

IMAGE™ PERSONAL FITNESS SYSTEM

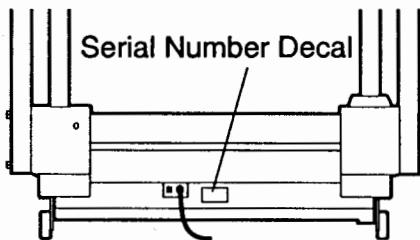
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Model No. IM973030

Serial No. _____



QUESTIONS?

As a manufacturer, we are committed to providing you complete customer satisfaction. If you have questions, or find there are missing or damaged parts, we will guarantee you complete satisfaction through direct assistance from our factory. **TO AVOID UNNECESSARY DELAYS, PLEASE CALL DIRECT TO OUR TOLL-FREE CUSTOMER HOT LINE.**

The trained technicians on our Customer Hot Line will provide immediate assistance, free of charge to you.

**CUSTOMER HOT LINE:
1-800-999-3756**

Mon.-Fri., 6 a.m.-6 p.m. MST

⚠ CAUTION:

Read all safety precautions and instructions in this manual carefully before using this equipment. Save this manual for future reference.



OWNER'S MANUAL

IMPORTANT SAFETY PRECAUTIONS

▲ WARNING: To reduce the risk of burns, fire, electric shock or injury to persons, read the following important safety precautions and information before operating the treadmill.

1. Position the treadmill on a level surface, with at least 8 feet of clearance behind the treadmill. Do not place the treadmill near water, outdoors or on any surface that blocks an air opening. Do not operate where aerosol products are used or where oxygen is being administered.
2. When connecting the power cord (see OPERATION AND ADJUSTMENT in this manual), plug the power cord directly into a grounded circuit capable of carrying 12 or more amps. No other appliance should be on the same circuit. Keep the power cord away from heated surfaces. If an extension cord is needed, use only a 14-gauge general-purpose cord of five feet or less in length with a three-wire conductor.
3. Never move the walking belt while the power is turned off. Do not operate the treadmill if the power cord or plug is damaged, or if the treadmill is not working properly. (See BEFORE YOU BEGIN in this manual if the treadmill is not working properly.)
4. The roller guards must be 1/8 inch from the rear roller. Turn the power off and adjust the roller guards, if necessary.
5. Wear appropriate exercise clothing when using the treadmill; do not wear loose clothing that could become caught in the treadmill. *Always wear athletic shoes; never use the treadmill with bare feet, wearing only stockings or in sandals.* Athletic support clothes are recommended for both men and women.
6. The pulse earclip is not a medical device. Various factors, including the user's movement while exercising, may affect the accuracy of heart rate readings. The earclip is intended only as an exercise aid in determining heart rate trends in general.
7. Never start the treadmill while you are standing on the walking belt. Always hold the handrail or upper body arms when exercising on the treadmill.
8. Never allow more than one person on the treadmill at a time. The treadmill should not be used by persons weighing more than 250 pounds.
9. Keep small children away from the treadmill at all times. Never leave the treadmill unattended while it is running. Always turn the power off when the treadmill is not in use.
10. Never drop or insert any object into any opening.
11. To reduce the possibility of overheating, do not operate the treadmill continuously for longer than 1 hour.
12. The treadmill is capable of high speeds. Adjust the speed slowly to avoid sudden jumps in speed.
13. Use the treadmill only as described in this manual.
14. Always unplug the power cord before performing the maintenance and adjustment procedures described in this manual. Never remove the safety cover unless instructed to do so by an authorized service representative. Servicing other than the procedures in this manual should be performed by an authorized service representative only.

▲ WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems. Read all instructions before using. IMAGE assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

