

IMAGE 509

MODEL NUMBER IM509V

Home Trainer OWNER'S MANUAL

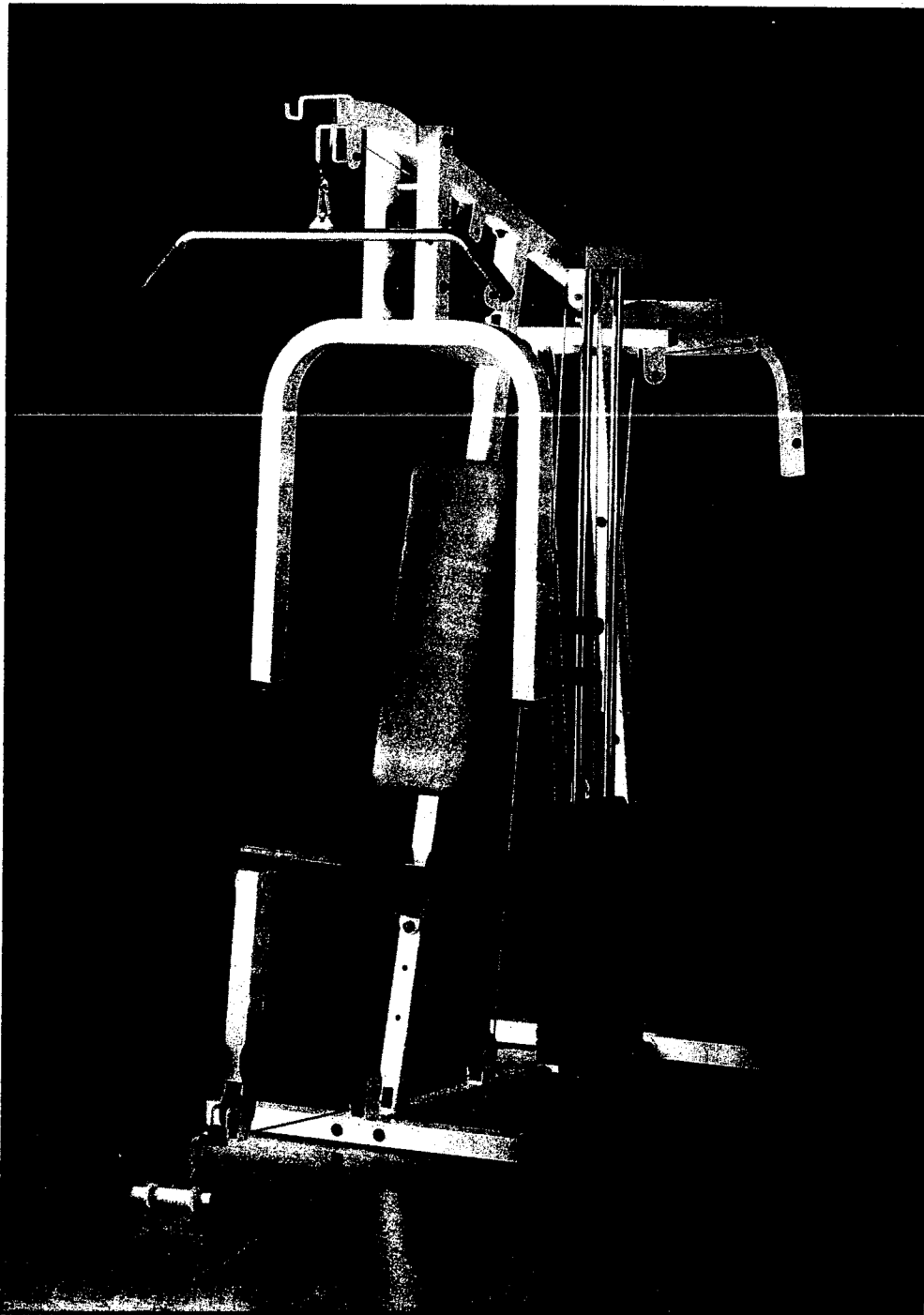
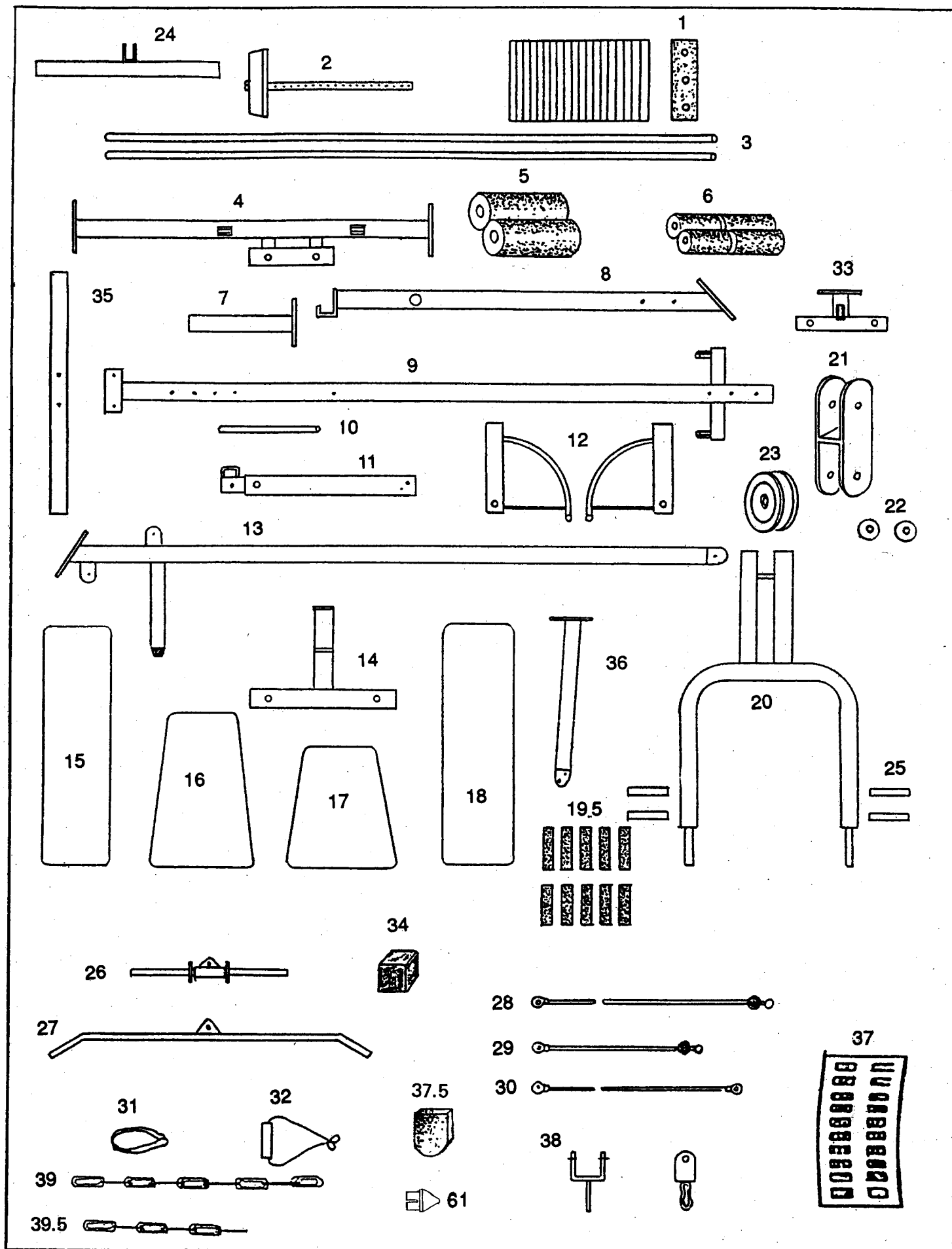


