

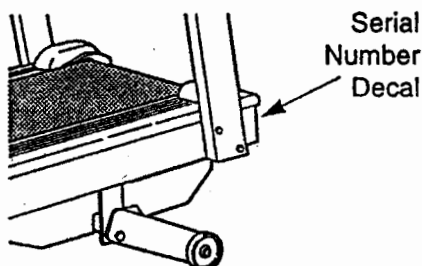
92



WESLO[®] CADENCE[®] 905

Model No. WLTL90551

Serial No. _____



QUESTIONS?

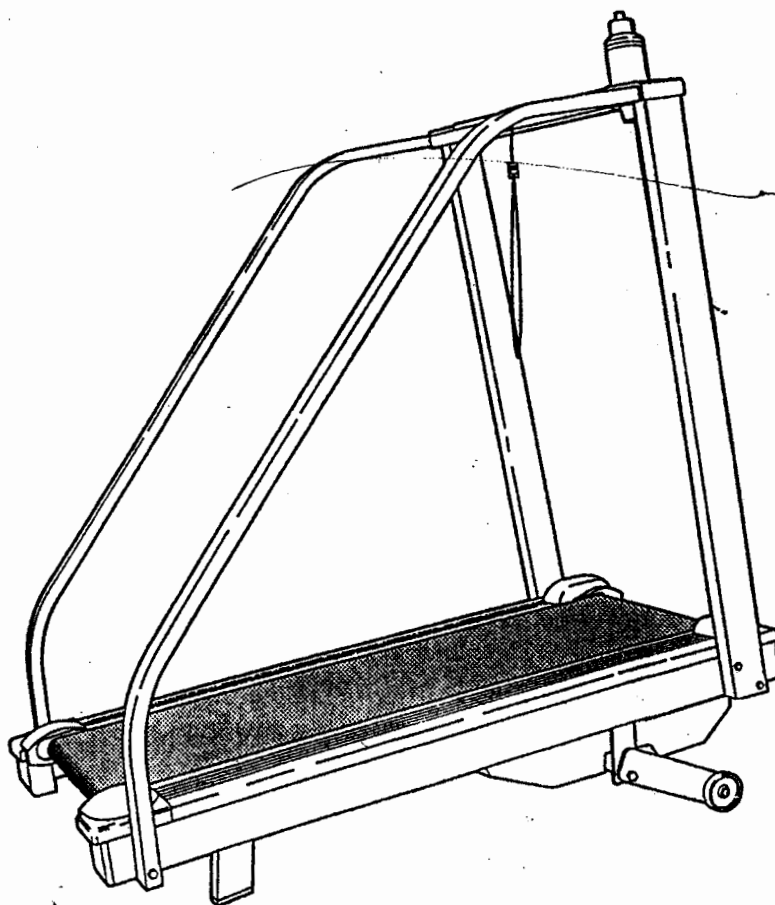
As a manufacturer, we are committed to providing complete customer satisfaction. If you have questions, or find that there are missing or damaged parts, we will guarantee you complete satisfaction through direct assistance from our factory.

TO AVOID UNNECESSARY DELAYS, PLEASE CALL DIRECT TO OUR TOLL-FREE CUSTOMER HOT LINE. The trained technicians on our Customer Hot Line will provide immediate assistance, free of charge to you.

CUSTOMER HOT LINE:
1-800-999-3756
Mon.-Fri., 6 a.m.-6 p.m. MST

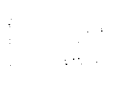
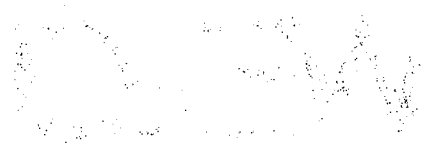
⚠ CAUTION!

Read all precautions and instructions in this manual before using this equipment. Save this manual for future reference.



USER'S MANUAL

27256



IMPORTANT PRECAUTIONS

⚠ WARNING: To reduce the risk of burns, fire, electric shock or injury to persons, read the following important precautions and information before operating the treadmill.

1. It is the responsibility of the owner to ensure that all users of this treadmill are adequately informed of all warnings and precautions.
2. Place the treadmill on a level surface, with at least 8 feet of clearance behind it. Due to fine particles that may result from normal treadmill wear, a mat should be placed under the treadmill to protect the floor or carpet.
3. Do not place the treadmill near water, outdoors, or on a surface that blocks any air openings.
4. Do not operate the treadmill where aerosol products are used or where oxygen is being administered.
5. Keep small children and pets away from the treadmill at all times.
6. The treadmill should be used only by persons weighing 250 pounds or less. Never allow more than one person on the treadmill at a time.
7. When connecting the power cord (see HOW TO PLUG IN THE POWER CORD on page 7), plug the power cord directly into a grounded circuit capable of carrying 12 or more amps. No other appliance should be on the same circuit. Keep the power cord away from heated surfaces.
8. If an extension cord is needed, use a 14-gauge general-purpose cord of five feet or less in length with a three-wire conductor.
9. Never move the walking belt while the power is turned off. Do not operate the treadmill if the power cord or plug is damaged, or if the treadmill is not working properly. (See BEFORE YOU BEGIN on page 4 if the treadmill is not working properly.)
10. Wear appropriate exercise attire when using the treadmill. Do not wear loose clothing that could become caught in the treadmill. *Always wear athletic shoes. Never use the treadmill with bare feet, wearing only stockings, or in sandals.* Athletic support clothes are recommended for both men and women.
11. Never start the treadmill while you are standing on the walking belt. Always hold the handrails while using the treadmill.
12. The treadmill is capable of high speeds. Adjust the speed in small increments to avoid sudden jumps in speed.
13. To reduce the possibility of overheating, do not operate the treadmill continuously for longer than 1 hour.
14. The pulse sensor is not a medical device. Various factors, including the user's movement, may affect the accuracy of heart rate readings. The pulse sensor is intended only as an exercise aid in determining heart rate trends in general.
15. Never leave the treadmill unattended while it is running. Always remove the SAFEKEY when the treadmill is not in use.
16. Never insert any object into any opening.
17. Always unplug the power cord before performing the maintenance and adjustment procedures described in this manual. Never remove the motor hood unless instructed to do so by an authorized service representative. Servicing other than the procedures in this manual should be performed by an authorized service representative only.
18. Use the treadmill only as described in this manual.

