently selected exercise
- An illustration of the muscle group being worked by the currently selected exercise
- The duration of the currently selected exercise
- The amplitude of the currently selected exercise
- Vibration control buttons for the currently selected exercise

To control the vibration platform, see HOW TO USE THE VIBRATION CONTROL BUTTONS on page 11. Then, perform the exercises in the program.

The display will count down the time remaining for the currently selected exercise. When there is no time remaining, the vibration platform will stop automatically.

8. Wear a compatible heart rate monitor and measure your heart rate if desired.

See step 5 on page 12.

9. When you are finished exercising, turn off the vibration platform, turn off the console, and unplug the power cord.

To turn off the vibration platform, see HOW TO TURN ON AND TURN OFF THE VIBRATION PLATFORM on page 8.

To turn off the console, see HOW TO TURN OFF THE CONSOLE on page 9.

HOW TO USE THE MOVEMENT LIBRARY

1. Turn on the vibration platform and turn on the console.

To turn on the vibration platform, see HOW TO TURN ON AND TURN OFF THE VIBRATION PLATFORM on page 8.

To turn on the console, see HOW TO TURN ON THE CONSOLE on page 9.

2. Select the movement library menu.

To select an exercise from the movement library, first tap the Movement Library menu icon on the main menu screen.

3. Select your gender.

To select your gender, tap the Female icon or the Male icon.

4. Select a library category.

To select a library category, tap the Body Parts icon or the Effects icon.

If you select the Body Parts icon, go to step 5.
If you select the Effects icon, go to step 6.

5. Select the desired muscle group.

To select among exercises designed to work specific muscle groups, first tap the desired muscle group on the body map. Then, tap the next icon.
Go to step 7.

6. Select the desired exercise effect.

To select an exercise effect, tap the icon of the desired exercise effect. **Go to step 7.**

7. Select the desired exercise.

To select an exercise, drag your finger on the list of exercises until the name of the desired exercise appears in the target on the screen, and then tap the name of the desired exercise.

8. Perform the exercise and follow your progress on the screen.

The screen will show the following information:

- The name and a description of the exercise
- An illustration or a video demonstrating how to perform the exercise
- An illustration of the muscle group being worked by the exercise
- The duration of the exercise
- The amplitude of the exercise
- Vibration control buttons for the exercise

To control the vibration platform, see HOW TO USE THE VIBRATION CONTROL BUTTONS on page 11. Then, perform the exercise.

The display will count down the time remaining for the exercise. When there is no time remaining, the vibration platform will stop automatically.

9. Wear a compatible heart rate monitor and measure your heart rate if desired.

See step 5 on page 12.

10. When you are finished exercising, turn off the vibration platform, turn off the console, and unplug the power cord.

To turn off the vibration platform, see HOW TO TURN ON AND TURN OFF THE VIBRATION PLATFORM on page 8.

To turn off the console, see HOW TO TURN OFF THE CONSOLE on page 9.

HOW TO CHANGE CONSOLE SETTINGS

IMPORTANT: Some of the settings described may not be enabled. Occasionally, a console update may cause your console to function slightly differently.

1. Turn on the vibration platform and turn on the console.

To turn on the vibration platform, see HOW TO TURN ON AND TURN OFF THE VIBRATION PLATFORM on page 8.

To turn on the console, see HOW TO TURN ON THE CONSOLE on page 9.

2. Select the settings menu and change settings as desired.

To select the settings menu, tap the settings (gear) icon. From the settings menu, you can change the following settings:

Change Language—To select a display language for the console, first tap the Change Language icon.

Next, enter the following password:

FMFv8.8Admin2015MP

(Note: This password is case-sensitive.)

Then, tap the desired language icon.

Connect to a Wireless Network—To connect the console to a wireless network, first tap the Admin icon.

Next, enter the following password:

FMFv8.8Admin2015MP

(Note: This password is case-sensitive.)

Then, tap the wireless icon. The wireless network screen will then appear. Scan for available wireless networks, select the desired wireless network from the menu, and enter the network password if necessary.

Change Other Settings—You may be able to change other settings, such as the device name and the administrative password.

To change a setting, first tap the Admin icon and then tap the icon of the setting you wish to change.

If necessary, enter the following password:

FMFv8.8Admin2015MP

(Note: This password is case-sensitive.)

IMPORTANT: If you change the administrative password, make sure to remember the new password and record it in a safe place.

3. Exit the settings menu.

To exit the settings menu, tap the back icon repeatedly.