IMAGE 509 PARTS LIST

PART	PART NAME	QUANTITY	CARTON
1	Weight Plate 10 lbs.	18 stacks	3,4,5
1	Weight Plate 10 lbs.	1 stack	2
2	Top Plate w/Guide Pin	1 pc	1
3	Guide Rod	2	1
4	Center Base	1	2
5	Pec Deck Pads	2	2
6	Foam Pads, Leg Extension Bar	6	2
7	Pec Deck Beat Bar	1	2
8	Top Cross Beam	1	2
9	Right Verticle Beam	1	1
10	Pad Holders	3	2
11	Leg Extension	1	1
12	Pec Deck Arms	2	2
13	Left Verticle Beam	1	1
14	Pec Deck Assembly	1	2
15	Back Rest for Press Bar	1	1
16	Large Seat for Press Bar	1	1
17	Small Seat for Pec Deck	1	1
18	Back Rest for Pec Deck	1	1
19	Foam Hand Grips	8	2
19.5	Rubber Hand Grips	4	2
20	Press Bar	1	1
21	Floating Pulley Block	1	2
22	Rubber Donut	2	2
23	Pulley	16	2
24	Left Base	1	2
25	Press Bar Handle	4	2
26	Curling Bar	1	2
27	Lat Bar	1	1
28	Cable, Top Cable 186" L	1	3
29	Cable, Lower Leg Extension 138" L	1	3
30	Cable, Pec Deck 98" L	1	3
31	Ankle Strap	1	2
32	Single Handle	1	2
33	Guide Rod Holder	1	2
34	Rubber End Caps 2"	6	2
35	Right Base	1	2
36	Left Seat Bar	1	2
37	Weight Lbs. Stickers	1	2
37.5	Pec Deck Stopper	1	2
38	Pulley Bracket	1	2
39	Chain for Curt Bar 20" L	1	2
39.5	Chain for Pulley Bracket 12" L	1	2

HARDWARE KIT

PARTS	PART DESCRIPTION	QUANTITY
40	Hex Bolt 3/8"x3"	6
41	Hex Bolt 3/8"x2-3/4"	18
42	Hex Bolt 3/8"x2"	14
43	Hex Bolt 3/8"x7-1/4"	2
44	Hex Bolt 8mmx3/4"	10
45	Washer 3/8" I.D.	45
45.5	Washer 1/2" I.D.	4
46	Washer 5/8" I.D.	2
46.5	Washer 8mm	10
47	Hex Nut 3/8"	34
48	Hex Nut 1/2"	4
48.5	Hex Nut 8mm	2
49	Insert Pin-4"	1
50	L Pin	1
51	Plastic Pipe Ends - Round - 1"	14
52	Plastic Pipe Ends - Square - 2"	9
53	Plastic Pipe Ends - Square - 1-1/2"	6
54	Press Bar Bumper	1
55	Pivot Pin - Press Station - 6-1/4"	1
56	Pivot Pin - Leg Extension - 3-1/2"	1
59	Rowing Hooks	4
60	Hex Bolt 3/8"x 1-1/2"	1
61	P V C Cone	1



