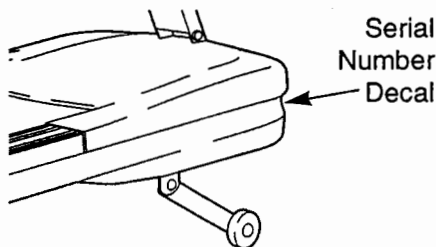


WESLO® **CADENCE 885**

Model No. WLTL88570

Serial No. _____



QUESTIONS?

As a manufacturer, we are committed to providing complete customer satisfaction. If you have questions, or find that there are missing or damaged parts, we will guarantee complete satisfaction through direct assistance from our factory.

TO AVOID UNNECESSARY DELAYS, PLEASE CALL DIRECT TO OUR TOLL-FREE CUSTOMER HOT LINE. The trained technicians on our Customer Hot Line will provide immediate assistance, free of charge to you.

CUSTOMER HOT LINE:

1-800-999-3756

Mon.-Fri., 6 a.m.-6 p.m. MST

CAUTION

Read all precautions and instructions in this manual before using this equipment. Save this manual for future reference.



USER'S MANUAL



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⚠ WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems. Read all instructions before using. ICON assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

IMPORTANT PRECAUTIONS

⚠ WARNING: To reduce the risk of burns, fire, electric shock, or injury to persons, read the following important precautions and information before operating the treadmill.

1. It is the responsibility of the owner to ensure that all users of this treadmill are adequately informed of all warnings and precautions.
2. Use the treadmill only as described in this manual.
3. Place the treadmill on a level surface, with 8 feet of clearance behind it. Do not place the treadmill on any surface that blocks air openings. To protect the floor or carpet from damage, place a mat under the treadmill.
4. Keep the treadmill indoors, away from moisture and dust. Do not put the treadmill in a garage or covered patio, or near water.
5. Do not operate the treadmill where aerosol products are used or where oxygen is being administered.
6. Keep children under the age of 12 and pets away from the treadmill at all times.
7. The treadmill should not be used by persons weighing more than 250 pounds.
8. Never allow more than one person on the treadmill at a time.
9. Wear appropriate exercise clothing when using the treadmill. Do not wear loose clothing that could become caught in the treadmill. Athletic support clothes are recommended for both men and women. *Always wear athletic shoes. Never use the treadmill with bare feet, wearing only stockings, or in sandals.*
10. When connecting the power cord (see HOW TO PLUG IN THE POWER CORD on page 7), plug the power cord into a surge protector (not included) and plug the surge protector into a grounded circuit capable of carrying 15 or more amps. No other appliance should be on the same circuit.
11. Use only a UL-listed surge protector, rated at 15 amps, with a 14-gauge cord of five feet or less in length. Do not use an extension cord.
12. Keep the power cord and the surge protector away from heated surfaces.
13. Never move the walking belt while the power is turned off. Do not operate the treadmill if the power cord or plug is damaged, or if the treadmill is not working properly. (See BEFORE YOU BEGIN on page 4 if the treadmill is not working properly.)
14. Never start the treadmill while you are standing on the walking belt. Always hold the handrails while using the treadmill.
15. The treadmill is capable of high speeds. Adjust the speed in small increments to avoid sudden jumps in speed.
16. To reduce the possibility of the treadmill overheating, do not operate the treadmill continuously for longer than 1 hour.
17. The pulse sensor is not a medical device. Various factors, including the user's movement, may affect the accuracy of heart rate readings. The pulse sensor is intended only as an exercise aid in determining heart rate trends in general.
18. Never leave the treadmill unattended while it is running.
19. Inspect and tighten all parts of the treadmill every three months.
20. Never insert any object into any opening.
21. Always unplug the power cord before performing the maintenance and adjustment procedures described in this manual. Never remove the motor hood unless instructed to do so by an authorized service representative. Servicing other than the procedures in this manual should be performed by an authorized service representative only.
22. This treadmill is intended for in-home use only. Do not use this treadmill in any commercial, rental, or institutional setting.