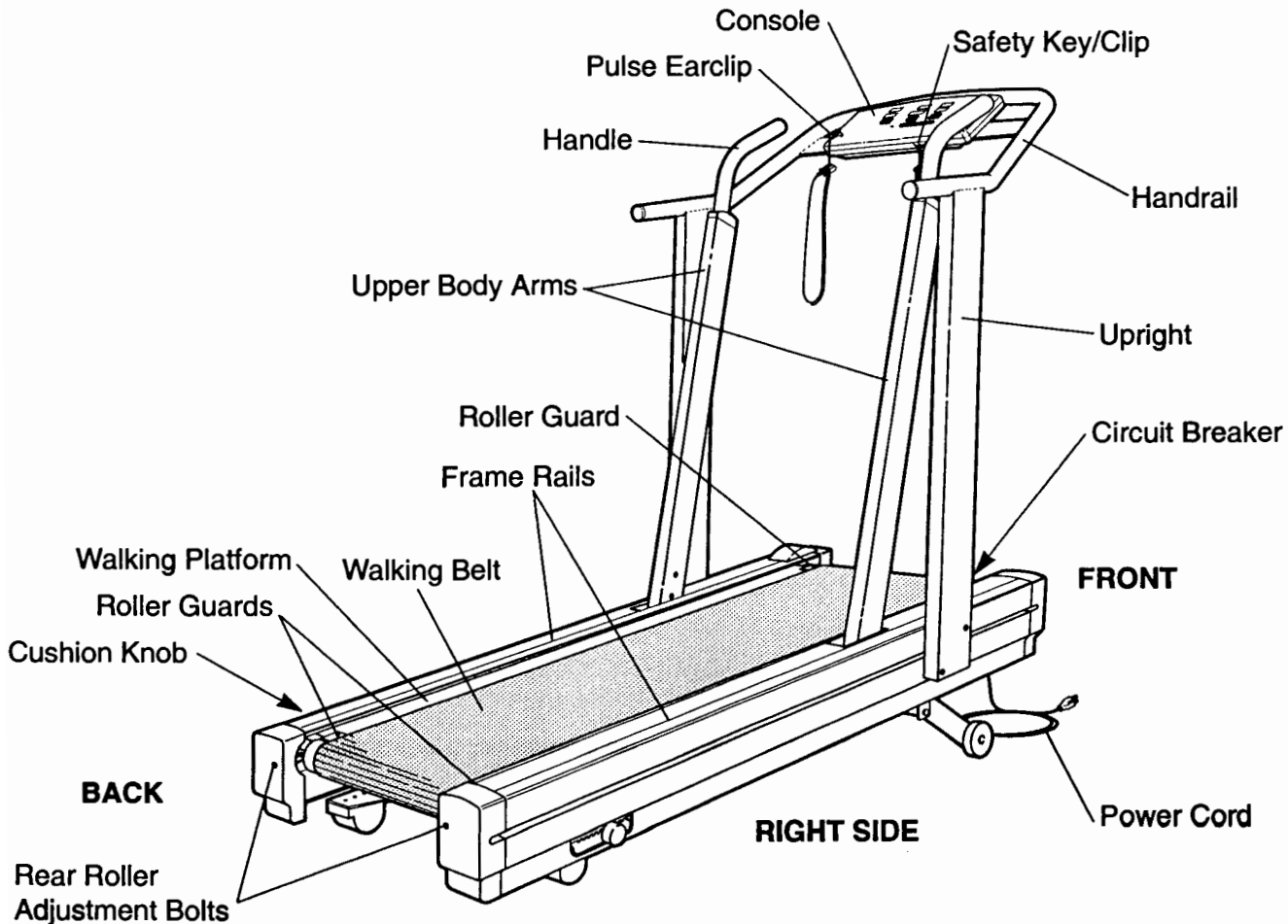
SAVE THESE INSTRUCTIONS

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BEFORE YOU BEGIN

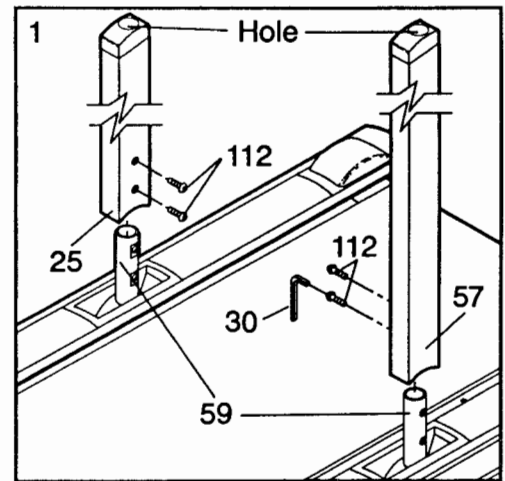
Thank you for selecting the IMAGE™ 973 treadmill. The IMAGE 973 treadmill blends advanced technology with innovative design to let you enjoy an excellent form of cardiovascular exercise in the convenience and privacy of your home. **For your safety and benefit, read this manual carefully before using the treadmill.** If you have additional questions, please call our Customer Service Department toll-free at 1-800-999-3756, Monday through Friday, 6 a.m. until 6 p.m. Mountain Time (excluding holidays). To help us assist you, please note the product model number and serial number before calling. The model number is IM973030. The serial number can be found on a decal attached to the treadmill (see the front cover of this manual for the location). Before reading further, please review the drawing below and familiarize yourself with the parts that are labeled.



ASSEMBLY

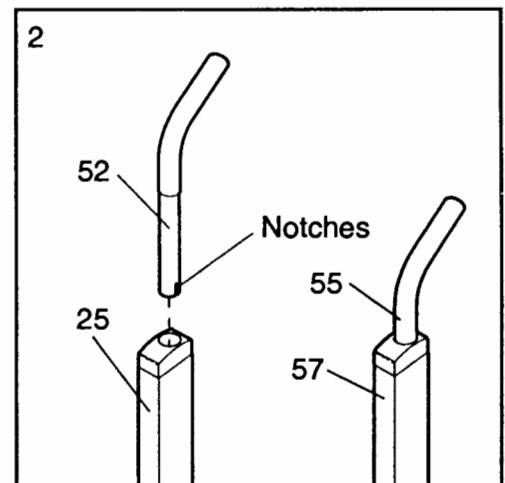
Set the treadmill in a cleared area and remove all packing materials. Do not dispose of the packing materials until assembly is completed. **TOOLS REQUIRED FOR ASSEMBLY: A 7/32" allen wrench (Included).**

1. Slide the Right Upper Body Arm (57) onto the right Arm Tube (59). **Note:** Make sure that the hole in the top of the Upper Body Arm is towards the front of the treadmill. With the 7/32" Allen Wrench (30), tighten two of the four 3/8" x 1" Nylock Bolts (112) into the Arm. Repeat the step with the Left Upper Body Arm (25). Tighten the four Bolts.



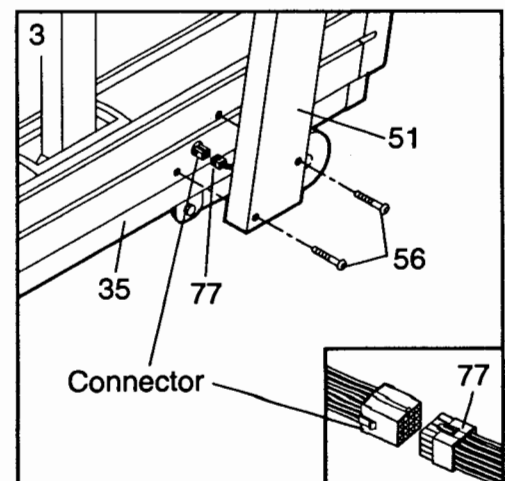
2. Insert the Left Handle (52) into the Left Upper Body Arm (25). The Left Handle should bend forward and lock in place so it will not rotate. Insert the Right Handle (55) into the Right Upper Body Arm (57) the same way.

Note: There are two notches that lock the Handles into two different positions; straight and 30 degrees inward. (See ADJUSTING THE HANDLES on page 8.) Use the position which is the most comfortable. Make sure that the Handles are locked into place before you use the treadmill.



