



Deluxe Relaxation Kit



*Actual colors and products may vary from photo

RBR0292

This Kit Includes:

Aromatherapy Eye Pillow - made of silk and gently weighted, to calm the muscles around the eyes and reduce tension. Soft lavender scent helps eliminate stress and relax the muscles.

Rolled Neck Pillow - with a plush cover, designed to provide support during your relaxation sessions. Its soft fill allows it to gently conform to the natural curves of your neck, for complete comfort.

Relaxation CD - enjoy calming instrumental music, while an instructor gently guides you through deep breathing sequences. The CD includes one 20 minute and one 45 minute deep relaxation session.

Reebok University Guidebook - information at your fingertips regarding the benefits of relaxation, meditation and other techniques to strengthen both the mind and body.