SAVE THESE INSTRUCTIONS

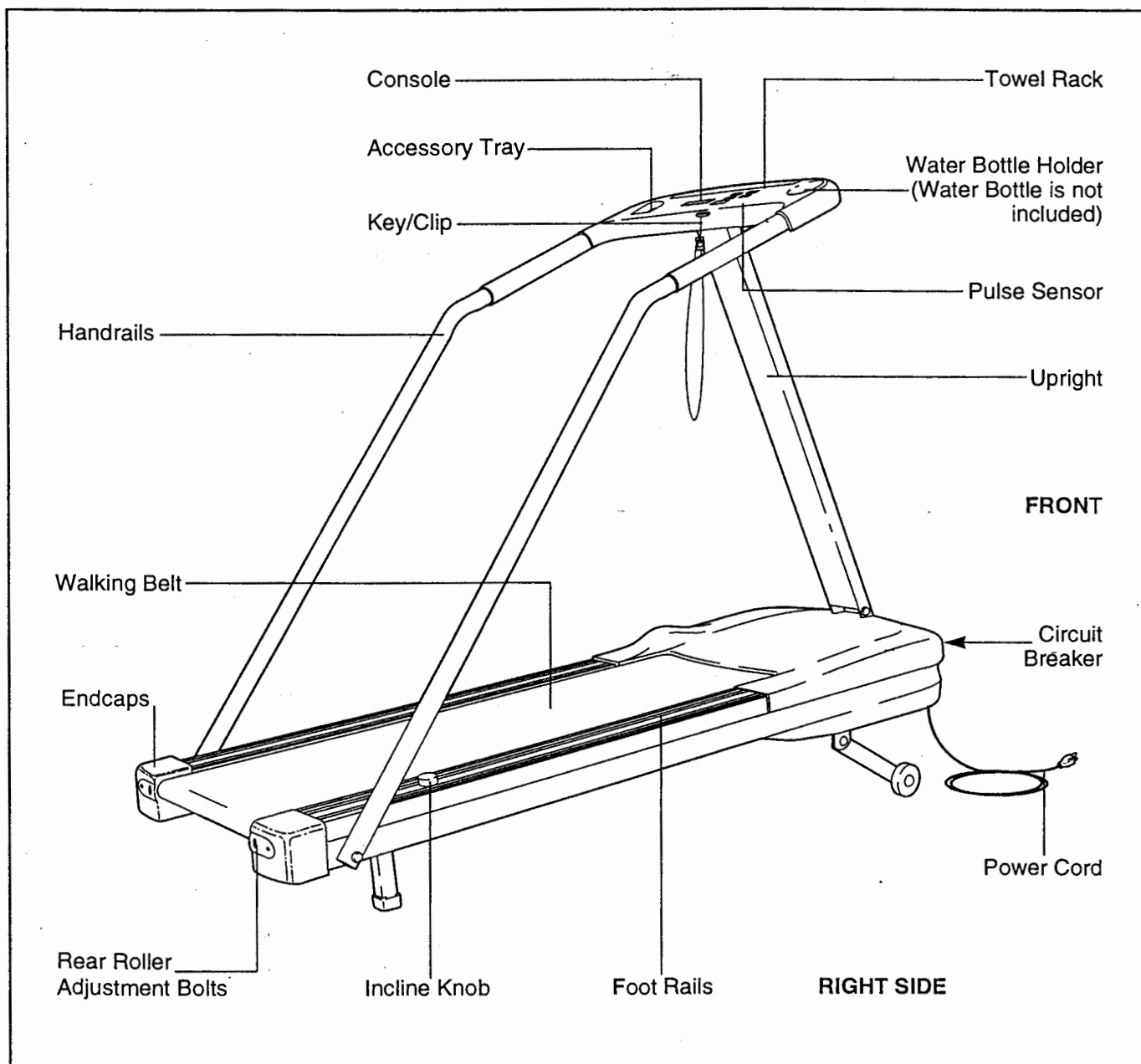
BEFORE YOU BEGIN

Thank you for selecting the WESLO CADENCE® 885 treadmill. The CADENCE 885 treadmill blends advanced technology with innovative design to offer you an excellent form of cardiovascular exercise, in the convenience and privacy of your home.

For your benefit, read this manual carefully before using the treadmill. If you have additional questions, please call our Customer Service Department toll-free at 1-800-999-3756, Monday through Friday, 6 a.m.

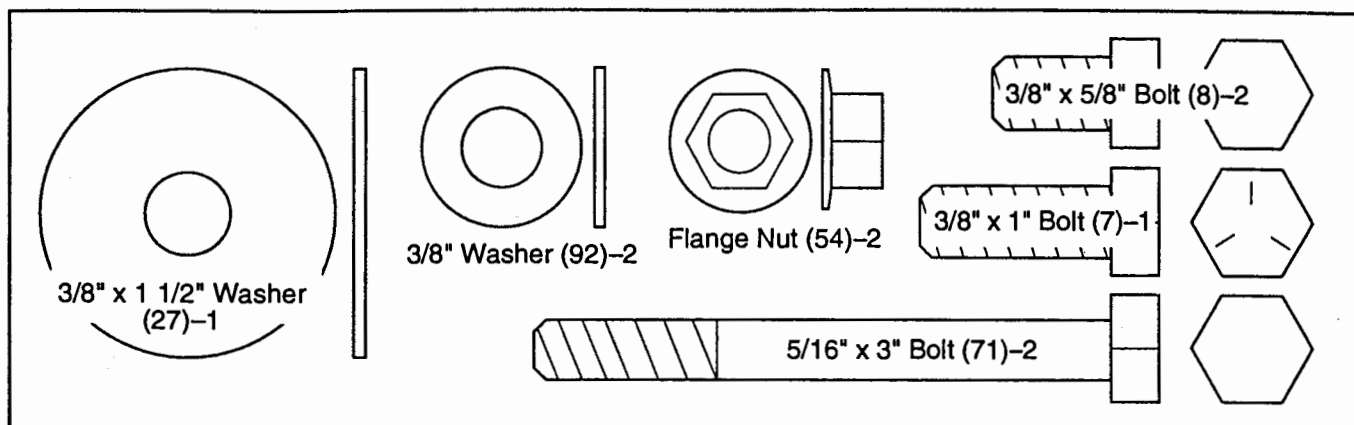
until 6 p.m. Mountain Time (excluding holidays). To help us assist you, please note the product model number and serial number before calling. The model number is WLTL88570. The serial number can be found on a decal attached to the treadmill (see the front cover of this manual for the location).

Before reading further, please review the drawing below and familiarize yourself with the parts that are labeled.

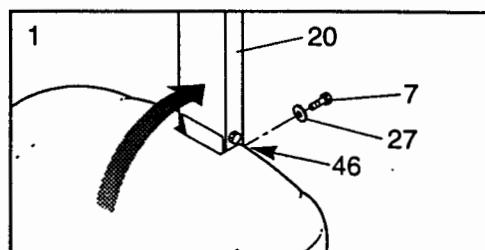


ASSEMBLY AND STORAGE

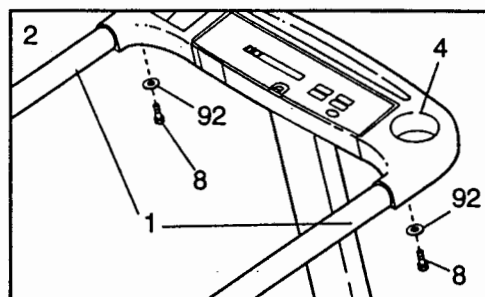
Set the treadmill in a cleared area and remove all packing materials. Do not dispose of the packing materials until assembly is completed. Refer to the drawings below to identify the small hardware used in assembly. **Assembly requires an adjustable wrench**  (not included).



1. Raise the Upright (20) to the vertical position. Next, slide the 3/8" x 1 1/2" Washer (27) onto the 3/8" x 1" Bolt (7). Insert the Bolt into the lower end of the Upright and finger tighten the Bolt into the Frame (46).

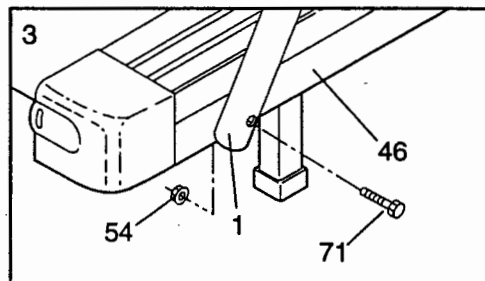


2. If there are plastic ties in the upper ends of the Handrails (1), cut them off. Insert the upper end of one of the Handrails into the Console Housing (4). (Note: The Handrails are identical. There is a dimple near the lower end of each Handrail. It makes no difference which side the dimple is on when the Handrails are assembled.) Finger tighten a 3/8" x 5/8" Bolt (8) with a 3/8" Washer (92) into the plate under the Console Housing (4) and into the Handrail.



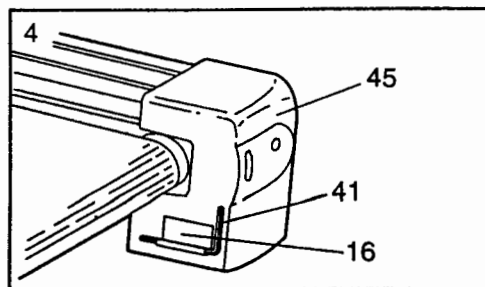
Attach the other Handrail (1) in the same manner.