3. Align the Right Upright (51) near the holes on the side of the Right Foot Rail (35). **Note:** The Right Upright has the Upright Wire Harness (77) in it. Plug the lower end of the Upright Wire Harness into the connector on the side of Right Foot Rail (35). The small latch on the Harness should snap onto the connector. If the Harness does not fit easily, turn it; do not force the harness into the connector. Push the connector and Harness into the Right Foot Rail (35). **Be careful not to damage the wires.**

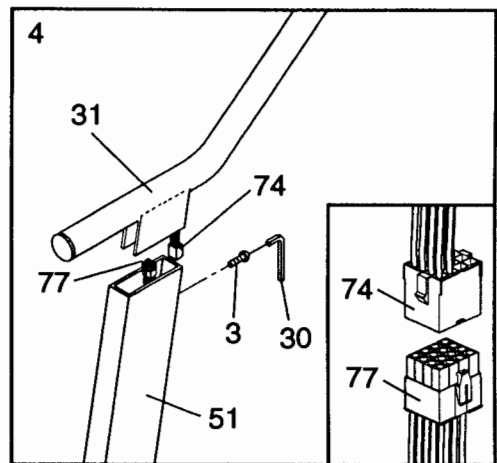
Thread two Upright Bolts (56) through the Right Upright (51) and into the Right Foot Rail (35). Hand tighten the Bolts. **Do not pinch or damage any wires.** Attach the Left Upright (not shown) in the same manner.



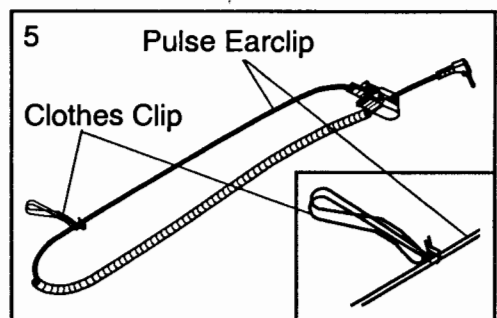
4. It is recommended that a second person hold the Handrail (31) while you complete step 4.

Connect the Handrail Wire Harness (74) to the Upright Wire Harness (77). Slide the brackets on the Handrail (31) into the Right Upright (51) and Left Upright (not shown). **Be careful not to damage the wires.** Insert a 3/8" x 1" Bolt (3) into each Upright. It may be necessary to raise the front of the Handrail to insert the Bolts. Tighten both Bolts with the 7/32" Allen Wrench (30).

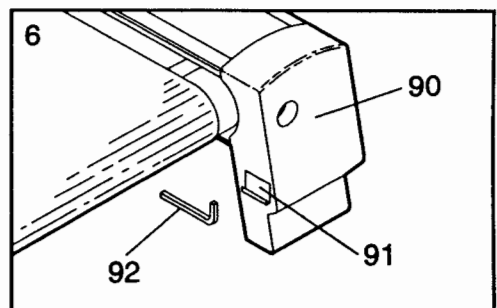
With the 7/32" Allen Wrench, tighten the Bolts shown in step 3.



5. Slide the metal Clothes Clip onto the Pulse Earclip in the indicated location. The use of the Pulse Earclip is explained in the LED DISPLAY OPERATION section on page 8.



6. Remove the paper backing from the Wrench Clip (91). Press the Wrench Clip onto the Right Rear Endcap (90) in the indicated location. Press the 3/16" Allen Wrench (92) into the Wrench Clip.



Make sure that all parts are tightened before using the treadmill.

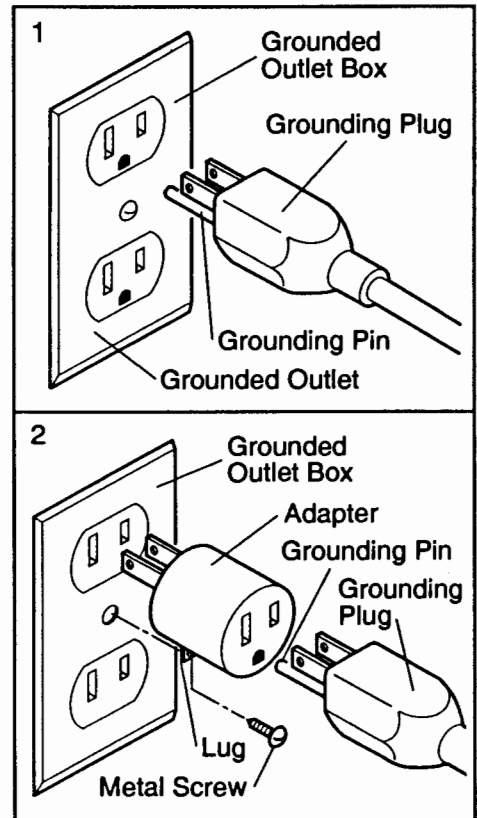
OPERATION AND ADJUSTMENT

PLUGGING IN THE POWER CORD

This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. **Plug the power cord into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.**

⚠ DANGER: Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product—if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

This product is for use on a nominal 120-volt circuit, and has a grounding plug that looks like the plug illustrated in Drawing 1. A temporary adapter that looks like the adapter illustrated in Drawing 2 may be used to connect this plug to a 2-pole receptacle as shown in Drawing 2 if a properly grounded outlet is not available. The temporary adapter should be used only until a properly grounded outlet (Drawing 1) can be installed by a qualified electrician. The green colored rigid ear, lug, or the like extending from the adapter **must be connected** to a permanent ground such as a properly grounded outlet box cover. Whenever the adapter is used it **must be held in place** by a metal screw. **Some 2-pole receptacle outlet box covers are not grounded. Contact a qualified electrician to determine if the outlet box cover is grounded before using an adapter.**



BREAKING IN THE WALKING PLATFORM

Your treadmill features a maintenance-free walking platform with a special hydrocarbon coating. **The walking platform must be broken in completely so the coating impregnates the walking belt.** Follow the instructions below to break in the walking platform. (See pages 7 and 8 for instructions about adjusting the speed and incline of the treadmill.) Adjust the incline of the treadmill to the highest setting. Next, adjust the walking belt to about 3 or 4 miles per hour. Hold the handrail and begin walking on the treadmill. Be sure to step on all areas of the walking belt—not only on the center. The walking belt may slow or stop as you walk. Continue for 5 to 10 minutes, or until the walking belt no longer slows as you walk. Note: If the walking belt stops and an "EEEE" appears on the console, remove the safety key, wait for 10 seconds, and then re-insert the safety key. **IMPORTANT: Never apply silicone spray or other substances to the walking platform or the walking belt. They will deteriorate the walking platform and cause excessive wear.**

CUSHION LEVEL ADJUSTMENT

For a softer cushion level as you exercise, turn the cushion knob counterclockwise. For a firmer cushion level, turn the knob clockwise. Note: The faster you run on the treadmill, the firmer the cushion level should be. If the cushion level is too soft, the treadmill will bounce excessively.