**MISSING PARTS?
ASSEMBLY QUESTIONS?
SERVICE QUESTIONS?**

Call or write:

**Service Dept.
4311 Triangle Street
McFarland, WI 53558**

1-608-838-3732

WARNINGS:

PRIOR TO UNDERTAKING ANY PROGRAM OF EXERCISE THAT REQUIRES A MAJOR INCREASE IN PHYSICAL ACTIVITY, CONSULTATION WITH A COMPETENT MEDICAL AUTHORITY IS STRONGLY RECOMMENDED. IN ADDITION, ANYONE WHO HAS A PHYSICAL HANDICAP, SUFFERS FROM A PROLONGED ILLNESS, OR WHO HAS INCREASED RISK FACTORS SUCH AS OBESITY, HYPERTENSION, CARDIO-CIRCULATORY PROBLEMS, ETC., SHOULD CONSULT A COMPETENT MEDICAL AUTHORITY BEFORE UNDERTAKING ANY EXERCISE OR ENGAGING IN A CONTINUING PROGRAM OF EXERCISING.

- PLEASE READ THROUGH INSTRUCTIONS CAREFULLY BEFORE STARTING TO ASSEMBLE.
- BE SURE ALL THE PARTS ARE SECURELY TIGHTENED. FAILURE TO DO SO MAY RESULT IN MECHANICAL FAILURE OR PERSONAL INJURY.
- WE RECOMMEND TWO PEOPLE FOR PROPER ASSEMBLY OF THE HOME TRAINER.

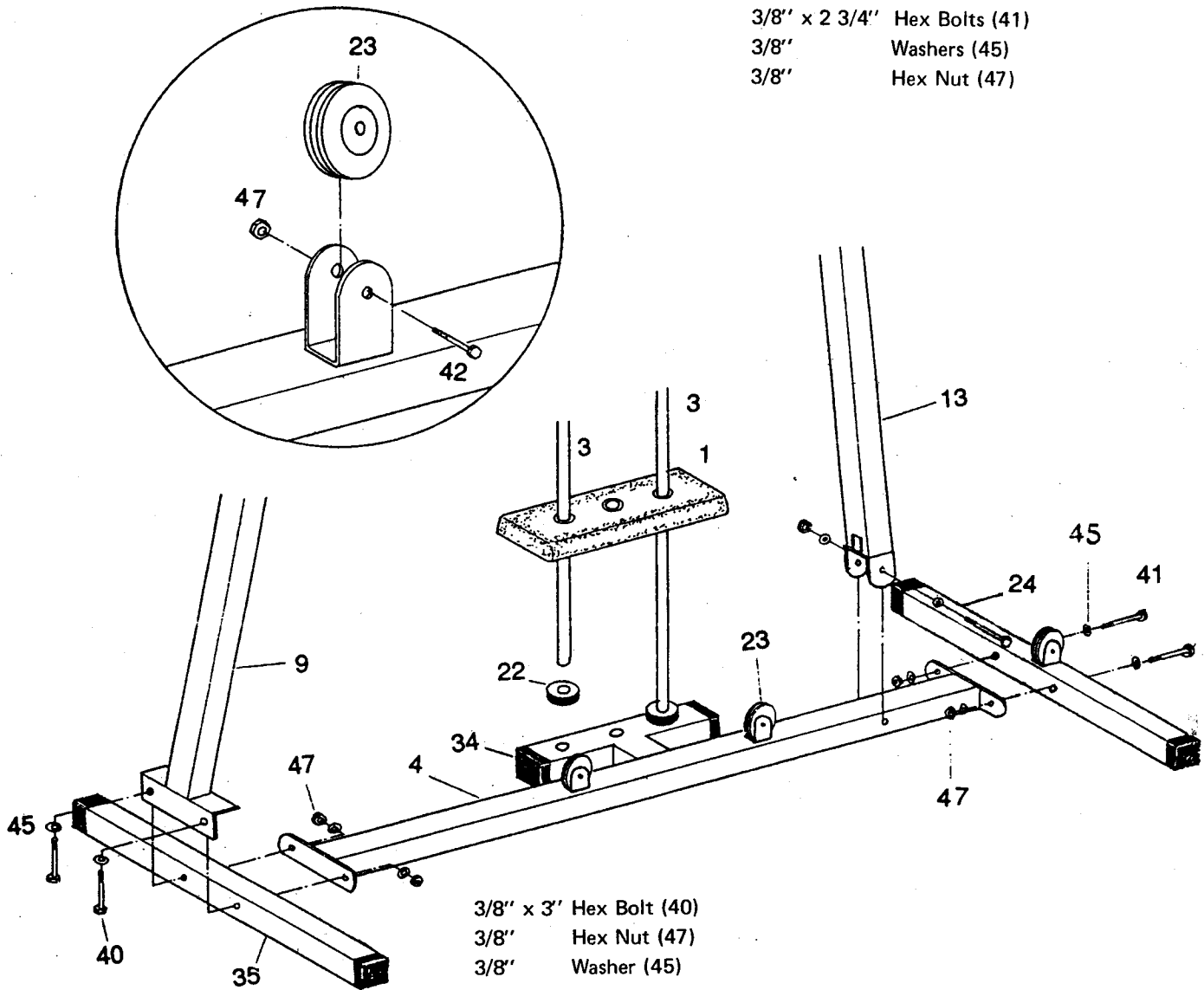
3/8" x 2" Hex Bolt (42)