3. Insert a 5/16" x 3" Bolt (71) into the lower end of the right Handrail (1) and into the Frame (46). Reach under the Frame and tighten a Flange Nut (54) onto the Bolt.



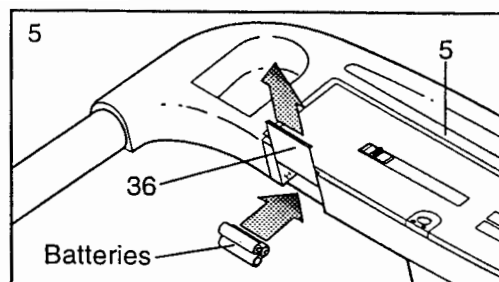
Attach the other Handrail (1) (not shown) in the same manner.
Tighten all parts used in steps 1 through 3.

4. Remove the paper backing from the Adhesive Clip (16). Press the Adhesive Clip onto the Right Endcap (45) in the indicated location. Press the Allen Wrench (41) into the Adhesive Clip.



5. **The Console (5) requires three "AA" batteries (not included). Alkaline batteries are recommended.**

Slide up the Battery Cover (36). Press three batteries into the battery compartment, with the negative ends of the batteries (marked "-") touching the springs. Close the Battery Cover.

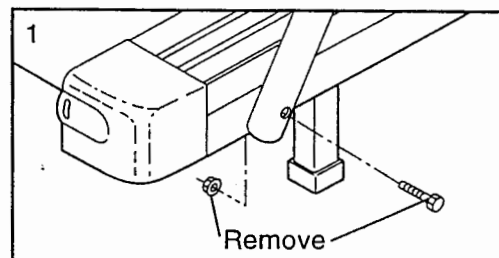


6. **Make sure that all parts are tightened before you use the treadmill. To protect the floor or carpet from damage, place a mat under the treadmill.**

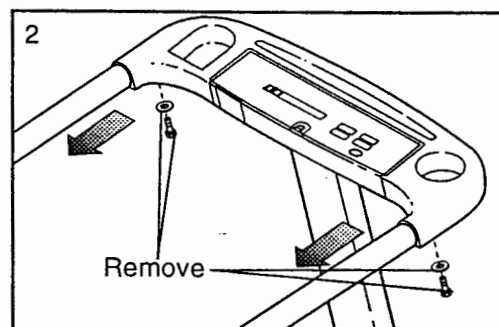
HOW TO STORE THE TREADMILL

Always unplug the power cord when the treadmill is not in use. Follow the steps below to store the treadmill.

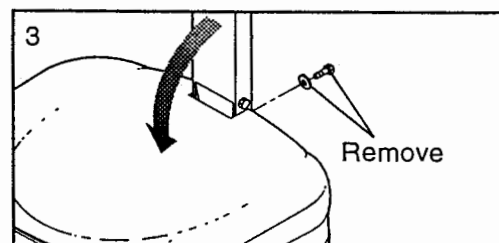
1. Remove the bolt and nut from the lower end of each handrail.



2. Remove the bolt and washer from the upper end of each handrail. Slide the handrails out of the console housing.



3. Remove the bolt and washer from the lower end of the upright. Pivot the upright down onto the treadmill. **Make sure to keep all hardware in a safe place.**



It is recommended that the batteries be removed from the console and the treadmill be covered during extended periods of storage.

OPERATION AND ADJUSTMENT

THE PERFORMANT LUBE™ WALKING BELT

Your treadmill features a walking belt coated with PERFORMANT LUBE™, a high-performance lubricant. **Important: Never apply silicone spray or other substances to the walking belt or the walking platform. They will deteriorate the walking belt and cause excessive wear.**

HOW TO PLUG IN THE POWER CORD

⚠ DANGER: Improper connection of the equipment-grounding conductor can result in an increased risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product—if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

Your treadmill, like any other type of sophisticated electronic equipment, can be seriously damaged by sudden voltage changes in your home's power. Voltage surges, spikes, and noise interference can result from weather conditions or from other appliances being turned on or off. **To decrease the possibility of your treadmill being damaged, always use a surge protector (not included) with your treadmill.**

Surge protectors are sold at most hardware stores and department stores. Use only a UL-listed surge protector, rated at 15 amps, with a 14-gauge cord of five feet or less in length.

This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current to reduce the

risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. **Plug the power cord into a surge protector, and plug the surge protector into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.**

This product is for use on a nominal 120-volt circuit, and has a grounding plug that looks like the plug illustrated in drawing 1 below. A temporary adapter that looks like the adapter illustrated in drawing 2 may be used to connect the surge protector to a 2-pole receptacle as shown in drawing 2 if a properly grounded outlet is not available.

The temporary adapter should be used only until a properly grounded outlet (drawing 1) can be installed by a qualified electrician.

The green-colored rigid ear, lug, or the like extending from the adapter must be connected to a permanent ground such as a properly grounded outlet box cover. Whenever the adapter is used it must be held in place by a metal screw. **Some 2-pole receptacle outlet box covers are not grounded. Contact a qualified electrician to determine if the outlet box cover is grounded before using an adapter.**