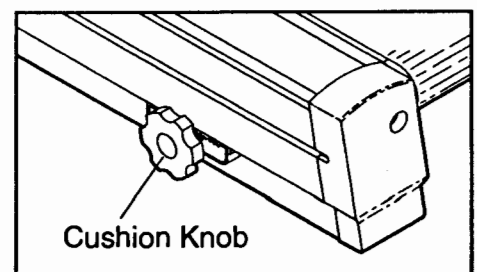
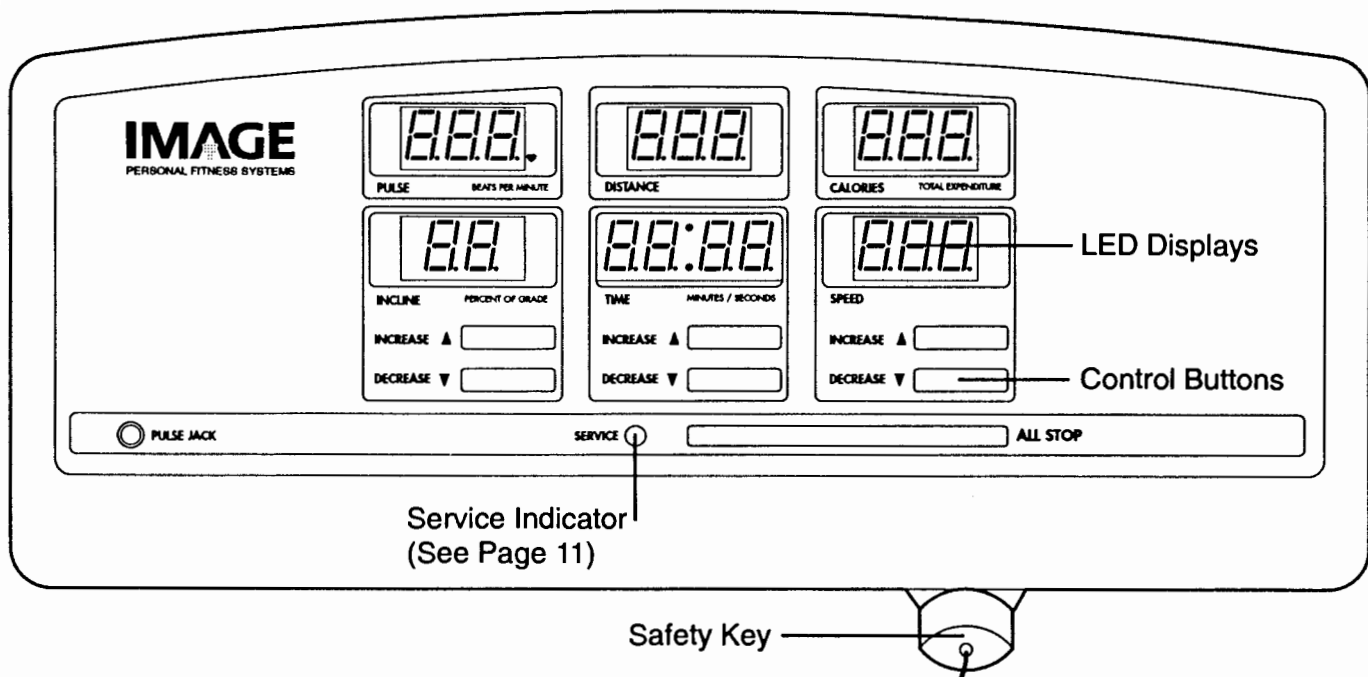


DIAGRAM OF THE CONSOLE

The heart of the treadmill is the sophisticated console. The console features a safety key-operated power switch, electronic speed and incline controls and six independent LED displays to give you continuous exercise feedback. Please read these instructions before operating the console.

CONSOLE DIAGRAM



TURNING THE POWER ON

If the safety key is in the console, remove it. Plug in the power cord (see **PLUGGING IN THE POWER CORD** on page 6).

Stand on the frame rails of the treadmill. Find the clip attached by a cord to the safety key, and slide the clip onto your waistband.

▲ WARNING: Do not stand on the walking belt when turning the power on. Always wear the clip when operating the treadmill. If you fall, the safety key will be pulled from the console, instantly turning the power off.

Insert the safety key into the console. The six LED displays will light. Note: If the safety key was in the console when the power cord was plugged in, a "PO" will appear in the speed display. If this occurs, remove the safety key, wait for ten seconds and then reinsert it.

CONTROLLING THE SPEED OF THE TREADMILL

When the power is turned on, the walking belt will be stationary. The speed of the walking belt can be controlled by pressing the **SPEED** buttons. Each time the **SPEED** increase button is pressed, the speed will increase by 0.1 mile per hour, beginning at 0.5 miles per hour. Each time the **SPEED** decrease button is pressed, the speed will decrease by 0.1 mile per hour. The buttons can be held down to change the speed rapidly. The speed can be set at a minimum of 0.5 miles per hour, up to a maximum of 10 miles per hour, in increments of 0.1 mile per hour.

▲ WARNING: After the **SPEED** buttons are pressed, it will take a few seconds for the walking belt to reach the selected speed. Adjust the speed gradually until you are familiar with the operation of the treadmill.

