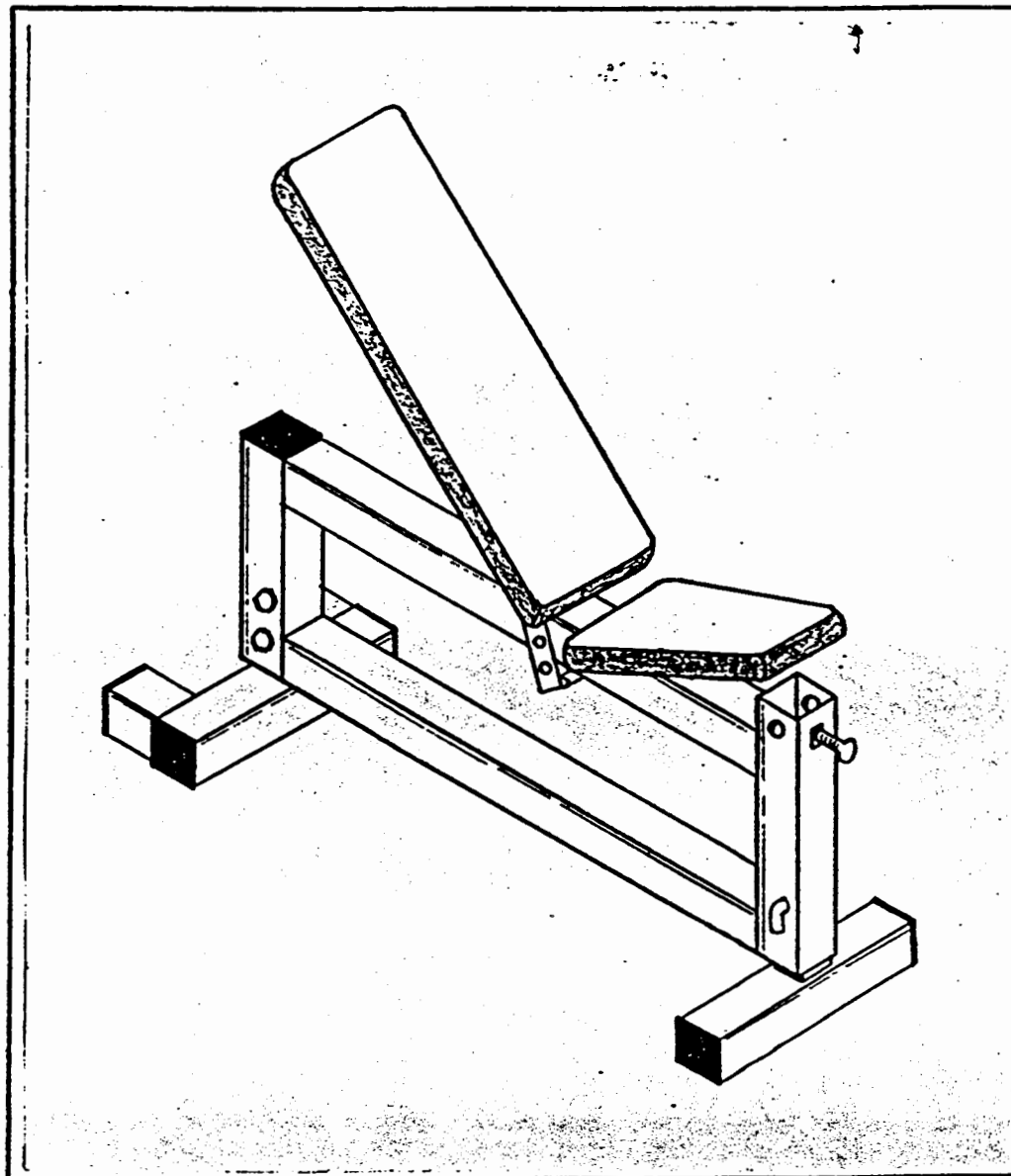
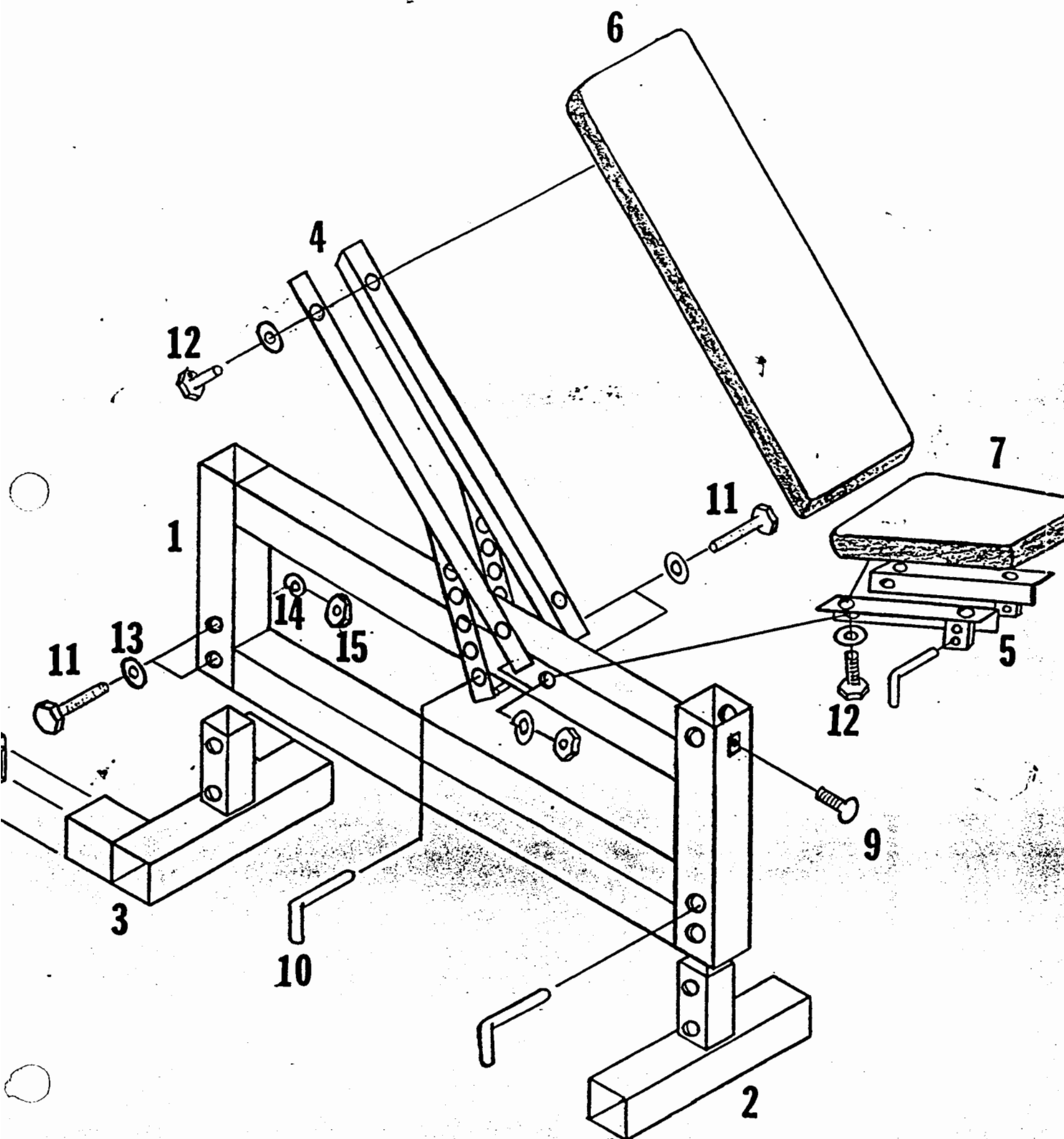