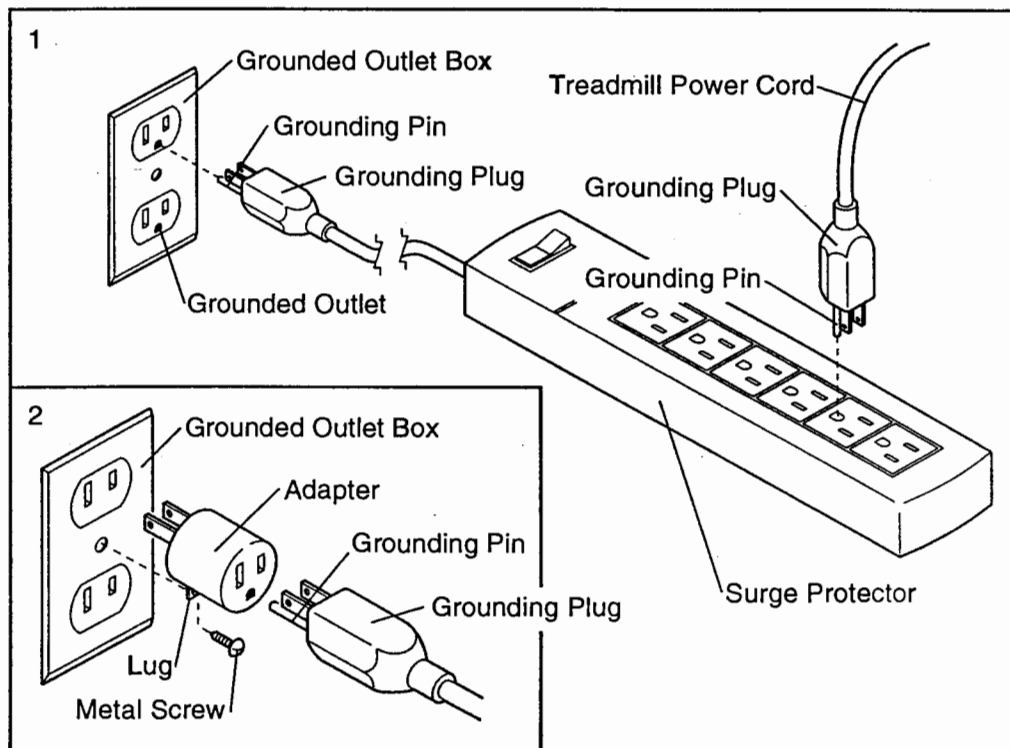
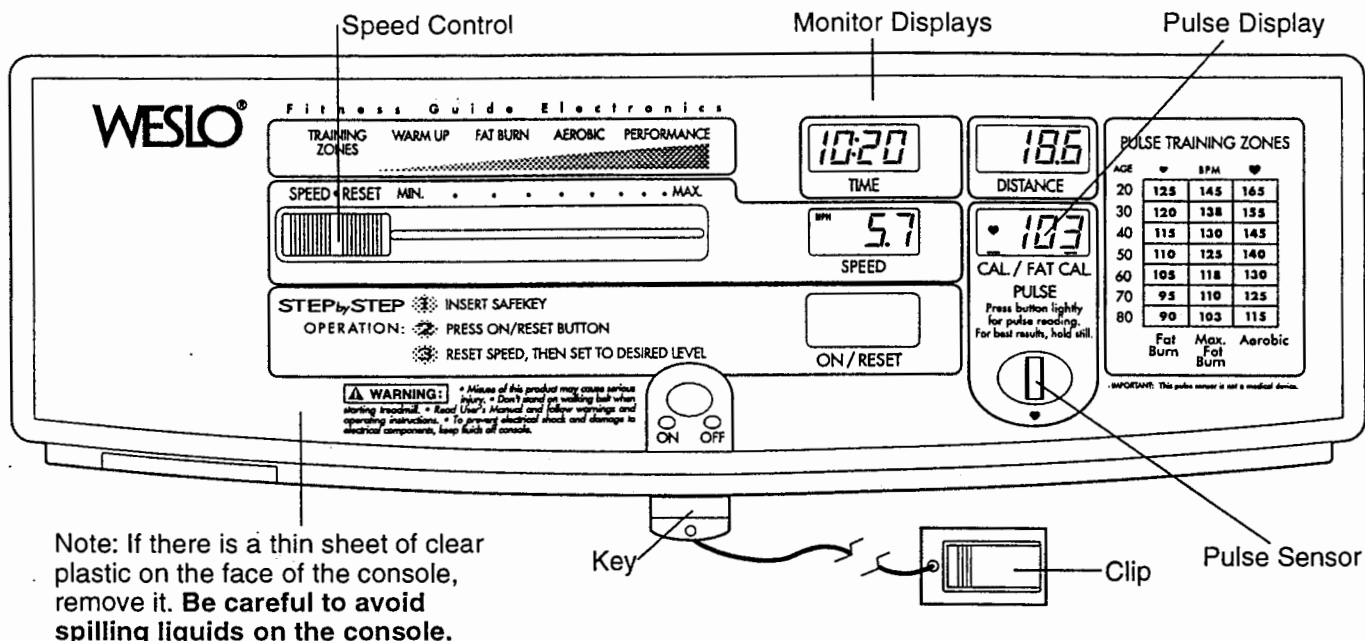


DIAGRAM OF THE CONSOLE



CAUTION: Before operating the console, read the following precautions.

- Do not stand on the walking belt when turning on the power.
- Always wear the clip (see the drawing on page 8) while operating the treadmill. When the key is removed from the console, the walking belt will stop.
- Adjust the speed in small increments.
- The training zones marked above the speed control are general guidelines only. See page 13 or more information.
- To reduce the possibility of electric shock, keep the console dry. Avoid spilling liquids on the console. Use only a sealed water bottle.

STEP BY STEP CONSOLE OPERATION

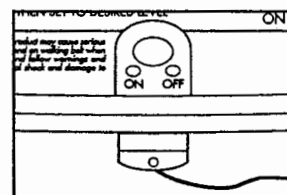
Before operating the console, make sure that the power cord is properly plugged in. (See HOW TO PLUG IN THE POWER CORD on page 7.) In addition, make sure that batteries are installed in the console. (See assembly step 5 on page 6.)

Step onto the foot rails of the treadmill. Next, find the clip attached to the key (see the drawing on page 8). Slide the clip onto your waistband.

Follow the steps below to operate the console.

1 Insert the key fully into the power switch.

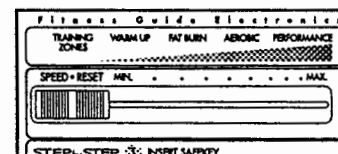
Note: Inserting the key will not turn on the displays. The displays will turn on when the ON/CLEAR (or ON/RESET) button is pressed or when the walking belt is started. If you just installed batteries, the displays will already be on.



2 Reset the speed control and start the walking belt.

Slide the speed control to the left to the RESET position.

Note: Each time the walking belt is stopped, the speed control must be moved to the RESET position before the walking belt can be restarted.



After you have moved the speed control to the RESET position, slowly move it to the right until the walking belt begins to move at slow speed. Carefully step onto the walking belt and begin exercising. Change the speed of the walking belt as desired by moving the speed control.

To stop the walking belt, step onto the foot rails and move the speed control to the RESET position.

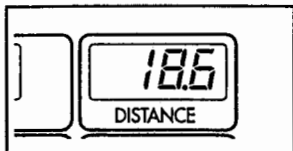
3 Follow your progress with the monitor displays.

TIME display—This display shows the total time that you have walked or run on the treadmill.

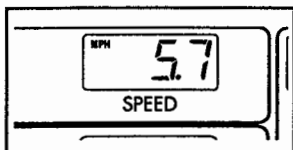


DISTANCE display—

This display shows the total distance that you have walked or run, in miles.

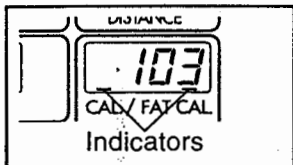


SPEED display—This display shows the speed of the walking belt, in miles per hour.



CAL/FAT CAL display—

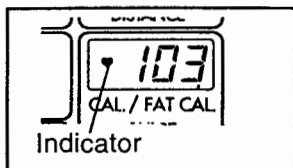
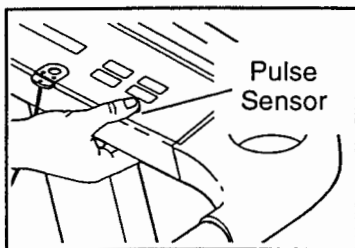
This display shows the approximate numbers of both *calories* and *fat calories* you have burned (see **FAT BURNING** on page 13 for an explanation of fat calories). Every seven seconds, the display will change from one number to the other. Indicators in the display will show which number is currently displayed.



