



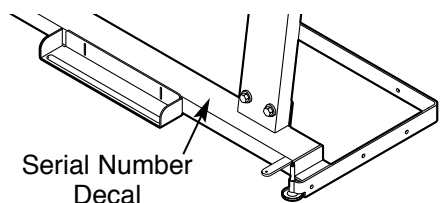
Hidden Grove™

EXCLUSIVE

Model No. HGBC59910
HGBM59910
HGB059910

Serial No. _____

Write the serial number in the space above for reference.



QUESTIONS?

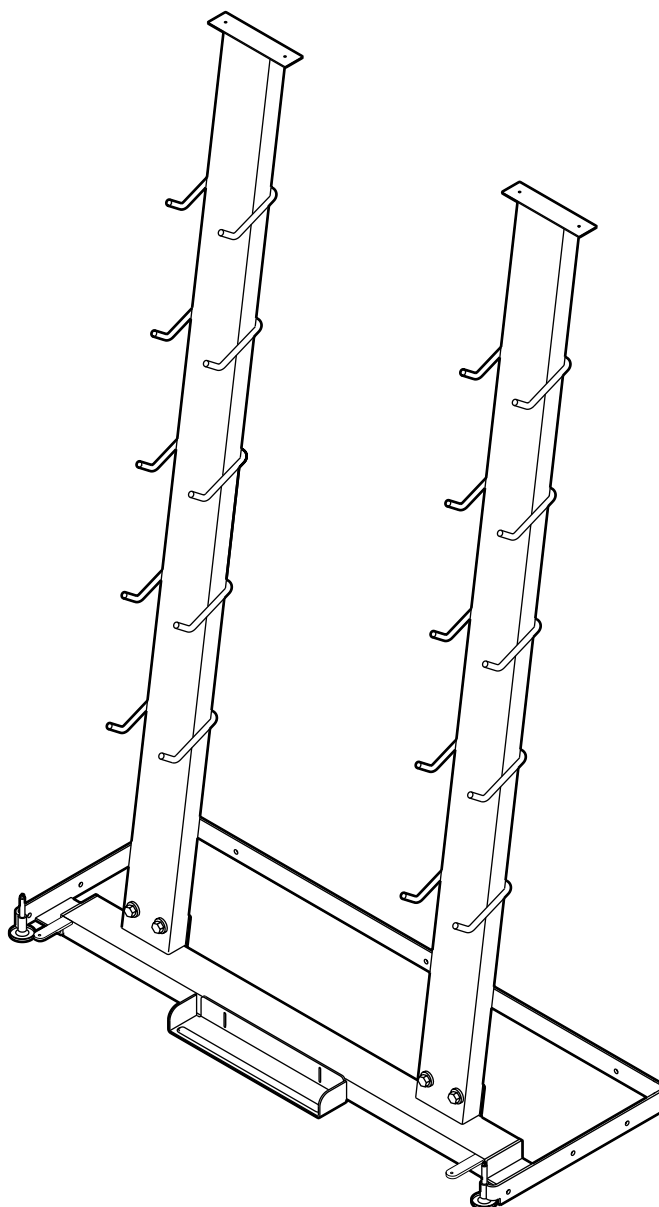
As a manufacturer, we are committed to providing complete customer satisfaction. If you have questions, or if there are missing parts, we will guarantee complete satisfaction through direct assistance from our factory.

TO AVOID DELAYS, PLEASE CALL DIRECT TO OUR TOLL-FREE CUSTOMER HOT LINE. The trained technicians on our customer hot line will provide immediate assistance, free of charge to you.

CUSTOMER HOT LINE:
1-800-999-3756
Mon.-Fri., 6 a.m.-6 p.m. MST

CAUTION

Read all precautions and instructions in this manual before using this equipment. Save this manual for future reference.