SAVE THESE INSTRUCTIONS

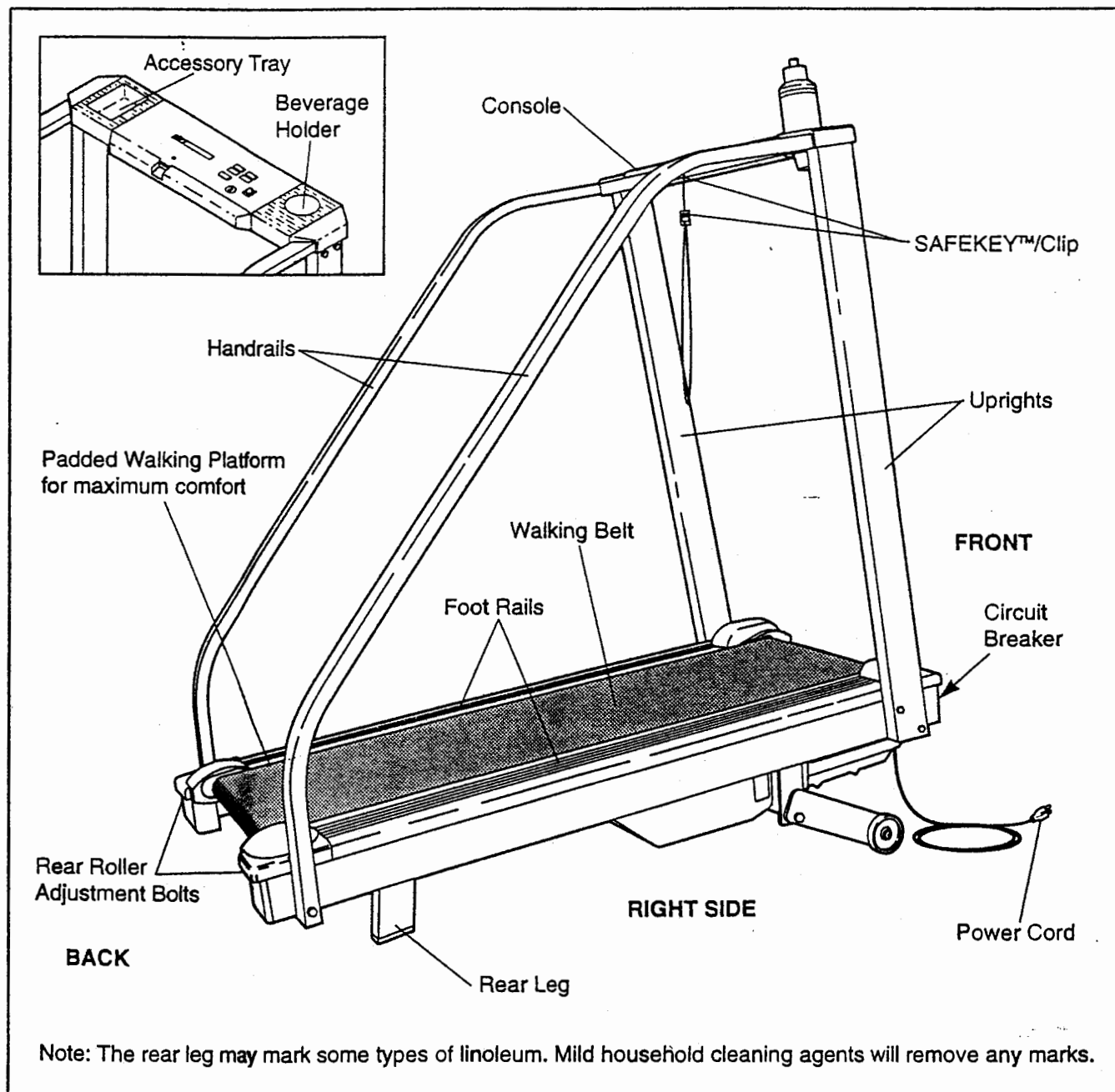
BEFORE YOU BEGIN

Thank you for selecting the WESLO CADENCE® 905 treadmill. The CADENCE 905 blends advanced technology with innovative styling to let you enjoy an excellent form of cardiovascular exercise in the convenience and privacy of your home. Whether you are a beginner or a seasoned athlete, you'll enjoy the performance and quality that the CADENCE 905 offers.

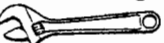
For your benefit, read this manual carefully before using the treadmill. If you have additional questions, please call our Customer Service Department toll-free

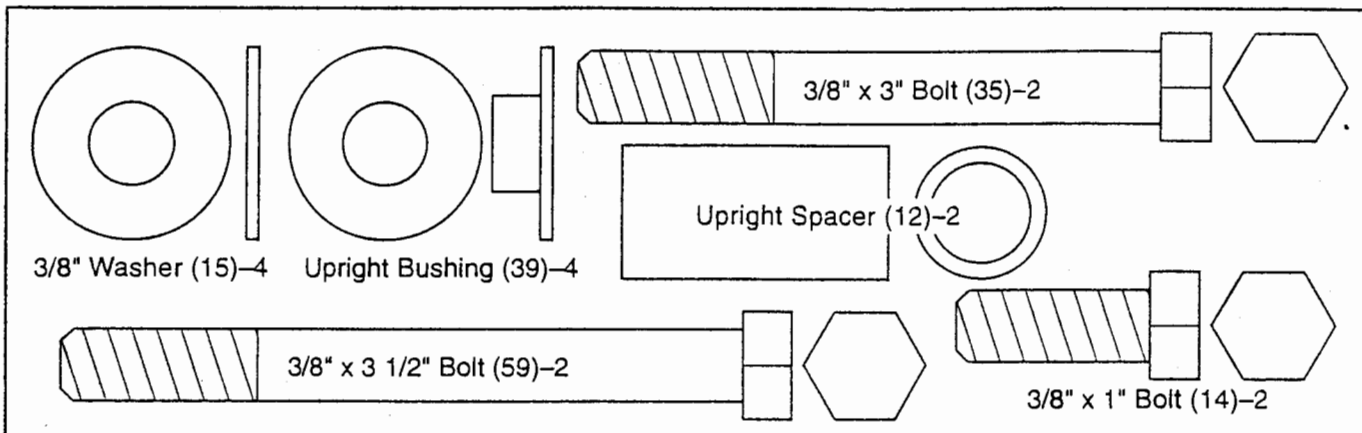
at 1-800-999-3756, Monday through Friday, 6 a.m. until 6 p.m. Mountain Time (excluding holidays). To help us assist you, please note the product model number and serial number before calling. The model number of the treadmill is WLTL90550. The serial number can be found on a decal attached to the treadmill (see the front cover of this manual for the location).

Before reading further, please review the drawing below and familiarize yourself with the parts that are labeled.