The displays can be reset, if desired, by pressing the ON/RESET button.

4 Measure your pulse, if desired.

To use the pulse sensor, stand on the foot rails and place your thumb on the pulse sensor as shown. The pulse sensor is pressure-activated. Fully press down the pulse sensor. **Do not press too hard, or the circulation in your thumb will be restricted, and your pulse will not be detected.** Next, slightly raise your thumb until the heart-shaped indicator in the PULSE display flashes **steadily**. Hold your thumb at this level. After 5 to 10 seconds, your pulse will be shown. Hold your

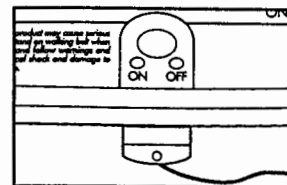


thumb on the sensor for another 15 seconds for the most accurate reading. If the displayed pulse appears to be too high or too low, or if your pulse is not displayed, lift your thumb off the sensor and allow the display to reset. Press down again on the sensor as described above.

Make sure that your thumb is positioned as shown, and that you are applying the proper amount of pressure to the pulse sensor. Try the sensor several times until you become familiar with it. Remember to stand still while measuring your pulse.

5 When you are finished exercising, stop the walking belt and remove the key.

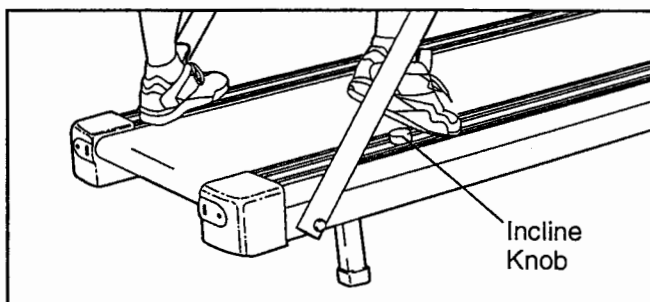
Step onto the foot rails, stop the walking belt, and remove the key from the console. Store the key in a secure place. **After the key is removed, the displays will remain on for about five minutes.**



Note: Any time that the walking belt is stopped and no console buttons are pressed for five minutes, the displays will automatically turn off.

HOW TO CHANGE THE INCLINE

To vary the intensity of your exercise, the incline of the treadmill can be changed. **Before changing the incline, stop the walking belt.**



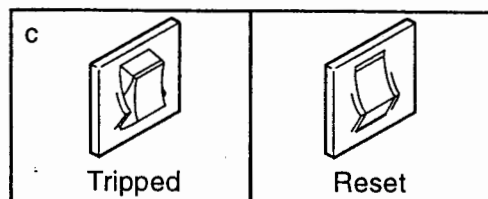
To increase the incline, **stand with your left foot towards the back of the left foot rail as shown.** Using your right foot, press down the incline knob until the desired incline is reached. To decrease the incline, **stand with your left foot towards the front of the left foot rail**, and press down the incline knob until the desired incline is reached.

MAINTENANCE AND TROUBLE-SHOOTING

Most treadmill problems can be solved by following the simple steps below. Find the symptom that applies to your treadmill and follow the steps listed. If further assistance is needed, please call our Customer Service Department toll-free at 1-800-999-3756, Monday through Friday, 6 a.m. until 6 p.m. Mountain Time (excluding holidays).

1. SYMPTOM: THE POWER DOES NOT TURN ON

- Make sure that the power cord is plugged into a surge protector, and that the surge protector is plugged into a properly grounded outlet. See HOW TO PLUG IN THE POWER CORD on page 7. Use only a UL-listed surge protector, rated at 15 amps, with a 14-gauge cord of five feet or less in length.
- After the power cord has been plugged in, make sure that the key is fully inserted into the console. See page 9.
- Check the circuit breaker located on the treadmill frame near the power cord. If the switch protrudes as shown, the circuit breaker has tripped. To reset the circuit breaker, wait for five minutes and then press the switch back in.

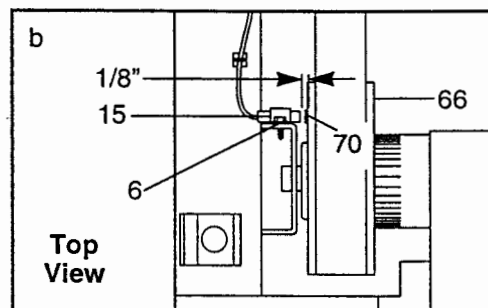


2. SYMPTOM: THE POWER TURNS OFF DURING USE

- Check the circuit breaker located on the treadmill frame near the power cord. If the circuit breaker has tripped, the switch will protrude. (See the drawing above.) To reset the circuit breaker, wait for five minutes and then press the switch back in.
- Make sure that the power cord is plugged in.
- Remove the key from the console. Reinsert the key fully into the console.

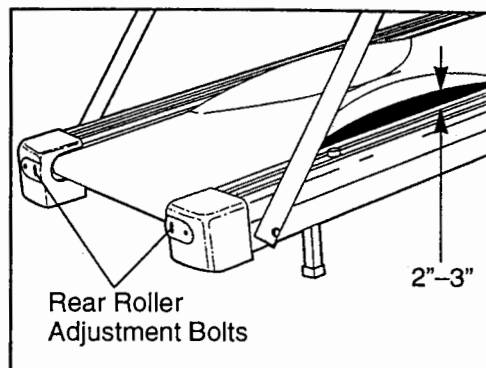
3. SYMPTOM: THE DISPLAYS OF THE CONSOLE DO NOT FUNCTION PROPERLY

- Check the batteries in the console. See assembly step 5 on page 6. Most problems are the result of drained batteries.
- If the speed display does not show a correct reading, remove the key and **UNPLUG THE POWER CORD**. Remove the four screws from the sides and front of the hood. Carefully remove the hood. Locate the Reed Switch (15) and the Magnet (70) on the left side of the Pulley (66). Turn the Pulley until the Magnet is aligned with the Reed Switch. **Make sure that the gap between the Magnet and the Reed Switch is about 1/8".** If necessary, loosen the Screw (6) and move the Reed Switch slightly. Retighten the Screw. Re-attach the hood and run the treadmill for a few minutes to check for a correct speed reading.