USER'S MANUAL

TABLE OF CONTENTS

IMPORTANT PRECAUTIONS	2
BEFORE YOU BEGIN	3
ASSEMBLY	4
ADJUSTMENTS	5
PART LIST	6
EXPLODED DRAWING	7
ORDERING REPLACEMENT PARTS	Back Cover
LIMITED WARRANTY	Back Cover

IMPORTANT PRECAUTIONS

⚠ WARNING: To reduce the risk of serious injury, read the following important precautions before using the weight rack.

1. Read all instructions in this manual before using the weight rack. Use the weight rack only as described in this manual.
2. It is the responsibility of the owner to ensure that all users of the weight rack are adequately informed of all precautions.
3. The weight rack is intended for home use only. Do not use the weight rack in a commercial, rental, or institutional setting.
4. Keep children under 12 and pets away from the weight rack at all times.
5. Use the weight rack only on a level surface.
6. Make sure all parts are properly tightened each time you use the weight rack. Replace any worn parts immediately.
7. Always wear athletic shoes for foot protection while exercising.
8. The weight rack is designed to support a maximum of 150 pounds of weights.
9. Use the weight rack only when properly assembled and attached to the HIDDEN GROVE furniture.
10. If you feel pain or dizziness at any time while exercising, stop immediately and begin cooling down.

⚠ WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems. Read all instructions before using. ICON assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