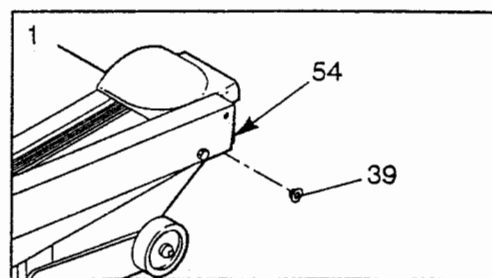
ASSEMBLY

Set the treadmill in a cleared area and remove all packing materials. Do not dispose of the packing materials until assembly is completed. Refer to the drawings below to identify the small parts used in assembly. **Assembly requires an adjustable wrench**  (not included).



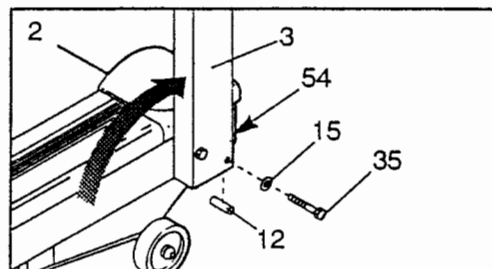
1. Insert an Upright Bushing (39) into the indicated hole in the right side of the treadmill Frame (54).

Insert an Upright Bushing into the hole in the left side of the treadmill Frame (not shown) in the same manner.



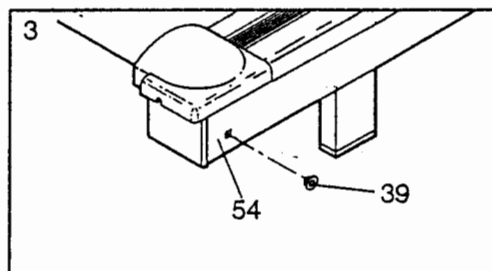
2. Raise the right Upright (3) and the left Upright (not shown) to a vertical position. Hold an Upright Spacer (12) inside the lower end of the right Upright. Insert a 3/8" x 3" Bolt (35), with a 3/8" Washer (15), into the right Upright and the Upright Spacer. Hand tighten the Bolt into the Frame (54).

Assemble the left Upright (not shown) in the same manner.



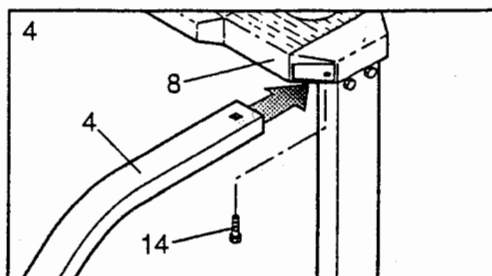
3. Insert an Upright Bushing (39) into the indicated hole in the right side of the treadmill Frame (54).

Insert an Upright Bushing into the hole in the left side of the treadmill Frame (not shown) in the same manner.



4. Insert one of the Handrails (4) into the opening in the right side of the Console (8). Attach the Handrail to the Console with a 3/8" x 1" Bolt (14) as shown. **Do not tighten the Bolt yet.**

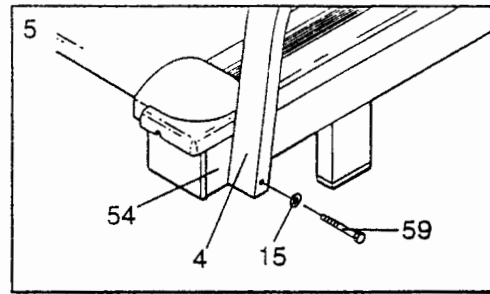
Attach the other Handrail to the left side of the Console in the same manner (not shown).



5. Attach the lower end of the right Handrail (4) to the Frame (54) with a 3/8" x 3 1/2" Bolt (59) and a 3/8" Washer (15) as shown.

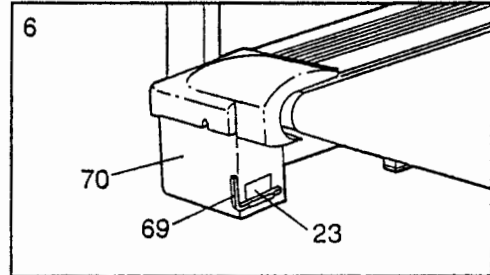
Attach the lower end of the left Handrail to the Frame in the same manner (not shown).

Tighten all Bolts used in steps 2 through 5.



6. Remove the paper backing from the Wrench Clip (23). Press the Wrench Clip onto the Right Rear Endcap (70) in the indicated location. Press the Allen Wrench (69) into the Wrench Clip.

Make sure that all parts are tightened before using the treadmill.
Note: Cover the floor underneath the treadmill for protection.



OPERATION AND ADJUSTMENT

THE PERFORMANT LUBE™ WALKING BELT

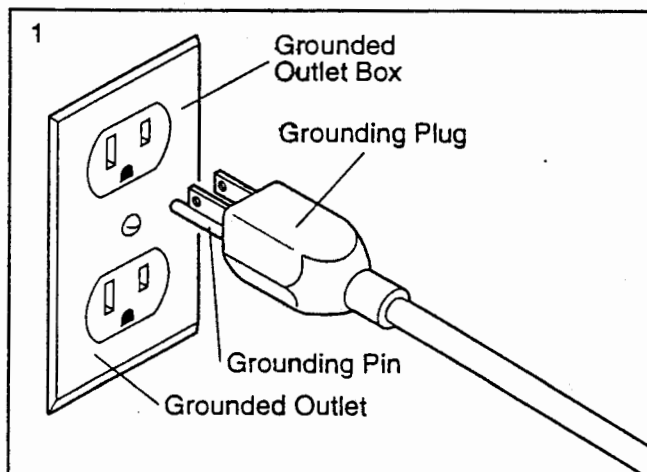
Your treadmill features a walking belt coated with PERFORMANT LUBE™, a high-performance lubricant. During the first few hours of use, it is normal for a small amount of white powder to appear on the foot rails and the walking platform. The white powder is high-performance lubricant from the walking belt. **IMPORTANT:** Never apply silicone spray or other substances to the walking belt or the walking platform. They will deteriorate the walking belt and cause excessive wear.