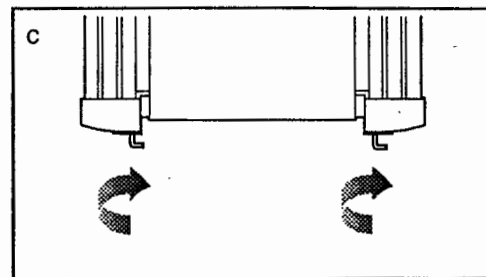
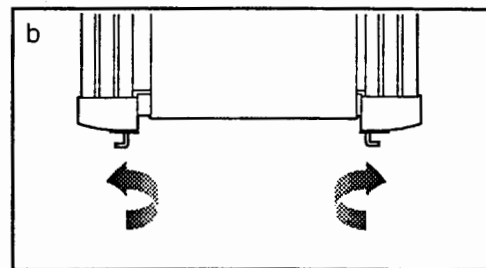
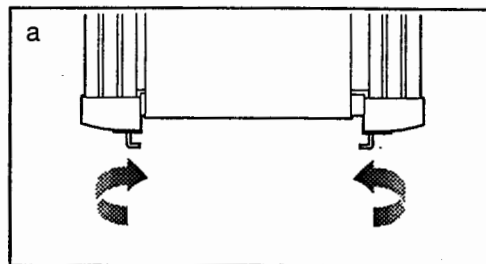
4. SYMPTOM: THE WALKING BELT SLOWS WHEN WALKED ON

- a. Use only a UL-listed surge protector, rated at 15 amps, with a 14-gauge cord of five feet or less in length.
- b. If the walking belt is overtightened, treadmill performance may decrease and the walking belt may be permanently damaged. Remove the key and **UNPLUG THE POWER CORD**. Using the included allen wrench, turn both rear roller adjustment bolts counterclockwise, 1/4 of a turn. When the walking belt is properly tightened, you should be able to lift each side of the walking belt 2 to 3 inches off the walking platform. The center of the walking belt should just touch the walking platform. Be careful to keep the walking belt centered. Plug in the power cord, insert the key and run the treadmill for a few minutes. Repeat until the walking belt is properly tightened.
- c. If the walking belt still slows when walked on, please call our Customer Service Department, toll-free.



5. SYMPTOM: THE WALKING BELT IS OFF-CENTER OR SLIPS WHEN WALKED ON

- a. If the walking belt has shifted to the left, first remove the key and **UNPLUG THE POWER CORD**. Using the allen wrench, turn the left rear roller adjustment bolt clockwise, and the right bolt counterclockwise, 1/4 of a turn each. Be careful not to overtighten the walking belt. Plug in the power cord, insert the key and run the treadmill for a few minutes. Repeat until the walking belt is centered.
- b. If the walking belt has shifted to the right, first remove the key and **UNPLUG THE POWER CORD**. Using the allen wrench, turn the left rear roller adjustment bolt counterclockwise, and the right bolt clockwise, 1/4 of a turn each. Be careful not to overtighten the walking belt. Plug in the power cord, insert the key and run the treadmill for a few minutes. Repeat until the walking belt is centered.
- c. If the walking belt slips when walked on, first remove the key and **UNPLUG THE POWER CORD**. Using the allen wrench, turn both rear roller adjustment bolts clockwise, 1/4 of a turn. When the walking belt is correctly tightened, you should be able to lift each side of the walking belt 2 to 3 inches off the walking platform. The center of the walking belt should just touch the walking platform. Be careful to keep the walking belt centered. Plug in the power cord, insert the key and run the treadmill for a few minutes. Repeat until the walking belt is properly tightened.



CONDITIONING GUIDELINES

⚠ WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for individuals over the age of 35 or individuals with pre-existing health problems.

The pulse sensor is not a medical device. Various factors, including your movement, may affect the accuracy of heart rate readings. The sensor is intended only as an exercise aid in determining heart rate trends in general.

The following guidelines will help you to plan your exercise program. Remember—these are general guidelines only. For more detailed exercise information, obtain a reputable book or consult your physician.

EXERCISE INTENSITY

Whether your goal is to burn fat or to strengthen your cardiovascular system, the key to achieving the desired results is to exercise with the proper intensity. The proper intensity level can be found by using your heart rate as a guide. The chart at the right shows recommended heart rates for fat burning and aerobic exercise.

PULSE TRAINING ZONES			
AGE	♥	BPM	♥
20	125	145	165
30	120	138	155
40	115	130	145
50	110	125	140
60	105	118	130
70	95	110	125
80	90	103	115
	Fat Burn	Max. Fat Burn	Aerobic

To find the proper heart rate for you, first find your age on the left side of the chart (ages are rounded off to the nearest ten years). Next, find the three numbers to the right your age. The three numbers are your "training zone." The lower two numbers are recommended heart rates for fat burning; the higher number is the recommended heart rate for aerobic exercise.

Fat Burning

To burn fat effectively, you must exercise at a relatively low intensity level for a sustained period of time. During the first few minutes of exercise, your body uses easily accessible *carbohydrate calories* for energy. Only after the first few minutes does your body begin to use stored *fat calories* for energy. If your goal is to burn fat, adjust the speed and incline of the treadmill until your

heart rate is near one of the lower two numbers in your training zone. It may also be helpful to set the speed control on the console to **FAT BURN** to help you maintain the proper intensity level. (See page 8.)

Aerobic Exercise

If your goal is to strengthen your cardiovascular system, your exercise must be "aerobic." Aerobic exercise is activity that requires large amounts of oxygen for prolonged periods of time. This increases the demand on the heart to pump blood to the muscles, and on the lungs to oxygenate the blood. For aerobic exercise, adjust the speed and incline of the treadmill until your heart rate is near the higher number in your training zone. It may also be helpful to set the speed control on the console to **AEROBIC** to help you maintain the proper intensity level. (See page 8.)

High Performance Athletic Conditioning

If your goal is high performance athletic conditioning, set the speed control on the console to **PERFORMANCE** to help you maintain the proper intensity level. (See page 8.) Note: During the first few weeks of your exercise program, keep your heart rate near the low end of your training zone.

HOW TO MEASURE YOUR HEART RATE

To measure your heart rate during exercise, use the pulse sensor on the console. (See page 9.) If your heart rate is too high or too low, adjust the speed or incline of the treadmill as needed.

WORKOUT GUIDELINES

Each workout should include the following three important parts:

A Warm-up

Start each workout with 5 to 10 minutes of stretching and light exercise. A proper warm-up increases your body temperature, heart rate, and circulation in preparation for strenuous exercise.

Training Zone Exercise

After warming up, increase the intensity of your exercise until your heart rate is in your training zone for 20 to 60 minutes. (During the first few weeks of your exercise program, do not keep your heart rate in your training zone for longer than 20 minutes.) Breathe regularly and deeply as you exercise—never hold your breath.

A Cool-down

Finish each workout with 5 to 10 minutes of stretching to cool down. This will increase the flexibility of your muscles and will help to prevent post-exercise problems.