3/8" Hex Bolt (47)

3/8" x 2 3/4" Hex Bolts (41)

3/8" Washers (45)

3/8" Hex Nut (47)



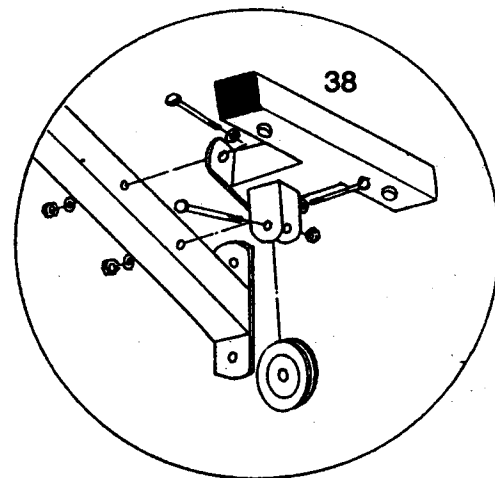
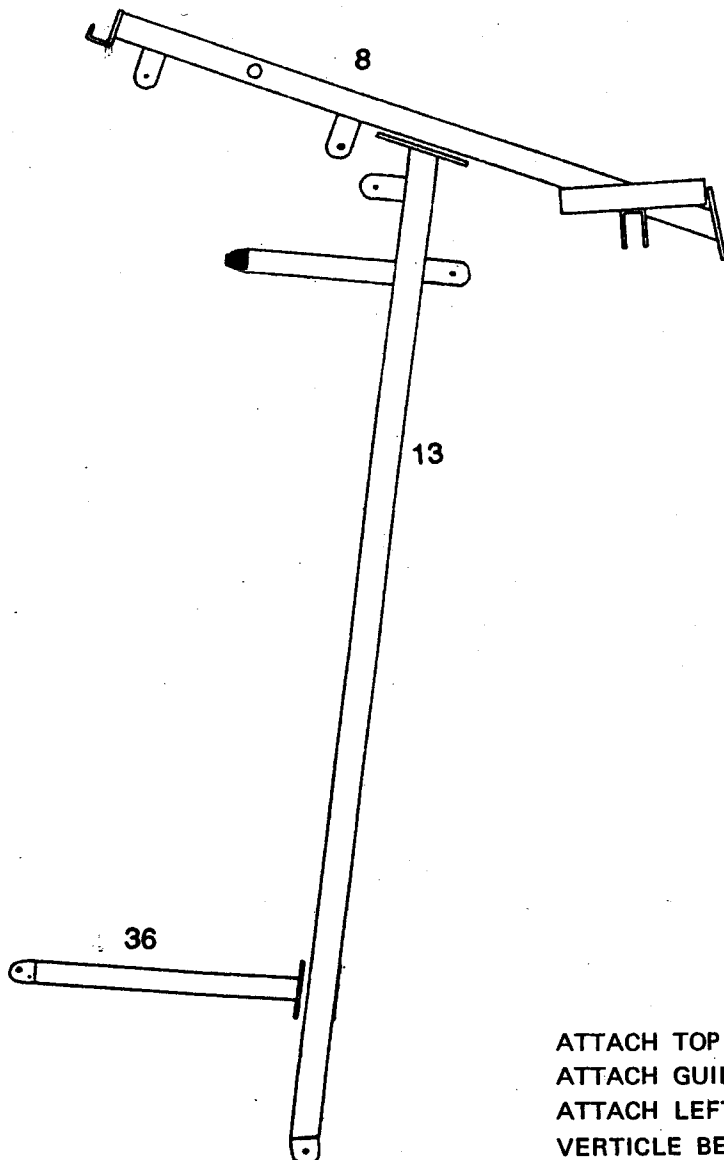
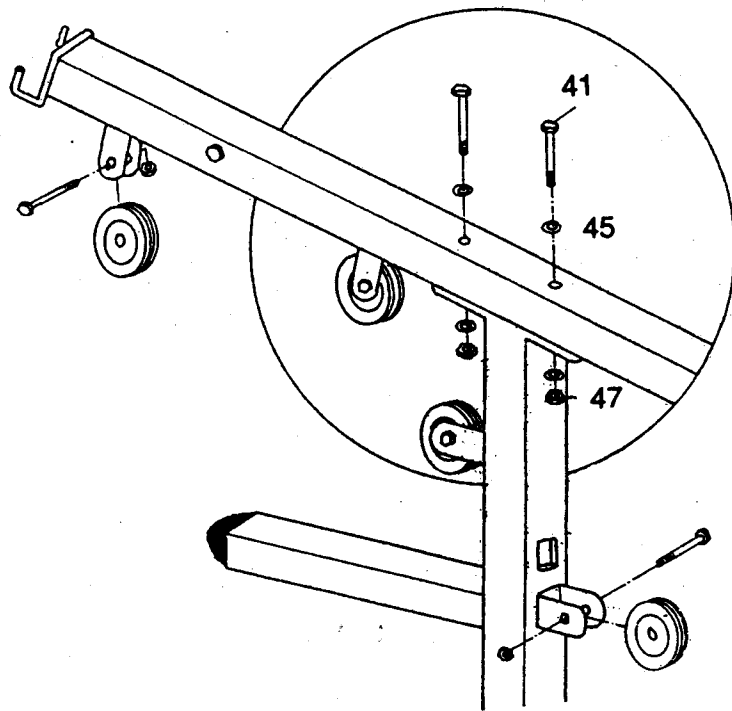
3/8" x 3' Hex Bolt (40)