HOW TO PLUG IN THE POWER CORD

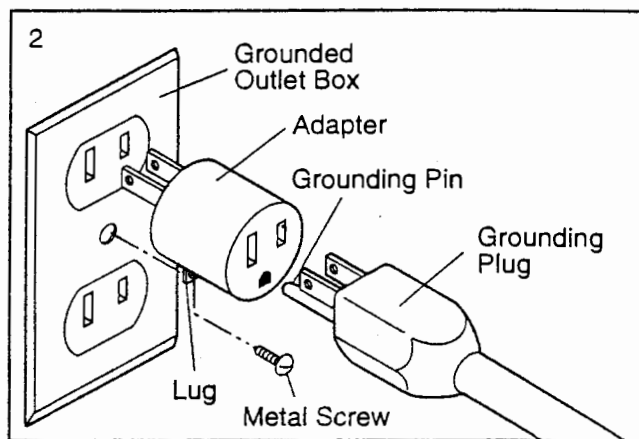
This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. Plug the power cord into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

⚠ DANGER: Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product—if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

This product is for use on a nominal 120-volt circuit, and has a grounding plug that looks like the plug illustrated in Drawing 1.



A temporary adapter that looks like the adapter illustrated in Drawing 2 may be used to connect this plug to a 2-pole receptacle as shown in Drawing 2 if a properly grounded outlet is not available.



The temporary adapter should be used only until a properly grounded outlet (Drawing 1) can be installed by a qualified electrician. The green colored rigid ear, lug, or the like extending from the adapter must be connected to a permanent ground such as a properly grounded outlet box cover. Whenever the adapter is used it must be held in place by a metal screw.

Some 2-pole receptacle outlet box covers are not grounded. Contact a qualified electrician to determine if the outlet box cover is grounded before using an adapter.

HOW TO INSTALL BATTERIES IN THE CONSOLE

The console requires three "AA" batteries (not included); alkaline batteries are recommended. Slide the battery cover up. Press three batteries into the battery compartment, with the negative (-) ends of the batteries touching the springs. Close the battery cover.

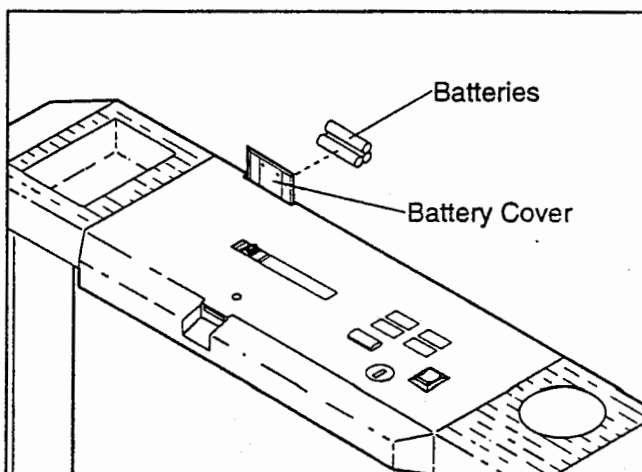
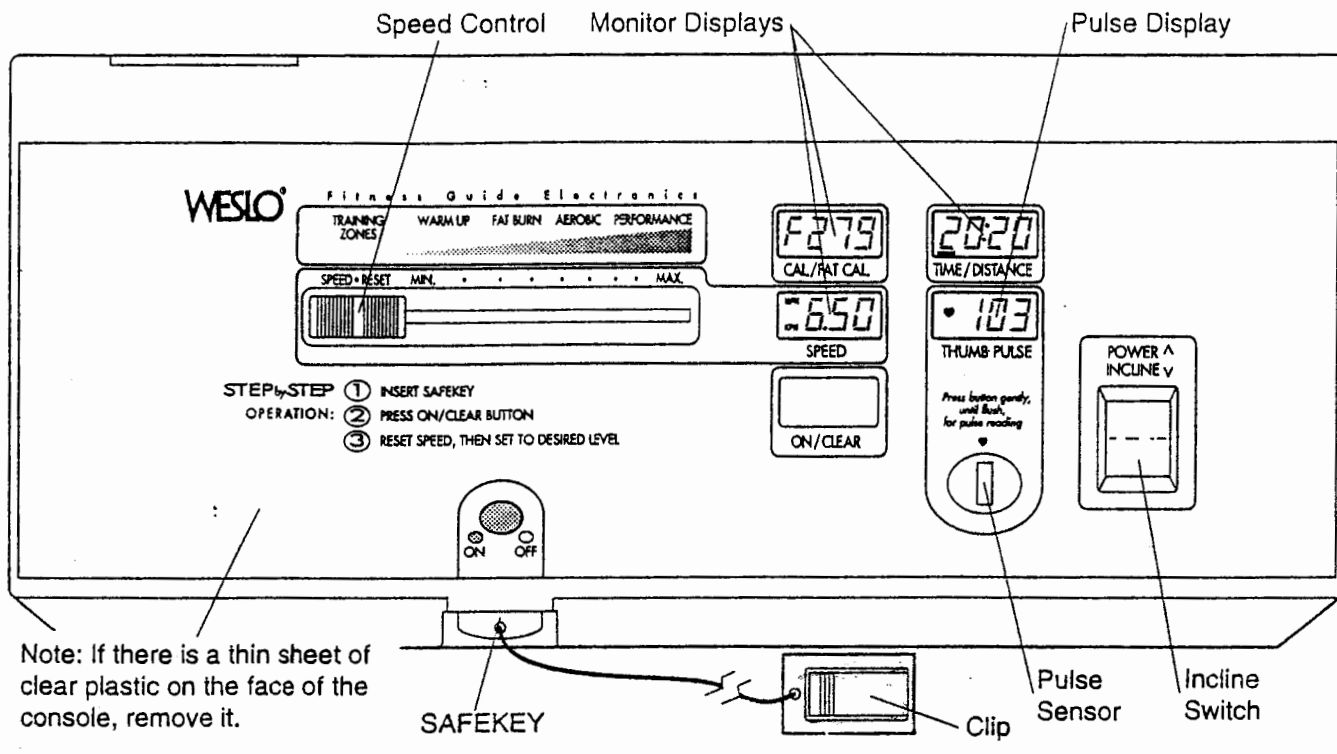


DIAGRAM OF THE CONSOLE



CAUTION: Before operating the console, read the following important precautions.

- Do not stand on the walking belt when turning on the power.
- Always wear the clip while operating the treadmill. When the SAFEKEY is removed from the console, the power will shut off.
- After the speed control is moved, there will be a pause before the walking belt begins to move. Adjust the speed in small increments until you are familiar with the treadmill.
- The training zones marked above the speed control are general guidelines only. Read **CONDITIONING GUIDELINES** on page 12 to determine the proper exercise level.