Exercise Frequency

To maintain or improve your condition, complete three workouts each week, with at least one day of rest between workouts. After a few months of regular exercise, you may complete up to five workouts each week if desired. *The key to success is to make exercise a regular and enjoyable part of your everyday life.*

SUGGESTED STRETCHES

The correct form for several basic stretches is shown in the drawings below. Move slowly as you stretch—never bounce.

1. Toe Touch Stretch

Stand with your knees bent slightly and slowly bend forward from your hips. Allow your back and shoulders to relax as you reach down toward your toes as far as possible. Hold for 15 counts, then relax. Repeat 3 times. Stretches: Hamstrings, back of knees and back.

2. Hamstring Stretch

Sit with one leg extended. Bring the sole of the opposite foot toward you and rest it against the inner thigh of your extended leg. Reach toward your toes as far as possible. Hold for 15 counts, then relax. Repeat 3 times for each leg. Stretches: Hamstrings, lower back and groin.

3. Calf/Achilles Stretch

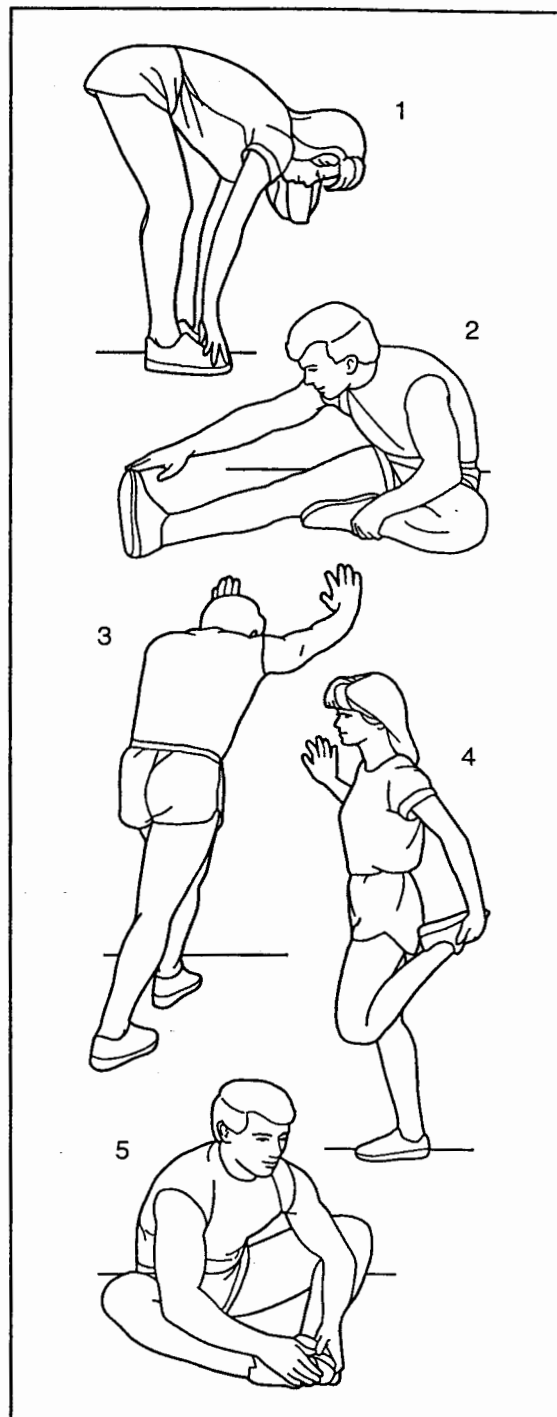
With one leg in front of the other, reach forward and place your hands against a wall. Keep your back leg straight and your back foot flat on the floor. Bend your front leg, lean forward and move your hips toward the wall. Hold for 15 counts, then relax. Repeat 3 times for each leg. To cause further stretching of the achilles tendons, bend your back leg as well. Stretches: Calves, achilles tendons and ankles.

4. Quadriceps Stretch

With one hand against a wall for balance, reach back and grasp one foot with your other hand. Bring your heel as close to your buttocks as possible. Hold for 15 counts, then relax. Repeat 3 times for each leg. Stretches: Quadriceps and hip muscles.

5. Inner Thigh Stretch

Sit with the soles of your feet together and your knees outward. Pull your feet toward your groin area as far as possible. Hold for 15 counts, then relax. Repeat 3 times. Stretches: Quadriceps and hip muscles.



PART LIST—Model No. WLTL88570

R0797A

Key No.	Qty.	Description	Key No.	Qty.	Description
1	2	Handrail w/Foam Grip	50	1	Motor Tension Star Washer
2	1	Speed Pot	51	2	Incline Leg Wheel Bolt
3	3	Cage Nut	52	1	Motor Tension Bolt
4	1	Console Housing	53	1	Motor Tension Washer
5*	1	Console	54	2	Flange Nut
6	11	Screw	55	1	Motor
7	1	3/8" x 1" Bolt	56	1	Pulley/Flywheel/Fan
8	2	3/8" x 5/8" Bolt	57	1	4" Cable Tie
9	1	Key/Clip	58	5	8" Cable Tie
10	2	Upright Pivot Washer	59	1	Right Foot Rail w/Fastener
11	1	Choke	60	2	Incline Leg Bolt
12	1	Motor Hood	61	1	Incline Leg
13	4	Hood Screw	62	2	Belt Guide
14	2	Incline Pivot Washer	63	7	Console Screw
15	1	Reed Switch/Sensor Wire	64	3	Roller Adjustment Washer
16	1	Adhesive Clip	65	1	Front Roller Adjustment Bolt
17	1	Motor Belt	66	1	Front Roller/Pulley
18	1	Speed Control Knob	67	6	Platform Screw
19	1	Motor Pivot Washer	68	1	Walking Belt w/Fastener
20	1	Upright	69	1	Motor Pivot Nut
21	2	Wire Clip	70	1	Magnet
22	1	Upright Pivot Nut	71	2	5/16" x 3" Bolt
23	4	Hood Anchor	72	2	Rear Leg Washer
24	1	Upright Wire Harness	73	1	Walking Platform w/Fastener
25	1	Reed Switch Clip	74	2	Incline Leg Wheel
26	1	Circuit Breaker	75	1	Incline Cable
27	1	3/8" x 1 1/2" Washer	76	1	Shock Release
28	2	Rear Leg Endcap	77	1	E-Clip
29	1	Upright Pivot Bolt	78	1	Shock Bracket
30	1	Power Cord	79	1	Shock Cushion
31	1	Grommet	80	1	Incline Shock
32	6	Anchor Screw	81	1	Shock Pin
33	1	Safety Cover	82	2	Shock Spacer
34	8	Safety Cover Screw	83	1	Cotter Pin
35	1	Controller	84	1	Incline Knob Sleeve
36	1	Battery Cover	85	1	Incline Knob Bracket
37	4	Incline Leg Nut	86	1	Incline Lever
38	2	Front Wheel	87	1	Incline Knob
39*	1	Motor/Pulley/Flywheel/Fan	88	1	Left Foot Rail w/Fastener
40	1	Left Endcap	89	1	Ground Wire Screw
41	1	Allen Wrench	90	1	Cable Tie Holder
42	1	Rear Roller	91	2	Nylon Washer
43	2	Rear Roller Adjustment Bolt	92	2	3/8" Washer
44	1	Ground Wire	#	12	Fastener
45	1	Right Endcap	#	1	8" White Wire, Male/Female
46	1	Frame	#	1	User's Manual
47	1	Motor Pivot Bolt			
48	2	Foam Grip			
49	1	Motor Tension Nut			

