



Ultimate Relaxation Kit



*Actual colors and products may vary from photo

RBR0392

This Kit Includes:

Face Map - this cool gel mask system provides soothing comfort to the entire face. It is specially designed with marked facial pressure points, to alleviate stress and headaches.

Hot/Cold Body Wrap - with two soothing slip covers: silk for cooling and fleece for heating. Envelop your body in a soothing wrap while you practice deep breathing, to cleanse tension from your body and mind.

Relaxation CD - enjoy calming instrumental music, while an instructor gently guides you through deep breathing sequences. The CD includes one 20-minute and one 45-minute deep relaxation session.

Carryall Bag - provides storage and convenient travel for all the elements of your Ultimate Relaxation Kit.

Reebok University Guidebook - information at your fingertips regarding the benefits of relaxation, meditation and other techniques to strengthen the mind and body.