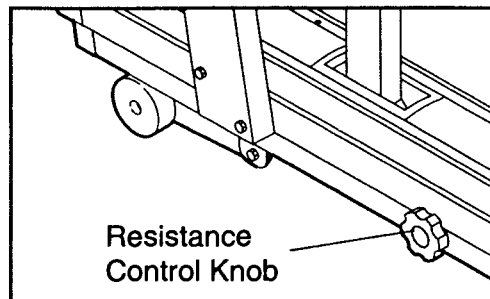
Press the SPEED increase button until the walking belt begins to move at slow speed. Hold the handrails, step carefully onto the walking belt and begin exercising. Change the speed as desired by pressing the SPEED buttons. To stop the walking belt, hold down the SPEED decrease button. The walking belt can be stopped quickly, if desired, by pressing the ALL STOP bar.

CHANGING THE INCLINE OF THE TREADMILL

To vary the intensity of your exercise, the incline of the treadmill can be changed by pressing the INCLINE buttons. Each time one of the buttons is pressed, the incline will change by 0.5%. The buttons can be held down to change the incline rapidly. The incline can be set at a minimum of 1.5%, up to a maximum of 12%. Note: After the buttons are pressed, it will take a few seconds for the treadmill to reach the selected incline.

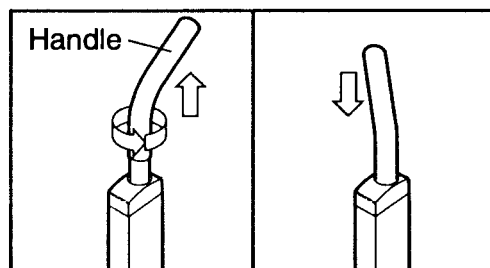
OPERATING THE UPPER BODY ARMS

The upper body arms can be moved forward and back as you walk or run, exercising your arms, back and shoulders for a total body workout. To tailor the intensity of your exercise, the resistance of the arms can be changed. There is a resistance control knob located on the left side of the treadmill. To increase the resistance, turn the resistance control knob clockwise; to decrease the resistance, turn the control knob counterclockwise.



ADJUSTING THE HANDLES

The handles can be used in either of two positions: straight or 30 degrees inward. Use the position that is the most comfortable for you. To change the position of the handles, first raise the handles about 2". Rotate the handles inward, and lower them back into the upper body arms. The handles should lock and not rotate.



LED DISPLAY OPERATION

PULSE DISPLAY

To use the pulse display of the console, plug the pulse earclip into the jack on the console. Attach the earclip to your left ear lobe and slide the metal clothes clip onto your collar. After a few seconds, your pulse will be shown in the pulse display. If your pulse is not shown, rub your ear lobe and reposition the earclip. It may be helpful to stand still while measuring your pulse.

DISTANCE DISPLAY

The distance display will show the total distance you have walked or run, in miles.

CALORIE DISPLAY

The calorie display will show the total number of nutritional Calories you have burned.

INCLINE DISPLAY

The incline display will show the selected incline of the treadmill.

TIME DISPLAY

The time display will show the total time that you have walked or run during your workout, up to 99 minutes and 59 seconds. (If the treadmill is run for more than 99 minutes and 59 seconds, the walking belt will automatically slow to a stop.)

If desired, time goals can be set. Press the TIME buttons to set the length of time that you plan to exercise. Each time one of the buttons is pressed, the length of time shown will change by 1 minute. A time goal can be set for a minimum of 1 minute, up to a maximum of 99 minutes. As you exercise, the time will be counted down. When no time remains, the walking belt will slow to a stop.

SPEED DISPLAY

The speed display shows the selected speed of the walking belt.

TURNING THE POWER OFF

To turn the power off, remove the safety key from the console. The six displays will darken. Store the safety key in a secure location.

INFORMATION MODE

The console features an information mode to let you keep track of trip time and distance, as well as the total time and distance that the treadmill has been operated. To select the information mode, hold down the ALL STOP bar while inserting the safety key into the console.

When the information mode is selected, the time display will show the trip time, up to 9,999 hours. The distance and pulse displays together will show the trip distance, up to 99,999 miles. The incline display will show a service code. If the service code is "S0," it indicates that the treadmill does not require routine maintenance. If the service code is "S1" or "S3," see 6. a. and b. on pages 11 and 12. While the trip time and distance are displayed, they can be reset to zero by pressing the TIME decrease button.

To view the total time and distance, press the TIME increase button. The time display will show the total time, up to 9,999 hours. The distance and pulse displays together will show the total distance, up to 99,999 miles.

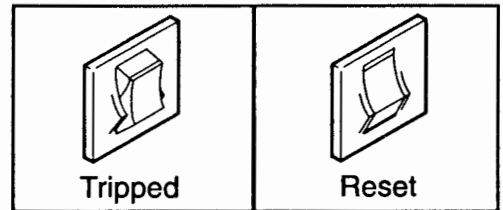
To exit the information mode, remove the safety key from the console.

TROUBLE-SHOOTING AND STORAGE

Most treadmill problems can be solved by following the simple steps below. Find the symptom that applies to your treadmill and follow the steps listed. If further assistance is needed, please call our Customer Service Department toll-free at 1-800-999-3756, Monday through Friday, 6 a.m. until 6 p.m. Mountain Time (excluding holidays).

1. SYMPTOM: THE POWER DOES NOT TURN ON

- a. Make sure that the power cord is plugged into a properly grounded outlet. (See OPERATION AND ADJUSTMENT in this manual.) If an extension cord is needed, use only a 14-gauge general-purpose cord of five feet or less in length.
- b. After the power cord has been plugged in, make sure that the safety key is fully inserted into the console. Various indicators on the console should light. (See OPERATION AND ADJUSTMENT in this manual.)
- c. Check the circuit breaker located on the treadmill near the power cord. If the switch protrudes as shown, the circuit breaker has tripped. To reset the circuit breaker, wait for five minutes and then press the switch back in.



2. SYMPTOM: THE POWER TURNS OFF DURING USE

- a. Check the circuit breaker located on the treadmill near the power cord. If the circuit breaker has tripped, the switch will protrude. (See the drawing above.) To reset the circuit breaker, wait for five minutes and then press the switch back in.
- b. Make sure that the power cord is plugged in.
- c. Remove the safety key from the console. Reinsert the safety key fully into the console. Various indicators on the console should light.