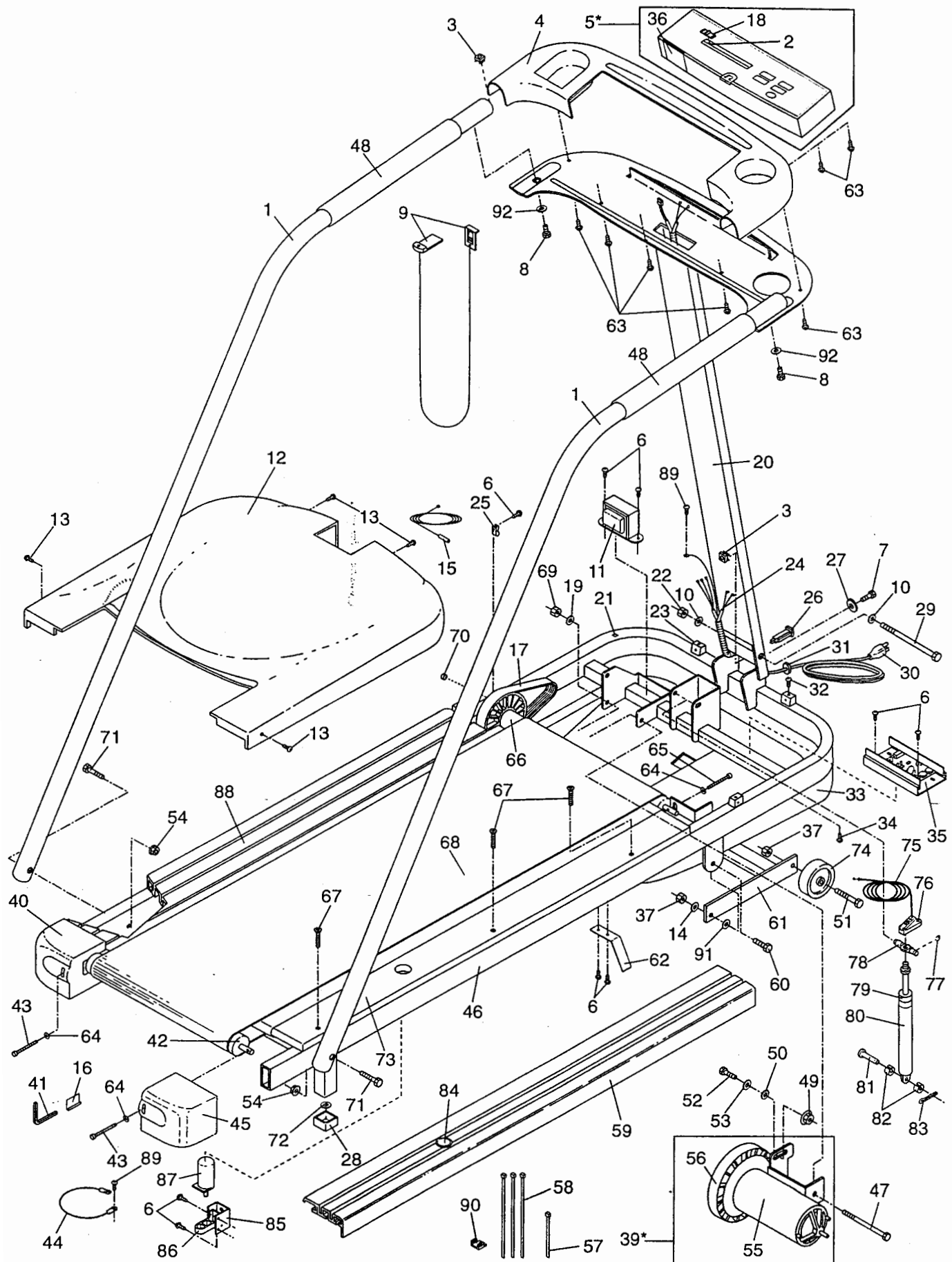
* Includes all parts shown in the box.

Indicates a non-illustrated part.

Specifications are subject to change without notice. See the back cover for information about ordering replacement parts.

EXPLODED DRAWING—Model No. WLTL88570

R0797A



ORDERING REPLACEMENT PARTS

To order replacement parts, call our Customer Service Department toll-free at **1-800-999-3756**, Monday through Friday, 6 a.m. until 6 p.m. Mountain Time (excluding holidays). When ordering parts, please be prepared to give the following information:

- The MODEL NUMBER of the product (WLTL88570).
- The NAME of the product (WESLO CADENCE® 885 treadmill).
- The SERIAL NUMBER of the product (see the front cover of this manual).
- The KEY NUMBER of the part(s) (see page 14 of this manual).
- The DESCRIPTION of the part(s) (see page 14 of this manual).

If possible, place the treadmill near your telephone for easy reference when calling.

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LIMITED WARRANTY

ICON Health & Fitness, Inc. (ICON), warrants this product to be free from defects in workmanship and material, under normal use and service conditions, for a period of ninety (90) days from the date of purchase. This warranty extends only to the original purchaser. ICON's obligation under this warranty is limited to replacing or repairing, at ICON's option, the product at one of its authorized service centers. All products for which warranty claim is made must be received by ICON at one of its authorized service centers with all freight and other transportation charges prepaid, accompanied by sufficient proof of purchase. All returns must be pre-authorized by ICON. This warranty does not extend to any product or damage to a product caused by or attributable to freight damage, abuse, misuse, improper or abnormal usage or repairs not provided by an ICON authorized service center, to products used for commercial or rental purposes, or to products used as store display models. No other warranty beyond that specifically set forth above is authorized by ICON.

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The warranty extended hereunder is in lieu of any and all other warranties and any implied warranties of merchantability or fitness for a particular purpose is limited in its scope and duration to the terms set forth herein. Some states do not allow limitations on how long an implied warranty lasts. Accordingly, the above limitation may not apply to you.

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