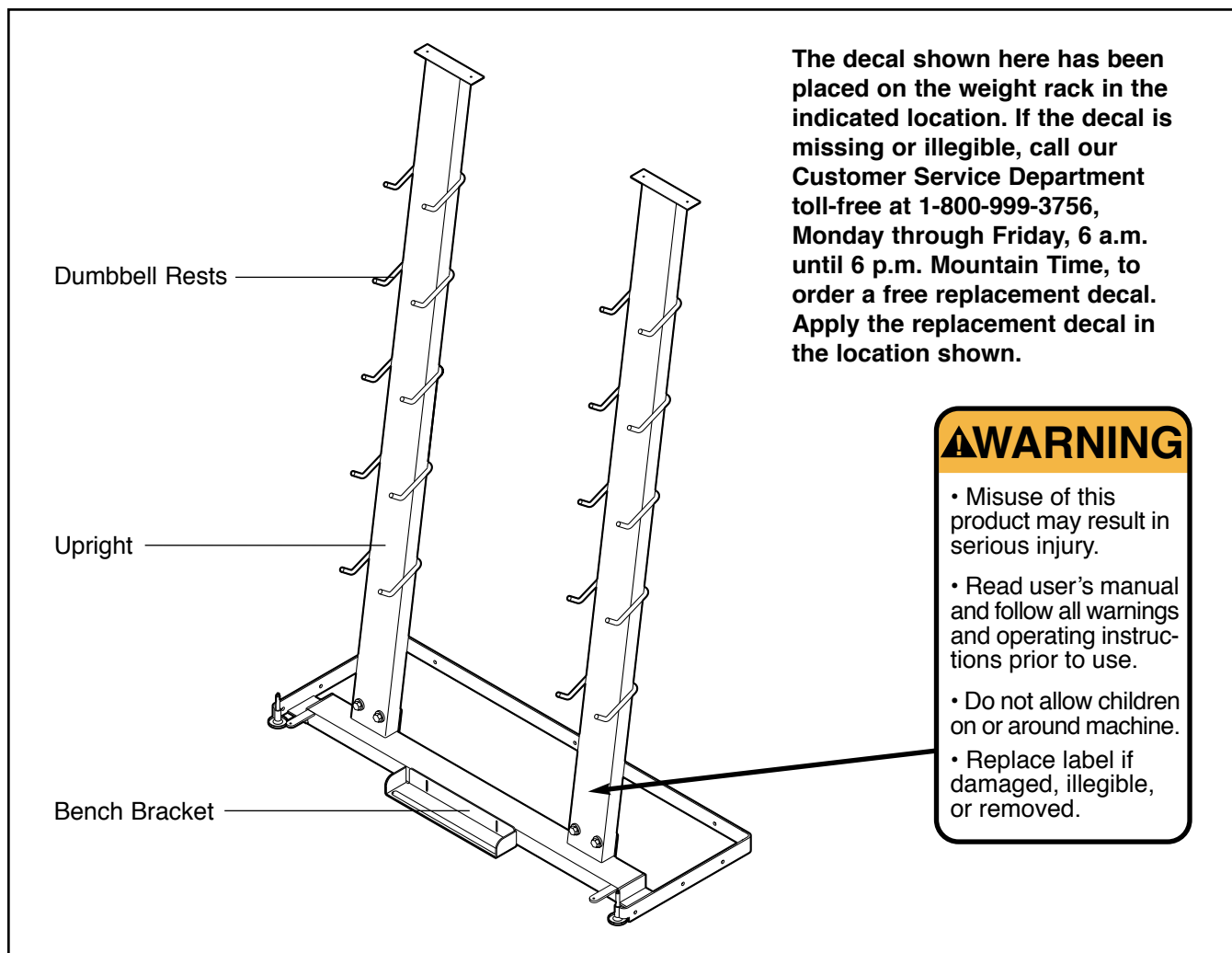
BEFORE YOU BEGIN

Thank you for selecting the HIDDEN GROVE™ EXCLUSIVE weight rack. The EXCLUSIVE is designed to be used with the weight bench (HGBE89910) and the dumbbell set (HGWT05910) included with the HIDDEN GROVE™ furniture.

For your benefit, read this manual carefully before using the weight rack. If you have additional questions, please call our Customer Service Department toll-free at 1-800-999-3756, Monday through Friday,

6 a.m. until 6 p.m. Mountain Time (excluding holidays). To help us assist you, please note the product model number and serial number before calling. The model number is HGBC59910, HGBM59910, or HGBO59910. The serial number can be found on a decal attached to the weight rack (see the front cover of this manual).

Before reading further, please review the drawing below and familiarize yourself with the parts that are labeled.