STEP BY STEP CONSOLE OPERATION

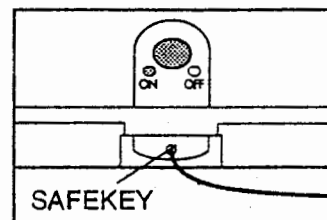
Before operating the console, make sure that the power cord is properly plugged in. (See **HOW TO PLUG IN THE POWER CORD** on page 7).

Next, step onto the foot rails of the treadmill. Find the clip attached to the **SAFEKEY** (see the drawing above), and slide the clip onto the waistband of your clothing.

Follow the simple steps below to operate the console:

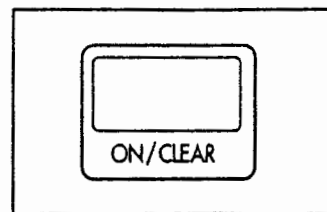
1 Insert the **SAFEKEY** fully into the power switch.

Note: The displays will not appear when the **SAFEKEY** is inserted.



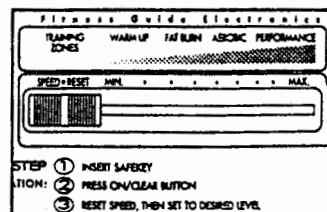
2 Press the **ON/CLEAR** button.

When the **ON/CLEAR** button is pressed, the monitor displays will appear. Note: If batteries were just installed, the displays will already appear.



3 Reset the speed and start the walking belt.

Slide the speed control all of the way to the left, to the "SPEED RESET" position. Next, slide the control to the right until the walking belt begins to move at slow speed.



Carefully step onto the walking belt and begin exercising. Change the speed of the walking belt as desired by sliding the speed control. To stop the walking belt, step onto the foot rails and slide the speed control to the "SPEED RESET" position.

4 Follow your progress with the three monitor displays.

The three monitor displays provide instant exercise feedback:

- **CAL/FAT CAL.**—This display shows the approximate numbers of Calories and Fat Calories you have burned (see FAT CALORIES on page 12). Every seven seconds, the display will change from one number to the other (an "F" will appear when the number of Fat Calories is shown). Note: The actual numbers of Calories you have burned may differ slightly from the numbers shown if the speed or incline is near the lowest or highest setting.



- **SPEED**—This display shows your speed, in miles per hour (MPH) or kilometers per hour (KPH). To change the unit of measurement, hold down the ON/CLEAR button for five seconds. An MPH or a KPH will appear to show which unit of measurement you have selected. Note: If MPH is selected, the distance will also be displayed in miles; if KPH is selected, the distance will be displayed in kilometers (see TIME/DISTANCE below).

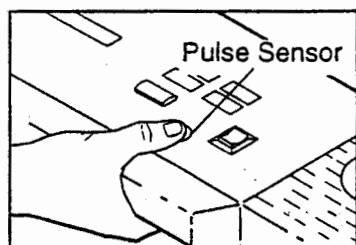


- **TIME/DISTANCE**—This display shows the elapsed time and the total distance that you have walked or run. Every seven seconds, the display will alternate between elapsed time (the left mode indicator will appear) and total distance (the right mode indicator will appear).

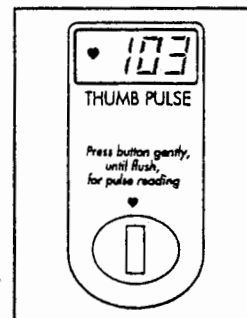


5 Measure your pulse, if desired.

To use the pulse sensor, stand on the foot rails and place your thumb on the pulse sensor as shown. The pulse sensor is pressure-activated.



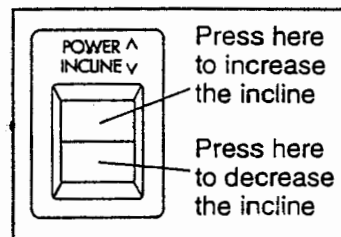
Fully press down the pulse sensor. Do not press too hard, or the circulation in your thumb will be restricted, and your pulse will not be detected. Next, slightly raise your thumb until the heart-shaped indicator in the PULSE display flashes steadily. Hold your thumb at this level. After 5 to 10 seconds, your pulse will be displayed. If the displayed pulse appears to be too high or too low, or if your pulse is not displayed, lift your thumb off the sensor and allow the display to reset. Press down again on the sensor as described above.



Make sure that your thumb is positioned as shown, and that you are applying the proper amount of pressure to the pulse sensor. Try the sensor several times until you become familiar with it. Remember to stand still while measuring your pulse.

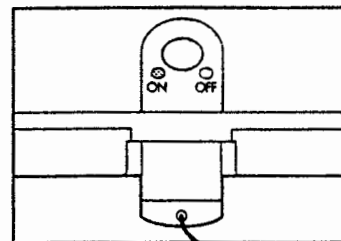
6 Change the incline of the treadmill, if desired.

To vary the intensity of your workout, the incline of the treadmill can be changed. To change the incline, hold down the appropriate end of the incline switch until the desired incline is reached.



7 When you are finished, remove the SAFEKEY.

When you are finished exercising, remove the SAFEKEY from the console. Store the SAFEKEY in a secure location.



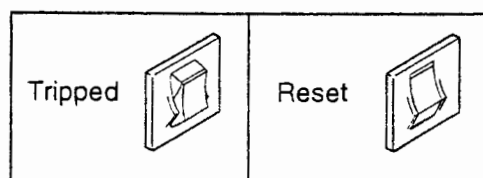
Note: After the SAFEKEY is removed, the three displays will remain on for about four minutes.

TROUBLE-SHOOTING AND STORAGE

Most treadmill problems can be solved by following the simple steps below. Find the symptom that applies, and follow the steps listed. If further assistance is needed, call our Customer Service Department toll-free at 1-800-999-3756, Monday through Friday, 6 a.m. until 6 p.m. Mountain Time.

1. SYMPTOM: THE POWER DOES NOT TURN ON

- Make sure that the power cord is plugged into a properly grounded outlet. (See HOW TO PLUG IN THE POWER CORD on page 7.) If an extension cord is needed, use only a 14-gauge general-purpose cord of five feet or less in length.
- Make sure that the SAFEKEY is fully inserted into the console. (See page 8.)
- Check the circuit breaker located on the treadmill near the power cord. If the switch protrudes as shown, the circuit breaker has tripped. To reset the circuit breaker, wait for five minutes and then press the switch back in.



2. SYMPTOM: THE POWER TURNS OFF DURING USE

- Check the circuit breaker located on the treadmill near the power cord. If the circuit breaker has tripped (see the drawing above), wait for five minutes and then press the switch back in.
- Make sure that the power cord is plugged in.
- Remove the SAFEKEY from the console. Reinsert the SAFEKEY fully into the console. (See page 8.)