MAINTENANCE AND TROUBLESHOOTING

HOW TO MAINTAIN THE VIBRATION PLATFORM

Regular maintenance is important for optimal performance and to reduce wear. Inspect and properly tighten all parts each time the vibration platform is used. Replace any worn parts immediately.

To clean the vibration platform, use a damp cloth and a small amount of mild detergent. **IMPORTANT: To avoid damage to the console, keep liquids away from the console and keep the console out of direct sunlight.**

PART LIST

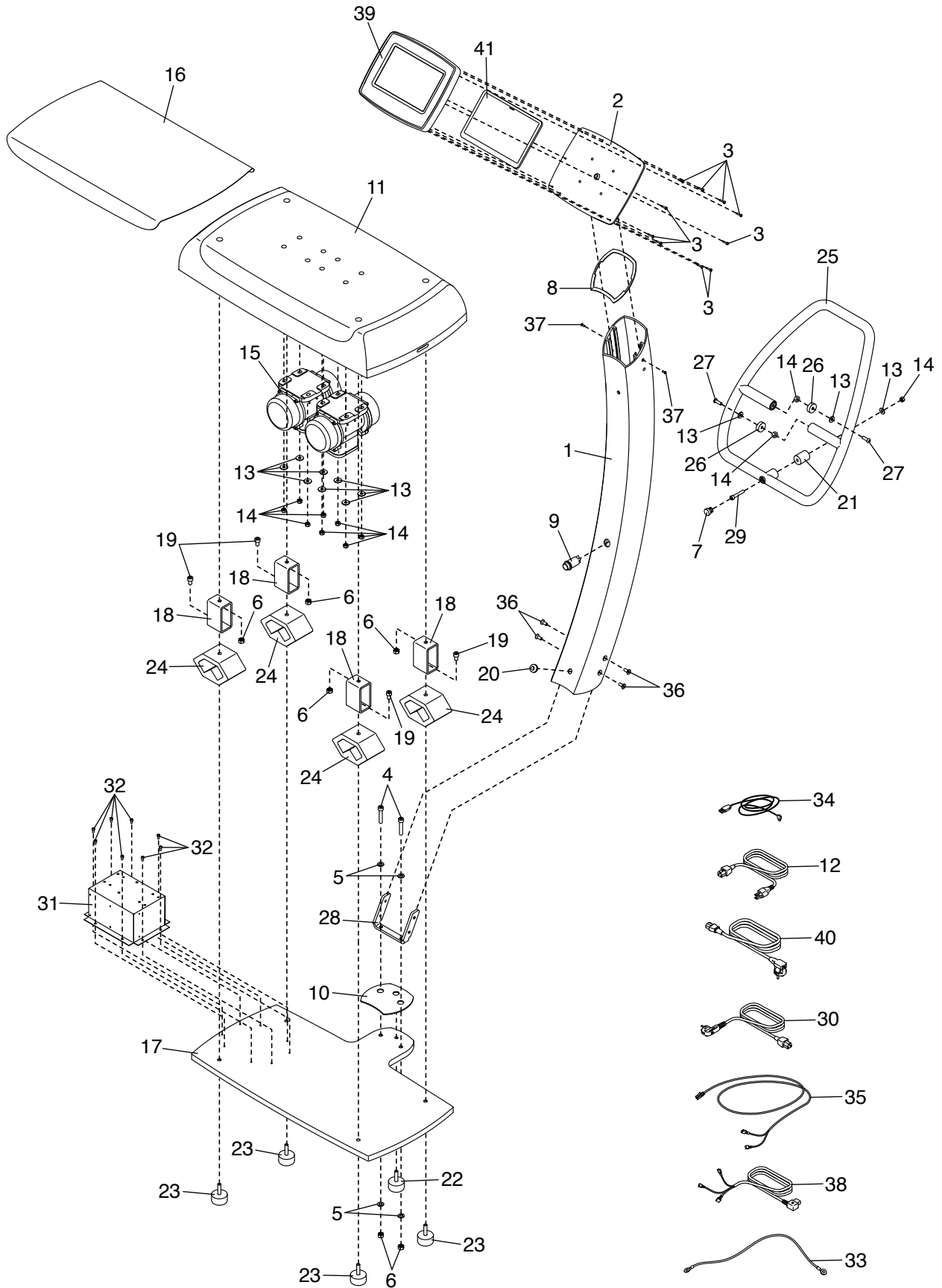
Model No. FMVB10915.0 R0616B

Key No.	Qty.	Description	Key No.	Qty.	Description
1	1	Upright	23	4	Rear Foot
2	1	Console Bracket	24	4	Damper
3	10	M4 x 20mm Flange Screw	25	1	Handlebar
4	2	M10 x 70mm Bolt	26	2	Small Spacer
5	4	Nordlock Ring	27	2	M8 x 35mm Cap Screw
6	6	M10 Locknut	28	1	Upright Bracket
7	1	Cap	29	1	M8 x 70mm Cap Screw
8	1	Upper Gasket	30	1	Europe Power Cord
9	1	Repeat Button	31	1	Control Case
10	1	Lower Gasket	32	8	M5 x 16mm Cap Screw
11	1	Platform	33	1	Ground Wire
12	1	North America Power Cord	34	1	Console Cable
13	11	M8 Washer	35	1	Repeat Cable
14	11	M8 Locknut	36	4	M8 x 20mm Screw
15	1	Vibration Assembly	37	2	M4 x 6mm Screw
16	1	Platform Cover	38	1	Receptacle Wire
17	1	Base	39	1	Console Bezel
18	4	Damper Support	40	1	United Kingdom Power Cord
19	4	M10 x 20mm Cap Screw	41	1	Tablet
20	1	Grommet	*	—	User's Manual
21	1	Long Spacer	*	—	Platform Pad
22	1	Front Foot			

Note: Specifications are subject to change without notice. For information about ordering replacement parts, see the back cover of this manual. *These parts are not illustrated.

EXPLODED DRAWING

Model No. FMVB10915.0 R0616B



HOW TO CONTACT CUSTOMER CARE

If you have questions after reading this manual, or if parts are damaged or missing, please contact Customer Care at one of the phone numbers or addresses listed below. **Please note the model number, serial number, and name of the product (see the front cover of this manual) before contacting Customer Care. If you are ordering replacement parts, please also note the key number and description of each part (see the PART LIST and the EXPLODED DRAWING near the end of this manual).**

In the United States

Call: 1-800-201-2109, Mon.–Fri. 6 a.m.–6 p.m. MT

Email: customercare@freemotionfitness.com

Write:

FreeMotion Fitness
1500 South 1000 West
Logan, UT 84321-9813
United States

Outside the United States

Call: 001-800-527-5417 or 001-435-786-3521,

Mon.–Fri. 6 a.m.–3 p.m. USA Mountain Time

Email: intlcustomercare@freemotionfitness.com

LIMITED WARRANTY

WARRANTY PERIODS AND COVERAGE