ASSEMBLY

Make Things Easier for Yourself

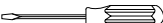
This manual is designed to ensure that the weight rack can be assembled successfully by anyone. Most people find that by setting aside plenty of time, assembly will go smoothly.

Before beginning assembly, carefully read the following information and instructions:

- Assembly requires two people.
- As you assemble the weight rack, make sure all parts are oriented as shown in the drawings.

- Place all parts in a cleared area and remove the packing materials. Do not dispose of the packing materials until assembly is completed.

The following tools (not included) are required for assembly:

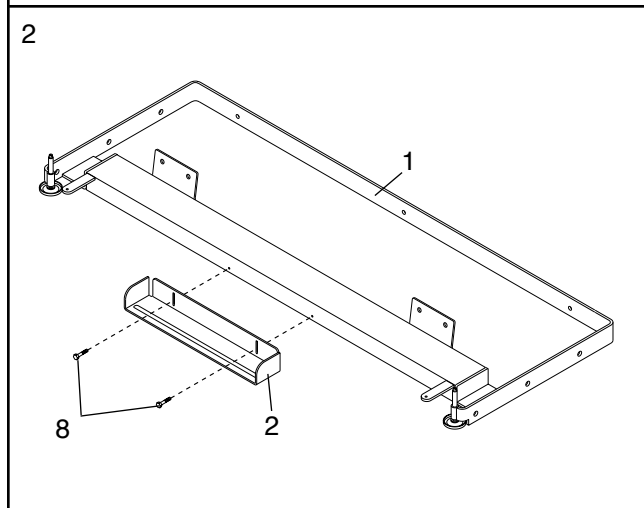
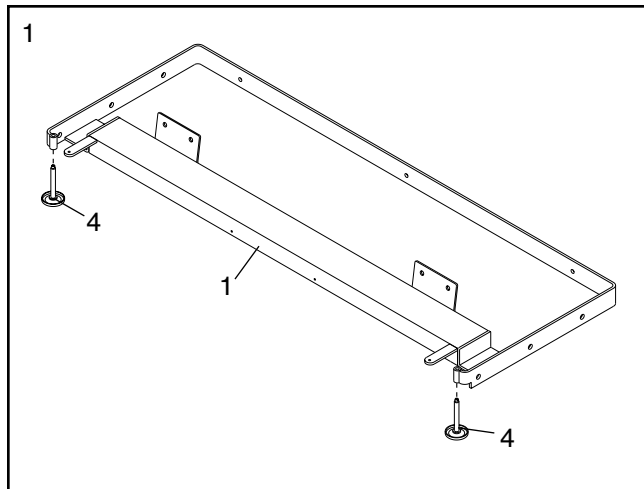
- **Two adjustable wrenches** 
- **One standard screwdriver** 
- **One Phillips screwdriver** 