3/8" Hex Nut (47)

3/8" Washer (45)

ATTACH LEFT BASE (24) TO CENTER BASE (4). ATTACH RIGHT BASE (35) AND RIGHT VERTICAL BEAM (9) TO CENTER BASE. SLIDE GUIDE RODS (3) THRU RUBBER DO NUTS (22) AND INTO BASE. SLIDE EACH WEIGHT PLATE (1) OVER GUIDE RODS. PLACE RUBBER END CAPS (34) ON EACH CORNER OF BASE. PLACE 2" SQUARE PIPE ENDS IN OPEN ENDS OF BASE BELOW WEIGHT STACK. ATTACH WEIGHT STICKERS TO WEIGHT PLATES.

3/8" x 2 3/4" Hex Bolt (41)
 3/8" Washer (45)
 3/8" Hex Nut (47)



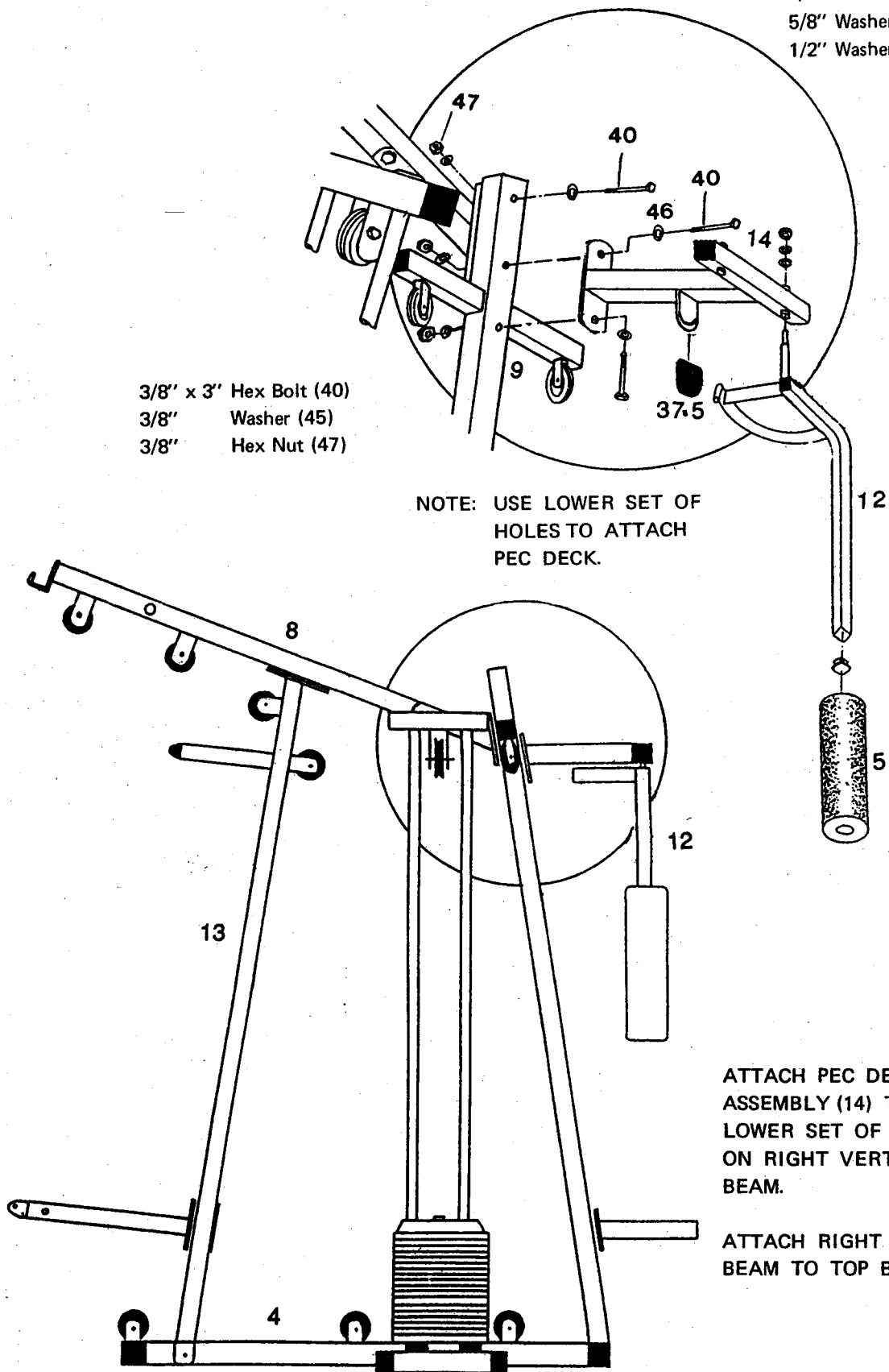
3/8" x 2 3/4" Hex Bolt (41)
 3/8" Hex Nut (47)
 3/8" Washer (45)

ATTACH TOP BEAM (8) TO LEFT VERTICLE BEAM.
 ATTACH GUIDE BAR HOLDER (33) TO TOP BEAM.
 ATTACH LEFT BEAM SEAT SUPPORT (36) TO LEFT
 VERTICLE BEAM.