3. SYMPTOM: THE DISPLAYS OF THE CONSOLE DO NOT FUNCTION PROPERLY

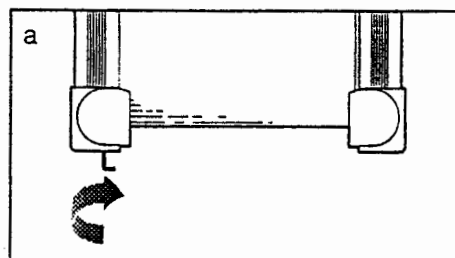
- Check the batteries in the console. (See HOW TO INSTALL BATTERIES IN THE CONSOLE on page 7.)

4. SYMPTOM: THE WALKING BELT SLOWS WHEN WALKED ON

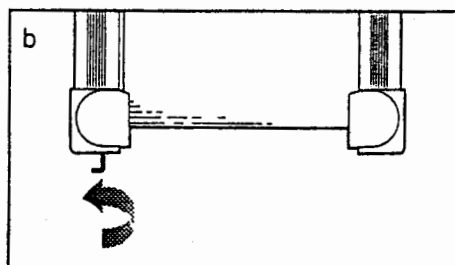
- If an extension cord is needed, use only a 14-gauge general-purpose cord of five feet or less in length.
- If the walking belt still slows when walked on, please call our Customer Service Department.

5. SYMPTOM: THE WALKING BELT IS OFF-CENTER WHEN WALKED ON

- If the walking belt has shifted to the left, first remove the SAFEKEY and **UNPLUG THE POWER CORD**. Using the included allen wrench, turn the rear roller adjustment bolt clockwise 1/4 of a turn. Plug in the power cord, insert the SAFEKEY and run the treadmill for a few minutes. Repeat until the walking belt is centered.



- If the walking belt has shifted to the right, first remove the SAFEKEY and **UNPLUG THE POWER CORD**. Using the included allen wrench, turn the rear roller adjustment bolt counter-clockwise 1/4 of a turn. Plug in the power cord, insert the SAFEKEY and run the treadmill for a few minutes. Repeat until the walking belt is centered.



STORAGE

Unplug the power cord when the treadmill is not in use.

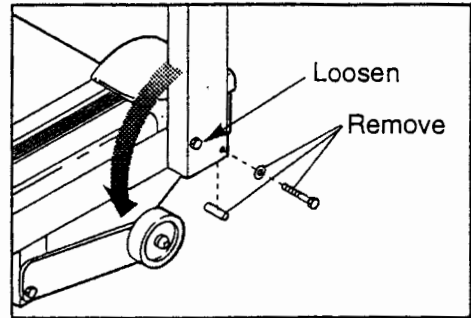
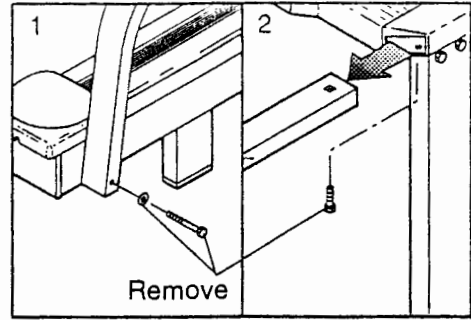
Remove the bolts and washers from the lower ends of the left and right handrails (see drawing 1).

Remove the bolts from the upper ends of the left and right handrails (see drawing 2).

Keep all bolts and washers in a safe place for future use.

Remove the indicated bolts, washers and spacers from the left and right uprights. Loosen the other bolts in the uprights. Lower the uprights and lay the console on the treadmill. Keep the bolts, washers and spacers in a safe place for future use.

Remove the batteries from the console and cover the treadmill during extended periods of storage.



CONDITIONING GUIDELINES

⚠ WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for individuals over the age of 35 or individuals with pre-existing health problems.

The pulse sensor is not a medical device. Various factors, including your movement, may affect the accuracy of heart rate readings. The sensor is intended only as an exercise aid in determining heart rate trends in general.

The following guidelines will help you to plan your exercise program. Remember—these are general guidelines. For more detailed information about exercise, obtain a reputable book or consult your physician.

EXERCISE INTENSITY

Whether you want to burn fat, strengthen your cardiovascular system, or increase your athletic performance, you can tailor your exercise to your specific goals. The key to achieving the desired results is to exercise with the proper intensity.

Burning Fat

To burn fat effectively, you must exercise at a relatively low intensity level for a sustained period of time. During the first few minutes of exercise, your body uses easily accessible *carbohydrate calories* for energy. Only after the first few minutes of exercise does your body begin to use stored *fat calories* for energy. If your goal is to burn fat, set the speed control on the console to FAT BURN to help you maintain the proper intensity level. (See page 8.)

Aerobic Exercise

If your goal is to strengthen your cardiovascular system, your exercise must be "aerobic." Aerobic exercise is activity that requires large amounts of oxygen for prolonged periods of time. This increases the demand on the heart to pump blood to the muscles, and on the lungs to oxygenate the blood. The proper intensity level for aerobic exercise can be found by using your pulse as a guide. As you exercise, your pulse should be kept at a level between 70% and 85% of your maximum possible heart rate. This is known as your training zone. You can find your training zone in the table at the top of this page. Training zones are listed according to age and physical condition.

Age	Training Zone (Beats/Min.)	
	Unconditioned	Conditioned
20	138-167	133-162
25	136-166	132-160
30	135-164	130-158
35	134-162	129-156
40	132-161	127-155
45	131-159	125-153
50	129-156	124-150
55	127-155	122-149
60	126-153	121-147
65	125-151	119-145
70	123-150	118-144
75	122-147	117-142
80	120-146	115-140
85	118-144	114-139

keep your pulse near the low end of your training zone as you exercise. After a few months of regular exercise, your pulse can be gradually increased until it is near the middle of your training zone as you exercise. You can measure your pulse using the pulse sensor. Exercise for about four minutes, and then measure your pulse immediately. If your pulse is too high or too low, adjust the intensity of your exercise. It may also be helpful to set the speed control on the console to AEROBIC to help you maintain the proper intensity level. (See page 8.)

Performance Training

If your goal is high performance athletic conditioning, set the speed control on the console to PERFORMANCE to help you maintain the proper intensity level. (See page 8.)

WORKOUT GUIDELINES

Each workout should include three parts: (1) a warm-up, (2) training zone exercise, and (3) a cool-down.