Assembly will be more convenient if you have a socket set, a set of open-end or closed-end wrenches, or a set of ratchet wrenches.

1. **Before beginning, make sure you understand the information in the box above. Note: Some parts described in the assembly steps may be pre-assembled.**

Screw the two Footings (4) into the bottom of the Base (1).

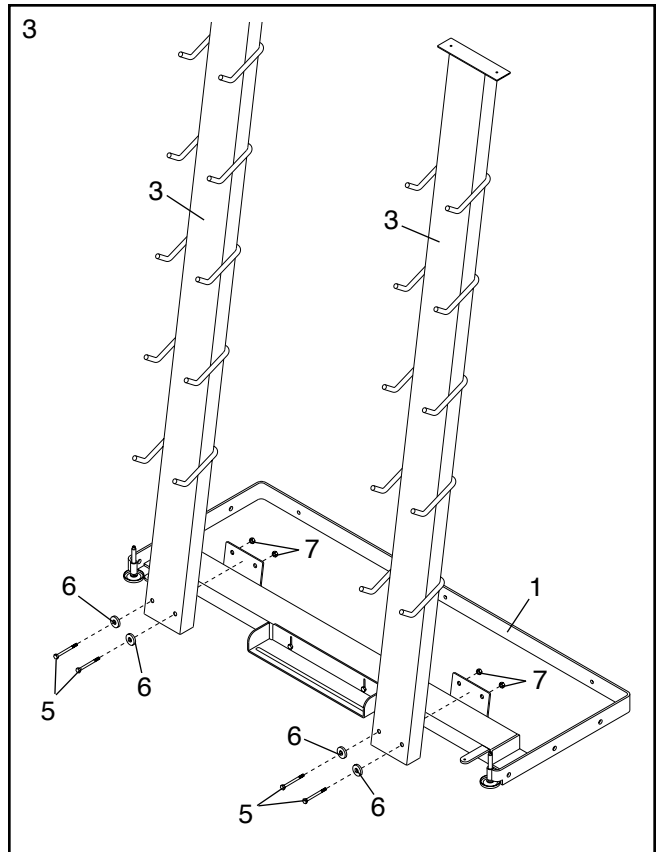
2. Attach the Base Bracket (2) to the Base (1) with two M4 x 16mm Self-tapping Screws (8).



3. Set the Base (1) inside the cabinet (not shown).

Attach the two Uprights (3) to the Base (1) with four M8 x 53mm Bolts (5), four M8 Washers (6), and four M8 Nylon Locknuts (7).

4. **Make sure all parts are properly tightened before you use the weight rack.**



ADJUSTMENTS

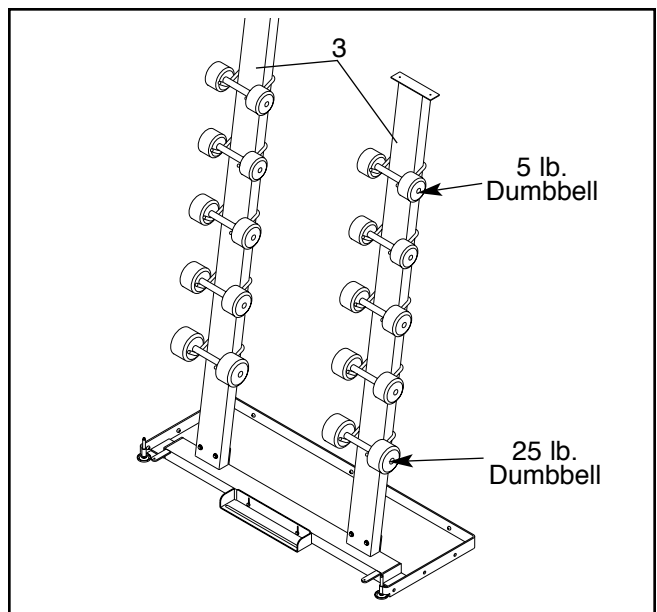
The weight rack is designed to be used with the dumbbell set (HGWT05910) included with the HIDDEN GROVE furniture. The step below explains how to use the weight rack.