1/2" Hex Nut (48)
 5/8" Washer (45.5)
 1/2" Washer (45)

3/8" x 3" Hex Bolt (40)
 3/8" Washer (45)
 3/8" Hex Nut (47)

NOTE: USE LOWER SET OF
 HOLES TO ATTACH
 PEC DECK.



ATTACH PEC DECK
 ASSEMBLY (14) TO
 LOWER SET OF HOLES
 ON RIGHT VERTICLE
 BEAM.

ATTACH RIGHT VERTICLE
 BEAM TO TOP BEAM.

1/2" Hex Nut (48)
 6 1/4" Pivot Pin (58)
 1/2" Washer (45)

195

8

54

13

9

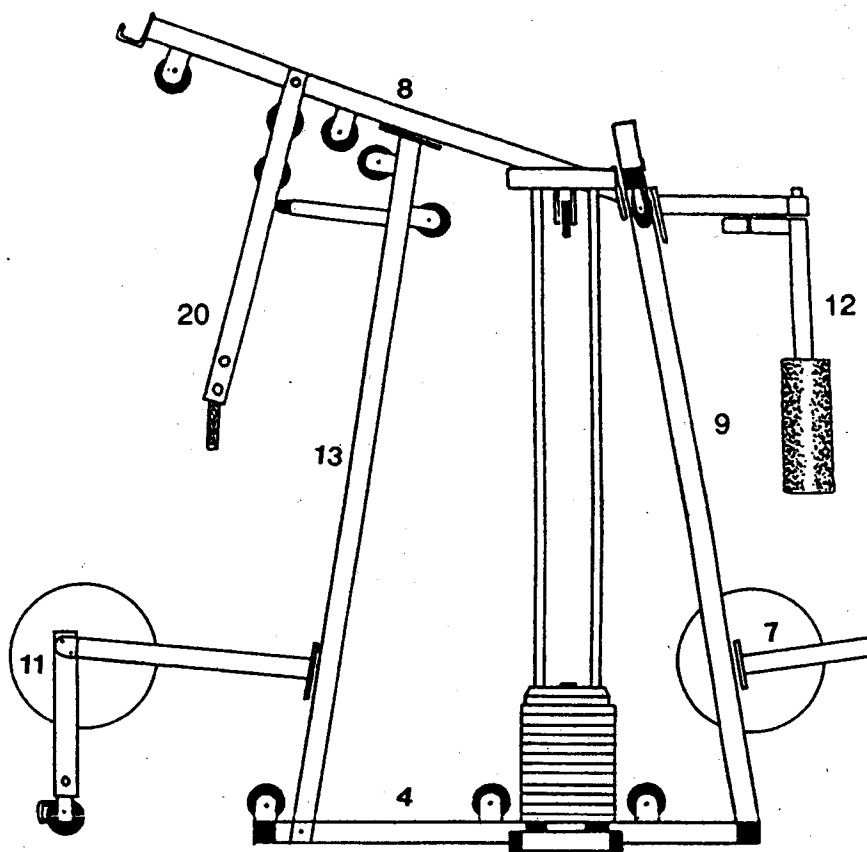
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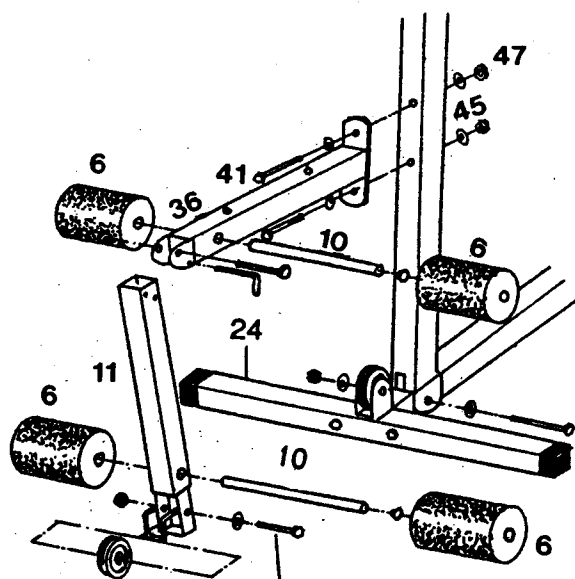
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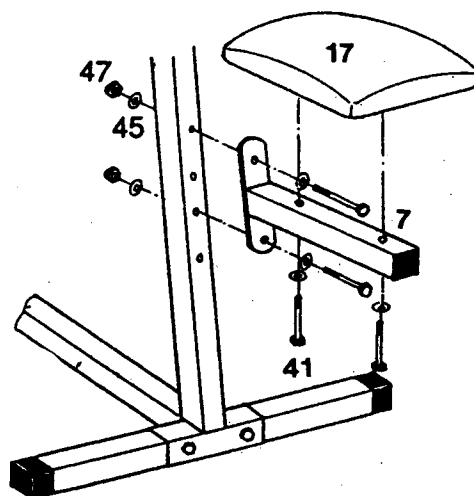
6



3/8" x 2 3/4" Hex Bolt (41)
 3/8" Hex Nut (47)
 3/8" Washer (45)