Warming Up

Warming up prepares the body for exercise by increasing circulation, delivering more oxygen to the muscles and raising the body temperature. Begin each workout with 5 to 10 minutes of stretching and light exercise to warm up (see SUGGESTED STRETCHES on page 13).

Training Zone Exercise

After warming up, increase the intensity of your exercise until your pulse is in your training zone for 20 to 60 minutes. (During the first few weeks of your exercise program, do not keep your pulse in your training zone for longer than 20 minutes.) Breathe regularly and deeply as you exercise—never hold your breath.

Cooling Down

Finish each workout with 5 to 10 minutes of stretching

to cool down. This will increase the flexibility of your muscles and will help to prevent post-exercise problems.

Exercise Frequency

To maintain or improve your condition, complete three workouts each week, with at least one day of rest between workouts. After a few months, you may complete up to five workouts each week if desired.

The key to success is to make exercise a regular and enjoyable part of your everyday life.

SUGGESTED STRETCHES

The correct form for several basic stretches is shown in the drawings below. Move slowly as you stretch—never bounce.

1. Toe Touch Stretch

Stand with your knees bent slightly and slowly bend forward from your hips. Allow your back and shoulders to relax as you reach down toward your toes as far as possible. Hold for 15 counts, then relax. Repeat 3 times. Stretches: Hamstrings, back of knees and back.

2. Hamstring Stretch

Sit with one leg extended. Bring the sole of the opposite foot toward you and rest it against the inner thigh of your extended leg. Reach toward your toes as far as possible. Hold for 15 counts, then relax. Repeat 3 times for both legs. Stretches: Hamstrings, lower back and groin.

3. Calf/Achilles Stretch

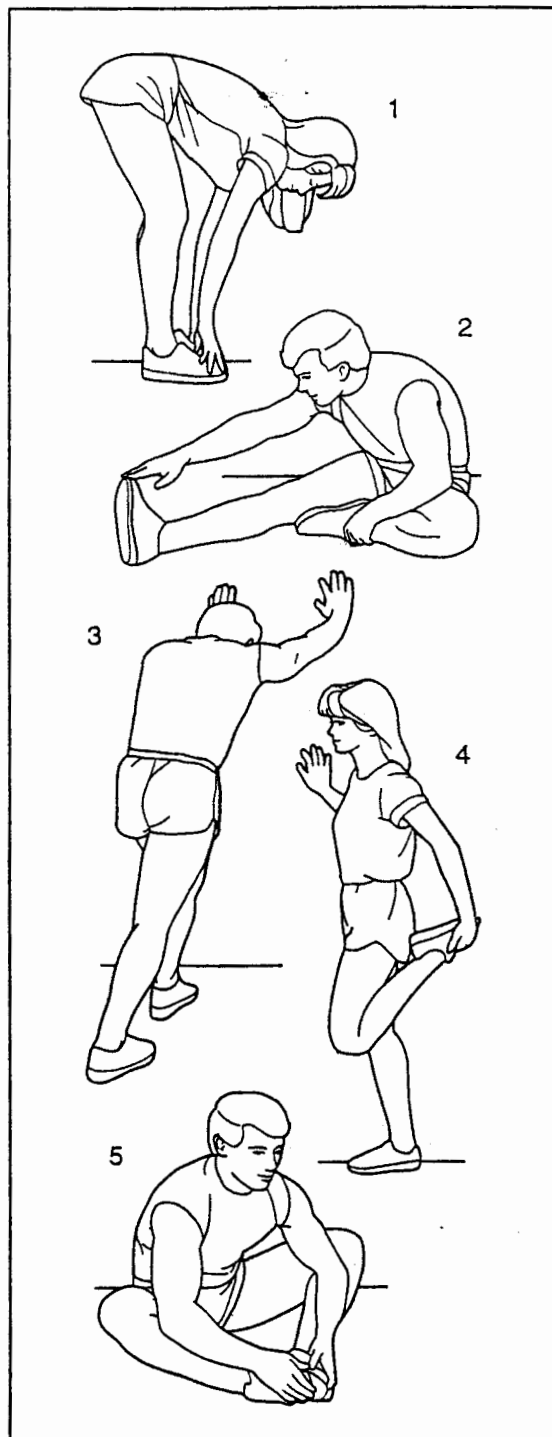
With one leg in front of the other, reach forward and place your hands against a wall. Keep your back leg straight and your back foot flat on the floor. Bend your front leg, lean forward and move your hips toward the wall. Hold for 15 counts, then relax. Repeat 3 times for both legs. To cause further stretching of the achilles tendons, bend your back leg as well. Stretches: Calves, achilles tendons and ankles.

4. Quadriceps Stretch

With one hand against a wall for balance, reach back and grasp one foot with your other hand. Bring your heel as close to your buttocks as possible. Hold for 15 counts, then relax. Repeat 3 times for both legs. Stretches: Quadriceps and hip muscles.

5. Inner Thigh Stretch

Sit with the soles of your feet together and your knees outward. Pull your feet toward your groin area as far as possible. Hold for 15 counts, then relax. Repeat 3 times. Stretches: Quadriceps and hip muscles.