3. SYMPTOM: THE PULSE EARCLIP DOES NOT FUNCTION PROPERLY

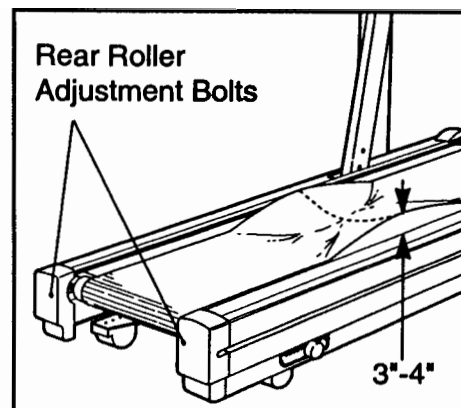
- a. Make sure that the pulse earclip is plugged fully into the jack on the console. Rub your left ear lobe and reposition the earclip. Attach the clothes clip to your collar.
- b. Stand still while measuring your pulse.
- c. The pulse earclip may need to be cleaned. Press the earclip open, and find the two clear circles inside the earclip. Wipe the two clear circles using a cotton swab saturated with denatured alcohol.

⚠ WARNING: The pulse earclip is not a medical device. Various factors, including the user's movement while exercising, may affect the accuracy of heart rate readings. The earclip is intended only as an exercise aid in determining heart rate trends in general.

4. SYMPTOM: THE WALKING BELT SLOWS WHEN WALKED ON

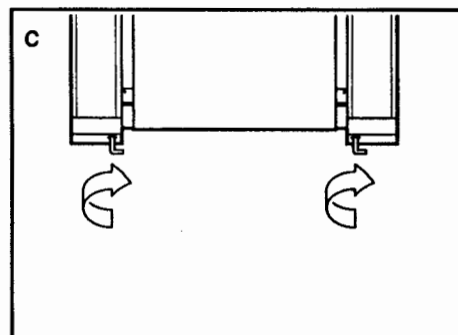
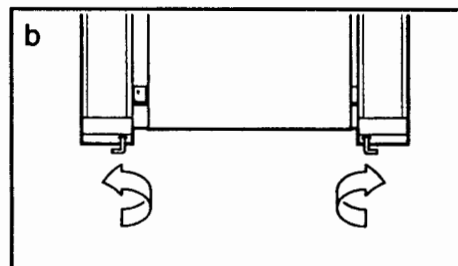
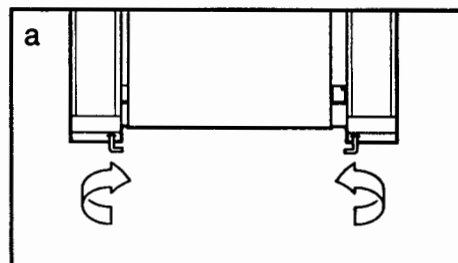
- a. The first time you use the treadmill, walk on the entire surface of the walking belt for 10 minutes to break in the walking platform. During this initial break-in period, it is normal for the walking belt to slow. (See also 7. a. on page 12.)
- b. If an extension cord is needed, use only a 14-gauge general-purpose cord of five feet or less in length.

- c. If the walking belt is overtightened, treadmill performance may decrease and the walking belt may be permanently damaged. Remove the safety key and **UNPLUG THE POWER CORD**. Using the 3/16" allen wrench, turn both rear roller adjustment bolts counterclockwise, 1/4 of a turn. When the walking belt is properly tightened, you should be able to lift each side of the walking belt 3-4 inches off the walking platform. The center of the walking belt should just touch the walking platform. Be careful to keep the walking belt centered. Plug in the power cord, insert the safety key and run the treadmill for a few minutes. Repeat until the walking belt is properly tightened.



5. SYMPTOM: THE WALKING BELT IS OFF-CENTER OR SLIPS WHEN WALKED ON

- a. If the walking belt has shifted to the left, first remove the safety key and **UNPLUG THE POWER CORD**. Using the allen wrench, turn the left rear roller adjustment bolt clockwise, and the right bolt counterclockwise, 1/4 of a turn each. Be careful not to overtighten the walking belt. Plug in the power cord, insert the safety key and run the treadmill for a few minutes. Repeat until the walking belt is centered.
- b. If the walking belt has shifted to the right, first remove the safety key and **UNPLUG THE POWER CORD**. Using the allen wrench, turn the left rear roller adjustment bolt counterclockwise, and the right bolt clockwise, 1/4 of a turn each. Be careful not to overtighten the walking belt. Plug in the power cord, insert the safety key and run the treadmill for a few minutes. Repeat until the walking belt is centered.
- c. If the walking belt slips when walked on, first remove the safety key and **UNPLUG THE POWER CORD**. Using the allen wrench, turn both rear roller adjustment bolts clockwise, 1/4 of a turn. When the walking belt is correctly tightened, you should be able to lift each side of the walking belt 3-4 inches off the walking platform. The center of the walking belt should just touch the walking platform. Be careful to keep the walking belt centered. Plug in the power cord, insert the safety key and run the treadmill for a few minutes. Repeat until the walking belt is properly tightened.



6. SYMPTOM: THE SERVICE INDICATOR ON THE CONSOLE LIGHTS

- a. The service indicator on the console is designed to alert you when routine maintenance is needed. After the treadmill has been operated for 10 miles, the service indicator will light. When the service indicator lights, the bolts attaching the upper body arms, uprights and handrail should be tightened. In addition, the tension of the walking belt should be checked (see 4. c. above). To extinguish the service indicator, first hold down the ALL STOP bar while inserting the safety key into the console. A service code ("S1") will appear in the INCLINE display. To reset the service code and extinguish the service indicator, hold down the ALL STOP bar while removing the safety key.