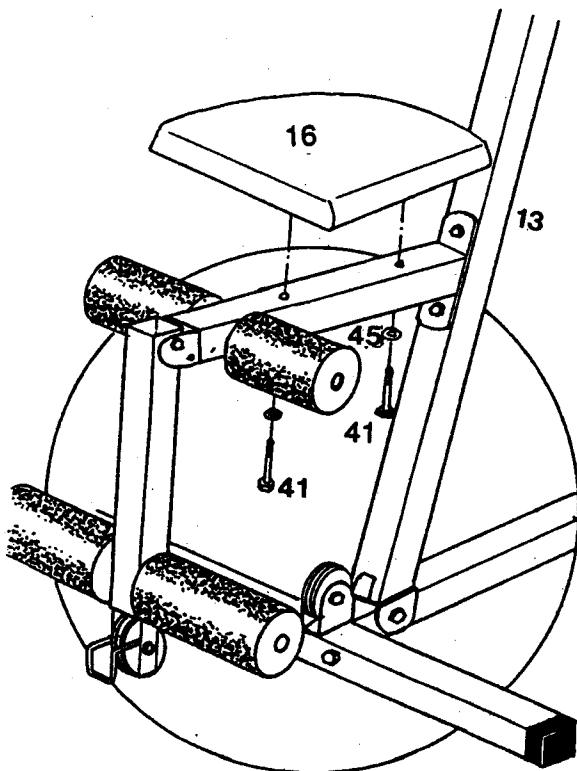
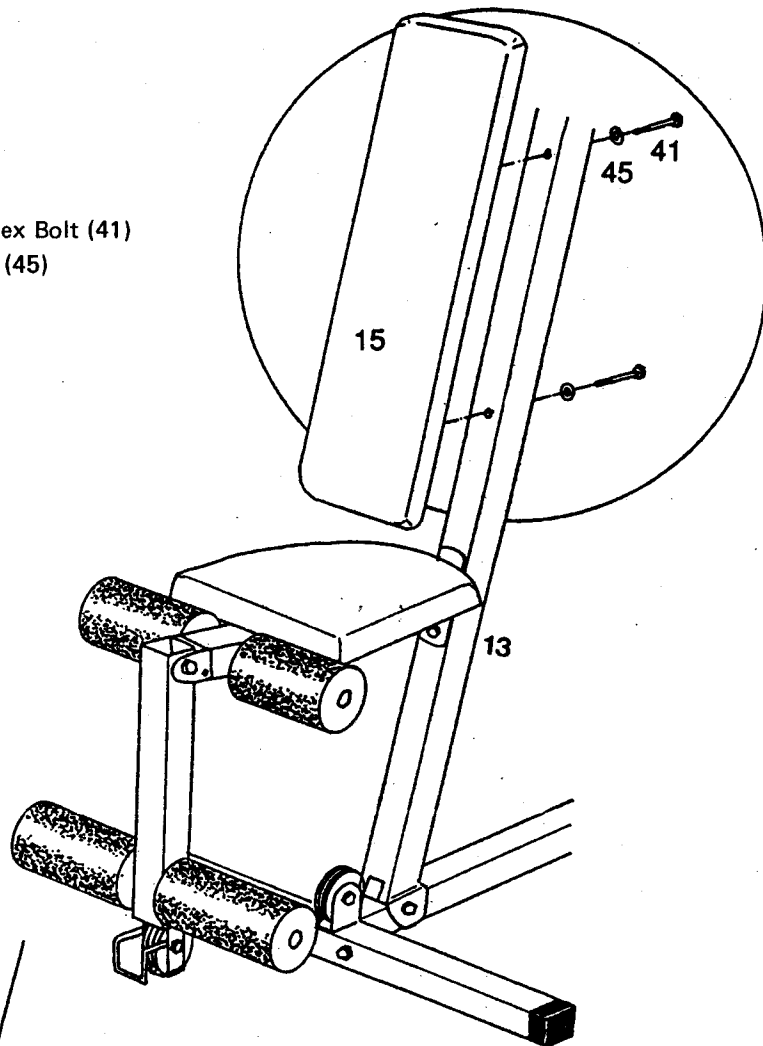
L Pin (50)



3/8" x 2" Hex Bolt (42)
 3/8" Hex Nut (47)
 3/8" Washer (45)

ATTACH LEG EXTENSION BAR (11) TO LEFT SEAT BAR (36) ATTACH LEFT SEAT BAR TO LEFT VERTICLE BEAM. ATTACH RAD HOLDERS (16) AND FOAM PADS (6) USING HANDLE BOLTS (57). ATTACH RIGHT SEAT BAR (7) TO RIGHT VERTICLE BEAM (9). INSERT PLASTIC PIPE ENDS (51) IN ENDS OF PAD HOLDERS.