PART LIST—Model No. WLTL90550

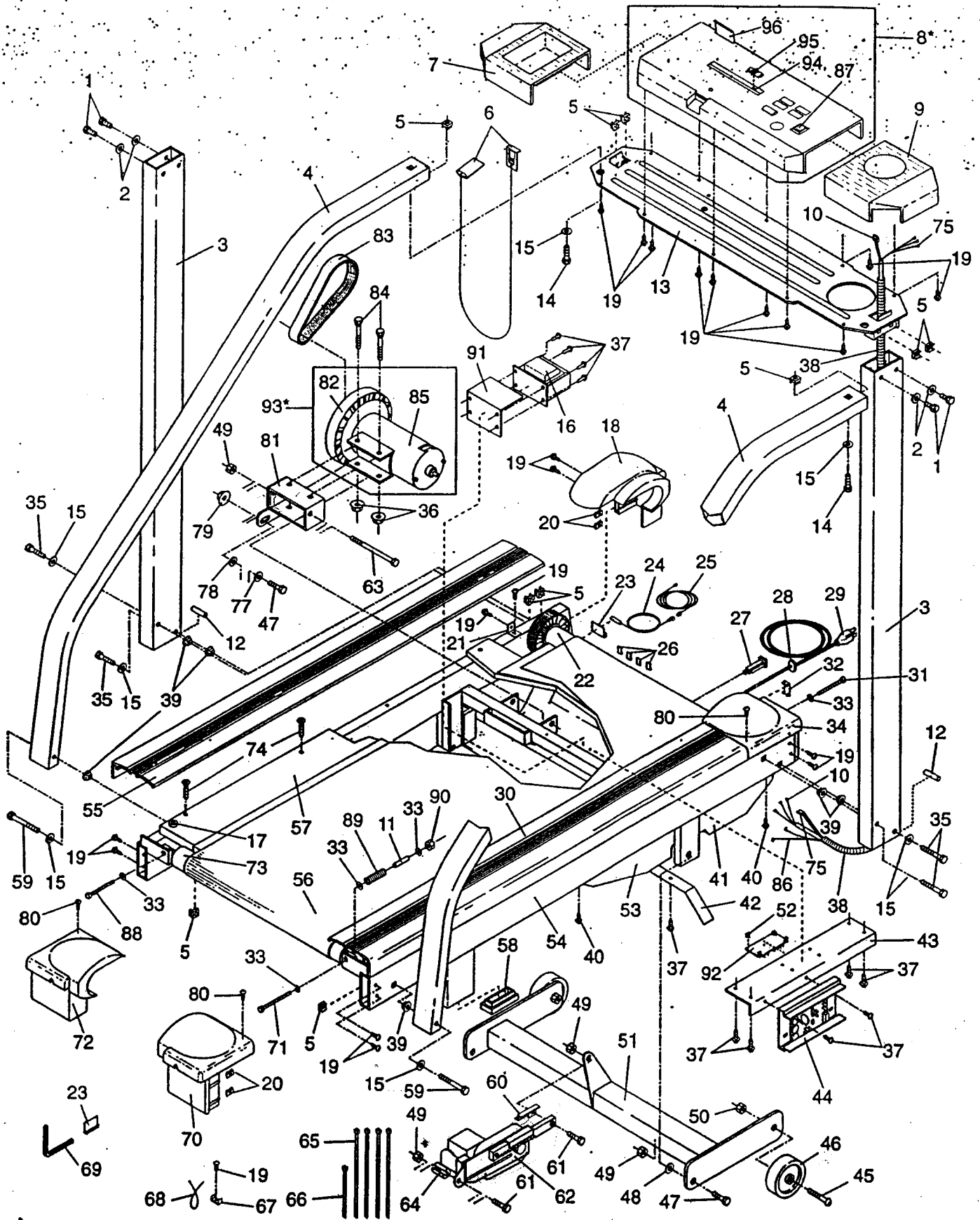
R895A

Key No.	Qty.	Description	Key No.	Qty.	Description
1	4	Console Bolt	52	4	Plastic Stand-Off
2	4	Console Washer	53	1	Rear Safety Cover
3	2	Upright	54	1	Frame
4	2	Handrail	55	1	Left Foot Rail
5	12	Cage Nut	56	1	Walking Belt
6	1	SAFEKEY™/Clip	57	1	Walking Platform
7	1	Tray Attachment	58	2	Rear Leg Pad
8	1	Console	59	2	3/8" x 3 1/2" Bolt
9	1	Beverage Attachment	60	1	Incline Motor Bracket
10	1	Wire Harness	61	2	Incline Motor Bolt
11	10	Console Screw	62	1	Incline Motor
12	2	Upright Spacer	63	1	Motor Pivot Bolt
13	1	Console Plate	64	1	Spacer
14	2	3/8" x 1" Bolt	65	4	8" Wire Tie
15	6	3/8" Washer	66	1	4" Wire Tie
16	1	Choke	67	1	Cable Tie Clip
17	3	Endcap Spacer	68	1	Wire Tie
18	1	Pulley Cover	69	1	Allen Wrench
19	9	Small Screw	70	1	Right Rear Endcap
20	8	Endcap U-Nut	71	1	Right Rear Roller Adj. Bolt
21	1	Pulley Cover Bracket	72	1	Left Rear Endcap
22	1	Front Roller/Pulley	73	1	Rear Roller
23	2	Wrench Clip	74	8	Walking Platform Screw
24	1	Reed Switch/Sensor Wire	75	1	3-wire Harness
25	1	Reed Switch Extension	76	1	Motor Tension Bolt
26	4	Wire Clip	77	1	Motor Tension Washer
27	1	Circuit Breaker	78	1	Star Washer
28	1	Grommet	79	1	Motor Tension Nut
29	1	Power Cord	80	3	Endcap Screw
30	1	Right Foot Rail	81	1	Motor Mount Bracket
31	1	Front Roller Adjustment Bolt	82	1	Pulley/Flywheel/Fan
32	1	Safety Cover Plug	83	1	Motor Belt
33	5	Roller Adjustment Washer	84	2	Motor Bolt
34	1	Front Right Endcap	85	1	Motor
35	4	3/8" x 3" Bolt	86	1	Black/Blue Console Wire
36	2	Motor Nut	87	1	Incline Switch
37	14	Electronics Screw	88	1	Left Rear Roller Adj. Bolt
38	2	Cable Loom	89	1	Roller tension Spring
39	6	Upright Bushing	90	1	Roller Tension Nut
40	15	Safety Cover Screw	91	1	Choke Bracket
41	1	Front Safety Cover	92	1	Power Board
42	1	Belt Guide	#	1	14" White Wire, Male/Female
43	1	Controller Bracket	#	1	8" White Wire, Male/Female
44	1	Controller	#	1	14" Blue Wire, Male/Female
45	2	Wheel Bolt	#	1	8" Blue Wire, Male/Female
46	2	Wheel	#	1	4" Black Wire, Male/Female
47	3	Incline Leg Bolt	#	1	11" Red Wire, Male/Female
48	2	Incline Leg Washer	#	1	12" Wire, 3 Male/3 Female
49	5	Nut	#	1	User's Manual
50	2	Wheel Nut			
51	1	Incline Leg			

Note: "#" indicates a non-illustrated part. Specifications are subject to change without notice.

EXPLODED DRAWING—Model No. WLTL90551

Rev. 10/95



ORDERING REPLACEMENT PARTS

To order replacement parts, call our Customer Service Department toll-free at 1-800-999-3756, Monday through Friday, 6 a.m. until 6 p.m. Mountain Time (excluding holidays). When ordering parts, please be prepared to give the following information:

- The MODEL NUMBER of the product (WLTL90551).
- The NAME of the product (WESLO CADENCE® 905 treadmill).
- The SERIAL NUMBER of the product (see the front cover of this manual).
- The KEY NUMBER of the part(s) from page 14 of this manual.
- The DESCRIPTION of the part(s) from page 14 of this manual.

If possible, place the treadmill near your telephone for easy reference when calling.

LIMITED WARRANTY

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