- b. After the treadmill has been operated for 600 miles, the service indicator will again light. When the service indicator lights, the tension of the walking belt should be checked (see 4. c. above). In addition, a service technician should check the amp draw and the motor brushes. For service, call our Customer Service Department toll-free at 1-800-999-3756, Monday through Friday, 6 a.m. until 6 p.m. Mountain Time (excluding holidays). To extinguish the service indicator, first hold down the ALL STOP bar while inserting the safety key into the console. A service code ("S3") will appear in the INCLINE display. To reset the service code and extinguish the service indicator, hold down the ALL STOP bar while removing the safety key.

7. SYMPTOM: THE CONSOLE DOES NOT FUNCTION PROPERLY

- a. If a console malfunction occurs, an error code ("PO" or "EEEE") may appear on the display. If an error code appears, remove the safety key, wait for ten seconds and then reinsert the safety key. If the error code appears again, call our Customer Service Department. Do not operate the treadmill until the problem is corrected.

STORAGE

Unplug the power cord when the treadmill is not in use. It is recommended that the treadmill be covered during extended periods of storage.

CONDITIONING GUIDELINES

The following guidelines will help you to plan your exercise program. Remember that proper nutrition and adequate rest are essential for successful results.

▲WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for individuals over the age of 35 or individuals with pre-existing health problems.

EXERCISE INTENSITY

To maximize the benefits of exercising, it is important to exercise with the proper intensity. The proper intensity level can be found by using your heart rate as a guide. For effective aerobic exercise, your heart rate should be maintained at a level between 70% and 85% of your maximum heart rate as you exercise. This is known as your training zone. You can find your training zone in the table below.

AGE	UNCONDITIONED TRAINING ZONE (BEATS/MIN)	CONDITIONED TRAINING ZONE (BEATS/MIN)	AGE	UNCONDITIONED TRAINING ZONE (BEATS/MIN)	CONDITIONED TRAINING ZONE (BEATS/MIN)
20	138-167	133-162	55	127-155	122-149
25	136-166	132-160	60	126-153	121-147
30	135-164	130-158	65	125-151	119-145
35	134-162	129-156	70	123-150	118-144
40	132-161	127-155	75	122-147	117-142
45	131-159	125-153	80	120-146	115-140
50	129-156	124-150	85	118-144	114-139

During the first few months of your exercise program, keep your heart rate near the low end of your training zone as you exercise. After a few months of regular exercise, your heart rate can be increased gradually until it is near the middle of your training zone as you exercise. You can measure your heart rate using the pulse mode of the console. Exercise for at least four minutes, and then measure your heart rate immediately. If your heart rate is too high, decrease the intensity of your exercise. If your heart rate is too low, increase the intensity of your exercise.

▲WARNING: The pulse earclip is not a medical device. Various factors, including your movement during exercise, may affect the accuracy of heart rate readings. The earclip is intended only as an exercise aid in determining heart rate trends in general.

WORKOUT GUIDELINES

Each workout should consist of three basic parts: a warm-up, 20 to 30 minutes of training zone exercise, and a cool-down. Warming up prepares the body for exercise by increasing circulation, delivering more oxygen to the muscles and raising the body temperature. Begin each workout with 5 to 10 minutes of stretching and light exercise to warm up. Then, increase the intensity of your exercise to raise your heart rate to your training zone for 20 to 30 minutes. Breathe regularly and deeply as you exercise—never hold your breath. Finish each workout with 5 to 10 minutes of stretching to cool down. This will increase the flexibility of your muscles as well as help to decrease soreness and other post-exercise problems.

To maintain or improve your condition, complete three workouts each week, with at least one day of rest between workouts. After a few months of regular exercise, you may complete up to five workouts each week, if desired. The key to success is CONSISTENCY.