FLAT TO INCLINE BENCH

IMAGE 312

NEW VERSION





ASSEMBLY DIRECTIONS

TOOLS REQUIRED 2 - adjustable wrenches

-) Insert the Front Leg (2) and the Rear Leg (3) into the Base (1). Secure it with the L-Pin (10) in the front and the Bolts (11) in the rear. Thread the Thumbscrew (9) into the weld nut on the front of the Base (1).
-) Slip the Back Support (4) into position by placing it below the top horizontal tube of the Base (1). Pull it up until the holes in the angle line up with the 2nd set of holes in the tube as shown. Secure this with the Bolt (11) and fasteners pictured.
-) Fasten the Seat Supports (5) to the Base (1) as shown. Make sure the adjustment bars point towards the front. Center the two pads onto both supports and allow for pivotal movement. Secure with the Lag Screws (12) and Flatwashers (13).
-) Insert the L-Pins (10) where shown. Push the End Plugs (8) into the tube openings on the legs and the back of the Base (1). Tighten all bolts securely before using.
-) To use the incline feature of the Front Leg (2), you must do the following. Unbolt the Rear Leg (3) and swing it around so that the feet extenders point to the front. Fasten the Base (1) with the turned around Rear Leg (3), and tighten before use.

REPAIR PARTS LIST

REF. NO.	PART NO.	QTY.	DESCRIPTION
1	312-01	1	Base
2	312-02	1	Front Leg
3	312-03	1	Rear Leg
4	312-04	1	Back Support
5	312-05	2	Seat Support
6	312-06	1	Back Pad
7	312-07	1	Seat Pad
8	312-08	7	2"End Plug
9	312-09	1	Thumbscrew
10	312-10	3	L-Pins
11	312-11	4	H. Bolts 3/8 x 2 3/4
12	312-12	8	Lag Screws 3/8 x 1
13	312-13	12	Flatwasher 3/8
14	312-14	4	Lockwasher 3/8
15	312-15	4	Hex Nut, 3/8

When ordering repair parts, always give the following info:

PRODUCT

FLAT-TO-INCLINE

MODEL NO.

312

PART NO.

PART DESCRIPTION

CONTACT:

IMAGE

6063 Frantz Road Suite 103 Dublin, OH 43017