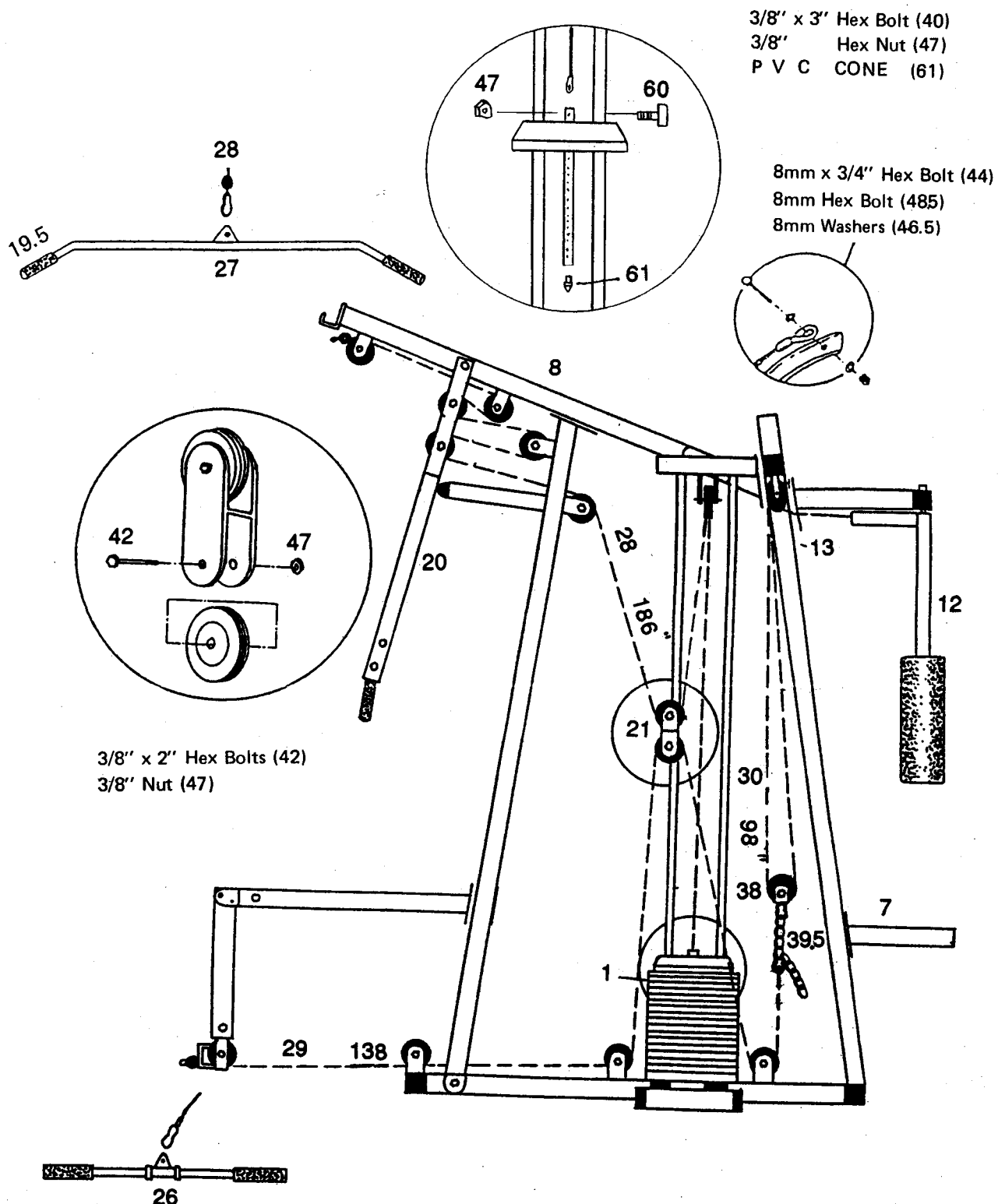
3/8" x 2 3/4" Hex Bolt (41)
3/8" WASHER (45)



3/8" x 2 3/4" Hex Bolt (41)
3/8" Washer (45)

3/8" x 2" Hex Bolt (42)
3/8" Hex Nut (47)

ATTACH BOTH SETS SEATS AND BACKS AS SHOWN.



THREAD CABLE # 28 (186") AS ILLUSTRATED, STARTING AT THE LAT BAR HOLDER ON THE TOP BEAM (8). SCREW CABLE END INTO THE WEIGHT STACK PIN ABOUT 3/4". THIS ALLOWS FOR CABLE ADJUSTMENT LATER.

THREAD CABLE # 29 (138") AS ILLUSTRATED, STARTING AT THE LEG EXTENSION. ATTACH CABLE END TO THE CHAIN ON THE PULLEY BRACKET (38)

THREAD THE PEC DECK CABLE AND SECURE THE CABLE ENDS TO THE PEC ARMS USING 8MM x 3/4" BOLT WITH LOCKING NUT AND WASHER.

WARRANTY

Complete and Return to:

**IMAGE INC.
3670 PARKWAY LANE SUITE J
HILLIARD, OH 43026**

Name		
Street Address		
City	State	Zip
Product Name		
Serial Number		
Date of Purchase		
Name of Store where Purchased		
Address		
Comments		

Retain this Portion for your Records

**THIS WARRANTY WILL BE HONORED BY IMAGE, INC.
IF MORE INFORMATION IS REQUIRED YOU MAY CALL DIRECTLY.
1-800-753-4645**

**ONE YEAR WARRANTY ON PARTS
FIVE YEAR WARRANTY ON WELDS
90 DAY WARRANTY ON UPHOLSTERY**

During the warranty period after the original purchase we will repair or replace this item free of charge to cover the owner if it has a manufacturing defect or if in use as described and prescribed by our labels and brochures it does not perform as our labels or brochures say it will.

To obtain such free repair or replacement, please tell our Customer Service Department the product's name, serial number and purchase date as well as the nature of the problem, and ask for authorization to return the product for repair or replacement.

However, please note that this warranty does not cover incidental or consequential damages or costs connected with any such warranty period defect or malfunction. On the other hand, some states do not allow such exclusion or limitation of incidental or consequential damages or costs and it therefore may not apply to you.

Also please note that, while this warranty gives you specific legal rights, you may also have other rights which vary from state to state.

**IMAGE INC.
3670 PARKWAY LANE SUITE J
HILLIARD, OH 43026**