FreeMotion Fitness warrants this product to be free from defects in workmanship and material under normal use and service conditions. Parts and labor are warranted for one (1) year, unless otherwise specified on the invoice.

The warranty period commences on the invoice date of purchase. Any parts repaired or replaced during this warranty period will be warranted for the remainder of the original warranty period.

CONDITIONS AND LIMITATIONS

The following will void the warranty on this product:

1. This warranty applies only to the original owner and is non-transferable.
2. The labor warranty applies only to products sold in the US and Canada. Contact your authorized FreeMotion Fitness dealer for details on labor coverage in your country.
3. Any misuse, abuse, or improper service.
4. Users in excess of the maximum user weight listed in this manual. Note: This product may not have a maximum user weight.
5. Damage caused by moving the product or improper storage including moving or storing the product on its side.
6. Use or storage of the product outdoors or in high-humidity environments including spa and pool areas.
7. Damage caused by improper wiring or insufficient electrical current. Note: This product may not have wiring.

This warranty shall not apply to the following:

1. Cosmetic items including grips, decals, and labels.

2. Pick-up and delivery or freight charges involved with a repair.
3. Any problem as a result of improper assembly or delivery.

WHAT TO DO IF SERVICE IS REQUIRED

FreeMotion Fitness warranty service may be obtained by contacting the authorized dealer from which you purchased this product. Make sure to retain your original invoice and serial number information. If this product experiences a failure under the warranty terms set forth, FreeMotion Fitness shall provide at their option either repair, replacement, or refund of the purchase price. FreeMotion Fitness compensates service providers for warranty trips within their service area. You may be charged additionally for service calls beyond this service area.

FreeMotion Fitness is not responsible or liable for indirect, special, or consequential damages arising out of or in connection with the use or performance of the product; damages with respect to any economic loss, loss of property, loss of revenues or profits, loss of enjoyment or use, or cost of removal or installation; or other consequential damages. Some regions do not allow the exclusion or limitation of consequential damages. Accordingly, the above limitation may not apply to you. This warranty gives you specific rights, and you may have other rights that vary from region to region.

TO CONTACT FREEMOTION FITNESS

See HOW TO CONTACT CUSTOMER CARE above.