Make sure all parts are properly tightened each time you use the weight rack. Replace any worn parts immediately. The weight rack can be cleaned with a damp cloth and a mild, non-abrasive detergent. Do not use solvents.

STORING THE DUMBBELLS

A set of dumbbells (model number HGWT05910) has been included with the weight rack and bench, which includes two dumbbells of the following weights: 5 pounds, 10 pounds, 15 pounds, 20 pounds, and 25 pounds.

When storing dumbbells on the weight rack, always place the heaviest dumbbells on the bottom hooks, and the lightest dumbbells on the top hooks.

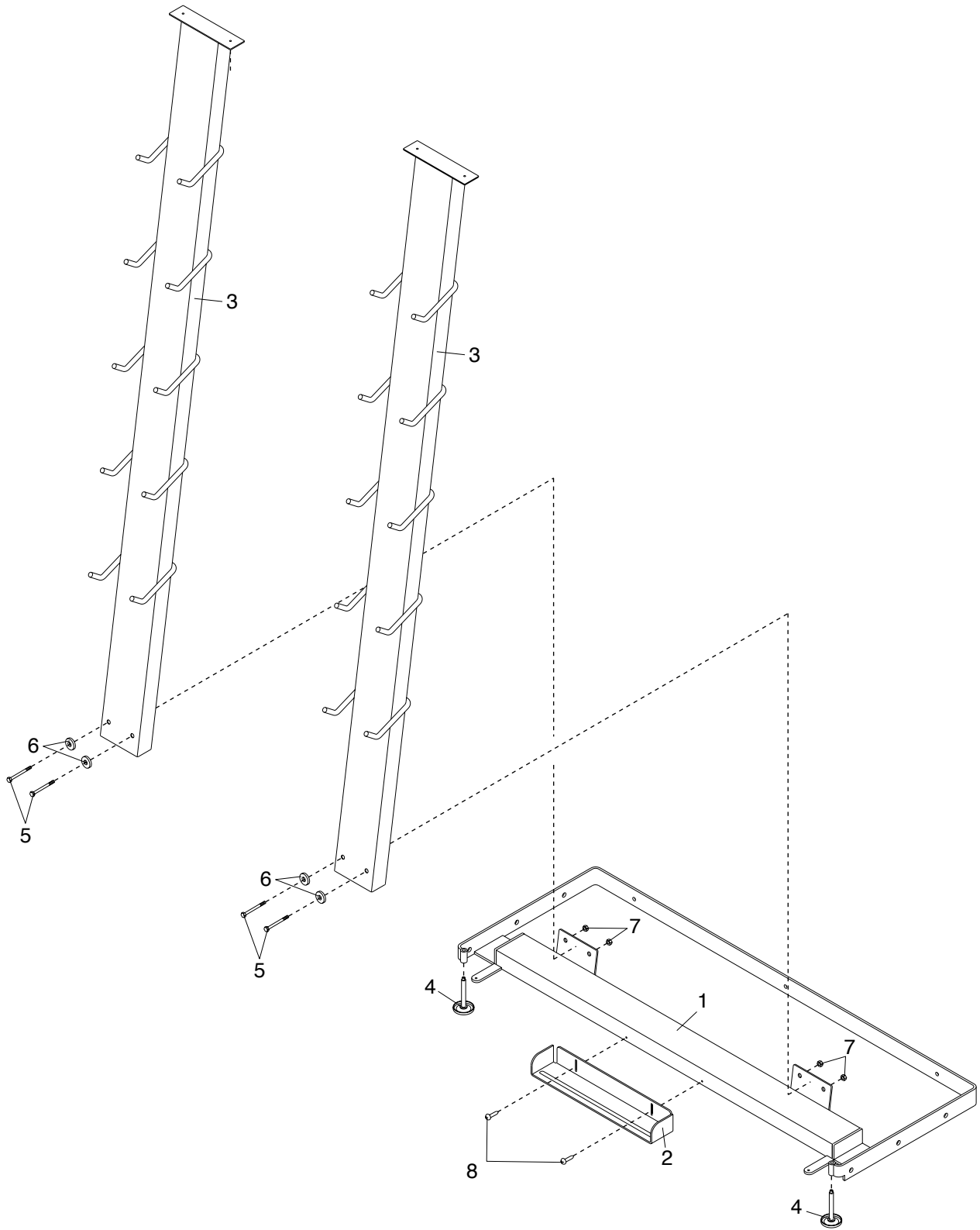


PART LIST — Model No. HGBC59910/HGBM59910/HGBO59910

R1201A

Key No.	Qty.	Description	Key No.	Qty.	Description
1	1	Base	6	4	M8 Washer
2	1	Base Bracket	7	4	M8 Nylon Locknut
3	2	Upright	8	2	M4 x 16mm Self-tapping Screw
4	2	Footing	#	1	User's Manual
5	4	M8 x 53mm Bolt			

Note: “#” indicates a non-illustrated part. Specifications are subject to change without notice. See the back cover of this manual for information about ordering replacement parts.



ORDERING REPLACEMENT PARTS

To order replacement parts, simply call our Customer Service Department toll-free at 1-800-999-3756, Monday through Friday, 6 a.m. until 6 p.m. Mountain Time (excluding holidays). To help us assist you, please be prepared to give the following information when calling:

- The MODEL NUMBER of the product (HGBC59910/HGBM59910/HGBO59910)
- The NAME of the product (HIDDEN GROVE™ EXCLUSIVE weight rack)
- The SERIAL NUMBER of the product (see the front cover of this manual)
- The KEY NUMBER and DESCRIPTION of the desired part(s) (see the PART LIST and the EXPLODED DRAWING on pages 6 and 7 of this manual).

LIMITED WARRANTY

ICON Health & Fitness, Inc. (ICON), warrants this product to be free from defects in workmanship and material, under normal use and service conditions, for a period of ninety (90) days from the date of purchase. This warranty extends only to the original purchaser. ICON's obligation under this warranty is limited to replacing or repairing, at ICON's option, the product at one of its authorized service centers. All products for which warranty claim is made must be received by ICON at one of its authorized service centers with all freight and other transportation charges prepaid, accompanied by sufficient proof of purchase. All returns must be pre-authorized by ICON. This warranty does not extend to any product or damage to a product caused by or attributable to freight damage, abuse, misuse, improper or abnormal usage or repairs not provided by an ICON authorized service center, products used for commercial or rental purposes, or products used as store display models. No other warranty beyond that specifically set forth above is authorized by ICON.

ICON is not responsible or liable for indirect, special or consequential damages arising out of or in connection with the use or performance of the product or damages with respect to any economic loss, loss of property, loss of revenues or profits, loss of enjoyment or use, costs of removal, installation or other consequential damages of whatsoever nature. Some states do not allow the exclusion or limitation of incidental or consequential damages. Accordingly, the above limitation may not apply to you.

The warranty extended hereunder is in lieu of any and all other warranties and any implied warranties of merchantability or fitness for a particular purpose is limited in its scope and duration to the terms set forth herein. Some states do not allow limitations on how long an implied warranty lasts. Accordingly, the above limitation may not apply to you.

This warranty gives you specific legal rights. You may also have other rights which vary from state to state.

ICON HEALTH & FITNESS, INC., 1500 S. 1000 W., LOGAN, UT 84321-9813