PART LIST—Model No. IM973030

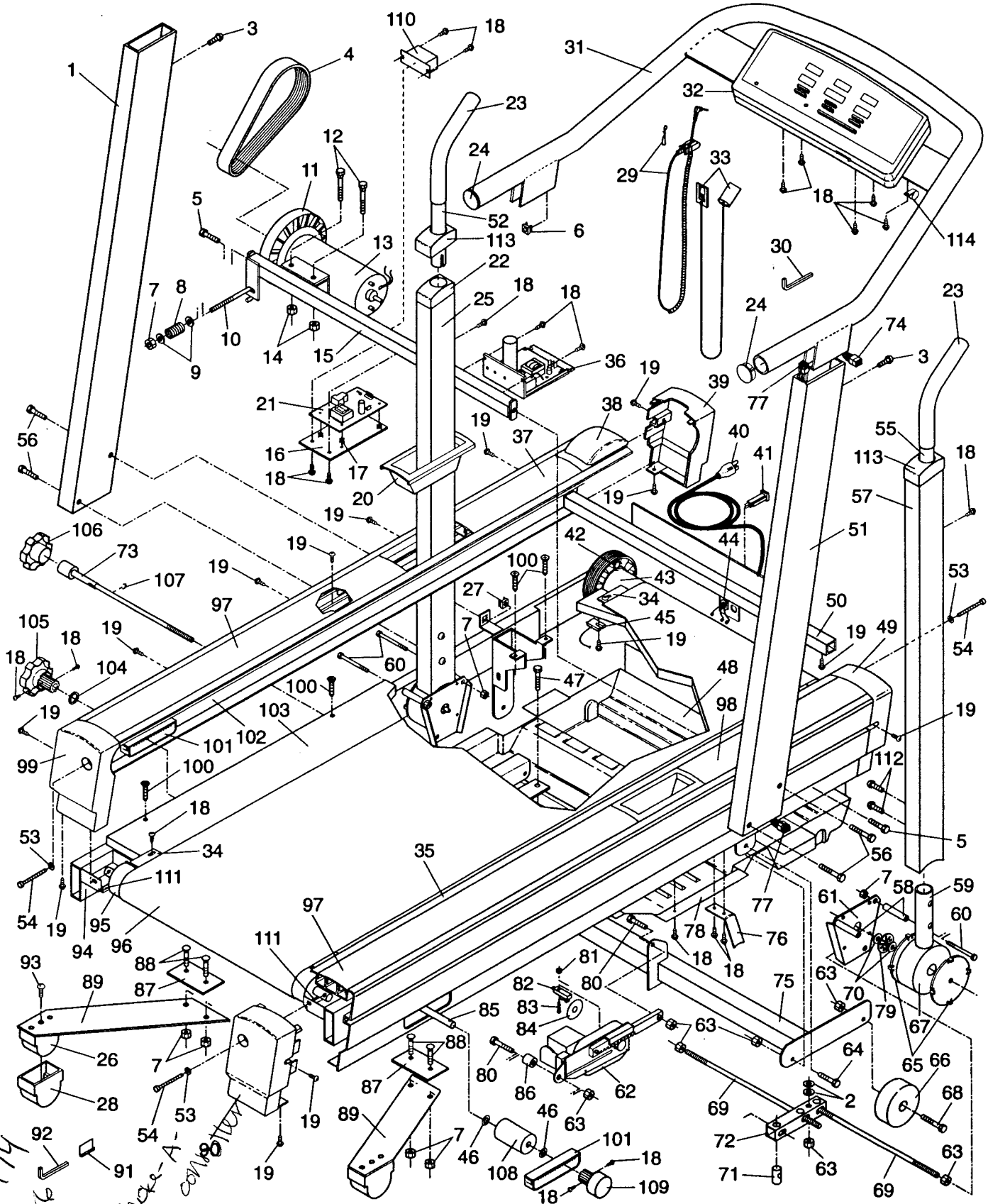
R394A

Key No.	Qty.	Description	Key No.	Qty.	Description
1	1	Left Upright	59	2	Arm Tube
2	2	3/8" Washer	60	4	Tension Bolt
3	2	3/8" x 1" Bolt	61	2	Tension Bracket
4	1	Motor Belt	62	1	Incline Motor
5	2	Swivel Bolt	63	9	3/8" Nut
6	2	Handrail Cage Nut	64	2	Incline Leg Bolt
7	9	5/16" Nut	65	4	Friction Plate
8	1	Tension Spring	66	2	Front Wheel
9	2	Motor Tension Washer	67	2	Resistance Housing
10	1	J-Bolt	68	2	Front Wheel Bolt
11	1	Pulley/Flywheel/Fan	69	2	Tension Bar
12	2	Motor Mount Bolt	70	6	Thrust Washer
13	1	Motor	71	3	Barrel Nut
14	2	Motor Nut	72	1	Rocker Arm
15	1	Motor Swivel Shaft	73	1	Tension Adjustment Bar
16	1	Power Board Plate	74	1	Handrail Wire Harness
17	4	Plastic Stand-Off	75	1	Incline Leg
18	32	Black Screw	76	2	Belt Guide
19	22	Silver Screw	77	1	Upright Wire Harness
20	2	Friction Mech Insert	78	1	Back Safety Cover
21	1	Power Board	79	2	Thrust Bearing
22	2	Arm Insert Bushing	80	2	Incline Motor Bolt
23	2	Handle Foam Grip	81	1	Small Nut
24	2	Handrail Endcap	82	1	Optic Switch
25	1	Left Upper Body Arm	83	1	Small Screw
26	2	Cushion Foot	84	1	Optic Disk
27	4	Cage Nut	85	1	Spring Foot Bar
28	2	Cushion Foot Pad	86	1	Incline Motor Spacer
29	1	Pulse Earclip/Clothes Clip	87	2	Support Plate
30	1	7/32" Allen Wrench	88	4	Spring Bolt
31	1	Handrail	89	2	Spring Plate
32	1	Console	90	1	Right Rear Endcap
33	1	Safety Key/Clip	91	1	Wrench Clip
34	4	Roller Guard	92	1	3/16" Allen Wrench
35	1	Right Frame Rail	93	2	Spring Foot Screw
36	1	Controller	94	1	Frame
37	1	Front Left Rail Insert	95	1	Rear Roller
38	1	Pulley Cover	96	1	Walking Belt
39	1	Left Front Endcap	97	2	Long Rail Insert
40	1	Power Cord	98	1	Front Right Rail Insert
41	1	Circuit Breaker	99	1	Left Rear Endcap
42	1	Magnet	100	9	Platform Screw
43	1	Front Roller/Pulley	101	2	Cushion Spring Insert
44	1	Grommet	102	1	Left Frame Rail
45	1	Reed Switch/Sensor Wire	103	1	Walking Platform
46	4	Push Nut	104	1	Cushion Knob Spacer
47	1	Pivot Bolt	105	1	Cushion Knob
48	1	Front Safety Cover	106	1	Resistance Control Knob
49	1	Front Right Endcap	107	1	E-Clip
50	1	Crossbar	108	2	Cushion Spring Spacer
51	1	Right Upright	109	1	Bar Endcap
52	1	Left Handle	110	1	Relay Switch
53	3	Roller Adjustment Washer	111	2	Rear Roller Insert
54	3	Roller Adjustment Bolt	112	4	3/8" x 1" Nylock Bolt
55	1	Right Handle	113	2	Arm Insert Cover
56	4	3/8" x 2" Bolt	114	1	Strain Relief
57	1	Right Upper Body Arm	#	1	Owner's Manual
58	4	Tension Spacer			

Note: "#" indicates a non-illustrated part. Specifications are subject to change without notice. See the back cover for information about ordering replacement parts.

EXPLODED DRAWING—Model No. IM973030

R394A



119474
2-26
2 blue
black-choke-A
red A+
conductor

ORDERING REPLACEMENT PARTS

To order replacement parts, call our Customer Service Department toll-free at **1-800-999-3756**, Monday through Friday, 6 a.m. until 6 p.m. Mountain Time (excluding holidays). When ordering parts, please be prepared to give the following information:

1. The **MODEL NUMBER** of the product (IM973030).
2. The **NAME** of the product (IMAGE™ 973 treadmill).
3. The **SERIAL NUMBER** of the product (see the front cover of this manual).
4. The **KEY NUMBER** of the part(s) from page 14 of this manual.
5. The **DESCRIPTION** of the part(s) from page 14 of this manual.

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