

BARBELL SET OWNER'S GUIDE

BEFORE YOU BEGIN

Thank you for purchasing the barbell set. The barbell set includes a weight bar and 100 pounds of weight.

For your safety and benefit, please read this guide before using the barbell set. If you have questions after reading this guide, or if you need to order replacement parts, please call Customer Care toll-free at 1-800-288-4802, Mon.–Fri., 6 a.m.–6 p.m. Mountain Time (excluding holidays).

IMPORTANT PRECAUTIONS

⚠ WARNING: To reduce the risk of serious injury, read the following important precautions before using the barbell set.

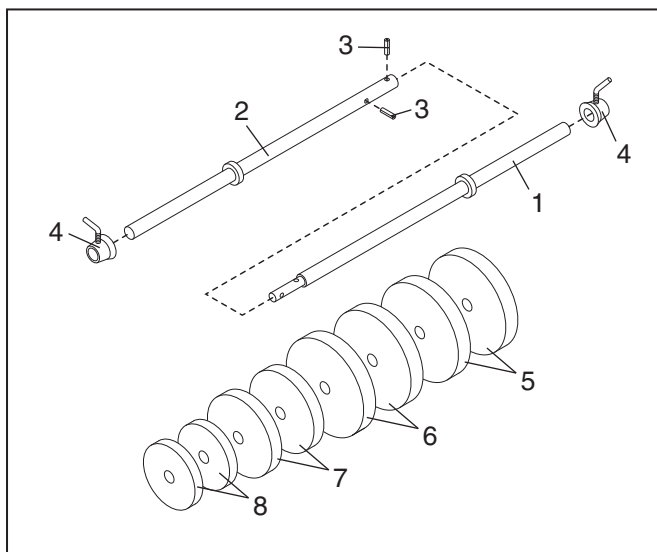
1. It is the responsibility of the owner to ensure that all users of the barbell set are adequately informed of all precautions.
2. Never use the weight bar with more than 100 pounds of weight.
3. Never use the weight bar without the lock collars in place and securely tightened.
4. Never use the weight bar if the roll pins become loose or broken.
5. Inspect the weight bar regularly. Replace any worn parts immediately.
4. Keep children under age 12 and pets away from the barbell set at all times.
5. If you feel pain or dizziness while exercising, stop immediately and begin cooling down.

⚠ WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems. Read all instructions before using. ICON assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

ASSEMBLY PROCEDURE

Insert the inner weight bar (1) into outer weight bar (2) and align the indicated holes. Using a hammer, tap the two roll pins (3) into the holes until they are flush with the outer weight bar.

Slide equal amounts of weight (5–8) onto each end of the weight bar. Secure the weights using the two lock collars (4).



LIMITED WARRANTY

ICON Health & Fitness, Inc. (ICON) warrants this product to be free from defects in workmanship and material, under normal use and service conditions, for a period of ninety (90) days from the date of purchase. This warranty extends only to the original purchaser. ICON's obligation under this warranty is limited to replacing or repairing, at ICON's option, the product at one of its authorized service centers. All products for which warranty claim is made must be received by ICON at one of its authorized service centers with all freight and other transportation charges prepaid, accompanied by sufficient proof of purchase. All returns must be pre-authorized by ICON. This warranty does not extend to any product or damage to a product caused by or attributable to freight damage, abuse, misuse, improper or abnormal usage, or repairs not provided by an ICON authorized service center, products used for commercial or rental purposes, or products used as store display models. No other warranty beyond that specifically set forth above is authorized by ICON.

ICON is not responsible or liable for indirect, special or consequential damages arising out of or in connection with the use or performance of the product or damages with respect to any economic loss, loss of property, loss of revenues or profits, loss of enjoyment or use, costs of removal, installation or other consequential damages of whatsoever nature. Some states do not allow the exclusion or limitation of incidental or consequential damages. Accordingly, the above limitation may not apply to you. The warranty extended hereunder is in lieu of any and all other warranties and any implied warranties of merchantability or fitness for a particular purpose is limited in its scope and duration to the terms set forth herein. Some states do not allow limitations on how long an implied warranty lasts. Accordingly, the above limitation may not apply to you.

This warranty gives you specific legal rights. You may also have other rights which vary from state to state.

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